

ACTION PLAN 2010 OF THE WPA EARLY CAREER PSYCHIATRISTS COUNCIL

1. WPA website

The Council will develop its own section in the WPA website. The area coordinators will interact by teleconference or e-mail to agree about the contents to be posted in this section. For technical assistance, they will be in contact with the WPA Secretariat.

2. WPA News

The Council will have at its disposal up to two pages in each issue of the WPA News. The materials will have to be sent to the WPA Secretariat.

3. *World Psychiatry*

The Council is welcome to submit papers (in particular, Mental Health Policy Papers and pieces for the WPA News section) for publication in *World Psychiatry*. The area coordinators are welcome to write and sign a piece (900-1000 words) on the establishment of the Council and its Action Plan.

4. Papers/documents on psychiatric education and other issues

Europe I and II will produce a joint paper/document on training in psychotherapy in European countries. Europe II, Africa/Middle East and Americas will produce papers/documents on psychiatric education in their regions. Europe I will later write a paper on what happens to early career psychiatrists after training. Asia/Australasia is interested in the issue of stigmatization of people with mental disorders and of psychiatrists: they may produce a paper on this and be in contact with the coordinators of the WPA projects already ongoing on these issues. Africa/Middle East will produce a paper on choosing psychiatry as a career and will consider writing a paper/document on training of nurses on mental health issues.

5. Depression and physical diseases

All areas are interested to contribute to the translation/adaptation of the slides of this WPA programme. The area coordinators will send to the President a list of the colleagues who will participate, indicating the languages which will be covered.

6. Section for the general public of the WPA website

The Council is interested in participating in this project. It will wait for input from the WPA Secretary General and Secretary for Education.

7. WPA Scientific Meetings

There are already plans for participation of the Council with one or more sessions in the Regional Meetings to take place in St. Petersburg (June 2010) and Cairo (January 2011). Drs. Lattova and El Kholy will coordinate the relevant efforts. Dr. Brahmhatt will explore whether it is still possible to organize a session for the Regional Meeting to be held in Dhaka (January 2010) and will be in contact with the organizers of the International Congress to be held in Beijing (September 2010). The area coordinators will receive the second announcement of the 15th World Congress of Psychiatry (Buenos Aires, September 2011) and will start planning the participation of the Council in that Congress. An assembly of the Council will take place on that occasion.

8. WPA Scientific Sections

Council members and all early career psychiatrists are welcome to join the WPA Scientific Sections. The Council will consider having an official representative in one or more Sections. If there are any problems in contacting the Chairpersons of the Sections, the President and the Secretary for Sections are available to help.

9. WPA fellowships, research projects, train-the-trainers workshops

Council members and all early career psychiatrists are welcome to apply for WPA fellowships and for participation in WPA train-the-trainers workshops, and to join networks submitting research projects to the WPA for financial support.