Message from the WPA President

Dear Colleagues and Friends from around the world:

During the last six months, our World Psychiatric Association Executive Committee has been very active with respect to the pursuing of our goals and objectives for the 2011-2014 triennium. Needless-to-say, we are very satisfied with the outcomes of our efforts in this regard.

Following a very successful WPA World Congress of Psychiatry held in Buenos Aires, Argentina on September 18-22, 2011, we proceeded to hold a WPA Regional Meeting in Kaohsiung, Taiwan on November 2-5, 2011. During this occasion, we focused our efforts on mentoring, educating, exchanging information and experiences, as well as in emulating the early career psychiatrists from Asia who attended this event. Needless-to-say, we not only provided information to them, but received information from them as well; obviously, we felt accomplished and pleased with this experience and exchange.

Pedro Ruiz
WPA President

WPA EC HELD ITS FOURTH MEETING OF THIS TRIENNIIUM

The WPA Executive Committee held its fourth meeting of this triennium during the WPA Thematic Conference in Tarragona, Spain on March 28-31, 2012. The previous meetings of the EC were held during the WPA World Congress of Psychiatry in Buenos Aires, Argentina on September 18-22, 2011; the WPA Regional Meeting in Kaohsiung, Taiwan on November 2-5, 2011; and the WPA Thematic Conference in Granada, Spain on February 8-11, 2012.
Likewise, our WPA Executive Committee joined forces with the WPA Member Society – Spanish Neuropsychiatric Association, the Pan American Health Organization (PAHO/WHO), the World Association of Social Psychiatry, the Latin American Psychiatric Association (APAL), WONCA, and the Maristan Network in holding a WPA Thematic Conference focusing on “Mental Health and Family Medicine Working Together”, held in Granada, Spain on February 8-11, 2012. This well organized scientific event permitted us to address and discuss key programmatic factors within the realm of primary care. A key positive factor in this event was that it permitted the WPA to solidify its relationship and close collaboration with all the organizations, societies, institutions, and professional groups insofar as the common goal of addressing access to care, quality of care and care directed to those who need it the most.

More recently, our WPA Executive Committee joined forces with the professional leadership of the “Jornadas Nacionales Socidrogalcocol” in conducting a WPA Thematic Conference in Tarragona, Spain on March 28-31, 2012. This formidable event was the “XXXIX Jornadas Nacionales” of Socidrogacocol. In this occasion, we jointly focused on the negative impact of alcohol and drugs in the communities where they prevailed. It also permitted us to exchange scientific information as to how to manage addictive behavior from a biopsychosocial point of view.

In analyzing our WPA involvement in these three scientific events held in different areas of the world, it makes us feel accomplished and full of energy and ideas to continue to pursue and achieve the goals of our WPA Action Plan for the period of 2011-2014.

Cordially,

Pedro Ruiz, M.D.
President
World Psychiatric Association (2011-2014)
The Canadian Psychiatric Association (CPA) held a highly successful 61st Annual Conference in Vancouver, British Columbia on October 13-15, 2011. One of the highlights of the Conference was the launch of the CPA Position Paper on Stigma and Discrimination. The paper was published in the October 2011 Canadian Journal of Psychiatry and attracted significant media attention.

This position paper was designed to provide evidence-based guidelines for addressing stigma and discrimination against psychiatric patients and families, as well as psychiatrists, mental health care professionals, and the profession of psychiatry. It provides guidance to psychiatrists as individuals as well as to academic and organizational psychiatry in identifying key actions that we can take to tackle stigma.

The Mental Health Commission of Canada (MHCC) will be hosting the 5th International Stigma Conference in Ottawa, Canada on June 4-6, following the Spring release of a National Mental Health Strategy for Canada, following five years of consultations with citizens and mental health organizations.

Future CPA meetings will be held in Montreal on September 27-29, 2012 and Ottawa on September 26-28, 2013. WPA members are encouraged to register for one or both of these informative conferences.

Donna E. Stewart
WPA Zonal Representative for Zone 1 (Canada)

The psychiatric associations in the neighbouring countries, Finland and Russia, have a long tradition of educational and scientific co-operation. The co-operation has been on hold for the last years. The Finnish Psychiatric Association and the Russian Society of Psychiatrists met in Moscow on 12 December 2011 to discuss bi-lateral measures to revitalise the co-operation.

The official meeting between the delegations of the two psychiatric associations decided to participate in each other’s national training with a regular exchange of lecturers and to investigate possibilities for joint research co-operation. The educational needs of the increasing number of Russian-speaking psychiatrists in Finland could be supported by a free access via internet to the full texts of the Russian psychiatric journals and the international journals translated to Russian, as the WPA’s “World Psychiatry”.

The successful meeting was endorsed by the WPA Zonal Representatives, Dr. Henrik Wahlberg (Zone 7), and Prof. Petr Morozov (Zone 10). The Finnish delegates participated, during their mid-winter visit to the megalopolis, also in the Russian psychiatric conference, met with Russian colleagues, and enjoyed the friendly atmosphere during the conference banquet.

Jyrki Korkeila, Nikolay Neznanov, Henrik Wahlberg, and Petr Morozov
First Meeting of the WPA Member Society Presidents of the WPA Zone 10

The first Meeting of the Presidents of the WPA Zone 10 psychiatric societies took place in Moscow on December 14, 2011. The Meeting was attended by the Presidents of most psychiatric societies of the East European WPA Region: Armenia, Azerbaijan, Belarus, Kazakhstan, Moldova, Uzbekistan, Russia (RSP and IPA). The Representatives of Ukraine, Kyrgyzstan and Georgia had been invited but were unable to attend the Meeting.

After welcoming and introducing the participants, the WPA Zonal Representative for Zone 10, Prof. Petr Morozov, acquainted the Presidents with the WPA 2011-2014 Action Plan and proposed the WPA Zone 10 three-year detailed Action Plan. After an animated discussion, the Zonal Plan was approved which was fixed in the Resolution of the Meeting. It was also determined to consider as a basis the following areas of cooperation within the WPA for the triennium: education of young specialists; exchange of scientific information; organizing of scientific symposia and conferences on issues of mutual interest; seeking opportunities for scientific collaboration within the WPA in the field of transcultural researches.

It was suggested to review and to assess the WHO European Mental Health Strategy Plan (by request of the WHO Regional Adviser). The participants found it reasonable to hold regular annual meetings in order to discuss common and most important issues and to deepen the collaboration. The next Meeting of the Presidents of the WPA Zone 10 psychiatric societies will take place on May 25, 2012 in Almaty (Kazakhstan), and further, as previously agreed, on October 4, 2012 in Kharkov (Ukraine).

Petr Morozov, WPA Zonal Representative for Zone 10 (Eastern Europe)

90th birthday of Professor Shota Gamkrelidze

On February 28, 2012, Professor Shota Gamkrelidze, the eldest psychiatrist of Georgia, or, perhaps, of the whole Eastern Europe, turned 90 years old. Shota was born in Georgia, served in Ukraine and Belarus, took part in the defense of Moscow in 1941, was seriously injured, and while in hospital, decided to become a physician. He graduated from the Tbilisi Medical Institute in 1947, and since then dedicated himself to psychiatry. He was at the head of the psychiatric hospitals in Sukhumi and Tbilisi, founded and directed the very first Department of Psychopharmacology in Georgia at the Asatiani Institute of Psychiatry, defended theses and became Professor in 1971.

He is author of 14 monographs and more than 300 articles. The book “Schizophrenia: yesterday, today, tomorrow” has become well-known outside Georgia, and the monograph “Atypical affective psychosis” has been translated into a number of languages.

Prof. S. Gamkrelidze had also been the Head of the Georgian Society of Psychiatrists for 12 years, and under his leadership, it became a WPA Member Society.

For showing courage during the years of the World War II, S. Gamkrelidze was awarded the Russian Order of Glory, and his contribution to science was recognized by the Georgian Order of Honor.

Prof. Shota Gamkrelidze

Petr Morozov, WPA Zonal Representative for Zone 10 (Eastern Europe)
**WPA ZONE 12 (MIDDLE EAST)**

**Middle East Medical Conference on “Depression and Anxiety Spectrum Disorders”, 6-8 March 2012, University of Jordan, Amman, Jordan**

This Conference is funded by the NIMH and sponsored by the University of Rochester, the University of Jordan, MGH Harvard University and International Brain Research Organization (IBRO), and the Jordanian Psychiatrists Association.

The participants are psychiatrists, mental health workers, and general practitioners from the region.

The speakers are from the USA, and the region.

* Walid Sarhan  
WPA Zonal Representative for Zone 12 (Middle East)

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**WPA ZONE 16 (SOUTHERN ASIA)**

The Annual National Conference of the Indian Psychiatric Society (ANCIPS 2012) was held in Kochi, Kerala on 19-22 January 2012. It was attended by more than 3,000 delegates including accompanying persons.

- 84 symposia/lectures/workshops were held.  
- 180 Oral Free papers and 90 poster presentations were made.

Prof. Dinesh Bhugra, WPA President-Elect, participated and gave his felicitations. The WPA Zonal Representatives, Dr. Walid Sarhan (Zone 12 - Middle East), and Prof. Solomon Rataemane (Zone 14 - Eastern and Southern Africa) participated in the scientific deliberations and inaugural function.

More than a 100 delegates from different parts of the world participated in the Scientific Sessions. A special mention of Overseas Delegates:

- Dr. Joseph Zohar, President, European College of Neuropsychopharmacology  
- Dr. John Oldham, President, American Psychiatric Association, USA  
- Dr. Dilip Jeste, President-Elect, American Psychiatric Association, USA  
- Dr. Ndetei, Nigeria  
- Dr. Sabyasachi Bhaumik, Medical Director, Leicestershire NHS Trust, UK  
- Dr. Subodh Dave, President, British Indian Psychiatric Association, UK  
- Dr. Seshagiri Rao Nimmagadda, Secretary, British Indian Psychiatric Association, UK  
- Dr. Mathias Berger, Germany  
- Dr. Anand K Pandurangi, USA  
- Dr. Rudraprakash, USA

The WPA Symposium titled “Mental Health Challenges” was presented by:

- Prof. M.Thirunavukarasu: Challenges in the Developing Countries  
- Prof. Dilip Jeste: Challenges in the Developed World  
- Prof. Dinesh Bhugra: Global Mental Health Challenges

The SAARC Symposium was very well represented.

