



Message from the Secretary General



Dear Colleagues and Friends,

Hearty greetings to you! We are very happy WPA remains very active and in constant contact with our Member Societies all over the world. One of the important events was the meeting of the Executive Committee at the WPA Secretariat, Geneva on July 17-18, 2016. A host of issues concerning Psychiatry and mental health were discussed. Besides, the WPA Planning Committee met at the same venue on July 16-17 and discussed the amendments to the Statutes and Bye-Laws. These meetings had a special significance, as we were meeting at our Secretariat for the first time, during this triennium.

We are looking forward to the WPA International Congress, Cape Town November 18-22, 2016. Theme: **“Psychiatry: Integrative Care for the Community”**. Psychiatry's and Psychiatrists' Social Contract, The Blue Brain Project, Translational neurogenetics of psychiatric disorders, Integrative mental health care across the lifespan: Engaging with Social Determinants and Implementing WHO Care Programs for Mental, Psychiatric and Substance Use Disorders in Africa are some of the topics for Plenary Lectures. **More information at www.wpacapetown2016.org.za**. Hearty congratulations to the South African Society of Psychiatrists, Dr. Bernard van Rensburg and their dedicated team for their excellent work. Let us all strive to make this a great Congress!

Our newly designed website www.wpanet.org is very attractive and informative. Please visit and send us your valuable comments. We thank WPA President Dinesh Bhugra and the EC for their support and guidance.

Thanking you,

Roy Abraham Kallivayalil
Secretary General
World Psychiatric Association

Message from the President



Dinesh Bhugra

The **Second World Mind Matters Day** approaches. This year we aim to launch our findings from a global survey from 193 countries on discrimination against persons with mental illness. The levels of discrimination are horrendous across the globe. Nearly one third countries do not allow people with mental illness to get married. Fewer countries provide supported employment or right to vote. WPA has produced a Bill of Rights which is obtainable from the Head office. Please read and sign your support.

WPA-Lancet commission on Psychiatry has completed its data analysis and six writing groups



Gimmelwald is a beautiful mountain village located in the Bernese Highlands region of Switzerland. It is best known for the great cheese, farming and tourism. It is a perfect place for Alp-aholics because it offers incredible views with majestic cliffs, colourful mountains and impressive peaks. Aside from the picturesque surroundings, the travellers are drawn by the peaceful setting and quiet laid-back attitude.

have been set to explore and discuss these findings. First draft of the report will be ready by end of September and full report will be published by Lancet Psychiatry early next year. 2016-2017 is the year of WPA campaigning for Social Justice for persons with mental illness. We are developing Bill of Rights for Children and young people and on Rights of those with intellectual disability.

Several Position Statements have been launched including the mental health of migrants, refugees and asylum seekers; LGBT individuals and reasons to be a psychiatrist. World Psychiatry in the very near future will be bringing these out, please look out for them.

The work on setting up **Diploma in Psychological Medicine** aimed at psychiatrists continues apace and we hope to launch it next year.

We are still looking for examples of good clinical practice so that we can learn from each other. Please keep them coming.

WPA has an International Congress in Cape Town from 18-22 November. Please put the dates in your diary. This will be an exciting conference with eminent speakers and range of symposia and workshops. I look forward to seeing you at the conference and hearing your thoughts.

Please check the website regularly and get involved.

Dinesh Bhugra, CBE
President
World Psychiatric Association

General matters of WPA

(including Regional, International and World Congress announcements)

■ WPA EXECUTIVE COMMITTEE AND KENES GROUP AT THE WPA SECRETARIAT IN GENEVA

WPA President Dinesh Bhugra signs WPA meetings contract with Kenes Group on June 17, 2016 at the WPA Secretariat, Geneva. Seen in the picture are Helen Herrman (President-Elect) and Dan Rivlin (Kenes Group). Standing (L to R): Armen Soghoyan, Roy Abraham Kallivayalil, Afzal Javed, Edgard Belfort, and Masatoshi Takeda.



■ WPA PLANNING COMMITTEE MEETS IN GENEVA AT THE WPA SECRETARIAT

WPA Planning Committee Meeting, Geneva on July 16-17, 2016 at the WPA Secretariat, Geneva University Psychiatric Hospital. Seen in the picture (from L to R) are: Afzal Javed, Francesca Sotgiu, Masatoshi Takeda, Armen Soghoyan, Dinesh Bhugra, Marianne Kastrup, Helen Herrman, Saul Levin, Norman Sartorius, Sam Tyano, Roy Abraham Kallivayalil; and Pamela Atiase (absent in the photo).

■ NOMINATIONS FOR THE WPA JEAN DELAY PRIZE 2017 ARE WELCOME



Jean Delay Prize is the most prestigious award that WPA gives triennially. This is awarded to an individual who has made a major contribution in the biological, psychological or social aspects of Psychiatry or has built useful bridges between them. An international jury selects the awardee.

The Prize bears the name of the first President of the WPA, who made significant contributions to the practice of psychiatry in the 20th century.

It consists of a certificate, a medal and a cheque for the amount of 40,000 Euros. The awardee will be expected to deliver a plenary lecture at the next World Congress of Psychiatry in Berlin in October 2017.

The deadline for the submission of nominations is December 31, 2016 and the "Jean Delay Prize 2017 Nomination Form" could be downloaded from the WPA website (www.wpanet.org).

The Selection Criteria of the applicants are as follows:

1. Staff of pharmaceutical companies are not eligible for the Prize.
2. Members of WPA Council, Executive Committee and Jury of Jean Delay Prize are not eligible for the Prize.
3. In case the awarded work is a specific project, it shall not be related to a pharmaceutical product.
4. There shall be no conflict of interest between SERVIER and the Prize-winner.
5. A full disclosure will be requested of every applicant, giving details of any significant financial interest relating to the projects proposed for the Prize.

■ GENEVA PRIZE FOR HUMAN RIGHTS IN PSYCHIATRY 2017

The Geneva Prize for Human Rights in Psychiatry will be awarded for the 7th time in October 2017 during the World Congress of Psychiatry in Berlin, Germany. The Geneva Prize represents a

unique opportunity to honour a colleague, an individual, an institution or association, for their exceptional dedication and work towards Human Rights in Psychiatry. The Geneva Prize includes a certificate, a medal and a cheque for 20,000 Swiss Francs.

Deadline for nominations is March 31, 2017. Nomination and details are

available on <http://www.geneva-prize.ch/language/en/home>. Please disseminate as widely as possible and encourage submission of nominations.

François Ferrero

President of the Foundation
francois.ferrero@unige.ch

From the President-Elect



Helen Herrman

The WPA's work on social justice is underpinned by understanding the need to work in partnership with patients and their families and carers. WPA has a significant role in forging a united voice on mental health needs to national governments and international decision-makers (See Wallcraft et al, *World Psychiatry* 2011;10:229-236). I have just read about EU FAMI's Prospect Train-

ing, a program addressing family members, service users and service providers that aims to improve three-way communication, quality of care for patients and quality of life for families and friends. This new program brings to mind the development of the triologue in the German-speaking countries. These are examples of innovation alongside the psychiatric profession's commitment to working in respectful partnership with patients and families. The support for empowering community groups to express opinions and work in true balance with practitioners and practitioner societies and governments is a mark of our profession's

leadership. As we continue reviewing and discussing WPA's work in this triennium and its action plan for 2017-2020, our role in supporting national societies to work collaboratively with community groups is a theme. We have the opportunity to learn from international initiatives and work in countries of different types and to support those that are embarking more assertively on this path.

Helen Herrman

WPA President-Elect

MATTERS FOR WPA NEWS

Please send all matter for publication in the WPA News to Prof. Roy Abraham Kallivayalil, Secretary General, wpasecretariat@wpanet.org.

A copy may be marked to roykalli@gmail.com

WPA SCIENTIFIC PUBLICATIONS: BOOKS AND JOURNALS

WPA Secretary for Scientific Publications, Michelle B. Riba, mrriba@umich.edu



From the Secretary for Scientific Publications

Dear Colleagues,

I am so excited and honored to report on behalf of the Operational Committee of the WPA Scientific Publications. This has been a very busy and productive time for our group. We have been holding several telephone meetings to help develop projects and programs that will help support the work of WPA members, especially from low-resourced countries. We have talented, experienced members of our Committee who themselves are editors of prestigious journals and who want to help make available not only existing journals and exemplar papers, but who want to help provide educational experiences for young psychiatrists on how to learn to get their work published.

The members of our Committee are: Michelle Riba - Chair † Dusica Lecic Tosevski - Co-chair † Reinhard Heun † Peter Tyrer † Christopher Szabo † Alfredo Cía † Prabha Chandra † Joao Mauricio Castaldelli-Maia.

Prof. Heun sent out a letter to Presidents of the WPA Member Societies, letting them know of our desire to include various open access journals to the WPA website, under scientific publications. This would be a way to provide free learning resources for researchers and clinical psychiatrists worldwide. We asked our Presidents to propose national journals that would be perceived as relevant for this WPA website, as well as to obtain any necessary permissions. We have appreciated the wonderful support and help from our

WPA Secretary General Roy Kallivayalil and the WPA Executive Committee for their advice and support of this effort. We have received such enthusiastic response from so many Presidents. Prof. Prabha Chandra has so graciously offered the help of an excellent research assistant who will help in collating and organizing the material. Please let us know if you have suggestions, ideas or relevant journals that can be uploaded to this site. You can contact me at mrriba@umich.edu or Professor Heun.

