

CURRICULUM VITAE

BAJRAKTAROV STOJAN, WPA Zone 9(Central Europe) Representative

Date and place of birth: 4 October 1967, Strumica, Republic of Macedonia
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EDUCATION

INSTITUTION	Doctorate School, University St. Cyril and Methodius, Skopje
DATE	2011-
DEGREE OBTAINED(expected)	PhD

INSTITUTION	Public Health School, University St. Cyril and Methodius, Skopje
DATE	2007-2011
DEGREE OBTAINED	Master degree

INSTITUTION	NATO Science for Peace and security series; educational programme, Istanbul
DATE	2010
DEGREE OBTAINED	CBT therapist for PTSD

INSTITUTION	Klinikum Nuremberg, Germany
DATE	2008
FIELD(S) OF STUDY	Community mental health, Polisomnography, rTMS

INSTITUTION	Institute of Psychiatry for Children and Adolescents, Belgrade, Yugoslavia
DATE	1999
FIELD(S) OF STUDY	Psycho-dynamic brief psychotherapy

INSTITUTION	WHO – Liaison Office Skopje and Medicine faculty Skopje: Psychosocial and Traumatic Stress: Understanding, Prevention and Treatment (supervisors: dr. Soren Buus Jensen and prof. Vitomir Micev)
DATE	1997 – 1998
DEGREE OBTAINED	Diploma on Postgraduate PTS interventions

INSTITUTION	Lundbeck institute for training in the treatment of schizophrenia, Copenhagen, Denmark
DATE	1998
FIELD(S) OF STUDY	Treatment of long term mental illnesses and management in mental health

INSTITUTION	Department of Psychiatry Medical Faculty, University St. Cyril and Methodius, Skopje
DATE	1995 – 1999
DEGREE OBTAINED	Specialist in Psychiatrist (Board certified)

INSTITUTION	Medical Faculty, University of St. Cyril and Methodius, Skopje
DATE	1986 – 1992
DEGREE OBTAINED	Degree of Medicine

Other relevant educations:

- International training program for patient's rights and NGO representatives for countries in transition. Trainer: Prof. Amnon Carmi, President of World Association for Medical Law: Croatian association for patients rights / Open Society Institute 2001, Split – Croatia
- Technical workshops on Stability Pact Mental Health Project; WHO/EURO; 2001-2008
- Training and Dialogue on Healing the Wounds of Mass Violence, Harvard Medical School; Orvieto, Italy 2003, Harvard Medical School
- Training on Mental Health Legislation ; WHO/EURO; Stability Pact; 2003, Sarajevo, Bosnia and Herzegovina
 - Technical Workshop on Adopting the Model of Community Mental Health Services in SEE Tirana, Albania, 2004
 - Technical Workshop on International Recommendations and Experience in Mental Health Policies and Legislation /Mental Health Policy Development: Introducing EU Standards; WHO/EURO Stability Pact Mental Health Project 08-10 June 2003, Veliko Trnovo, Bulgaria
- WHO 2nd International Training Forum; Mental Health, Human Rights and Legislation; WHO Headquarter Geneva, 2003
Geneva, Switzerland
- The Technical Workshop on Community Mental Health Service Management – International Experience and Recommendations; Belgrade, Serbia and Montenegro, 2004
- Training on human rights of people with disabilities, OSI; Cape Town 2007th,
- NATO – Cognitive behavior therapy for stress and trauma related disorders, Istanbul, 2010
- Summer School on Community Mental health; Trieste, 2011
- WHO **Global Health Diplomacy Course, Debrecen,2012,**
- NATO - Resiliency: Enhancing Coping with Crisis and Terrorism, Advanced Research Workshop (ARW) Program, Israel 2014.
- Educational visits to international community mental health centers:
Trieste, Italy (2000, 2009,2011), Joannina, Greece (2000), Nuremberg, Deutschland (2001,2008), Graz, Austria (2002), Edinburgh, Scotland (2007), South Eastern Europe countries...
- Other educations organized by World Psychiatric Association, Mediterranean association for community mental health, World association for psychosocial rehabilitation, Geneva Initiative, Hamlet Trust London etc...
- Continuous education in the field of psychiatry at the National level, organized by Ministry of Health and Clinic of Psychiatry.
- Numerous training organized during international and national congresses.