During the Conference, the new office bearers took over and the next Conference will be held in January 2013 in Bangalore.

* Manickam Thirunavukarasu  
WPA Zonal Representative for Zone 16 (Southern Asia)

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**JORDBANIAN ASSOCIATION OF PSYCHIATRISTS**

The Arab Board of Psychiatry Exam was held in Amman, Jordan on December 8-11, 2011 at the Al Rashid Hospital. Professor Pedro Ruiz (WPA President) had represented the WPA in this Exam.

* Prof. Pedro Ruiz is seated, 4th from the left, in the photo.*
ROYAL COLLEGE OF PSYCHIATRISTS (UK)

Professor Dinesh Bhugra Past-President of the Royal College of Psychiatrists awarded CBE in the New Year’s Honours

Prof. Dinesh Bhugra, Past-President of the Royal College of Psychiatrists and President-Elect of the WPA was awarded CBE (the second highest civilian honour) by H.M. The Queen for services to psychiatry in the 2012 New Year’s Honours List.

Prof. Sue Bailey, President of the Royal College of Psychiatrists said, ‘I would like to extend my congratulations to Professor Dinesh Bhugra, the College’s Immediate Past President, for his CBE for services to psychiatry.

Prof. Bhugra has been active within the College throughout his career, and was President from July 2008 until June 2011, previously having been Dean from 2003.

In 2009, Prof. Bhugra founded the RCPsych Awards to recognise and reward excellence in psychiatry and mental health.

Last year, Prof. Bhugra became President-Elect of the World Psychiatric Association (WPA).

This recent honour not only recognises the major positive impact that Prof. Bhugra has made in the field of mental health, but gives a voice to the 1 in 4 of us who will suffer from mental health problems over their lifetime.’

Dinesh Bhugra, President-Elect of the WPA.

HELENEIC PSYCHIATRIC ASSOCIATION

Festschrift for Professor George Christodoulou

On 20 December 2011 Prof. George Christodoulou was honored by the authorities of Athens University with the presentation to him of a Festschrift volume to honor his distinguished academic service and his decisive contribution to Greek and World Psychiatry.

Prof. Christodoulou is the Honorary President of the Hellenic Psychiatric Association, having served as its President for a total period of 16 years. He is an Honorary Fellow of the World Psychiatric Association for which he has served as Executive Committee member - Secretary for Sections, Chair of the Ethics Committee and of the Institutional Program on Disasters. He has also served as President of many prestigious organizations like the International College of Psychosomatic Medicine and the European Division of the Royal College of Psychiatrists, as Founding Chair of the Psychiatric Association of Eastern Europe and the Balkans and of the European Board of Psychiatry of the UEMS.

He has had a long, distinguished and continuing career, having served as Chair of the psychiatric department of Athens University and as President of the Hellenic Center of Mental Health and Research. He has published extensively, has organized many international scientific meetings and World Congresses and has edited or co-edited about 40 books, such as “Psychosomatic Medicine”, “Delusional Misidentification Syndromes”, and “Preventive Psychiatry”.

Prof. Christodoulou is currently the President-Elect of the World Federation for Mental Health, Editor-in-Chief of the Journal “European Psychiatric Review” and Honorary Editor of the Journal “Psychiatriki” of which he has been the Founding Editor.

George Christodoulou
Honorary President, Hellenic Psychiatric Association
SERBIAN PSYCHIATRIC ASSOCIATION (SPA) AND PSYCHIATRIC ASSOCIATION OF EASTERN EUROPE AND THE BALKANS (PAEEB)

The WPA co-sponsored XIV National Congress of the Serbian Psychiatric Association and the III Eastern European Psychiatric Congress will be held on 18-21 April 2012 in Sava Centre, Belgrade (Serbia), under the auspices of the President of the Republic of Serbia.

The Congress title is “Psychiatry for a changing world”.

We have chosen a bridge as a symbol of our Congress – a bridge over troubled waters, hoping that it could connect two worlds, East and West, developed and developing countries, psychiatry with its cradle medicine and psychiatrists with their patients.

Many distinguished psychiatrists from three continents have already confirmed their participation in our Congress. For more information about the Congress, see www.ups-spa.org.

We look forward to welcoming you.

Slavica Djukic Dejanovic, Chair, Organizing Committee  
President, Serbian Psychiatric Association  
Dusica Lecic Tosevski, Chair, Scientific Committee  
President, Psychiatric Association of Eastern Europe and the Balkans  
Valery Krasnov  
President-Elect, Psychiatric Association of Eastern Europe and the Balkans

CYPRUS PSYCHIATRIC ASSOCIATION

The Cyprus Psychiatric Association organized a Symposium on “Medical Ethics, Group Psychotherapy and Person Centered Medicine”, on 13-14 January 2012 at the University of Nicosia.

The Symposium was organized by the Cyprus Mental Health Commission and was under the auspices of the Cyprus Minister of Health and the Cyprus Medical Association. The total number of participants was 112 (psychiatrists, other medical practitioners, medical students, registrars on medical specialties and psychologists).

The coordinator of the symposium on Person Centered Medicine was Prof. Juan Enrique Mezzich, President of the International Network for Person Centered Medicine.

The coordinators of the symposium in Medical Ethics were Prof. George Christodoulou, President-Elect of the World Federation for Mental Health, and Mr. Georgios Pikis, former President of the Supreme Court of Cyprus and formerly a judge of the International Criminal Court-Appeals Division.

The coordinator of the symposium on Group Psychotherapy was Prof. Pavlos Kymissis, Professor of Psychiatry and Dean of St. George’s University of London, Cyprus Medical Program at the University of Nicosia.

The meeting was closed by the speech of the Emeritus Professor of Psychiatry at the Aristotle University of Thessaloniki, Charalambos Ierodiakonou.

The Symposium provided a unique opportunity to bring together psychiatrists and other medical practitioners on a fruitful discussion about ethical issues and holistic and person centered approaches in medicine.

Louis Kariolou, President, Cyprus Psychiatric Association  
Neophytos Papanoptytou, President, Cyprus Mental Health Commission
**SOCIEDAD ESPAÑOLA DE PATOLOGÍA DUAL**

**II National Congress of Dual Pathology and Addictive Behaviors, Coimbra, Portugal**

The 2nd National Congress of Dual Pathology and Addictive Behaviors was held at Coimbra, Portugal on 8-10 February 2012, getting together 290 professionals who work with dual pathology patients, including psychiatrists, clinical psychologists, nurses, social workers and rehabilitation professionals. The event was organized by the Portuguese Association of Dual Pathology (APPD) and by the Addiction Service (AD) of the psychiatric hospital, Hospital Sobral Cid, Coimbra to divulge and discuss the etiological, clinical, therapeutic and rehabilitation aspects of the dual pathology in the patient where psychiatric illness and substance use disorder coexistence. Present at the congress were investigators from the medical school of Coimbra and Oporto, Spanish specialists from the Spanish Society of Dual Pathology (SEPD), a republic prosecutor discussing legal aspects and psychiatry and primary care specialists.

The APPD, founded in November 2010, has developed a large number of formation events promoting and improving the care to patients with dual pathology.

**WPA Regional Meeting in Kaohsiung, Taiwan, 3-5 November 2011**

We present the report on the WPA Regional Meeting which was held in Kaohsiung, Taiwan on 3-5 November 2011. The main theme of the meeting was “Asian mental health: Current and future prospective”. It was a good opportunity for us to share the mental health promotion in Asia with different experts from all over the world.

The President of the meeting was Prof. Pedro Ruiz (WPA President) and the Director of the Congress was Cheng-Chung Chen, President of the Taiwanese Society of Psychiatry. The meeting was co-organized by the Taiwanese Society of Psychiatry. There were 505 participants at the meeting, and 9 Plenary Lectures and 28 Parallel Symposia were held.

We had a successful Early Career Psychiatrists Forum consisting of 4 symposiums with themes focused on Postgraduate Psychiatric Training and Consensus on Diagnosis and Treatment of a Case Report. We had the participation of 22 young psychiatrists from 15 different countries including Taiwan, Japan, Australia, India, Hong Kong, Korea, UK, China, Singapore, Malaysia, Cambodia, Thailand, Mongolia, Indonesia, and Vietnam.

**Acknowledgements (listed alphabetically by country):** Sally Chow (Australia); Kim Sauvon (Cambodia); Yong Wang (China); Can Yang (China); Atsuo Nagakawa (Japan);

**REGIONAL NETWORK FOR QUALIFICATIONS FRAMEWORKS FOR ASIA**

**II National Congress of Dual Pathology and Addictive Behaviors, Coimbra, Portugal**

Nestor Szerman
President, Sociedad Española de Patología Dual/Spanish Society of Dual Pathology

A section of the participants at the II National Congress in Coimbra, Portugal.