At the upcoming WPA meeting in Cape Town, South Africa, under the leadership of Professor Christopher Szabo, and with input from Professor Castaldelli-Maia, we plan on holding a workshop to help junior psychiatrists learn about publishing and to be able to ask questions and answers from experienced and world-renowned editors of psychiatric journals. This follows other workshops we have held at other WPA meetings. We plan to upload some of these presentations on the WPA website under scientific publications so that those who are not able to be in attendance can benefit from the presentations.

We are very appreciative of the work of our highly respected Professor Alfredo Cía, who with his passion and commitment has set up a WPA supported resource library for scientific publications, in Spanish. We look forward to learning how this library is used and how such libraries can evolve in other parts of the world.

In addition, over the last several months, several of our WPA colleagues have asked for the WPA logo to be used for new books that will be published. We have a process for this review and for providing the WPA logo. If you are planning on publishing a book that you think would benefit from having the WPA logo, please let me know so that I can send you the documents that will be reviewed prior to the release of the logo.

I would like to call your attention to journals that continue to provide WPA members with important scientific information, such as the WPA World Child and Adolescent Psychiatry Journal, the official journal of the WPA Child and Adolescent Psychiatry Section, with editor Professor Norbert Skokauskas and Professor Bennett Leventhal, Section Chair, and Co-Chair Professor Gordana Milavic. Assistant Editors are Professor A. Guerrero and Professor T. Hirota.

We would like to thank Pamela Atiase from the WPA Secretariat's office. As always, thank you for the honor and privilege to allow me to serve you as WPA Secretary for Scientific Publications.

Most sincerely,

Michelle Riba

WPA Secretary for Scientific Publications

From the WPA Secretary for Education



Edgard Belfort

We are pleased to inform you that continuing **WPA Recommendations: Principles and Priorities on a Training Curriculum for Psychiatrists**, the Task Force Members met on June, 21st and 22nd 2016 in Madrid, Spain and reviewed the project of the Core Curriculum in Psychiatry. The meeting was very fruitful. The purpose of this project would be to write a set of:

1) WPA Educational Perspective: Define the role and profile of psychiatrists at present and in the coming years.

2) Training Curriculum: The Curriculum should be a practical educational document based on three competencies: a) Knowledge: like psychopathology, pharmacological and psychotherapeutic aspects, the promotion of mental health, transcultural, ethical and legal aspects, evidence and values based medicine. b) Skills: Doctor-patient relationship, clinical-case formulation, Psychiatrists skills to achieve to become trainers of trainers Present (teach to teach), paying special attention on scientific research. c) Abilities: every psychiatrist should possess in order to carry out his/her profession based on ethical and scientific values.

3) The program should be evaluated on its competencies, identifying the minimum number of months needed to acquire training, number of trainees, minimum requirements, programs accreditation or identifying subspecialties.

4) Recommendations: It was suggested that because of the social and economic diversity of the different member countries of the WPA, a good idea would perhaps be to make

minimum recommendations that can be met by all countries according to their income level and other requirements that suit those countries with more resources as contained in the WHO Mental Health Report N°. 2012.

We are inviting feedback on the above aspects before September 30th, 2016, with the aim to prepare a summary for the next meeting which is scheduled to take place at the Congress of Cape Town, 18-22 November 2016. My thankfulness to the Task Force, formed by the colleagues: Chair Dinesh Bhugra, Co-chair Edgard Belfort, Coordinator Maria-Ines Lopez-Ibor. Members: Julio Bobes, Michel Botbol, Miguel Casas, Maria-Luz Casimiro-Querubin, Francisco Collazos, Javier Correas, Bulent Coskun, Fabrizio Delgado, Andrea Fiorillo, Silvia Gaviria, Marc Hermans, Roger Ng, Felipe Picon, Javier Quintero, Pedro Ruiz, Constantin Soldatos. Consultants: Murthy Srinivasa, Donna Stewart.

Another important subject is the Model Curriculum for Primary Care Physicians, on which a group is already working. The primary care physician is the first to see patients with either primary psychiatric illness or general medical and psychiatric comorbidity 70% of the time. We have sent USB keys with the entire curriculum on Neuro psychopharmacology developed by the American Society of Clinical Psychopharmacology (ASCP). WPA is making available free USB keys to selected number of institutions in the low and middle income countries (dispatched to 43 member societies) for teaching purposes.

EDUCATIONAL ACTIVITIES:

Interzone Activity, 3, 4, 6 and WPA Secretary for Education and Mexican Society of Psychiatry 50th Anniversary. I International Congress of the Ibero-Latin-American Association of Neurosciences and Psychiatry. Puerto Vallarta, Mexico, June 9-12, 2016. 1. Symposium: Transcending Boundaries in Neurosciences. 2. Course: ADHD throughout life. 3. Core Curriculum on Psychiatry Team Meeting.

Speakers: Francisco Collazos (Spain), Javier Correas (Spain), Javier Quintero (Spain), Enrique Camarena (Mexico), Silvia Gaviria (Colombia), Virginia Rosabal (Costa Rica), Michel Botbol (France). Good attendance and excellent evaluation. No cost for WPA.

Educational Activity and Educational Agreement. Barcelona, Spain. Cultural Competition in Mental Health and Addictions. D. Marc Simon, Corporate Director of Social Area Foundation Bank CAIXA D'ESTALVIS I PENSIONS de Barcelona. Prof. Dinesh Bhugra World Psychiatric Association, WPA President, Prof. Edgard Belfort, WPA Secretary for Education, Prof. Miguel Casas, Responsible Group of Psychiatry, Mental Health and Addictions Vall d'Hebron Institut de Recerca.



Educational Activities: Online Course: Expert in Mental Health Emergencies. We launched in 2016 the 1st International Edition in Expert on Mental Health Emergencies. In this edition there have been enrolled 46 students from Ecuador, who have begun the course in an enthusiastic manner. University: Alcala University, Alcalá de Henares, Madrid, Spain. Coordination: Psiformacion Foundation. WPA Secretary for Education. Educational Credits: 25. Objective: This program is aimed at training psychiatrists who want to improve their skills in managing mental health emergencies. Program: The program is structured on 18 modules: 1) The concept of emergency in Psychiatry. 2) Interview and evaluation in the Emergency Room. 3) The depressed patient. 4) The pa-

tient with anxiety. 5) The patient with alcohol use disorder. 6) The culturally different patient. 7) Child and Adolescent Emergency Psychiatry. 8) The psychotic patient. 9) The patient at risk of suicide. 10) The patient substance abuser. 11) The patient with bipolar disorder. 12) Psychopharmacology in the ER. 13) The agitated and the violent patient. 14) Emergency secondary to drugs. 15) The patient with an eating disorder. 16) The patient with personality disorder. 17) Crisis intervention and disaster management. 18) Legal Issues in the ER.

WPA Educational Activities, Cape Town, November 2016. The meeting of the WPA Operational Committee on Education will be organised. Workshops will be organized as follows: Round Table: "Principles and Priorities in a Training Curriculum for Psychiatrist"- Chairman Dinesh Bhugra (UK), Co-chairman Edgard Belfort (Venezuela). Participants: Luz Querubin (Philippines), Roger Ng (China), Constantin Soldatos (Greece), Marc Hermans (Belgium), Bulent Coskun (Turkey), Pedro Ruiz (USA), Silvia Gaviria (Colombia), Michel Botbol (France).

"WPA International Conference on Education in Latin America: Perspective in Education and research." 8/11 Feb 2017. Cuenca, Ecuador. Educational Symposium /



Task Force Meeting of the Core Curriculum, June 21-22, 2016, Madrid, Spain. L to R: Constantin Soldatos (Greece), Pedro Ruiz (USA), Maria-Ines Lopez-Ibor (Spain), Silvia Gaviria (Colombia), Marc Hermans (Belgium), Javier Correias (Spain), Javier Quintero (Spain), Bulent Coskun (Turkey), Edgard Belfort (Venezuela), Srinivasa Murthy (India), and Francisco Collazos (Spain).

WPA Secretary for Education.
 Social Discrimination against people with Mental Illness - Dinesh Bhugra (UK)
 Promoting Mental Health in Humanitarian Emergencies: The role of Psychiatrists - Helen Herrman (Australia)
 How to Use Biomarkers to maintain Cognitive Reserve in the Elderly - Masatoshi Takeda (Japan)
 The Processes of Education and Training in Mental Health: Opportunities, Challenges and

Improvements - Edgard Belfort (Venezuela)
 Distress and Cancer - Michelle Riba (USA)
 Other Speakers: Roy Abraham Kallivayalil (India), Armen Soghoian (Armenia), Afzal Javed (Pakistan)
 WPA Symposium: Questions & Answers. WPA Executive Committee
 Edgard Belfort
 WPA Secretary for Education

From the Secretary for Scientific Sections



Afzal Javed

Welcome to the new addition of WPA News!

I am pleased that WPA Scientific Sections are promoting and disseminating scientific knowledge around the globe. With a growing number of Sections (now 72) the general membership has also increased significantly for almost all the Sections. Many of the Sections are keen to increase their individual

membership especially for the young psychiatrists. This is indeed an important step towards involvement of young psychiatrists in the WPA functioning as well as for developing their leadership skills and enhancing their organizational abilities.

The Sections' Operational Committee is busy in finalising the amendments in by-laws related to Sections' functioning. We are still continuing with our discussions on Sections' future work, including clustering of Sections on the basis of common interests and activities. This will hopefully help to promote further collaboration and links among different Sections.