Professional activities

(a) Present positions

DATE:	2009 -
LOCATION	Skopje
INSTITUTION	Medical Faculty, University "Cyril and Methodius" Skopje
POSITION	Ass. Professor
DATE:	2009 -
LOCATION	Skopje
INSTITUTION:	University Clinic of Psychiatry, University "Cyril and Methodius" Skopje
POSITION	Psychiatrist, Head of the Department for depressive disorders

(b) Work at national level

DATE:	2001 – 2009
LOCATION	Skopje
INSTITUTION:	Psychiatric Hospital "Skopje"
POSITION	Psychiatrist, Community Mental Health Center

(c) International work

DATE:	2014-2017
INSTITUTION:	World Psychiatric Association
POSITION:	Zone 9 Representative, Board member

DATE:	2000-2008
LOCATION :	Skopje
INSTITUTION:	World Health Organization, Regional Office EURO, Country Office Skopje
POSITION:	Project Officer

FELLOWSHIPS:

1. Fellowship for young researchers, World Psychiatric Association, X World Congress of Psychiatry 1996
2. Lundbeck fellowship for training for management in long-term mental illnesses, 1999
3. Geneva Initiative fellowship, for attending training on community mental health, Tepla, Czech Republic 2000 and Malme, Sweden 2001
4. OSI Soros fellowship, for training for promotion of human rights for people with mental illnesses, Budapest, 2002
5. WHO fellowship, Mediterranean network for social inclusion, Barcelona 2003
6. DAAD fellowship, education at Klinikum Nuremberg, 2008
7. NATO fellowship, education for CBT on PTSD, Istanbul, 2010

ADDITIONAL ACTIVITIES:

- ① Representative of the Government of Republic of Macedonia in the team for EU accession, mental health representative, filed for Justice, Fights against corruption and Human rights
- ① Technical expert in the frame of the SEE Mental Health Project
- ① Monitoring and evaluation of the WHO national mental health programme (AIMS study)
- ① Technical expert for human rights in the OSI network meeting for human rights (Cape Town, South Africa)
- ① WHO technical expert for monitoring and evaluation of the Mental Health Strategy and Action Plan in Albania
- ① Within the WHO/EURO Mental Health program, author of video-documentaries about deficiencies in the mental health services and lack of human rights of people with mental illnesses, and two videos for anti-stigma program, and video documentary about WHO Mental Health Project.
- ① Member of the scientific board of the Trieste Summer school on community mental health
- ① Management of project in NGO sector in community mental health
- ① Collaboration with many international NGOs and networks

INTERNATIONAL EXPERIENCE

- ① National professional officer / project manager - WHO community mental health projects (2000-2008)
- ① International expert for monitoring and evaluation for National Mental Health Strategy and Action Plan in Albania: Ministry of Health of Albania, WHO Country Office Albania
- ① (sponsored by the Irish government) 2009
- ① International expert involved for organization, development and implementation of activities in all levels in the frame of the South Eastern Europe (SEE) Community mental health project which was implemented in all SEE countries, (sponsored by EU, Greek, Italian, Belgian, Slovenian and other European governments) (2000-2009)
- ① International expert (2008-2012) involved in the organization of educational activities in the frame of the DAAD project for organization and implementation of network of social workers in SEE countries, (sponsored by German government)
- ① National Coordinator for Mental health –SEE Health Network, 2012 –
- ① World Psychiatric Association –Board member, WPA Representative for Central Europe -2014-2017

PUBLICATIONS:

Papers:

1. Costs of schizophrenia in Macedonia (Conference book of abstracts, p.34)Conference "Mental Health Policy and Economics - Health Care Reform and Research in Central and Eastern Europe" - Association for Research into Costs and assessment in Psychiatry - Budapest, Hungary 1997
2. Recruiting co-dependants in alcoholic families - Stojan Bajraktarov, Sonja Aleksic Vukovic, (X World Congress of Psychiatry - World Psychiatric Association - Madrid, Spain 1996, Congress book of abstracts, abs.no.107)
3. Importance of somatization in anxiety disorders Sonja Aleksic Vukovic, Stojan Bajraktarov(X World Congress of Psychiatry - World Psychiatric Association - Madrid, Spain 1996, Congress book of abstracts, abs.no. 1073) X Congress of Psychiatry - World Psychiatric Association - Madrid, Spain 1996
4. The role of psycho-social stress in psychosomatic disorders; One-year post-graduate course, Book of papers 1997-1998: WHO Liaison Office Skopje/Medical faculty Skopje
5. Clinic aspect of borderline personality disorder; Stojan Bajraktarov, Suzana Bajraktarova, Sonja Aleksic Vukovic (XI World Congress of Psychiatry - World Psychiatric Association - Hamburg, Germany 1999, Congress book of abstracts, abs.no.FC-14-1)
6. Borderline personality disorder - our experience in psychotherapy; Sonja Aleksic Vukovic, Stojan Bajraktarov (XI Congress of Psychiatry - World Psychiatric Association - Hamburg, Germany 1999, Congress book of abstracts, abs.no.FC-14-1)
7. From asylum institutions to community mental health, Stojan Bajraktarov, Dimitrinka Jordanova Pesevska (Second Macedonian Congress of Psychiatry, Ohrid 2000, Book of abstracts)
8. Right to have right" , Dimitrinka Jordanova Pesevska, Stojan Bajraktarov (Second Macedonian Congress of Psychiatry, Ohrid 2000, Book of abstracts)
9. From custodial care to community mental health reforms - Macedonian experience;IX Congress of Mediterranean Social Psychiatry Association - Barcelona, Spain 2002 (Congress book of abstracts)
10. WHO, Twinning collaboration and mental health development in Macedonia - Kneginja Richter Sokolovska, Stojan Bajraktarov, Dimitrinka Jordanova Pesevska, Ambrogio Manenti, Gunter Niklewski, Maria Cristina Profili, Wolfgang Rutz, Henrik Wahlberg (XII World Congress of Psychiatry, Yokohama Japan, 23-28 August 2002. congress abstract book)
11. Psychiatrische Reformen in Mazedonien: dezentralisierte Kooperation zwischen Nürnberg und Skopje als Teil des WHO-Projektes- Psychiatrie-Verlag - Zeitschriften - Soz_psy_ Informationen - Sozialpsychiatrische Informationen 01/2005
12. Evaluation of the mental health action plan, in Albania, Bajraktarov. WHO, Ministry of Health of Albania, 2007
13. Efficacy of the treatment of patients with depressive disorders with rTMS; Bajraktarov S., Rihter Sokolovska K., Novotni A., Bonevski D., Vujovic V., Manuseva N., Miceva Velickovska E., Calovska Samarxiska V., MPA Kongres, Ohrid 2009, O-01
14. Stigma related to mental illnesses - necessity of community programs; Bajraktarov S., Belevska D., Bonevski D., Ortakov V., Miceva Velickoska E., Arsova Haxi-Angelkovska S. MPA Kongres, Ohrid 2009 p-120
15. Quality of life of people with mental illnesses in Macedonia – comparation between psychiatric hospitals and community centers ;Trajkov I., Rihter S. K., Bajraktarov S., , MPA Congress, Ohrid 2009 p. 129
16. Psychosocial functioning of people with schizophrenia treated in daily hospital ; Hadji Angelkovska S., Gerazova Pejovska V., Novotni A., Vujovic V., Calovska Samardjiska V., Babinkostova Z., Miceva Velickovska E.,Bajraktarov S., Aleksovska L., MPA Congress, Ohrid 2009 0-40
17. Sleep disorders in psychiatry , Manuseva N., Bajraktarov S., Stefanovski B., Novotni A., Rihter Sokolovska K., Dimovski D. MPA Congress, Ohrid 2009 0-33