**WPA Regional Meeting in Kaohsiung, Taiwan, 3-5 November 2011**

Tomohiro Shirasaka1,2,6
Jane Pei-Chen Chang3,4,5,6

1Department of Neuropsychiatry School of Medicine Sapporo Medical University, Japan; 2Japanese Young Psychiatrists Organization (JYPO); 3Department of Psychiatry China Medical University Hospital, Taiwan; 4Institute of Clinical Medicine, China Medical University, Taiwan; 5Taiwan Young Psychiatrists Organization (TYPO); 6Asian Federation of Early Career Psychiatrists Organization (AFECP)

A group photo at the end of first session of the Early Career Psychiatrists Symposium. A great success with the support of Prof. Russell D’Souza, Prof. Helen Herrman and other respected professors.
The Hungarian Psychiatric Association (HPA) held its 17th Annual Conference on 26-28 January 2012. The venue was in Debrecen, the north-eastern Hungarian university town, and one of the cultural hubs of Hungary. This year’s theme was “Body-Soul-Family-Community: The Borders of Developing Psychiatry”. There were more than 1,500 participants including researchers and practitioners, psychiatrists, other medical professionals, psychotherapists, psychologists, social workers, nurses and of course, residents. At the conference there were over 200 scientific presentations, 18 Symposia, 8 plenary sessions, and multiple keynote lectures. There were separate sections for young researchers and residents. Contributions were also made by patients and care associations as part of the conference’s cultural events. The HPA (founded in 1980) has both individual and organizational membership and includes branches in Slovakia and Romania.

The conference boasted many distinguished national and international presenters. The opening plenary speaker was Prof. Tamás Freund, one of the winners of the European Brain Prize in 2011, who spoke about basic research on the endocannabinoid systems in the brain, in relation to anxiety and epilepsy. The next session was dedicated to community approaches: Dr. Afzal Javed, Secretary for Sections of the WPA made a presentation about involving patients, care givers and families in treatment programmes as well as emerging priorities in current psychiatric practice. Prof. Graham Thornicroft, from King’s College London discussed the balanced care model for better mental health. Two Hungarian professionals of the field commented on the talks from a Hungarian point of view: Ida Kosza and Judit Harangozó. A symposium on psychosocial rehabilitation by the board member of World Association for Psychosocial Rehabilitation was also an important, related presentation (Ida Kosza, Afzal Javed).

Prof. Zoltán Janka, Prof. Csaba Pléh, psychologist, member of the Hungarian Academy of Science, and Tamás Kurimay explored the utilization of network approaches in cognitive psychology, psychiatry and family psychotherapy. The last keynote panel was about interdisciplinary topics: cardiovascular diseases and diabetes related to psychiatry, specially ESPECIALLY OR THE SPECIALITY of affective disorders, and comorbidities. Prof. Zoltán Rihmer, one of the best known Hungarian psychiatrists, Prof. Aladár Rónaszéki, cardiologist, and Prof. Tibor Hidvégi, diabetologist were on the panel and gave important examples of the need for cooperation with “somatic” medicine.

There were presentations and active exchanges with primarily European and International programmes and projects from the point of view of Hungarian contributors. Topics included: surveys for prevention, community-based interventions among adults and youth on preventing suicide, and depression and addictions. Prof. István Bitter, Anita Rostás, and their team, Szabolcs Szigeti, Zsófia Pusztai (WHO) offered presentations on the BCA WHO project, while Prof. Maria Kopp and her team discussed the EAAD, OSPI PREDI-NU projects. Judit Balázs, med. habil. and her team spoke about adolescents and the SEYLE. Besides Internet addictions, a growing number of new forms of illicit drug abuse as Catie and MDPV reported, there were other critical topics widely explored during the conference. Profs. József Rácz, Zsolt Demetrovics and Ede Freckska and their teams presented about Hungarian experience. Utilizing the resources of sports, sport psychology and psychiatry including so-called pushy parents syndrome, exercise addiction, etc., were discussed with the help of Timea Nagy, two-time Olympic, and Dóra Pásztory, two-time Paraolympic champions.

While it was a successful conference the HPA also reflected problems facing Hungarian psychiatry including: inadequate support for graduate and postgraduate education and research, a need to close the gap between clinical research and practice, the growing necessity for the population to have access to modern small institutions, the difficulty in shifting towards community-based approaches, the need for more involvement from users and care givers in the services and last but not least, the lack of support for residents and young career psychiatrists resulting in a migration of human resources in the field.

Tamás Kurimay
President of the HPA Conference
THE ROYAL AUSTRALIAN AND NEW ZEALAND COLLEGE OF PSYCHIATRISTS

Conferences for 2012

The Royal Australian and New Zealand College of Psychiatrists (RANZCP) has a busy annual conference schedule that promises something for everyone. WPA members are warmly invited to attend our events. Key conferences for 2012 include:

RANZCP 2012 Congress
20-24 May 2012.
Venue: Hotel Grand Chancellor, Hobart, Tasmania

With a theme of ‘Cells, Circuits and Syndromes’ the RANZCP’s annual Congress brings together a wide range of mental health experts across cultures and specialties with this year’s keynote speakers including:

• Prof. Trevor Young (Canada)
• Prof. Ulrick Malt (Norway)
• Prof. Robert Ursano (USA)
• Prof. Ed Bullmore (UK)
• Prof. Mark Sols (South Africa)
• Associate Prof. Frances Thomson Salo (Australia)

There is the opportunity to visit Hobart’s critically acclaimed Museum of Old and New Art for the Congress’ welcome reception and to attend the Congress dinner on a wharf overlooking the harbour and the finish line of the famous Sydney to Hobart Yacht Race.

Faculty of Forensic Psychiatry Conference
4-7 September 2012. Venue: Hong Kong Academy of Medicine, Hong Kong

International Psychogeriatric Association International Meeting 2012
(Jointly Hosted by the RANZCP Faculty of Psychiatry of Old Age)
7-11 September 2012. Venue: Cairns Convention Centre, Cairns, Queensland

RANZCP Section of Psychotherapy 2012 Conference
1-3 October 2012. Venue: Monash University Centre, Prato, Italy

RANZCP Faculty of Child and Adolescent Psychiatry Annual Meeting
3-5 October 2012. Venue: Novotel Manly Pacific, Sydney, New South Wales

Further information is available on the RANZCP website at: http://www.ranzcp.org/resources/events.html

Kirrily Johns, Communications Manager
The Royal Australian and New Zealand College of Psychiatrists

PAKISTAN PSYCHIATRIC SOCIETY

Activities in Pakistan 2011-2012

December 2011:

a) A workshop for media persons on the theme “Mind” and Health - An awareness programme for media, was organized in Lahore, Punjab on 13 December 2011 in which 60 senior journalists from print media and electronic media participated. They were given media guidelines including reporting tips, common mental health issues, etc. Presenters at the occasion were Prof. Rizwan Taj and Asima Mehboob Khan.

b) The 19th National Conference of Pakistan Psychiatric Society (PPS) was held on 24-25 December 2011 in Lahore. The Conference theme was “Psychiatric complication of Dengue Virus Fever and Psychological Intervention”.

The inaugural session started with a welcome address by Dr. Nisar Hussain, Chairman of the organizing committee. A report was then presented by Prof. Aziz ur Rehman, General Secretary, PPS. Prof. Taj gave a Presidential Lecture, and Prof. Muhammad Sharif, patron of the 19th National Psychiatric Conference also addressed the participants.

Mr. Saeed Ilahi, provincial health adviser, was the chief guest.

Over 30 original papers were presented and two workshops were conducted. A large number of mental health professionals from all over the country and abroad attended the conference.

January 2012:

A second workshop for media persons was organized in Islamabad. Prof. Rizwan Taj enlightened the audience with mental health problems prevailing in the society, and discussed myths/misconception about mental disorders. He also spoke about the effect of media reporting on mental health and gave guidelines.

February 2012:

a) A Mental Health in Primary Care for Teachers roll out training program was started. In this regard 20 teachers were trained at the Islamic international school. It was a
The Indonesian Psychiatric Association has developed some sections in the association to fulfill the need of members of the association who come from many backgrounds and interests. At present there are 11 sections, namely: schizophrenia, bipolar, psychotherapy, child and adolescent psychiatry, psycho-geriatric, addiction, forensic, women’s mental health, community psychiatry, consultation-liaison psychiatry (CLP), religion, spiritual and psychiatry and also one psychometric interest group. Recently in November 2011, the Women’s Mental Health section held its first national congress in Surabaya, East Java. Upcoming events will be the Bipolar National Congress in Surabaya, East c) A one-day (11 February) seminar on Mental Health in Primary Care for GP was held at the Arrahma Hospital Multan. It was attended by 70 General Practitioners from the region. Prof. Rizwan Taj, President of the Pakistan Psychiatric Society was the chief guest on the occasion. Prominent speakers included Prof. Raza Rahman, Col. Dr. Khalid Mehmood, Dr. Leghari, Brig. Shoaib Ahmed, Brig. Farrukh Hayat, and Dr. Mazher Maik.

Rizwan Taj
President, Pakistan Psychiatric Society

**TUNISIAN SOCIETY OF PSYCHIATRY**

**Socio-demographic and clinical profile of psychiatric outpatients in Tunisia**

**Introduction:** Determining the socio-demographic and clinical profile of psychiatric outpatients is crucial to identify the needs but also to optimize screening procedures.

**Methods:** A descriptive study was undertaken at the Razi psychiatric hospital in Tunisia, Tunis. One hundred patient files were randomly selected and analyzed during the period from 15 January to 15 October 2010.

**Results:** 51% of consultants were male; mean age was 43 with 47% of patients below the age of 40, 47% are unemployed, 17% are workers and 9% are students. Main diagnoses are major depressive disorder (24%), adjustment disorder (17%), somatoform disorders (11%), dementia (8%), panic disorder (7%) and psychotic disorders (7%).

**Conclusions:** A sex ratio of about one was also reported in other similar studies [1,2]. The high proportion of young adults can be explained by a young Tunisian population. A similar result was reported by Aina in Nigeria [1]. Unemployment is known to be a risk factor for mental disorders [3]. Main diagnoses include affective and adjustment disorders, a result consistent with the data regarding the prevalence of mental disorders in the general population [4], but different from Aina’s [1] who cited neurological and psychotic disorders as the commonest affections.