Sections are now organizing more Intersectional sessions and educational programmes. We look forward for having more activities in WPA Cape Town International Congress. Similarly Sections are also organising their Section meetings.

Let us hope for a continuous enthusiasm of Sections' leadership for their dedicated work towards further contributions to the excellence of scientific knowledge and the development of innovative approaches in psychiatric practice.

Afzal Javed
 WPA Secretary for Scientific Sections

■ GWU INNOVATORS' BOOTH - WB/WHO GMH SUMMIT, WASHINGTON DC

TOTAL Health screening for Integrated Care Innovators' booth with GWU students and the young colleagues, some of whom participated in the research on Depression and co-morbidity in Primary Care in China India, Iran, and Romania was part of the World Bank/WHO high level meeting on Global Mental Health, Innovators' Fair at GWU 13-14 April 2016.

Eliot Sorel
Founder, WPA Section on Conflict
Management and Resolution



L to R: Dinesh Bhugra (President WPA), Miguel Alampay, Layan Zhang, Eliot Sorel, Chelsea Frakes, Shabab Wahid, and Paul Summergrad (former APA President).

■ INTERNATIONAL CONFERENCE ON SCHIZOPHRENIA - ICONS VII: CHENNAI, INDIA



Inauguration of the 7th IConS at Chennai, India. Seen in the picture are Dinesh Bhugra (President WPA), R Seshasayee, Soumya Swaminathan (Director General ICMR), R Thara, Roy Abraham Kallivayalil, and G Prasad Rao.

The IConS VII at Chennai, India, September 8-10, 2016 was a grand success. More than 400 delegates from nearly 40 countries partici-

pated. The theme was "Schizophrenia - the Puzzle and the Perspective". The event organised by SCARF Chennai was co-sponsored by the World Psychiatric Association, the World Association of Social Psychiatry, and the Indian Psychiatric Society. The Conference was inaugurated by Dr. Soumya Swaminathan, Director General of the Indian Council of Medical Research. Prof. Dinesh Bhugra (President, WPA), Prof. Roy Abraham Kallivayalil (President-Elect, WASP), Dr. G Prasad Rao (President- IPS) were among those who spoke at the inaugural function. Mr. R. Seshasayee presided. Prof. M. Sarada Menon (the founder of SCARF) was specially honoured.

The large presence of young delegates and the much interested participation made the conference a unique event. The eminent faculty included Assen Jablensky, Dinesh Bhugra, Helen Herrman, Craig Morgan, Mohan Isaac, Helen Killaspy, BN Gangadhar, Graham Thornicroft, Prabha Chandra, Vikram Patel, Frances Dark, and many others. Our heartiest congratulations to R Thara, R Padmavathi and their committed and hardworking team at SCARF.

HAVE YOU RECENTLY VISITED THE WPA WEBSITE?

→ WWW.WPANET.ORG

Upcoming WPA Major Scientific Congresses

WPA Secretary for Scientific Meetings, Masatoshi Takeda, m-takeda@aino.ac.jp



■ WPA INTERNATIONAL CONGRESS 18-22 NOVEMBER 2016 CAPE TOWN, SOUTH AFRICA



KEY-NOTE SPEAKERS

- **Prof. Dinesh Bhugra (UK):** *Psychiatry's and Psychiatrist's Social Contract: A WPA Institutional Program*
- **Prof. Sean Hill (Switzerland):** *The Blue Brain Project: An approach to Integrative Neuroscience*
- **Prof. Vikram Patel (India):** *Integrative African Systems for Bio-Psycho-Social-Cultural Care*
- **Prof. Andreas Meyer-Lindenberg (Germany):** *Translational neurogenetics of psychiatric disorders*
- **Prof. Wolfgang Gaebel (Germany):** *Towards Community-Based Integrative Treatment and Mental Health Care: From Guidance to Implementation*
- **Prof. Sir Simon Wessely (UK):** *Psychiatry's role in preventing and intervening in armed conflicts*
- **Prof. Maria Oquendo (USA):** *Suicide Prevention and Promotion of Women's Mental Health*
- **Prof. Helen Herrman (Australia):** *Integrative mental health care across the lifespan: Engaging with Social Determinants*
- **Dr. Saxena Shekhar (Switzerland):** *Implementing WHO Care Programs for Mental, Psychiatric and Substance Use Disorders in Africa*

PLEASE CONTACT US

WPA IC 2016 Conference Organisers - Scatterlings Conference & Events:

Abstract Speaker Coordinator: Simone Solomons
(simone@soafrica.com)

Exhibition and Sponsorship: Brenda Outhet (brenda@soafrica.com)

International Delegate Registrations: Carina du Plessis
(carina@soafrica.com)

South African Delegates Registrations: Stephanie de Boer
(Stephanie@soafrica.com)

Keynote/Invited Speakers Coordinator: Charne Millet-Clay
(charne@soafrica.com)

Tour Packages are available, contact Quality Touring Services:

Robin Troup by telephone (+27 (0) 82 657 3443 or email
robin@qualitytouringservices.co.za)

For more information, please visit the congress website at
www.wpacapetown2016.org.za.

Bernard Janse van Rensburg

Chair, Local Organizing Committee

E-mails: bernard.sasop@mweb.co.za; charlene@soafrica.com

■ WPA INTER ZONAL CONGRESS 3-6 MAY 2017 VILNIUS, LITHUANIA

We cordially invite you to the WPA Inter Zonal Congress at Vilnius, the capital of Lithuania on 3-6 May 2017. Theme: "Changing Society, Changing Psychiatry and Changing Self".

Lithuania, sitting at the crossroads between the East and the West and between the North and the South of Europe, is influenced by many cultures and has been subjected to a long often traumatic history. Once boasting an empire stretching from the Baltic to the Black Sea, with pagan roots fusing with Catholic traditions, the more recent influences of Soviet occupation have also obviously played a part in creating the country and



MAY 3-6, 2017 | VILNIUS, LITHUANIA

Web: www.wpavilnius2017.org.lt
Contact: info@psichiatrija.lt





MAY 3–6, 2017 | VILNIUS, LITHUANIA

Web: www.wpavilnius2017.org.lt
Contact: info@psichiatrija.lt



people of today, and of the psychiatry. Its capital, Vilnius, is a place of contrasts - baroque courtyards and beautiful winding streets of the Old City, exquisite churches of many denominations, authentic bars and restaurants, an abundance of theatres, opera houses and other cultural centres.

Beyond the capital, the country is a treasure trove of natural beauty and historic antiquities – endless forests, numerous lakes, castles upon islands, the ancient hill forts and much more, not least the magical Curonian Spit in Western Lithuania, the Hill of Crosses in the north and a Soviet sculpture park in the south.

With the challenges of re-establishing democracy, building a functioning economy and ensuring equal standards of living for all persons regardless of nationality or religion, the country is a showcase of psychiatric issues and, we feel there is no better location to hold this WPA Inter Zonal Congress. Please provide all requests and topics proposals by e-mail to info@psichiatrija.lt. More information at www.wpavilnius2017.org.lt.

Welcome to Vilnius!

Prof. Alvydas Navickas
President, Lithuanian Psychiatric Association

■ WPA XVII WORLD CONGRESS OF PSYCHIATRY 8–12 OCTOBER 2017 BERLIN, GERMANY

Psychiatry and Psychotherapy at its best

The WPA WORLD CONGRESS OF PSYCHIATRY will be held in 2017 in Berlin and is jointly hosted by the World Psychiatric Association (WPA) and the German Association for Psychiatry, Psychotherapy and Psychosomatics (DGPPN). The scientific programme under the overall theme “Psychiatry of the 21st Century: Context, Controversies and Commitment” will address all relevant mental disorders and concentrate on biological and psychotherapeutic topics and social psychiatry. The core programme will encompass several current issues and topics, including population movements, psychiatry and society and human rights and also examine health policy-related, social and cultural issues from the perspective of mental health.

Renowned experts from all over the world, such as **Fabrizio Benedetti** (Italy), **Shekhar Saxena** (Switzerland), **Linda Lam** (China) and **Michael Meaney** (Canada) will give insights into current findings from science



Brandenburg Gate © visitBerlin Foto (Wolfgang Scholvien)

and care. The educational programme of the Congress will also allow you to study certain topics in more depth and update your knowledge.

Besides providing a platform for knowledge exchange the WPA XVII WORLD CONGRESS OF PSYCHIATRY is dedicated to promoting communication and networking between psychiatrists, nursing and allied health professionals and associations of service users and family carers. The Scientific Committee plans to organise numerous Joint Symposia with speakers representing the full range of stakeholders to provide different perspectives on topics. These sessions will be called “trialogues” to underline their multi-angle concept.

Get involved

Enrich the congress programme with your scientific contribution and share your insights with other professionals. Whether in a fascinating symposium, informative workshop or interesting poster presentation, scientists and practitioners have many and varied opportunities to actively participate in the WPA XVII WORLD CONGRESS OF PSYCHIATRY.

Online registration and abstract submission is open now!

Visit www.wpaberlin2017.com

Julie Holzhausen, Scientific Secretariat
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BILL OF RIGHTS FOR PERSONS WITH MENTAL ILLNESS

The World Psychiatric Association (WPA), a global organization representing nearly 250 000 psychiatrists, urges ALL Governments to ensure that persons with mental illness/mental disability/mental health problems are not discriminated against based on their mental health status, and are treated as full citizens enjoying all rights on an equal basis with other citizens.