18. Olanzapine in the treatment of SSRI rezistent opesive compulsive disorders, Miceva Velickovska E., Novotni A., Calovska Samardjiska V., Manuseva N., Arsova S., Micev V., Bajraktarov S. MPA Congress, Ohrid 2009 p-106
19. Treatment with sertraline i olanzapine of patients with panic disorders, Hadji Angelkovska S., Gerazova Pejovska V., Novotni A., Vujovic V., Calovska Samardjiska V., Babinkostova Z., Miceva Velickovska E., .Bajraktarov S., Aleksovska L., MPA Congress, Ohrid 2009 p -097
20. Characteristics of life style rates – dominant mechanisams of patients with panic disorders ; Bonevski D., Novotni A., Bajraktarov S. Hadji Angelkovska S., Gerazova Pejovska V., Novotni A., Vujovic V., Calovska Samarxiska V., Babinkostova Z., Miceva Velickovska E.,.Bajraktarov S., Aleksovska L., MPA Congress, Ohrid 2009 p-093
21. MMPI characteristics of patients with panic disorders; Bonevski D, Haxi Angelkovska S., Gerazova Pejovska V., Novotni A., Vujovic V., Calovska Samarxiska V., Babinkostova Z., Miceva Veli~kovska E.,Bajraktarov S., Aleksovska Q., MPA Congress, Ohrid 2009 p-090
22. Choice and assesment of patients for short dynamic psychotherapy ; Jeremic M., Bajraktarov S., MPA Congress, Ohrid 2009, 0-52
23. National efforts and international support behind the mental health reform, Wahlberg H., Bajraktarov S., Pesevska J. MPA Congress, Ohrid 2009 p - 16
24. Attitudes of mental health professionals toward patients, Richter K., Belevska D., Trajkov I., Bajraktarov S., Trajkova Stojmenska V., Scholz F., Niklewski G. MPA Congress, Ohrid 2009 O -45
25. Olanzapine in the treatment of schizophernia and bipolar mania (adjuvant therapyin other mental disorders) assesing BMI ; Vujovic V., Gerazova Pejovska V., Hadji Angelkovski G., Hadji Angelkovska S., Stefanovski B., Bajraktarov S., Micev V., Haxi Hamza K., Zafirova Ivanovska B., Aleksovska L. MPA Congress, Ohrid 2009 O-60
26. Health and economic implicatiions of sleep disorders among workiers with night shift; Bajraktarov Stojan. Belupo regional seminar, Brioni Croatia, 2009,
27. Our clinical experience with metabolic effects of olanzapine, Miceva Velickovska E., Calovska Samardjiska V., Manuseva N., Stefanovski B., Novotni A., Bajraktarov S., Congress of ECNP , Istanbul 2009, p.3.c.303
28. [Community Mental Health Centres Initiated by the South-Eastern Europe Stability Pact: Evaluation in Seven Countries; Stefan Priebe, Aleksandra Matanov, Neli Demi, Joka Blagovcanin Simic, Sandra Jovanovic, Milena Gajic, Elizabeta Radonic, Stojan Bajraktarov, Larisa Boderscova, Monika Konatar, Raluca Nica, Matthijs Muijen](#) ; Unit for Social and Community Psychiatry, Queen Mary University of London, Newham Centre for Mental Health, E13 8SP, London, UK, s.priebe@qmul.ac.uk. Community Ment Health J. 2011 May 27;: 21617994
29. "Main effects of sleep disorders related to shift work—opportunities for preventive programs", (EPMA Journal DOI 10.1007/s13167-011-0128-4), S.Bajraktarov, 2011
30. Repetitive electromagnetic stimulation (rTMS) - in the treatment of depression – 4th Macedonian congress, S. Bajraktarov – Ohrid , 2013
31. Influence of sleep disorders on the health of workers with irregular working time - 4th Macedonian congress, S. Bajraktarov – Ohrid , 2013
32. Mental health reforms –from asylum to community – WPA Regional meeting Lubljana
33. REPETATIVE TRANSCRANIAL MAGNETIC STIMULATION IN THE TREATMENT OF ACUTE DEPRESSIVE EPISODE, Authors: S.Bajraktarov, V. Caloska Samardjiska, F.Naumov, K. Richter Sokolovska, XI World Psychiatric Congress, Madrid 2014
34. INCOME GENERATING ACTIVITIES AS TOOL FOR PSYCHOSOCIAL RECOVERY OF PERSONS WITH MENTAL ILLNESSES Authors: S.Bajraktarov, M. Jeremic, E.Miceva Velickovska, S.Arsova, N.Manuseva, M.Krdjev: J.Belevska, A.Novotni XI World Psychiatric Congress, Madrid 2014
35. USE OF MELATONIN IN THE TREATMENT OF PANIC DISORDER AND INSOMNIA, Dr M.Jeremic, Dr S.Bajraktarov, XI World Psychiatric Congress, Madrid 2014 2014

Books/booklets:

1. Human rights of people with mental illnesses - Diana Belevska, Stojan Bajraktarov, Stojan Andonov 2001
2. Freedom is curative - Diana Belevska, Stojan Bajraktarov, Kneginja Richter Sokolovska, Vladimir Ortakov), 2002
3. Stigma - the mirror of the public - Diana Belevska, Vladimir Ortakov, Stojan Bajraktarov, Vesna Paneva, Dimitrinka Jordanova Pesevska) 2003
4. Guideline for training of the personnel in the community mental health services – WHO Stability Pact , 2005
5. Evaluation of the mental health services, Mitko Krdjev, Stojan Bajraktarov 2006,
6. Community mental health – book for students – co-author, editors: K.Richter, V.Ortakov, D.Belevska , 2006, publisher DAAD
7. Evaluation of the mental health action plan in Albania, 2007 – publisher WHO
8. Community mental health – Skopje, 2011 – publisher GIP
9. General Psychiatry – 2013, book for students, Medical Faculty Stip, University “Goce Delcev”

V. Language skills

- 🕒 Macedonian – mother language
- 🕒 English – excellent
- 🕒 Slavic languages (Montenegrin, Serbian, Croatian, Bulgarian) – excellent (equal to mother language)
- 🕒 German - good

25.02.2015