**References:**


Rym Ghachem Attia, President
Sami Ouanes, Member
Anissa Bouasker Sai, Assistant Treasurer
Razi Hospital, Tunisian Society of Psychiatry

**INDONESIAN PSYCHIATRIC ASSOCIATION**

The Indonesian Psychiatric Association has developed some sections in the association to fulfill the need of members of the association who come from many backgrounds and interests. At present there are 11 sections, namely: schizophrenia, bipolar, psychotherapy, child and adolescent psychiatry, psycho-geriatric, addiction, forensic, women’s mental health, community psychiatry, consultation-liaison psychiatry (CLP), religion, spiritual and psychiatry and also one psychometric interest group. Recently in November 2011, the Women’s Mental Health section held its first national congress in Surabaya, East Java. Upcoming events will be the Bipolar National Congress in Surabaya, East Java and the WPA Regional Meeting in Nusa Dua, Bali. One of the newest sections, CLP, is considered as a section that will evolve in the future. Before becoming a section in the association, members from this section had actively held some activities and events in their institutions related to education and the promotion of Consultation Liaison Psychiatry especially to medical students, medical doctor and trainee in some cities in Indonesia such as Jakarta, Yogyakarta, Surabaya and Ambon. Some of the activities were made up by collaboration between each institution where a member of the section becomes the faculty member. We hope collaboration in the future will include more medical specialists who have relationship in the development of CLP in Indonesia.

Tun K Bastaman
President, Indonesian Psychiatric Association
The Spanish Society of Psychiatry (SEP), together with the Spanish Society of Biological Psychiatry (SEPB), hosted the Third Conference on Journals with Impact Factor in Psychiatry, which was held on 17-18 February 2012 in Palma, Mallorca. The event featured the participation of the publishers of specialised periodicals of national and international prestige, as well as more than 60 specially invited experts, primarily SEP and SEPB members who publish in international journals.

The aim of this event was to spread and promote quality publications by Spanish psychiatrists, as well as to improve the main channel of dissemination for the SEP and the SEPB, the Revista de Psiquiatría y Salud Mental (Journal of Psychiatric and Mental Health), increasing its impact factor and attaining its indexing in Medline, following its appearance in the Thomson-Reuters Journal Citation Report.

The programme of this Third Conference was made up of three essential blocks, each of which was respectively focused on the assessment of the Spanish, European and US journals with impact factor, followed by the identification of the main challenges facing the Revista de Psiquiatría y Salud Mental.

Miguel Roca, WPA Zonal Representative for Zone 8 (Southern Europe)

The 64th Annual Conference of the Indian Psychiatric Society (ANCIPS 2012) was held in the beautiful city of Kochi, Kerala, India on January 19-22, 2012. It was a hugely successful event with the participation of more than 3,500 delegates, along with representatives from 30 countries from around the globe.

The theme of the Conference was “Psychiatry: Mysteries to Molecules”. The first day was entirely devoted to CME in which papers were presented by M. Thirunavukarasu, Dinesh Bhugra, Mohan Isaac, R. Raguram and John Oldham. India’s Union Minister Prof. K.V. Thomas was the chief guest at the glittering inaugural session held on the evening of the 19th at which the outgoing President, Prof. M. Thirunavukarasu, installed Prof. Roy Abraham Kallivayalil as the new President of IPS. The WPA President-Elect Prof. Dinesh Bhugra was the guest of honour. All the Past Presidents of IPS were honoured with a ‘Golden Robe of Honour’.

A presidential address, award sessions, invited lectures, guest lectures, symposia, workshops, WPA Section on Preventive Psychiatry symposium, SAARC, BIPA, IAPA and poster sessions were some of the highlights of the Conference.

This Conference was one of the largest attended in the history of IPS. It was also remarkably well organized under the able leadership of the Organizing Secretary Dr Kuruvilla Thomas and his dedicated team.

The new office-bearers of the Indian Psychiatric Society (2012-2013) assumed office during the Conference: Prof. Roy Abraham Kallivayalil (President; roykalli@gmail.com), Dr. Asim Kumar Mallick (General Secretary; drakm_58@yahoo.co.in), Prof. Indira Sharma (President-Elect), Prof. TSS Rao (Editor), and Dr. Vinay Kumar (Treasurer). A 24-member Executive Council has also been elected.

India is one of the oldest and largest Member Societies of the WPA, and we look forward to working in close collaboration with the WPA.

Roy Abraham Kallivayalil
President, Indian Psychiatric Society
THE INTERNATIONAL ASSOCIATION OF ETHNOPSYCHOLOGISTS AND ETHNOPSYCHOTHERAPISTS (IAEE)

Problems of mental health of children in the far north of Siberia

The lives of people in the northern regions are subjected to so-called “multi-factorial northern stress”. Living in the north may be compared with the life of a person under conditions of deprivation (deficit). This is one of the most important factors in the growth of psychopathological manifestations of childhood in the region. The “Northern” children have weaker bio-adaptive mechanisms which are responsible for the harmonious development of structures of the nervous system. Thirty-five to forty percent of children are discharged from the maternity hospital with the diagnosis of “risk of nervous system impairment” and during the first year of their life or subsequent years almost the same number of children are diagnosed with “perinatal nervous system impairment” or “small brain dysfunction”. The outcome of climatic aggression may be called somatic weakness of the “northern” children. The return to the system of family values is the most important problem. The social-economic conditions of the contemporary life dictate the choice of the active model of social-positive behavior of all persons responsible for the mental health of the growing generation.

This will be a part of my presentation in London this March at the 3rd World Congress of Cultural Psychiatry. Russia will be represented by a group of scientists from Tomsk, Russia with a symposium on “Ethnocultural problems of mental health of youth in Russia”.

Valentin Semke
President of the IAEE

GERMAN ASSOCIATION FOR PSYCHIATRY AND PSYCHOTHERAPY


Increasing international attraction / International Track in English language offered

The German Association for Psychiatry and Psychotherapy (DGPPN) invites you to the upcoming DGPPN Congress on 21-24 November 2012 in Berlin, Germany. The theme of the Congress is “The Future of Psycho-Social-Medicine”. Various aspects of the field of interaction between mind, brain, and body will form the focus of the Congress. We want to talk about somatopsychic and psychosomatic interactions and exchange views with neighbouring disciplines in the psychosocial field, in particular psychology and psychosomatics.

The Scientific Committee invites authors to submit abstracts to be considered for inclusion in the programme.

The dates for the abstract submissions are:

1. Thematic Symposia
   - Duration: 90 minutes (maximum 4 speakers)
   - 15-20 minutes lecture, and 5 minutes discussion time
   - Deadline for abstract submission: 30 March 2012

2. Oral Presentation
   - Duration: 10 minutes per presentation
   - Deadline for abstract submission: 29 June 2012

3. Poster
   - Duration: 5 minutes per poster presentation including discussion
   - Deadline for abstract submission: 29 June 2012

Join us and share your views with colleagues and specialists from all over Europe! For further information please visit the English website: www.psychiatry-congress-berlin.org.
SWEDISH PSYCHIATRIC ASSOCIATION

Full house at the Psychiatric Session of the Swedish Annual General Meeting for Medical Doctors

The Swedish Psychiatric Association’s (SPF) participation in the Swedish Annual General Meeting for Medical Doctors on 30 November-2 December 2011 with distinguished international and Swedish lecturers was a success. The great hall at the Stockholm International Fairs was packed at the psychiatric section of the program in the afternoon of 1 December.

The session was introduced by David Nutt, the past president of the European College of Neuropsychopharmacology. He described the rapid developments in the pharmacological treatment of anxiety and depression. David Nutt was followed by Predrag Petrovic holding a fascinating lecture on the neuroscientific background and the clinical consequences of placebo. Terence Ketter, Director of the Stanford Bipolar Disorders Clinic and author of the recently published “Diagnosis and Treatment of Bipolar Disorders” held a topical lecture on what we really know about different therapies’ efficacy in bipolar disorder. Susanne Bejerot moderated a symposium on news in the treatment of ADHD and autism spectrum condition together with Eleonore Rydén and Bo Strömblad which aroused great interest. The afternoon ended with a fascinating review of news in the field of schizophrenia by Lars Farde. Several other interesting general symposia with psychiatric themes were also held during the General Meeting, e.g., a symposium on patient safety and suicide with Erik Hollnagel, professor of industrial safety at the Ecole des Mines de Paris.

Lise-Lotte Bergerlind, President
Simon Kyaga, Secretary, Annual General Meeting for Medical Doctors
Swedish Psychiatric Association

ARMENIAN PSYCHIATRIC ASSOCIATION

A working group has been created to develop a Mental Health Policy for the Republic of Armenia within the framework of a signed Memorandum of Understanding between Ministry of Health of the Republic of Armenia and Open Society Foundations - Armenia.

Representatives of the following areas are involved in the working group: Ministry of Health of the Republic of Armenia, Ministry of Labor and Social Affairs of the Republic of Armenia, Ministry of Education and Science of the Republic of Armenia, Parliament of the Republic of Armenia, psychiatric and psychological services, higher educational systems and NGOs like Armenian Psychiatric Association, Helsinki Citizen’s Assembly (Vanazhor office), “Khnamk” NGO and Mental Health Foundation.

The Chair of the working group is Armen Soghoyan, President of the Armenian Psychiatric Association, and the Head of the Licensing Agency of Ministry of Health of Republic of Armenia.

An expert from Open Society Foundations, Zsolt Bugarszki, PhD, is involved in the project. It is also planned to attract specialists from other international as well as local health and legal sectors for further expert conclusions in order to make the policy to be developed even more holistic and comprehensive.

The preliminary version of the policy is to be presented for discussion in August 2012.

Armen Soghoyan
President, Armenian Psychiatric Association

Prof. Armen Soghoyan
**SUDANESE ASSOCIATION OF PSYCHIATRISTS**

The Sudanese Association of Psychiatrists pays its compliments and thanks to the WPA Executive Committee and member associations for their continued support extended to our Association. In reflection to our healthy democratic traditions, it gives me pleasure to inform you that a new elected executive committee was smoothly handed over the office of the Association by the former successful team in January 2012. The new team looks forward to continued strong relations and cooperation. The new team has a number of the old guards, a reasonable group of young blood and gender balance.