The WPA supports the efforts of the international community as expressed through various international human rights Covenants and Conventions, and, more particularly, the United Nations Convention on the Rights of Persons with Disabilities (CRPD). The WPA reiterates that persons with mental illness/mental disability/ mental health problems have the capacity to hold rights and exercise their rights and should, therefore, be treated on an equal basis with other citizens. This includes, but is not limited to:

1. Right to **accessible** and **affordable** mental and physical healthcare;
2. Right to live **independently** in the community as other citizens;
3. Right to **work** and **opportunities** to work and **protections** at work, including **affirmative action**, as available to other citizens;
4. Right to **adequate** income to meet their basic needs for food, housing, clothing and other basic necessities;
5. Right to **accessible, integrated, affordable** housing;
6. Right to **training** and **education** as available to other citizens;
7. Right to **freedom of movement** and **removal** of restrictions on free travel.
8. Right to **own, inherit, and dispose** of property, and to be provided **adequate support** to exercise this right;
9. Right to **marry, have** and **adopt** children, and **raise** families, with additional support when required;
10. Right to **determine** their future and make their **own life choices**;
11. Right to **vote** and be **elected** to public office;
12. Right to be recognized as **equal** before the law as other citizens, and the right to **full protection** of the law;
13. Right to be **free** from **cruel, inhuman, degrading treatment, and punishment**;
14. Right to **confidentiality** and **privacy**; and
15. Right to **participate** in the **cultural** and **social life** of the community and **practise a religion** of their choice.

DISCLOSURE STATEMENT

The author is President of the World Psychiatric Association and has no conflicts of interest to report. The author alone is responsible for the content and writing of the paper.

ACKNOWLEDGEMENTS

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Dinesh Bhugra

World Psychiatric Association, Geneva, Switzerland

Supported by:



Asian Federation of
Psychiatric Association



Centre for Applied Research
and Evaluation International
Foundation



World Organisation of
Family Doctors



World Association of
Social Psychiatry



World Association
for Psychosocial
Rehabilitation



Asociación
Psiquiátrica de
América Latina



Time To
Change



Federation Global
Initiative on
Psychiatry



Human Rights
in Mental
Health



Mind



Centre for
Mental Health



Maudsley
International



Schizophrenia
Research
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SNEHA

News from Member Societies

■ SYRIAN ARAB ASSOCIATION OF PSYCHIATRISTS

After five years of the catastrophic crisis in Syria, Syrian Arab Association of Psychiatrists resumed its Annual meeting on 14-16 July 2016; 40 psychiatrists and 20 psychologists attended this meeting in SHERATON MAARRET SYDNAYA (Rural Damascus). A lot of workshops, lectures and studies were admitted which focused on what has been done during the silent period.

Two Cochrane Systematic reviews were presented (done by Syrian Reviewers):

1. Crisis interventions for people with borderline personality disorders
2. Cariprazine for Schizophrenia

Two cross-sectional studies from Syria:

1. Psychiatric emergency education in crisis
2. Psychological distress among medical students in conflicts

Plus some papers from our colleagues outside the country: Advances in understanding the etiology of schizophrenia.



Syrian Arab Association of Psychiatrists is also starting an Authoring Systematic Reviews Course (Cochrane) practical in cooperation with a group of Cochrane authors in Syria starting on 8th August 2016 in Damascus.

Horizontally and to fill the shortage in the number of psychiatrists in Syrian, Syrian psychiatrists working with WHO trained about 1,000 Doctors from different specialties of primary health care on the WHO/MHGAP program.

Syrian Arab Association of Psychiatrists attended all MHPSS programs sponsored by the UN, INGO, LINGO, and governmental association in training and practicing.

Mazen Hedar

President, Syrian Arab Association of Psychiatrists

■ FRENCH PSYCHIATRIC INFORMATION SOCIETY

The Annual SIP Conference will be held in Brussels on 28 September to 1 October 2016. Geolocalisation of patients with dangerous behaviors, recording of biological and physical measures with e-medicine and super-high-security wards in order to obtain a zero-risk for the general population all seem close at hand if not already implemented. Genetic research in psychiatry will aim at more and more prediction with

a focus on child and adolescent psychiatry in order to pursue early detection and treatment of subclinical symptomatology. At the turn of the 21st century, what hopes and fears do we have about the ways technological innovation will revolutionize our practices. What of all of these advances in science and how have they already had an impact on our day-to-day clinical work?

New classifications have recently been edited or are on the verge of being so, thus transforming our way of considering psychiatric



disorders. Epigenetics are already setting a new pace on the exploration of the impact of the environment on our genome and development. The impact of educational and public health policies seems now to make even more “sense” generating even less predictability to individual pathways.

Ethical issues are in constant interaction with patients and families. They should

prosper in order to ameliorate quality of life for all. The vast future of clinical research that is open to us is breathtaking: how will we face tomorrow’s mental health? The science (and science-fiction) of the future of psychiatry will be discussed at this Conference in Brussels. Come join us!

<http://www.inscrivez-moi.fr/>
<http://www.sipweb.fr>

Gisèle Apter
President, French Psychiatric
Information Society
(Société de L’information Psychiatrique)

■ PSYCHIATRIC ASSOCIATION OF BOSNIA-HERZEGOVINA

Traditionally organized by the Association for Biological Psychiatry/Psychopharmacology in the Federation of Bosnia and Herzegovina (ABPPFBH), and co-organized by the Psychiatric Association of Bosnia-Herzegovina (PABH), the 10th Symposium of Biological Psychiatry/Psychopharmacology in Bosnia and Herzegovina was one of Symposia included in the 8th Days of Bosnian-Herzegovinian American Academy of Arts



and Sciences (BHAAAS). Symposium entitled “Antipsychotics in Clinical Practice” was held on May 27th, 2016 in the City of Neum (Bosnia and Herzegovina), on Adriatic coast. Invited lecturers from Bosnia and Herzegovina, Serbia, Croatia, and USA pre-

sented new research results and recommendations for use of antipsychotics in clinical practice with particular attention on schizophrenia. The Symposium was attended by more than 100 participants from many cities and medical centers in our country.

Abdulah Kučukalić, President
Goran Račetović, Secretary General
Psychiatric Association of
Bosnia-Herzegovina

13th Mostar Psychiatric Saturday was held on June 4th, 2016, elaborating the topic “*Psychiatry in XXI Century: New Trends*”. Over 120 mental health professionals from all over Bosnia and Herzegovina attended on dynamic scientific sessions provided by lecturers from Bosnia and Herzegovina and Croatia which have inspired many attendees to constructive discussions about this very intriguing and important topic passing through the psychiatry in new times with

main conclusion that psychiatry has an important place in modern society as well as psychiatrists.

The Symposium was organized by The Department of Psychiatry (School of Medicine, Mostar) and the co-organizers were the Psychiatric Association of Bosnia-Herzegovina (PABH) and the University Clinic Mostar-Department of Psychiatry. Professor Abdulah Kučukalić, PABH President em-

phasized the importance of this Symposium for continual education. Promotion of the book by Professor Dragan Babić (University of Mostar) “Psychoactive Substances” was organised on June 3rd, 2016.

Dragan Babić, Past President
Goran Račetović, Secretary General
Psychiatric Association of
Bosnia-Herzegovina

■ COSTA RICAN PSYCHIATRIC ASSOCIATION

The master’s degree in Forensic Mental Health and programme of theoretical practical improvement in the interface of mental health and the law are planned based on the successful experience generated by the master in Psychiatry Forensic of the Universidad

Nacional de La Plata that, handed down for more than 10 years, with similar guidelines, it served as a training advanced psychiatrists of various Latin American countries. Enlargement and adaptation of its contents generated a programme of trans-disciplinary interest contributing to expand the horizons of knowledge and deepen the discipline itself. The model was already capitalized for the first cohort that was formed by professionals

from Chile, Colombia, Brazil, Angola, and Argentina.

E-mail of the director:
jorgefolino@fibertel.com.ar
E-mail of the Coordinator:
elyleonmayer@gmail.com

Francisco Gólcher Valverde
President, Costa Rican Psychiatric
Association

■ ROYAL COLLEGE OF PSYCHIATRISTS (UK)



Perinatal Mental Health Services: The Government recently committed £365 million from 2016/17 to 2020/21 to build capacity in Perinatal Mental Health Services. The aim is that, by 2020, at least 30,000 women with mental illness will be able to access evidence-based care in the community and through inpatient Mother & Baby Units.

Reflecting this commitment, NHS England and Health Education England have contracted the Royal College of Psychiatrists to manage the *Building Capacity in Perinatal Mental Health Services* project. In its first year, the project will administer 10 bursaries to backfill

Consultant Psychiatrists while they engage in a 12-month training programme in the subspecialty of Perinatal Psychiatry, enabling them to establish and lead Perinatal Mental Health Services.

Clinical Lead – Dr. Liz McDonald
Project Manager & primary contact -
val.andrews@rcpsych.ac.uk

Neuroscience Project: The Gatsby/Wellcome Neuroscience Project is a Royal College of Psychiatrists 2-year initiative to introduce a modern neuroscience perspective into psychiatrists' clinical work. Psychiatry training is being reshaped to incorporate rapid, ongoing and exciting advances from basic and clinical neuroscience. This will:

1. Equip trainees for the scientific advances that will be made over their working lives
2. Better prepare psychiatrists to develop and deliver innovative biomedical approaches to patient care

Led by a 15-strong international expert Commission chaired by Dr. Wendy Burn (RCPsych) and Professor Mike Travis (Pittsburgh; Co-Director, National Neuroscience Curriculum Initiative), the project will involve extensive consultation among stakeholders.

