

CV Summary

Suhaila A. H. Ghuloum, FRCPsych
L.R.C.P& S.I., M.B., B.Ch., B.A.0

I am a Senior Consultant Psychiatrist at Hamad Medical Corporation (HMC), Qatar, and an Associate Professor at Weill Cornell Medicine. I am from Kuwait, and spent all my school years in Kuwait before being awarded a governmental scholarship to study medicine at the Royal College of Surgeons in Ireland. I returned to Kuwait for my internship, then moved to the UK where I joined the Cambridge Training Program in Psychiatry, and acquired the Membership of the Royal College of Psychiatrists (MRCPsych). I worked at the Psychological Medicine Hospital in Kuwait for about a couple of years, then moved to Qatar. I progressed in my career to the position of Chairperson of the Psychiatry Department at Hamad Medical Corporation from 2006 until July 2012.

I was awarded fellowship of RCPsych in February 2016. In June 2017, I was voted as Chair of the Middle East Division of the RCPsych, and in October 2017 elected as zonal representative to Middle East, zone 12, of the World Psychiatric Association.

Since joining Qatar, I became involved with a number of national and international activities in mental health. I was Qatar's representative to the WHO-EMRO region, and the GCC council for mental health for several years. I became an examiner at the Arab Board in Psychiatry, then got elected as a member of the Executive Board, eventually becoming general secretary of the scientific board. I became involved with the Arab Federation of Psychiatrists, got elected as scientific advisor to the Executive Board, and in the current cycle I remain a member of the board.

Locally, I am involved with several planning projects for enhancement of mental health services in Qatar. During my period as Chair of the department, I introduced many program and initiatives to improve public awareness, advance staff training, and enhance patients' experience. We started celebrating World Mental Health Day annually, and holding an international conference, held every 2 years initially, and now annually. I chaired a multi-disciplinary and multi-specialty clinical committee under the Academic Health System, with a 2-year project titled 'partners in promoting mental health'. The project had several components aiming at raising public awareness of mental health, including a school training program, workplace program, a student competition, and a market-research on stigma and public perceptions of mental illness. I am a member of the executive committees of both the Neurosciences Institute and Metabolic Disease Institute. Through my involvement with the National Mental Health Committee, I became a key member in producing the first Qatar National Mental Health Strategy and Implementation and the first Mental Health Law in Qatar.

Within the hospital, I am engaged with the hospital's executive committee, as well as a number of other committees such as the Quality and Patient Safety Committee, Pharmacy and Therapeutics Committee, Training program Evaluation and Clinical Competency committees. I chaired the Hospital Research Committee and Health Information Management committee. Currently, I chair the Audit Committee.

Education and Research are both passions of mine and I continue to have an active teaching role at the Hospital and Weill Cornell Medicine. My research interests are primarily focusing on Schizophrenia, women's mental health and Epidemiological studies. I lead a team through the first epidemiological study looking at prevalence of mental illness among the Qatari population. Several other research projects followed with a number of publications in international journals as well as presentations at regional and international conferences. Much of my research work is done in collaboration with other organisations within Qatar or abroad, such as the local academic institutes and international researchers. Ongoing research projects include studies looking at women's agency during the postpartum period, satisfaction with mental health services, stigma among patients, families, and healthcare providers, and researching genetics of schizophrenia in Qatar.