The new elected office is formed as follows: Dr. Nur Elhuda Elshafie (Chairperson), Dr. Abdelrahman Abudoam (Deputy chair), Dr. Salah Haroun (Secretary General), Dr. Abdelgadir Hussein (Academic secretary), Dr. Fathia Shaboo and Dr. Aisha Bakeit (Social secretaries), Dr. Bella Abusainaina and Dr. Anas (Information secretaries), and Dr. Omer Hussein (Financial secretary).

Salah Haroun  
Secretary General, Sudanese Association of Psychiatrists

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**FRENCH PSYCHIATRIC INFORMATION SOCIETY**

The French “Société of Information Psychiatrique (SIP)”, whose President, Nicole Garret Gloanec is also the current president of the French Federation for Psychiatry, is holding its annual meeting on 3-6 October 2012 in Lyon (co-sponsored by the WPA). The conference is entitled: What is psychiatry up to? The program is centered on the role psychiatry and psychiatrists are to play in today’s society. Clinical preoccupations often seem to have been forgotten by our societies today as economical and political issues are foremost. What objectives therefore can we set for our discipline? Who is to determine and evaluate our objectives and whether we have reached them? How do we continue to treat our patients with humanity and yet know when to protect them from themselves and society from their potential dangerousness? How is our research to be assessed and evaluated when it spans from genetics and biology all the way through to the social sciences? How do we teach and secure that future generations of professionals will practice and continuously revise their knowledge on such critical issues? The congress is in French and a special issue of the conference will be published in the Journal L’information Psychiatrique. We will aim to provide a summary of the main points in English for the WPA media channels during the months that follow the conference.

Nicole Garret Gloanec  
President, French Psychiatric Information Society

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**HAVE YOU RECENTLY VISITED THE WPA WEBSITE?**

→ [WWW.WPANET.ORG](http://WWW.WPANET.ORG)
PSYCHIATRY IN DEVELOPING COUNTRIES

The Asian Federation of Early Career Psychiatrists of the AFPA headed by Dr. Smirnova and generously organised by the Indo Global Psychiatric Initiative (IGPI) under the President Prof. Russell D’Souza and with the very hard work of Prof. Dinesh Narayanan, Dr. E. Mohandas, Chair of the WPA Section on Psychiatry in Developing Countries and colleagues in Kochi, Kerala held a very successful two-day training conference, the second in just five months in Kochi, India on 15-16th January 2012. Over 50 young psychiatrists from Nepal, India, PR China, Indonesia, Egypt, Russia, Malaysia, Bangladesh, Australia, Iraq, the UK, and Singapore attended the conference and lecturers from Australia, US, Malaysia, France, India, and the UK contributed to the training apart from the workshop sessions and many very active participatory sessions in the two days. A visit to the vast Amrita Institute and Hospital complex was organised by the Professor of Psychiatry and host Prof. Dinesh.

Pictures of the conference tell their story of how Asian Psychiatry is making progress amongst our younger colleagues. The Conference was followed by the 3rd Indo Global Psychiatric Initiative (3rd IGPI) attended by over 200 participants including the AFECP colleagues on 17-18 January 2012 at the auditorium of the same venue. The next meeting of the AFECP is scheduled for Bangalore in 2013.

M. Parameshvara Deva
Former Chair, WPA Section on Psychiatry in Developing Countries

EXERCISE, PSYCHIATRY AND SPORTS

The Section on Exercise, Psychiatry and Sports recently got the approval of the WPA Executive Committee (EC) to publish a book with Wiley Press on Recent Advances in Sports Psychiatry: A Global Perspective. This manuscript will be authored by many current WPA Section members and edited by Prof. Baron, the current Section’s Chair. The book will cover the most significant issues in the field, including Eating Disorders in Athletes, Doping in Sports, Diagnosis and Treatment of Depression in Athletes, Personality Disorders in Athletes, Psychotherapy in Athletes and many others. Given the current importance of psychiatric aspects of head trauma in athletes, new research in this area will be provided. The need to identify valid and reliable biomarkers to assist sports clinicians in deciding when it is safe to return to play post head injury will be highlighted. The Section is very pleased to have received the EC’s endorsement, and is committed to have this book reflect positively on the WPA and its ongoing concern for all aspects of global mental health. Any WPA member interested in this project is encouraged to contact Prof. Baron at dave.baron@usc.edu.

David Baron
Interim Chair, WPA Section on Exercise, Psychiatry and Sports

TRANSCULTURAL PSYCHIATRY

Since the changes brought about after the elections in Buenos Aires, I am pleased to present the new officers of the WPA Section on Transcultural Psychiatry:

Chair: Rachid Bennegadi  
(bennegadi@minkowska.com)

Co-Chair: Marianne Kastrup  
(marianne.kastrup@regionh.dk)

Secretary: Hans Rohlof  
(h.rohlof@centrum45.nl)

Globalization forces us to consider the aspects of mental health as well as transcultural psychiatry. Therefore, I have devoted the past few months to developing an action plan, together with the Section Officers, that identifies two objectives:

- Ensuring a continuity with actions put into place by the former Chair and Executive Committee.
- New proposals adapted to the challenges of mental health and globalisation.

Fulfilling the action plan requires several steps:

- Collecting information on clinical aspects, training and research in transcultural psychiatry, which will be made available in a databank accessible via the website. A page will also be dedicated to International Comparative Practices and Training, whereby healthcare institutions, research projects and training organizations worldwide can be identified.
• This will therefore require a complete redesign of the website, in form and content, which will be undertaken free of charge at the Françoise Minkowska Centre, by the Chair and his assistant.

• The Newsletter remains an important information tool with the aim of presenting it in other languages too.

Rachid Bennegadi
Chair, WPA Section on Transcultural Psychiatry

PREVENTIVE PSYCHIATRY

The WPA Section on Preventive Psychiatry met in Buenos Aires during the 15th World Congress of Psychiatry and elected the following office-bearers:

Chair - Roy Abraham Kallivayalil (India);
Co-Chair - Nikos Christodoulou (Greece);
Secretary - Olga Karpenko (Russia)

Committee: Bulent Coskun (Turkey), Helen Herrman (Australia), Dimitris Konis (Greece), Margit Schmolke (Germany), and JK Trivedi (India)

Our Section has initiated a number of activities in different parts of the world. One of the important programs was the WPA Section on Preventive Psychiatry Symposium, Kochi, India which was organized during the 64th Annual Conference of the Indian Psychiatric Society on January 21, 2012. The theme was “Preventive Psychiatry - Looking Ahead in India and the World”. It was co-chaired by Roy Abraham Kallivayalil (India) and S. Rajkumar (Australia).

The following papers were presented:

1. WPA Section on Preventive Psychiatry: Role and Agenda - Prof. Roy Abraham Kallivayalil.
2. Preventive Psychiatry: Current Scenario and Lessons Learned - Prof. Mohan Isaac (Australia)
3. Preventive Psychiatry in Nepal - Dr. Mahendra Nepal (Nepal)
4. Preventive Psychiatry in India - Prof. BS Chavan (Chandigarh)
5. Preventive Psychiatry: Its relevance to Child Psychiatry - Prof. Varghese P. Punnoose (Kottayam, India)
6. Preventive Psychiatry: What do we learn from the developed world? - Prof. Rohan Ganguli (Canada)
7. Preventive Psychiatry: Does it determine the future of Psychiatry - Prof. JK Trivedi (Lucknow)

The symposium had houseful attendance and much interested participation by the delegates.

Chair and speakers at the WPA Section on Preventive Psychiatry Symposium at Kochi, India on January 21, 2012: Prof. Mohan Isaac (Australia), Dr. Mahendra Nepal (Nepal), Prof. BS Chavan (Chandigarh), Roy Abraham Kallivayalil (Section Chair), S. Rajkumar (Australia), Varghese P. Punnoose (Kottayam, India), JK Trivedi (Lucknow), and Rohan Ganguli (Canada) are seen.

Roy Abraham Kallivayalil
Chair, WPA Section on Preventive Psychiatry

PSYCHIATRY, MEDICINE AND PRIMARY CARE

The Section on Psychiatry, Medicine and Primary Care is beginning work on a project to develop a program to train non-physician, mid-level mental health providers in LMIC. The shortage of mental health providers is a worldwide dilemma, and is particularly evident in the primary care setting where mental illness often first presents. The acute need for screening of psychopathology in this setting cannot be overstated. Our Section is working in collaboration with the Section on Education in Psychiatry to better address this growing problem. The WPA is uniquely positioned to create global training opportunities to expand clinical services in this setting. The use of distant learning, computer-based educational strategies are at the core of this project. Once established and validated, this training program could become a useful model worldwide. We believe this work is consistent with the overarching goals of the WPA and its current leadership. We strongly encourage participation from any interested member of our Organization.

David Baron
Chair, WPA Section on Psychiatry, Medicine and Primary Care
Activities in 2011-2012


2. Participation in the 2012 Neuroscience International Symposium of the Medical School, Federal University of Minas Gerais, Peru. Prof. Marta Rondon was one of the organizers and presenter of a scientific paper.


4. Participation of Prof. Unaiza Niaz in the International Resource Group Meeting in Luxor, Egypt, in December 2011; later a visit to the Gaza Community Mental Health Program in Gaza (GCMHP), Palestine.

5. Keynote presentation by Prof. Donna Stewart at the WPA Congress in Prague, October 2012 "An Update on Antidepressants in Pregnancy".

Unaiza Niaz
Chair, WPA Section on Women's Mental Health

RELIGION, SPIRITUALITY AND PSYCHIATRY

The Board of the WPA Section on Religion, Spirituality and Psychiatry, Chair Dr. Peter Verhagen, Co-chair Prof. John Cox, Secretary Prof. Nahla Nagy, and Editor Advisors Prof. Alexander Moreira-Almeida and Simon Dein have worked hard over the past few months to finish the first issue of the Section’s Newsletter “Psyche and Spirit” which includes the history of the Section’s activities, recent books and research on the subject, upcoming events of special interests and meeting points for exchange of experience. You can find this Newsletter on the Section’s website, and I would be pleased to receive your comments. The Section Board also contributed to the coming DSMV and ICD-11 about considering spiritual and religious issues in the new classification and diagnostic systems. The second upcoming activity this year to be held by our Section is an international survey about attitudes and teaching of religion and psychiatry in the mental health field. The results will be used to improve future teaching and research in this area.