To discover more, visit our web page or contact:
Neuroscienceproject@rcpsych.ac.uk

■ ARGENTINEAN PSYCHIATRISTS ASSOCIATION

The 32th Argentine Congress of Psychiatry organized by the Asociación de Psiquiatras Argentinos (APSA) in collaboration with the Association of Psychiatrists of Chubut will be held at NH Gran Hotel Provincial in Mar del

Plata, Argentina during the period of 26-29 April 2017. The theme is: *“Commitment of Psychiatry and Mental Health with the community in contemporary problematic use”*. This meeting is co-sponsored by the WPA.

Contact: Hector Daniel Caprara
E-mail: info@apsa.org.ar
Website: www.apsa.org.ar

■ BRAZILIAN ASSOCIATION OF PSYCHIATRY



We are delighted to announce the latest Impact Factor for *Revista Brasileira de Psiquiatria* (official Journal of the Brazilian Association of Psychiatry) is 2.181 according to the 2015 Journal Citation Reports®. RBP has the highest impact factor among all medical journals in Latin America. We are an open-access journal,

with no author fees, indexed in the main scientific databases (PubMed, ISI/Web of Science, Scopus, PsychINFO, among others). Our main goal is to publish original works from all areas of psychiatry, with emphasis in public health, clinical epidemiology, basic sciences, and mental health problems. The journal is published in both online (ISSN 18090452X online) and printed versions (ISSN 1516-4446).

The journal publishes original articles, brief communications, review articles, update articles, editorials and letters to the editor.

Manuscripts are selected for publication based on originality, relevance, and methodological quality. All manuscripts are subjected to external peer review. Articles must be submitted through the electronic submission system ScholarOne Manuscripts (<http://mc.manuscriptcentral.com/rbp>). For more information, visit the journal website at www.rbppsiquiatria.org.br.

Antonio Geraldo da Silva
President, Brazilian Association
of Psychiatry

■ INDIAN PSYCHIATRIC SOCIETY

MID TERM CME 2016: The National Mid-Term CME was held in Guwahati, first national program in the state of Assam, from 30th to 31st July 2016 under the able leadership of Dr. HR Phookun, Organizing Chairperson and Dr. Jayanta Das, Organizing Secretary. Theme: "Thinking out of the Box – In Search of New Frontiers in Psychiatry". The CME was attended by 400 delegates and was a grand success.

ANCIPS 2017: The upcoming Annual Conference of Indian Psychiatric Society is going to be held at Raipur, first time in the state of Chattisgarh, organized by Dr. PN Shukla, Organizing Chairperson and Dr. Manoj Sahu, Organizing Secretary. The dates are January 5th to 8th 2017. IPS welcomes you all to participate. Please keep in touch with the website for updates and register online. Website: www.ancips2017.com



Indian Psychiatric Society - National CME Conference at Guwahati, Assam. Dr. U.C Sharma Vice Chancellor, SS Health University, Assam lights the lamp. Also seen in the picture are Dr. Gautam Saha, Dr. G Prasad Rao, and Dr. Jayanta Das.

IPS E-VOTE: IPS is coming up with the eVoting for the first time for their Election 2017. A special thanks to Dr. Vivek Kirpekar, Chairman, and his team Dr. K. Sudarsan and Dr. Roop Sidana.

WEBSITE: The website www.indianpsychiatriciansociety.org is functional with regular updates under the able leadership of Dr. Mainak Mukherjee, Chairperson Website Sub-Committee. Dr. Abhijit Faye, Co-Chairperson and Dr. Samrat Kar, Convenor. Please visit the website and send us your valuable feedbacks. If you notice any error or bug to update any of the pages, kindly bring it to my notice.

DIGITAL IPS: IPS published Clinical Practice Guidelines on Depression, Bipolar Disorder & Schizophrenia. Thanks to the CPG Task Forces. The two previous CPGs published in hard copies got digitalized and now available in soft copy format. We proceed with the digitization of the all written official IPS documents.

**G Prasad Rao, President
Gautam Saha, General Secretary
Indian Psychiatric Society**

■ INDIAN ASSOCIATION FOR SOCIAL PSYCHIATRY

IASP is hosting the **22nd World Congress of Social Psychiatry at New Delhi**, 30th November-4th December 2016. The theme of this congress is "Social Psychiatry in a rapidly changing world". There will be 71 symposiums, 14 workshops, 110 free papers and 300 posters. Prof. Julian Leff will be delivering the Yves Pelicier Award Lecture, Prof. Tom Craig will deliver the Presidential address, and Prof. Roy Abraham Kallivayalil will give the address by the incoming President. Some of the other confirmed speakers in the WASP 2016 include Professors Norman Sartorius (Switzerland), Laurance Kirmayer (Canada), Eliot Sorel (USA), Dinesh Bhugra (UK), José Miguel Caldas de Almeida (Portugal), Tsutomu Sakuta (Japan), Driss Moussaoui (Morocco), Stephen Scott (UK), Helen Killaspy (UK), Helen Herrman (Australia), Vijoy Varma (India), R Srinvasa Murthy (India), Vikram Patel (India), and Mohan Isaac (Australia).

The Congress is likely to be attended by more than 1000 delegates from all over the world.



Hotel Ashok, venue of the Congress.

Delhi has a very pleasant weather during early December. It is a vibrant, affordable, colorful and friendly city with thousands of years of culture and history. The Organising Committee of the WASP 2016 welcomes you to the Congress and assures you an outstanding five-day educational and informative program with symposia, workshops, plenary lectures, free papers, post-

er sessions and exhibition integrated into the schedule. Registration lines are open. Further details can be accessed at www.wasp2016.com.

**Rakesh Chadda
(Chair, Organising Committee)
BS Chavan (Secretary General
Indian Association for Social Psychiatry**

■ SAUDI PSYCHIATRIC ASSOCIATION

The “13th International conference on Psychiatry” organized by the Saudi Psychiatric Association and the Saudi German Hospital, in collaboration with the Psychiatric Hospital Jeddah, the Egyptian Psychiatric Association,

the Institute of Psychiatry - Ain Shams University and the Psychiatry Department, Cairo University will be held at Jeddah, Kingdom of Saudi Arabia during 13 – 15 April 2017.

Mohamed Khaled

Saudi Psychiatric Association

moh.khaled.hamed@gmail.com

■ JAPANESE SOCIETY OF PSYCHIATRY AND NEUROLOGY

JSPN Fellowship Award

Application Deadline: October 31st, 2016

The Japanese Society of Psychiatry and Neurology invites applications from young psychiatrists around the world to apply for the JSPN Fellowship Award. The purpose of this award is to recognize early-career, outstanding psychiatrists and to encourage academic discussion and personal friendships with early-career Japanese psychiatrists at the 113th annual meeting of the JSPN on June 22nd to 24th, 2017 in Nagoya, Japan.

Award recipients will receive a waiver of meeting registration fees, accommodations, and a partial reimbursement of airfare (JPY 70,000 for recipients from World Bank A and B category countries, and JPY 140,000 for those from C and D countries). Award recipients will be expected to give a presentation at

one of the international sessions, the themes of which are “Approaches to Suicide Prevention” and “Case Vignette”, and attend other programs for JSPN Fellowship Award recipients. Award recipients will also be expected to participate in future JSPN Fellowship Award Alumni programs. Applicants must choose the theme from 1 or 2 and submit an abstract of 200-250 words in length on-line.

Applicants must be psychiatrists younger than 40 years of age or with 10 years or less experience in psychiatry, not be previous recipients of the JSPN Fellowship Award and must belong to a WPA member society (nominations from each society up to a maximum of two applicants).

Meeting Information: 113th Annual Meeting of the JSPN, June 22nd-24th, 2017 at Nagoya Congress Center. Theme: Linking

psychiatric research, education and care: bidirectional talk

Application Procedure: For details, please visit JSPN website https://www.jspn.or.jp/modules/english/index.php?content_id=86

All documents must be submitted via the 113th Annual Meeting of the JSPN website: https://www.myregistration2.net/jspn113/post/my/login/to_english.php

Masatoshi Takeda, President

Toshifumi Kishimoto, International Committee Chair

Japanese Society of Psychiatry and Neurology

■ SRI LANKA COLLEGE OF PSYCHIATRISTS

The Sri Lanka College of Psychiatrists hosted the International Congress of Asian Psychiatry in Colombo Sri Lanka from 28 to 30 May 2016. This AFPA Congress was attended by more than 350 psychiatrists from all over the world. WPA had a strong presence. Prof. Dinesh Bhugra (President), Prof Helen Herrman (President-Elect), Dr. Afzal Javed (Sec-

retary for Sections), Prof. Norman Sartorius (Council member) were among others. Prof. Malcolm Hopwood attended as the President of RANZCP. Four chairs of Scientific Sections contributed to the scientific program of the Congress. They were Prof. Pichet Udomratn, Chair Psychiatric Rehabilitation (Thailand), Prof. Thomas G. Schulze, Chair

Genetics in Psychiatry (Germany), Prof. Solomon T. Rataemane, Chair Conflict Management and Resolution (South Africa), and Prof. Shinfuku Chair Urban Mental Health (Japan).

News from WPA Sections

WPA Secretary for Scientific Sections, Afzal Javed, afzal.javed@ntlworld.com



■ PSYCHIATRY AND SLEEP WAKEFULNESS DISORDERS



Section symposium in Corfu/Greece (from L to R): Martin Hatzinger (Switzerland), Christoph Nissen (Germany), Thomas Pappargopoulos (Greece), Edith Holsboer-Trachsler (Switzerland), Dimitris Dikeos (Greece), and Anne Eckert (Switzerland).

This year our Section is active at different congresses which reflects the increased alertness to the topic of sleep in psychiatry. The first Section symposium took place in Corfu/Greece during the “First Congress on Evidence based Mental Health: From research to clinical practice” which was organized by the International Society of Neurobiology and Psychopharmacology from May 26 to 29, 2016 in Corfu/Greece. The meeting has created a splendid occasion to exchange and discuss current problems in sleep bridging the gap between basic research and clinical application. For the near future a WPA Section symposium is

planned during the joint congress of the 16th annual meeting of geriatric psychopharmacology and the 5th international congress on psychiatry and the neurosciences in Athens/Greece from October 6 to 8, 2016, on the topic of “Sleep and Psychiatry in the Elderly”. We are looking forward to bring interested people together in order to foster scientific exchange and, perhaps, new collaborations.

Martin Hatzinger

Chair, WPA Section on Psychiatry and Sleep Wakefulness Disorders

■ TRANSCULTURAL PSYCHIATRY

The Section on Transcultural Psychiatry is organizing a symposium on 17th September 2016 in Hamburg, Germany. Theme: ‘People on the Move; Asylum Seekers and Refugees’. The aim of the meeting is: To exchange facts and ideas on mental health issues related to the high influx of refugees in a wide range of countries in the Middle East and Europe, and to discuss

(and document) how issues could be improved. Allison Male from Doctors Without Borders and Nana Wiedemann from the Federation of the Red Cross and the Red Crescent Societies are the keynote speakers. Kees Laban will summarize the literature on asylum seekers and refugees on mental health issues. Representatives from Syria, Turkey, Germany, Spain, Italy, The

Netherlands, Denmark, Great Britain, Sweden, Finland, and Norway have confirmed their participation. Location: University of Hamburg Eppendorf (UKE).

Kees Laban

Chair, WPA Section on Transcultural Psychiatry

<http://www.wpa-tps.org/news/>

■ EARLY CAREER PSYCHIATRISTS

Collaboration with Section on Education in Psychiatry on *TEACHING AND LEARNING OF PSYCHIATRY FOR MEDICAL STUDENTS*: The WPA Section on Education in Psychiatry has always been striving to improve psychiatric education and training efforts among medical students, psychiatric trainees and early career psychiatrists (ECPs). Recently, the WPA ECPs Section has been invited to collaborate with the Section on Education in Psychiatry in a project focusing on psychiatric education of medical students. During the International Congress

of the Royal College of Psychiatrists, 2016, in UK a meeting was held to officially start this collaboration. Prof. Tasman, Chair Section on Education in Psychiatry, instructed the formation of a committee on the topic. The committee will start working soon to propose curricular upgrades and recommendation on clinical clerkships.

Hussien Elkholy

Chair, WPA Section on Early Career Psychiatrists



■ HIV/AIDS PSYCHIATRY

The WPA Section on HIV/AIDS Psychiatry now has 380 members. The next meeting of our Section will be on November 11, 2016 at the APM Annual Meeting in Austin, Texas. Section Members met at the APA HIV Steering Committee and presented at the APA meeting in Atlanta in May 2016. Drs. Lawrence McGlynn, Mary Ann Cohen, Daena Peterson, and Antoine Douaihy presented a workshop on Stigma, Discrimination, and the Criminalization of HIV/AIDS in the United States: Challenges for Psychiatrists in the Delivery of Compassionate Care. At the 2016 APM Meeting, our members will be presenting a course, workshops, and symposia. The course, chaired by Dr. Cozza,

is *A Psychosomatic Guide to Antiretroviral and Psychotropic Medication Management for HIV Care Across the Lifespan*.

Our HIV Psychiatry Quarterly Updatable Annotated Bibliography can be accessed at: <http://www.apm.org/library/monographs/hiv/>. We invite you to attend our meetings and explore our web page at: <http://apm.org/signs/oap/>. We welcome new members and invite you to join our SIG at: <http://www.apm.org/signs/oap/signup.shtml>.

Mary Ann Adler Cohen, Chair

Jordi Blanch, Secretary

WPA Section on HIV/AIDS Psychiatry



Main meeting of the APA Office of HIV Psychiatry Steering Committee held at the APA Annual Meeting in Atlanta Georgia. L to Right - Back row: Mary Ann Adler Cohen, Jordi Blanch, Francine Cournos, Lawrence McGlynn, Marshall Forstein. Front row: Edward Kantor, Karl Goodkin, Daena L. Peterson, Antoine Douaihy, and Yavar Moghimi.

■ PSYCHONEUROENDOCRINOLOGY

Our latest participation took place in Atlanta during the 169th Annual Meeting of the APA, where a highly illustrative symposium about psychoneuroendocrinology of depression was presented by Charles Nemeroff, Alan Schatzberg, Ghanshyam Pandey, Gustavo Tafet, and Amresh Srivastava with the attendance of more than 600 participants. Our work is continuously reflected in various academic events, including lectures and conferences, and scientific publications. Among these, an updated review



and Clinical Neurosciences. On March 6th, 2015 an International Conference on Psy-

choneuroendocrinology of stress and depression was recently published by Gustavo Tafet and Charles Nemeroff in *The Journal of Neuropsychiatry*

choneuroendocrinology was organized in Buenos Aires where Prof. Charles Nemeroff received the Honorary Degree by the Maimonides University. The next International Conference will be held in January 2017 in Buenos Aires.

Charles Nemeroff (Chair)

Gustavo Tafet

WPA Section on Psychoneuroendocrinology

■ INTERDISCIPLINARY COLLABORATION

Focus on The Caucasus: Uriel Halbreich, Chair of the WPA Section on Interdisciplinary Collaboration assisted Prof. Eka Chkonia - President of the Society of Georgian Psychiatrists to form a Georgian Interdisciplinary Collaborative Team for Well-Being. In a series of meetings in Tbilisi, the Capital of the Republic of Georgia, colleagues from other related disciplines enthusiastically agreed to work together. Representatives of the Georgia Team participated at the opening session of the Caucasus Regional meeting. This was followed by an

Executive endeavor that was intensive and productive.

The Caucasus is on the cross-road between Eastern Europe and West Asia. The 3 countries of the Southern Caucasus, who were previously republics of the Soviet Union - Armenia, Azerbaijan and Georgia became independent in 1991. Since then there have been series of violent conflicts among the Region's ethnicities as well as outside interventions. The conflicts severely impact all facets of civilian life.

We decided to work together to turn concepts to **Reality on the Ground**.

On the 29th day of July 2016 Professionals in Mental Health and Well-Being from the Republic of Georgia, Armenia, and Azerbaijan, and the World Psychiatric Association (WPA) convened in Tbilisi, Capital of Georgia and agreed to form **The Caucasus Regional Interdisciplinary Collaborative Alliance-C-RICA**. Its Executive Committee Founding Partners are: Prof. Armen Soghoyan (President, Armenian Psychiatric Association and WPA Secretary of Finances),

Prof. Fuad Ismayilov (President, Azerbaijan Psychiatric Association), Prof. Eka Chkonia (President, Society of Georgian Psychiatrists); Chair/Coordinator is Prof. Uriel Halbreich (Chair, WPA Section on Interdisciplinary Collaboration). The C-RICA will be a model for other Regions. Involvement of all WPA components is strongly invited.



The Inaugural EC of the C-RICA: L to R: Professors Ismayilov, Halbreich, Chkonia, and Soghoyan.

Uriel Halbreich
Chair, WPA Section on Interdisciplinary Collaboration

■ PREVENTIVE PSYCHIATRY AND PSYCHOANALYSIS IN PSYCHIATRY

WPA Inter Sectional Symposium: Thiruvalla, India

An Inter Sectional Symposium on “Developmental Conflicts in Adolescence” was organised by the WPA Sections on ‘Preventive Psychiatry’ and ‘Psychoanalysis in Psychiatry’ at the Learning Resource Centre, Dept. of Psychiatry, Pushpagiri Institute of Medical Sciences, Thiruvalla, India on August 25, 2016. The following papers were presented:

1. Developmental Conflicts in Adolescence - current understanding and newer perspectives: *Prof Michel Botbol, Professor of Child and Adolescent Psychiatry (Western Brittany University, France) and Chair, WPA Section on Psychoanalysis in Psychiatry.*
2. Psychoanalytic Psychodrama in the treatment of adolescents with developmental conflicts – Ms. Mirjana Trkulja, Psycholo-

gist, St Louis University Hospital, Paris and Psychoanalyst of the Paris Psychoanalytic Society.

3. Developmental Conflicts in Adolescence - Preventive Aspects – Prof. Roy Abraham Kallivayalil, Professor and Head, Dept. of Psychiatry, PIMS, Thiruvalla, India; and former Chair, WPA Section on Preventive Psychiatry.

Rev Dr. Antony Chethipuzha (Vicar General, Archdiocese of Thiruvalla) inaugurated the meeting. Dr. TU Sukumaran (Professor of Paediatrics) chaired the Symposium. Rev Dr. Mathew Mazhavancheril (Director, Academic) and Dr. Fazal Mohamed (Associate Professor of Psychiatry) addressed the meeting. The papers were well received and there was lively participation of more than 100 delegates, which made the event a big success.



WPA Inter Sectional Symposium, Thiruvalla, India. Rev Dr. Antony Chethipuzha lights the lamp to mark the inauguration. Also seen are Ms. Mirjana Trkulja, Prof. TU Sukumaran, Prof. Roy Abraham Kallivayalil, Prof. Michel Botbol, and Rev Dr. Mathew Mazhavancheril.