New publications: Peter Verhagen finished the Dutch Handbook on Psychiatry and Religion and I was invited to write an article about the Middle East Revolutions and its impact on Mental Health in the International Journal of Psychiatry from the Royal College of Psychiatrists.

Moreover, the Section members are looking forward to sharing in the scientific activities of the WPA Congress in Prague with several Section symposia covering the issue of religion and spirituality in psychiatric practice.

Nahla Nagy
Secretary, WPA Section on Religion, Spirituality and Psychiatry

HAVE YOU RECENTLY VISITED THE WPA WEBSITE?
→ www.wpanet.org
WPA Scientific Meetings
Contact: WPA Secretary for Scientific Meetings, Tarek Okasha, tokasha@internetegypt.com

Upcoming Major WPA Scientific Meetings

September 2012

WPA REGIONAL MEETING
13-15 SEPTEMBER 2012
BALI, INDONESIA

The Indonesian Psychiatric Association cordially invites your participation in the WPA Regional Meeting to be held in Bali, Indonesia on 13-15 September 2012.

The main theme will be “Mental Health and Disaster: Beyond Emergency Response”

During the last two decades, natural and man-made disasters have become a major humanitarian concern. Hopefully this meeting will facilitate the sharing of experience and information amongst mental health professionals in the region on the thematic issues beside other mental health issues and progress.

Bali, which is world-wide known for its natural beauty, richness in culture and artifacts, and warm-hearted people will be an excellent site for the event because in Bali, you can mix business with pleasure.

We are looking forward to meeting you in Bali.

For further details on the meeting, please log on to www.wpabali2012.com

Secretariat:
Indonesian Psychiatric Association
Department of Psychiatry, Faculty of Medicine,
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Tel/Fax: +62 21 39830504
Website: www.wpabali2012.com

With best regards,
Dr. Tun K. Bastaman
President, Indonesian Psychiatric Association

WPA INTERNATIONAL CONGRESS
17-21 OCTOBER 2012
PRAGUE, CZECH REPUBLIC

“Focusing on Access, Quality and Humane Care”

Dear Colleagues and Friends,

On behalf of the WPA and the Czech Psychiatric Association, I would like to invite you to the WPA International Congress in 2012 in Prague, the capital of the Czech Republic, a gorgeous city built around Vltava River.

In this WPA News issue, I would like to emphasize the very interesting activities that we are preparing in cooperation with Young Psychiatrists.

Prof. Jiří Raboch, M.D.
Co-president of the Congress
WPA Zonal Representative for Zone 9
You are welcome to visit our website www.wpaic2012.org where we regularly update all information related to WPA IC 2012 in Prague.

I am convinced that the high quality scientific programme as well as the social events and the charming city of Prague will make the Congress an unforgettable experience for you.

Invitation to Young Psychiatrists Programme for WPA IC 2012: In cooperation with Prof. Norman Sartorius, we have prepared a “Meet the Expert Sessions”, with respected members of the WPA Council and the WPA Executive Committee. The detailed programme can be found at www.wpaic2012.org/en/young-psychiatrists.

We are planning a projection of a Czech film by the famous surrealist Jan Švankmajer called Surviving Life (Theory and Practice) (2010), an animation reflecting psychoanalytic interpretation of dreams. A discussion after with the director and producer is promised.

A guided tour in the nearby area of gothic churches (St. Catherine, St. Apollinaire), former monasteries, and related history of psychiatric facilities (Psychiatric and Addictology Department).

Social events and tours information
The participants of the WPA Congress have a unique opportunity to be a part of one of our specially arranged sightseeing tours of Prague. Also we have prepared several thematic tours outside of Prague related to the life of Czech famous composers Dvorak, Smetana, Mahler and Janacek. In Prague you can enjoy the evening with a great variety of cultural and social events (Concert in the Bethlehem Chapel, Presidential Dinner at Klasterni restaurant, or Dinner Cruise on Vltava River).

Presidential Dinner at Klasterni restaurant
Date: Friday, October 19, 2012 - Time: to be announced - Place: Klasterni restaurant - Price: 65 EUR (per ticket). The evening offers not only a gourmet experience, but also a programme of brass band, folk, and cimbalom music with demonstrations of traditional Bohemian and Moravian dancing in folklore costumes. Klasterni restaurant will amaze you with a romantic atmosphere of Strahov monastery in the historical centre of Prague.

For more details on the social events, please visit the website at www.wpaic2012.org/en/social-events.

November-December 2012

WPA THEMATIC CONFERENCE
29 NOVEMBER-2 DECEMBER 2012
DIVANI CARAVEL HOTEL, ATHENS, GREECE

WPA Thematic Conference on Intersectional Collaboration: The Multidisciplinary Facets of Psychiatry in conjunction with 4th European Congress of the International Neuropsychiatric Association: Overlap and Integration in Neuropsychiatry and 1st Interdisciplinary Congress on Psychiatry and Related Sciences

It is a special pleasure to invite psychiatrists, basic and clinical neuroscientists, social and behavioural scientists as well as any professionals involved in mental health to a joint congress event consisting of the “WPA Thematic Conference on Intersectional Collaboration: The Multidisciplinary Facets of Psychiatry”, the “Fourth European Congress of the International Neuropsychiatric Association: Overlap and Integration in Neuropsychiatry” and the “First Interdisciplinary Congress on Psychiatry and Related Sciences”. These Congresses are organized jointly by the World Psychiatric Association (WPA), the International Neuropsychiatric Association (INA) and the Hellenic
Society for the Advancement of Psychiatry and Related Sciences (HSAPRS).

The joint congress you are invited to will take place in Athens from 29 November to 2 December 2012 and it is hosted by HSAPRS. It actually represents a continuation of a series of biannual congresses which had been regularly organized by HSAPRS since 2004 under the rubric “Psychiatry and the Neurosciences”. While the four previous congresses had already a quite wide scope, it became evident by its organizers that the thematic spectrum, which should cover relevant interdisciplinary aspects of Psychiatry, is much larger indeed. In response to this fact, the 2012 congress evolves as a thematically enlarged scientific event in order to serve the above mentioned purpose, mainly within a continuing education programme format. The many prominent scientists who will feature as our guest speakers and who will share with us their knowledge and experience are the best guarantee towards this aim; yet, we kindly request and count on your active participation through the presentation of your work on any of the topics listed in this brochure. Your submissions will be most welcome and your particular contributions highly appreciated.

The hosts shall spare no effort in making your participation scientifically rewarding and meaningful and your stay in Athens as enjoyable as possible. We are confident that you will carry pleasant memories of this occasion. So just reserve your dates; we are looking forward to welcoming you in Athens.

Pedro Ruiz, WPA President
Michael Kopelman, INA President
Constantin Soldatos, HSAPRS President

Submission deadlines:
Submission proposal deadline for Symposia / Round Tables / Workshops / Seminars: April 30, 2012
Submission deadline for Free Communications / Poster Presentations / Case Reports: July 30, 2012

Registration deadlines:
Early Registration Deadline: May 31, 2012
Regular Registration Fee Deadline: June 1 – November 15, 2012

Official Language of the Congress: English
Congress e-mail: info@psych-relatedsciences.org
Congress website: www.psych-relatedsciences.org

WPA REGIONAL MEETING
10-12 JANUARY 2013
ASUNCIÓN, PARAGUAY

“Addressing the Mental Health Needs: A Latin American Perspective”

After the 15th World Congress of Psychiatry held in Buenos Aires in September 2011, the 2013 WPA Regional Meeting of Asunción (Paraguay) is the first scientific regional meeting that will specifically address two of the most pressing issues in Latin America.

During the 2013 Asunción Regional Meeting, the attendees will discuss two topics that are likely to be of most concern to the Latin American Region: the increase in violent behavior and the increase of substance addictions.

The first topic is expressed in different ways but very related to psychiatry: the increase in the number of cases of domestic violence, child abuse, gender violence and cases of violence affecting young people and adolescents, widely disseminated by the media, especially television.

The second topic is expressed by the marked increase in the consumption of legal substances (cigarettes, alcohol, sedatives) and illegal substances (marijuana, cocaine, crack). Even more serious is the rapid spread of substance addiction in the most vulnerable population, like children and adolescents (many of them living on
the streets), making the problem even more complex and raising serious questions about the effectiveness of public health programs and policies of the Latin American countries.

In addition to discussing these issues, this meeting will be an important contribution of the WPA to the training needs of human resources in mental health in Latin America. For this purpose, the Regional Meeting will have two educational seminars, one for psychiatric residents and young psychiatrists, and the other one for primary care physicians.

**SYMPOSIA:**
- Violence and Mental Health: Coordinator - Dr. Andrés Arce (Paraguay)
- Child Abuse: Coordinator - Dr. Rodrigo Chamorro (Chile)
- Family Trauma: Coordinator - Dr. José Britez (Paraguay)
- Institutional Polices: Coordinator - Dr. Enrique Camarena (Mexico)
- Gender Violence: Coordinator - Dra. Mirta Mendoza (Paraguay)
- Addictions: Coordinator - Dr. Manuel Fresco (Paraguay)

**EDUCATIONAL SEMINARS:**
- Educational Seminar for Psychiatric Residents and Young Psychiatrists: Coordinator - Dr. Pedro Ruiz (USA)
- Educational Seminar for Primary Care Physicians: Coordinator - Dr. Edgar Belfort (Venezuela)

For information and registration:
1) Paraguayan Society of Psychiatry - Tel: +595 21 223 398
   E-mail: sociedad@psiquiatriaparaguaya.org
2) Dr. Andrés Arce - E-mail: drandresarce@gmail.com

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**WPA 2013 BUCHAREST CONGRESS**
**THE PALACE OF PARLIAMENT**
**10-13 APRIL 2013**
**BUCHAREST, ROMANIA**

**Congress Theme:**
Facilitating Mental Health, Primary Care and Public Health Integration For Southeast Europe and Eurasia

Congress President:
Prof. Pedro Ruiz

Co-Chairmen, Scientific Committee:
Prof. Dinesh Bhugra and Prof. Eliot Sorel

Co-Chairmen, Organizing Committee:
Prof. Tarek Okasha and Prof. Dan Prelipeanu

Colleagues and Friends,
Greetings!

The WPA 2013 Bucharest Congress leadership team invites your involvement and scientific participation via www.wpa2013bucharest.org!

You will be part of an unprecedented scientific event for Southeast Europe and Eurasia of an extraordinary scientific caliber as evidenced by the following, confirmed, keynote and professorial, plenary lectures:

- The Brain: Optimism, Wisdom and Resilience (Prof. Dilip Jeste, San Diego, USA)
- Heartache and Heartbreak: The Curious Relationship Between Depression and Cardiovascular Disorder (Prof. Charles Nemeroff, Miami, USA)
- The Metabolic Syndrome: Family Medicine, Psychiatry and Public Health Integration (Prof. Hans Jurgen Moeller, Munich, Germany)
- Integrating Primary Care, Mental Health and Public Health in Europe: The Slovenia Experience (Prof. Igor Svab, Ljubljana, Slovenia)
- Mental Health Care in General Medicine: Limits and Opportunities (Prof. Norman Sartorius, Geneva, Switzerland)
- The Mental Health of European Youth (Prof. Danuta Wasserman, Stockholm, Sweden)
- 21st Century Psychiatric Training in the United States (Prof. Radu Saveanu, Miami, USA)
- Mental Health for All – By All (Prof. Vikram Patel, Goa, India and London, UK)
The Congress will focus on practical applications of primary care, mental health and public health integration - through identifying national and regional challenges, stimulating collaborations, creative integrative solutions, and sharing evidence of best practices and lessons learned to strengthen and modernize health systems.

It will be organized in plenary, keynote and professorial lectures, symposia, workshops, free paper presentations, posters and debates. There will be a designated countries’ track, to stimulate and facilitate mental health, primary care and public health integration at local, national and regional levels.

The congress leading topics are the following:
• Populations’ health promotion, protection, illness prevention
• Training, education, mentoring, leadership, ethics
• Non-communicable diseases and comorbidity research
• Health systems’ modernization, strengthening and health policies
• Information, communication technology and new models of integrated care
• New Research: Integrated, Collaborative care, access, quality, cost, outcomes
• Advocacy models in integrated health care systems
• Eurasia and Southeast Europe: country reports

Have you got a new research or best practices project that you would like to share with thousands of delegates at the WPA 2013 Bucharest Congress? Would you like to learn about integrated health and what it means for you and your patients? If you do, please join us and bring your creative ideas and projects. We look forward to welcoming you all in beautiful Bucharest in bloom in April 2013!

WPA 2013 Bucharest Congress Secretariat - Ralcom Exhibitions
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Website: www.wpa2013bucharest.org

Future WPA Scientific Meetings

April 2012


18-20 April 2012: 6th Biennial Meeting of the International Society for Affective Disorders “Mind, Body and Society”, London, United Kingdom. Organizers: a) International Society for Affective Disorders b) WPA Section on Affective Disorders. Contact: Ms. Caroline Loveland. E-mail: caroline.loveland@kcl.ac.uk Website: www.isadconference.com


20-21 April 2012: “Addictive Disorders”, Beirut, Lebanon. Organizer: Lebanese Society of Psychiatry. Collaboration: Saint Joseph University. Contact: Prof. Charles Baddoura. E-mail: Charlesb@dm.net.lb


27-28 April 2012: “Doha Undergraduate Psychiatry Workshop”, Doha, Qatar. Organizers: Weill Cornell Medical College in Qatar. Collaboration: Asian Federation of Psychiatric Associations. Contact: Dr. Ziad Kronfol. E-mail: zik2002@qatar-med.cornell.edu

May 2012

19 May 2012: “2nd Certified Training Course: Training in the use of psychometric and neuropsychological tests”, Thessaloniki, Greece. Organizer: International Society on Neurobiology and Psychopharmacology (ISNP). Collaboration: WPA Section on Psychiatry in Private Practice. Contact: Dr. Kostas N. Fountoulakis. E-mail: kfount@med.auth.gr Website: www.psychiatry.gr

May-June 2012


June 2012


5-8 June 2012: “30th Nordic Congress of Psychiatry”, Tromso, Norway. Organizers: a) Norwegian Psychiatric Association b) Joint Committee of the Nordic Psychiatric Associations. Contact: Dr. Tore Sørlie. E-mail: Tore.Sorlie@unn.no. Website: www.ncp2012.org


7-8 June 2012: “Specialists Forum in Mental Health: Interdisciplinary and Psychiatry”, Medicine Faculty Bs.As. and Academy National Science – Argentina. Organizer: FINTECO. Collaboration: WPA Section on Mass Media and Mental Health. Contact: Prof. Dr. Miguel Angel Materazzi. E-mails: a) Materazzi@arnet.com.ar b) finteco@arnet.com.ar. Website: www.finteco.8k.com

7-10 June 2012: “IX Czech Psychiatric Association Meeting”, Spindleruv Mlyn, Czech Republic. Organizer: Czech Psychiatric Association. Contact: Prof. Iri Raboč. M.D. E-mail: cprjesz@guarant.cz. Website: www.czpsjjezd.cz

July 2012

5-7 July 2012: “15th International Philosophy and Psychiatry Conference”, Dunedin, New Zealand. Organizer: Philosophy, Psychiatry and Psychology Interest Group – University of Otago. Collaboration: a) International Network for Philosophy and Psychiatry (INPP) b) WPA Section on Philosophy and Humanities in Psychiatry. Contacts: a) Prof. Grant Gillett (e-mail: grant.gillett@stonebow.otago.ac.nz) b) Dr. Adriano C. T. Rodrigues (e-mail: actrodrigues@gmail.com). Website: http://www.events4you.co.nz/innpp2012.html

5-7 July 2012: “Clinical Challenges in Psychosomatic Medicine”, Moscow, Russia. Organizer: a) International Society of Quality Medicine b) Russian Society of Psychiatrists. Contact: Prof. Athesan Asidos Vitalis. E-mail: athvidalis@gmail.com. Website: www.is-qm.eu/is-qm.eu/Moscow_RUSSIA.html

6-8 July 2012: Pakistan Psychiatric Research Centre 2012 International Meeting “Recent Updates in Biological and Social Psychiatry”, Dubai, United Arab Emirates. Organizer: Pakistan Psychiatric Research Centre, Fountain House, Lahore, Pakistan. Collaboration: a) SAARAC Psychiatric Federation b) World Association for Psychosocial Rehabilitation (WAPR) c) World Association for Social Psychiatry. Contacts: a) Dr Afzal Javed (e-mail: afzal.javed@nltworld.com) b) Prof Nasar Sayeed Khan (e-mail: nasarsayeed@yahoo.com). Website: www.pprc2012.com

10-13 July 2012: International Congress of the Royal College of Psychiatrists 2012 “Psychiatry: medicine and the future”, Liverpool, United Kingdom. Organizer: Royal College of Psychiatrists. Contact: Dr. Helen Miller. E-mail: congress@rcpsych.ac.uk. Website: www.rcpsych.ac.uk/events/internationalcongress2012.aspx

September 2012

2-5 September 2012: “International Conference on Bioethics Education”, Tiberias, Israel. Organizers: a) UNESCO b) The International Centre for Health, Law and Ethics, University of Haifa. Collaboration: a) WPA Section on Disaster Psychiatry b) WPA Section on Psychiatry in Developing Countries. Contact: Yaffa Collins. E-mail: artemissa@netvision.net.il. Website: www.isas.co.il/bioethics2012

7-11 September 2012: 17th National Congress of the South African Society of Psychiatrists “Pride, Prejudice and Promise: from origins to outcomes”, Johannesburg, South Africa. Organizer: South African Society of Psychiatrists. Contacts: a) Dr. Bernard J. van Rensburg (e-mail: bernardj@gpg.gov.za) b) Dr. Ian Westmore (e-mail: westmore@axxess.co.za) c) PCO (E-mail: sonja@londocor.co.za). Website: www.sasop.co.za


20-22 September 2012: 11th European Federation of Sexology Congress “Promoting Sexual Health: a pathway to happiness”, Madrid, Spain. Organizer: European Federation of Sexology. Contacts: a) Dr. Chiara Simonelli b) Dr. Miren Larrazabal. E-mail: efs2012@aimgroup.eu Website: web.aimgroupinternational.com/2012/efs

21-23 September 2012: 5th International Conference of Schizophrenia (ICONS), Chennai, India. Organizer: Schizophrenia Research Foundation. Contact: Dr. R. Thara. E-mail: thara@scarfindia.org Website: www.icons-scarf.org

25-28 September 2012: “Spanish Congress of Psychiatry”, Bilbao, Spain. Organizers: a) Spanish Society of Psychiatry b) Spanish Society of Biological Psychiatry. Contact: Prof. Miguel Gutierrez. E-mail: secretaria@psiquiatriabilbao.org Website: www.psiquiuatriabilbao2012.org


28-30 September 2012: “1st Meeting on Patient Reported Outcomes in Mental Health - Patient Reported Outcomes and Person Centered Care in Mental Health”, Washington, D.C., United States of America. Organizer: WPA Section on Mental Health Economics. Contact: Dr. Massimo Moscarelli. E-mail: moscarelli@icmpe.org Website: www.icmpe.org