Michel Botbol
Chair, WPA Section on Psychoanalysis in Psychiatry

Roy Abraham Kallivayalil
Former Chair, WPA Section on Preventive Psychiatry

■ URBAN MENTAL HEALTH

The Section was revived in 2015 in May at the WPA Regional Congress held in Osaka. At the International Congress of Asian Federation of Psychiatric Associations (AFPA) in Sri Lanka, Symposium on Urban Mental Health was organized. Prof. N. Shinfuku Chair of the Section introduced scope and activities of the Section. Dr. Jayan Mendis presented a wide range of mental health problems faced by major cities in Sri Lanka. Presentation by Dr. Naoya Oribe on Hikikomori (Social withdrawal) and modern type depression drew many questions. Sri Lankan colleagues reported their similar cases in Colombo.



Naotaka Shinfuku
Chair, WPA Section on Urban Mental Health

WPA Scientific Section Chairs, 29 May 2016, Colombo, Sri Lanka at AFPA IC. From L to R: Norman Sartorius, WPA Council Member (Switzerland), Pichet Udomratn, Chair, Psychiatric Rehabilitation (Thailand), Afzal Javed, WPA Secretary for Sections (Pakistan/UK), Malcolm Hopwood, Member WPA Section Operational Committee (Australia), Thomas G. Schulze, Chair Genetics in Psychiatry (Germany), Solomon T. Rataemane, Chair Conflict Management and Resolution (South Africa), Naotaka Shinfuku, Chair Urban Mental Health (Japan).

News from Zonal Representatives

■ ZONE 6 (WESTERN EUROPE)

Integrating Psychiatric diversity: As it is well known, Western Europe (WPA Zone 6) is among the richest zone of the world concerning the scientific events in psychiatry and mental health. In the last 12 months, nearly all of the national societies of the Zone have organized at least one such event, several being of international interest and with the sponsorship of WPA. In line with my work intention as representative of the zone, I contributed to the initiation or the organization of several of these most modest events.

Symposium organized in Munich in June between two WPA affiliated associations: ALFAPSY (Federation of French Speaking Psychiatrists of Private Practice), the World Association of Dynamic Psychiatry, with the contribution of the German Academy of Psychoanalysis and one WPA Section (Psychoanalysis in Psychiatry) around a very interesting topic of common interest : Integration of Psychoanalysis in Psychiatric Institutional Treatment (see photo).

Franco/Latin-American colloquium organized last March by a French Association (Erie) to



Munich Symposium in June 2016 with the German Academy of Psychoanalysis and ALFAPSY: Seen in the picture from R to L: Michel Botbol, Margit Schmolke, Maria Ammon, Ilse Burbiel, Herve Granier, and Agnes.

bring together members of French-speaking national societies with eminent psychiatrists from Latin American countries around Adolescent Psychiatry and Mental Health organization.

Both were very successful, not only for the interest they raised in the public but also for the links they allowed to establish between

psychiatrist of the world sharing the same passionate interest for their discipline and the patients they attend.

Michel Botbol

WPA Zonal Representative for Zone 6 (Western Europe)

■ ZONE 3 (MEXICO, CENTRAL AMERICA AND THE CARIBBEAN)

We have worked on a new Roundtable on Migration, Gender and Mental Health in Costa Rica. This has two parts:

1. The First part: We had a one-day workshop in Quepos main port in the Pacific Coast of Costa Rica with officials from various institutions such as health services, services for children, adolescents and women, Frontier-Board

Security, Education, Police, etc., that directly work with migrants from Cuba, Africa and Haiti. These officials were trained in mental health issues on migration.

2. The second part of the Round table will be held in September with national experts and national authorities in the capital San Jose. We will examine the strengths and weaknesses

that we have learnt in Quepos and give a public feedback on national policies and national programs to National authorities.

Finally the Declaration of San Jose Costa Rica will be written on Migration Gender and Mental Health.

In all this work Dr. Enrique Mendoza Gaitan APAL Latin American Psychiatric Association



WPA Round Table at Quepos, Costa Rica.

President-Elect of Guatemala and Dr. Edwing Garcia Toro from Honduras participated as special guests. Coordinator of this Round table was Dr. Virginia Rosabal (ZR). We will continue with round tables in Zone 3 in Dominican Republic in October and Mexico City in November, with Prof. Dinesh Bhugra and Prof. Edgard Belfort. Zone 3 WPA making firm steps on improving Mental Health!

Virginia Rosabal

WPA Zonal Representative for Zone 3

(Mexico, Central America and the Caribbean)

■ ZONE 14 (EASTERN AND SOUTHERN AFRICA)

Impact of Socio Economic Inclusion Programs for People With Mental Health Issues in Kenya: Socio economic marginalization for people with mental health issues in Kenya continues to be a major barrier towards recovery; however, various organizations, including the government, have made several strides towards improving this situation. Through the Persons with Disabilities Act, the government has provided incentives such as tax deductions for employers who provide reasonable accommodation to people with disabilities and income tax exemption to employees with mental health issues.

Africa Mental Health Foundation, in partnership with various international organizations and learning institutions, continues to advocate for socio economic inclusion for people living with mental health issues through several social business models. The recently concluded CREATE and LIPTK projects advocate for creation of opportunities for real work for people living with mental issues to promote recovery and wellness in urban informal settlements and rural Kenya.

Individuals, family members, and the community have reported positive impact re-



Beneficiaries of the LIPTK receive VSLA training-AMHF.

sulting from these initiatives. Reduction of stigma both self and social, awareness of local mental health services and mental health recovery, improved livelihoods and a general shift in mind set have been observed from the data collected.

These innovative research models further demonstrate the positive relation between mental health recovery and access to income

through employment. The relevant websites to these initiatives are www.createkenya.com and www.africamentalhealthfoundation.org.

David M. Ndeti

**WPA Zonal Representative for Zone 14
(Eastern and Southern Africa)**

News from Affiliated Associations

■ EUROPEAN FEDERATION OF ASSOCIATIONS OF FAMILIES OF PERSONS WITH MENTAL ILLNESS

EUFAMI cooperated with King's College London in the development of a free mass open online course (MOOC), exploring some of the key issues and questions relevant to people who are supporting a relative with psychosis. The MOOC was first launched in October 2015 and, after many positive evaluations, repeated in May 2016. An updated version will be launched on World Mental Health Day, 10th October 2016. Free online course: Caring for People with Psychosis and Schizophrenia. This four-week course explores some of the key issues and questions

relevant to a carer who is supporting a relative with psychosis such as:

1. Why is schizophrenia described as psychosis?
2. How can we best understand psychosis and its key symptoms such as hearing voices?
3. What are the links between cannabis use and developing psychosis?
4. Can psychosis affect physical health?
5. How do medications in psychosis work and what effects can they have?

6. In what ways are siblings of people with psychosis affected?

7. How can psychosis affect a carer's health and their relationships?

This free online course provides opportunities to share your views and experiences with carers from around the world. For more information and to sign up: <https://www.futurelearn.com/courses/caring-psychosis-schizophrenia>

■ PORTUGUESE ASSOCIATION OF DUAL PATHOLOGY

The VI International Dual and Addictive Pathology Congress was held in Lisbon, Portugal, June 2-3, 2016. Theme: "Dual and Addictive Pathology: A Challenge for Humanity". It was organized by the Portuguese Association of Dual Pathology. The President of the Congress was Dr. Luís Patrício and the Vice President was Dr. Célia Franco. It had many well-known speakers like

Prof. Pedro Ruíz, Dr. Mark W. Parrino, Dr. Gilberto Gerra, Prof. Icro Maremanni, Dr. Néstor Szerman, and Dr. Javier Didia Attas. The Congress was well attended with about 350 participants and it was an opportunity to exchange experiences between different countries such as Argentina, Austria, Belgium, Brazil, Bulgaria, Cape Verde, Caribbean, Denmark, England, France, Germany,

Guinea-Bissau, Italy, Macedonia, Mexico, Mozambique, Peru, Poland, Portugal, Serbia, Slovenia, Spain, and the USA.

Célia Franco
President, Portuguese Association of Dual Pathology

■ EUROPEAN FEDERATION OF PSYCHIATRIC TRAINEES

In July, EFPT held its 24th annual forum in Antwerp, Belgium. It was a vibrant affair, attended by over 100 young psychiatrists in training from all over Europe. This year's Forum also provided direct training opportunities, with the third annual EFPT-UEMS CAP training day being run for child and adolescent psychiatry trainees.

Ever mindful of current challenges facing Europe, a new working group (WG) was



convened “Psychiatry Across Borders” concerned with mental health issues facing new migrants to Europe. EFPT continues to expand its membership, and in 2016 we welcomed Slovakia and Spain into full membership, bringing the total number of member countries to 34.

In October, EFPT will co-host the 2nd World Congress of Early Career Psychiatrists, along with the WPA, EPA-ECPC, and YPN. Taking place in Athens, it promises to be a lively forum for discussion and collaboration, with a theme of “Bridging Science and Culture”.

We are looking forward to meet with young psychiatrists from around the world!

Seán Naughton
Secretary General, European Federation of Psychiatric Trainees

■ INTERNATIONAL ASSOCIATION OF ETHNOPSYCHOLOGISTS AND ETHNOPSYCHOTHERAPISTS

The Jubilee Scientific-Practical Conference of **International Association of Ethnopsychologists and Ethnopsychotherapists** devoted to the 35th anniversary of Mental Health Research Institute and the 125th anniversary of Psychiatry, Addiction Psychiatry and Psychotherapy Department of SibSMU “Relevant Issues of Psychiatry and Addiction Psychiatry” and the IInd Russian Scientific-Practical Conference “Modern Problems of Ethnocultural Psychiatry and Addiction

Psychiatry” devoted to memory of academician V.Ya. Semke will be held on November 1-2, 2016 in Tomsk, Russian Federation.

Mental Health Research Institute (headquarters of the International Association of Ethnopsychologists and Ethnopsychotherapists) is a research institution, leading and the only one on the “psychiatry” and “narcology” profile, in the region of Siberia and the Far East. Preparation of highly qualified specialists for

the region of Siberia, the Far East, the Urals, the foreign countries is carried out with active participation of workers of the Institute.

Website of Institute: <http://mental-health.ru/>

Nikolay Bokhan, President
Svetlana Vladimirova, Technical Secretary
International Association of Ethnopsychologists and Ethnopsychotherapists

■ INTERNATIONAL SOCIETY FOR BIPOLAR DISORDERS

We are thrilled to announce that the International Society for Bipolar Disorders (ISBD) has launched a new website! In addition to the site itself, we have added some great new educational materials for our members, in-

cluding Clinical Notes and Tip Sheets. We invite you to take the opportunity to tour the new website at www.isbd.org. Please also consider joining our global community by becoming a member. If you should have any

questions please feel free to contact Jill Olds, ISBD Membership & Outreach Director at jillo@isbd.org.

■ SAARC PSYCHIATRIC FEDERATION

The SAARC International Conference was held from 4th to 6th March 2016 by the SAARC Psychiatric Federation in collaboration with Pakistan Psychiatric Society at the Hotel Serena Islamabad. This was a great academic event and the theme of the conference was “Psychiatry Sans Frontier”. The conference was attended by hundreds of renowned Psychiatrists, Academicians, Psychologists and celebrities related to different allied professions. The aim was to bring the Mental Health professionals of SAARC region on one platform because of so many



cultural and regional similarities among them and to facilitate the collaboration in the field of Metal Health. In the concluding ceremony Certificates and shields were dis-

tributed among those who put their efforts to make this conference one of the best academic events not only in the history of Psychiatry in Pakistan but also in the other specialties as well. This conference will go a long way in the development and promotion of Mental Health in Pakistan and SAARC Region.

Sayed Mohammad Sultan
President, SAARC Psychiatric Federation
Email: smsultan14@gmail.com

Future WPA Scientific Congresses and Meetings - 2016

September-October 2016

28 September-1 October 2016: “Psychiatrie au Futur! 2084”, Brussels, Belgium. Organizer: SIP Société de l'Information Psychiatrique. Contacts: a) Gisèle Apter (gisele.apter@gmail.com) b) Jean Oureib (jean.oureib@gmail.com)

October 2016

6-8 October 2016: “16th Annual Meeting of the International College of Geriatric Psychoneuropharmacology and 5th International Congress on Psychiatry and the Neurosciences”, Athens, Greece. Organizer: 1) International College of Geriatric Psychoneuropharmacology (ICGP) 2) International Neuropsychiatric Association (INA). Collaboration: 1) Hellenic Society for the Advancement of Psychiatry and Related Sciences (HSAPRS) 2) World Federation of Societies of Biological Psychiatry (WFSBP). Contact: Prof. Constantin Soldatos. E-mail: egslelabath@hol.gr Website: www.psych-relatedsciences.org

7-8 October 2016: “Congress on Mental Health: Meeting the Needs of the 21st Century”, Moscow, Russia. Organizer: Union for Mental Health of Russia. Collaboration: 1) Russian Society of Psychiatrists (RSP) 2) All-Russia Professional Psychotherapeutic League (PPL) 3) Russian Psychological Society 4) Russian Association of Gerontologists and Geriatrists. Contact: Dr. Natalia Treushnikova. E-mail: info@mental-health-russia.ru Website: www.mental-health-congress.ru

12-15 October 2016: XV National Congress of the Serbian Psychiatric Association “Pathways and Crossroads of Psychiatry”, Belgrade, Serbia. Organizer: Serbian Psychiatric Association. Contact: Dusica Lecic Tosevski. E-mails: a) dusica.lecictosevski@eunet.rs b) dusica.lecictosevski@gmail.com

13-15 October 2016: “Forensic Psychiatry and Prison Psychiatry between Medicine and Law”, Ohrid, Macedonia. Organizer: Psychiatric Association of Macedonia. Collaboration: WPA Section on Forensic Psychiatry. Contact: Prof. Dr. Antoni Novotni. E-mail: prof.novotni@gmail.com Website: www.pzma.com

20-22 October 2016: 14th International Conference of the Arab Federation of Psychiatry and 4th Conference of the Jordanian Society of Psychiatry “The future of Mental Health in Arab World”. Organizer: Arab Federation of Psychiatry. Collaboration: Jordanian Society of Psychiatry. Contact: Walid Sarhan E-mail wsarhan34@gmail.com Website: www.pan-arab-psychiatrists-congress2016.com

20-23 October 2016: 2nd World Congress of Early Career Psychiatrists “Bridging science and culture”, Athens, Greece. Organizers: 1) WPA Section on Early Career Psychiatrists 2) EPA – ECPC 3) Young Psychiatrists' Network. Contacts: a) Rafail Psaras (rafailpsaras@gmail.com) b) Hussien El Kholy (drhelkholy@gmail.com)

27-29 October 2016: XIX National Congress of Psychiatry in 2016 “Psychiatry. On the first line of medical specialties”, Palma, Majorca. Organizer: Spanish Society of Psychiatry. Contact: Prof. Miguel Bernardo.

November 2016

3-5 November 2016: International Conference WWIII “WWIII? Management of death between new social emergencies and their solution”, University of Padova, Italy. Organizer: Master Death Studies & the end of life, University of Padova. Collaboration: Department of Psychiatry, University Clinical Hospital Mostar. Contacts: a) Dr. Tommaso Ghellar b) Prof. Ines Testoni. E-mail: worldwariii2016.partners@gmail.com Website: <http://endlife.psy.unipd.it/IIIWW/eng/index.php/call-for-participation-2/>

11-12 November 2016: XV Psychiatric Days of Bosnia and Herzegovina “Mental Illnesses and Stigma”, Sarajevo, Bosnia and Herzegovina. Organizer: The Psychiatric Association of Bosnia-Herzegovina. Contacts: a) Prof. Abdulah Kučukalić, MD, PhD (adokucukalic@hotmail.com) b) Dr. Goran Račetović, MD, Primarius (gracetovic@yahoo.com) Website: www.upubih.com/en/

18-22 November 2016: WPA International Congress “Psychiatry: Integrative Care for the Community”, Cape Town, South Africa. Organizer: South African Society of Psychiatrists. Contact: Prof. Bernard van Rensburg. E-mails: a) bernard.sasop@mweb.co.za b) charlene@soafrica.com Website: www.wpacapetown2016.org.za

November-December 2016

30 November-4 December 2016: 22nd World Congress of Social Psychiatry - WASP 2016 “Social Psychiatry in Rapidly Changing World”, New Delhi, India. Organizer: Indian Association for Social Psychiatry. Contact: Dr. RK Chadda. E-mails: a) drchavanbs@gmail.com b) secretariat@wasp2016.com Website: www.wasp2016.com

December 2016

15-17 December 2016: “The Asia Pacific Conference of IALMH”, Bangalore, India. Organizer: Department of Psychiatry, MVJ Medical College & Research Hospital, Bangalore. Contact: Ganesan Gopalakrishnan. E-mail: sowmanasya@gmail.com

WPA NEWS

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WORLD PSYCHIATRIC ASSOCIATION
الجمعية العالمية للطب النفسي
世界精神病学协会
ASSOCIATION MONDIALE DE PSYCHIATRIE
WELTVERBAND FÜR PSYCHIATRIE
ASSOCIAÇÃO MUNDIAL DE PSIQUIATRIA
ВСЕМИРНАЯ ПСИХИАТРИЧЕСКАЯ АССОЦИАЦИЯ
ASOCIACIÓN MUNDIAL DE PSIQUIATRÍA

SEPTEMBER 2016

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**ECP (Early Career Psychiatrist)

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The World Psychiatric Association (WPA)

The WPA is an association of national psychiatric societies, presently 138, spanning 118 different countries and representing more than 200,000 psychiatrists.

The WPA organizes the World Congress of Psychiatry, International and Regional Congresses, and Thematic Conferences. With its 72 scientific sections, it promotes collaborative work in specific domains of psychiatry. It has developed ethical guidelines for psychiatric practice, including the Madrid Declaration.

Its website is currently visited from almost all countries across the world and the WPA News is widely disseminated. Various educational programmes and series of books had been produced including an E-Learning long distance programme. World Psychiatry, the WPA official journal, could be freely downloaded from PubMed Central and the WPA website (www.wpanet.org).



What are its Aims?

The core missions of the WPA include the following:

- To encourage the highest possible standards of clinical practice
- To increase knowledge and skills about mental disorders and how they can be prevented and treated
- To promote mental health
- To promote the highest possible ethical standards in psychiatric work
- To disseminate knowledge about evidence-based therapy and values based practice
- To be a voice for the dignity and human rights of the patients and their families, and to uphold the rights of psychiatrists
- To facilitate communication and assistance especially to societies who are isolated or whose members work in impoverished circumstances