3-6 October 2012: “Annual Meeting of the Société de l’Information Psychiatrique”, Lyon, France. Organizer: Société de l’Information Psychiatrique. Contact: Marc Betremieux. E-mail: secretariaafcp@gmail.com

10-13 October 2012: “30th Brazilian Congress of Psychiatry”, Natal, Rio Grande do Norte, Brazil. Organizer: Brazilian Association of Psychiatry. Collaboration: Associação Нортериограндэнсе де Psiquiatria. Contacts: a) Dr. Antonio Geraldo da Silva (e-mail: antoniogeraldo@terra.com.br) b) Dr. Simone Paes dos Santos (e-mail: simone@abpbrasil.org.br) c) Dr. Monica Bandeira de Mello Leite (e-mail: monica@abpbrasil.org.br) Website: www.abp.org.br/congresso

11-12 October 2012: 1st International Psychiatric Conference in Palestine “Community Mental Health and Recent Advance in Psychotropic Drugs”, Ramallah, Palestine. Organizers: Palestinian Psychiatric Association. Contact: Dr. Ziad Arandi. E-mail: dr_arandi@hotmail.com Website: www.ppsya.ps

12-15 October 2012: Third Congress of Psychiatry in Bosnia and Herzegovina “Psychiatry between Phenomenology and Neuroscience”, Tuzla, Bosnia and Herzegovina. Organizer: Psychiatric Association of Bosnia-Herzegovina. Collaboration: University Clinical Center Tuzla, Psychiatry Department. Contacts: Prof. Izet Pajević b) Dr. Mevludin Hasanović. E-mail: hameaz@bih.net.ba Website: www.upubah.com/3kongres

17-21 October 2012: “WPA International Congress”, Prague, Czech Republic. Organizer: Czech Psychiatric Association. Contact: Dr. Jiri Raboch. E-mail: wpaic2012@guarant.cz Website: www.wpaic2012.org


2-15 October 2012: Third Congress of Psychiatry in Bosnia and Herzegovina “Psychiatry between Phenomenology and Neuroscience”, Tuzla, Bosnia and Herzegovina. Organizer: Psychiatric Association of Bosnia-Herzegovina. Collaboration: University Clinical Center Tuzla, Psychiatry Department. Contacts: Prof. Izet Pajević b) Dr. Mevludin Hasanović. E-mail: hameaz@bih.net.ba Website: www.upubah.com/3kongres

5-7 November 2012: 1st International Conference on Cultural Psychiatry in Mediterranean Countries “Acculturative stress and coping with cultural transition”, Tel Aviv, Israel. Organizer: WPA Section on Transcultural Psychiatry. Collaboration: Israeli Psychiatric Association. Contact: Dr. Anne-Marie Ulman. E-mail: am.ulman8@gmail.com Website: www.wpa-tps.tel-aviv2012.com


22-23 November 2012: “Body and Art – the Image of Hysteria in the 21st Century”, Vienna, Austria. Organizer: WPA Section on Art and Psychiatry. Collaboration: a) Vienna Art Week b) Institut français c) Sigmund Freud Privatstiftung d) Groupe de Recherches Pandora et CRPMS (Centre de Recherches Psychanalyse, Médecine et Société, Université Paris-Diderot) e) WPA Section on Art and Psychiatry. Contacts: a) Dr. Hans-Otto Thomashoff (e-mail: dr@thomashoff.de) b) Dr. Ekaterina Sukhanova (e-mail: ekaterinas@verizon.net)


November-December 2012

29 November-1 December 2012: 12th Pan Arab Psychiatric Conference of Psychiatry “Mental Health Changes in the Arab World (Violence, Trauma and Recovery)”, Dubai, United Arab Emirates. Organizer: Arab Federation of Psychiatrists. Collaboration: Emirates Medical Association. Contact: Mr. Bahaa Eldin Okasha. E-mail: pco@papc2012.com Website: www.papc2012.com

29 November-2 December 2012: 5th Asia Pacific Regional Conference of IASP “Suicide Prevention in Asia Pacific: Barriers and Beyond”, Chennai, India. Organizers: a) SNEHA b) International Association for Suicide Prevention (IASP). Collaboration: Indian Psychiatric Society. Contact: Dr Lakshmi Vijayakumar. E-mail: dr_svk@vsnl.com Website: www.iaspchennai2012.org

28-30 December 2012: International Conference of Pakistan Psychiatric Society “Mental Health in Primary Care; Services for all”, Islamabad, Pakistan. Organizer: Pakistan Psychiatric Society. Contacts: a) Prof. Rizwan Taj b) Prof. Aziz Yousufzai. E-mail: rizwantajpims@gmail.com Website: www.ppspak.net.pk

10-12 January 2013: WPA Regional Meeting “Addressing Mental Health Needs: Latin American Perspectives”, Asunción, Paraguay. Organizer: Paraguayan Society of Psychiatry. Contact: Prof. Andres Arce. E-mail: drandresarce@gmail.com


22-24 March 2013: “11th Workshop on Costs and Assessment in Psychiatry - Mental Health Policy, Economics and Health Care Reforms”, Venice, Italy. Organizer: WPA Section on Mental Health Economics. Contact: Dr. Massimo Moscarelli. E-mail: moscarelli@icmpe.org Website: www.icmpe.org

10-13 April 2013: “WPA Regional Congress”, Bucharest, Romania. Organizer: Romanian Psychiatric Association. Contacts: a) Dr. Dan Prelipceanu (e-mail: prelipceanudan@yahoo.com) b) Dr. Eliot Sorel (e-mail: esorel@gmail.com) Website: www.wpa2013bucharest.org

26-30 May 2013: “The Royal Australian and New Zealand College of Psychiatrists Congress 2013”, Sydney, Australia. Organizer: Royal Australian and New Zealand College of Psychiatrists. Contact: WALDRONSMITH Management. E-mail: ranzcp@wsm.com.au

29 May-2 June 2013: “3rd International Congress on Neurobiology, Psychopharmacology and Treatment Guidance”, Thessaloniki, Greece. Organizer: International Society on Neurobiology and Psychopharmacology (ISNP). Collaboration: WPA Section on Psychiatry in Private Practice. Contact: Dr. Kostas N. Fountoulakis. E-mail: kfount@med.auth.gr Website: www.psychiatry.gr

12-14 June 2013: “WPA Third Thematic Conference on Legal and Forensic Psychiatry”, Madrid, Spain. Organizer: Spanish Society of Legal Psychiatry. Contact: Dr. Alfredo Calcedo Barba. E-mail: alfredocalcedo@gmail.com

19-23 June 2013: “WPA International Congress”, Istanbul, Turkey. Organizers: a) Psychiatric Association of Turkey b) Turkish Neuropsychiatric Society. Contact: Dr. Levent Küey. E-mail: kueyl@superonline.com

29 June-3 July 2013: 21st World Congress of Social Psychiatry “The bio-psycho-social Model: the Future of Psychiatry”, Lisbon, Portugal. Organizer: World Association for Social Psychiatry. Contact: Prof. Driss Moussaoui. E-mail: drissm49@gmail.com Website: www.wasp2013.com

12-16 September 2013: “WPA Regional Congress and XXIII APM National Congress”, Guadalajara, Jalisco, México. Organizer: Mexican Psychiatric Association. Contact: Dr. Eduardo A. Madrigal de León. E-mails: a) emadrigal@salmegalisco.gob.mx b) emale@cencar.udg.mx c) aspsiqm@prodigy.net.mx Website: www.psiquiatrasapm.org.mx

16-19 September 2013: The International Society on the Study of Personality Disorders (ISSPD) XIII International Congress on Disorders of Personality “Bringing personality and psychopathology: The person behind the illness”, Copenhagen, Denmark. Organizer: Institute of Personality Theory and Psychopathology (IPTP). Collaboration: WPA Section on Personality Disorders. Contact: Erik Simonsen. E-mail: es@regionsjaelland.dk Website: www.isspd2013.com

26-28 September 2013: 4th European Conference on Schizophrenia Research (ECSR) “Together for better treatment and care”, Berlin, Germany. Organizer: a) European Scientific Association on Schizophrenia and other Psychoses b) Competence Network on Schizophrenia (CNS) c) European Psychiatric Association and its Section on Schizophrenia d) German Association for Psychiatry and Psychotherapy (DGPPN). Collaboration: WPA Section on Schizophrenia. Contact: Viktoria Toeller. E-mail: toeller.viktoria@uni-duesseldorf.de Website: www.schizophrenianet.eu
30 September-3 October 2013: WPA Thematic Conference “Human Factors in Crisis and Disasters - Future proofing of crisis and disaster management”, Melbourne, Australia. Organizer: Indo Australasian Psychiatry Association. Collaboration: a) WPA Section on Disaster Psychiatry b) UNESCO Chair in Bioethics. Contact: Dr. Russell D’Souza. E-mail: russell.f.dsouza@gmail.com Website: www.wpadiasterpsyche.com

October 2013

10-13 October 2013: “2nd Congress on Treatment in Psychiatry”, Ostrava, Czech Republic. Organizer: Czech Psychiatric Association. Contact: Prof. Jiri Raboch, M.D. E-mail: lecbavpsychiatrii2013@guarant.cz Website: www.lecbavpsychiatrii2013.cz

27-30 October 2013: WPA International Congress “Future Psychiatry: Challenges and Opportunities”, Vienna, Austria. Organizer: Austrian Association for Psychiatry and Psychotherapy. Contact: Prof. Michael Musalek. E-mail: wpaic2013@guarant.cz Website: www.wpaic2013.org

February 2014

6-8 February 2014: “WPA Regional Meeting”, Kampala, Uganda. Organizer: Uganda Psychiatric Association. Contact: Dr. Fred Kigozi. E-mails: a) buthosp@infocom.co.ug b) fredkigozi@yahoo.com

April 2014

9-12 April 2014: WPA Regional Meeting “Addressing mental health needs in the Alps-Adria-Danube Region: Stigma, Community Based Care, Stress and Suicidality”, Ljubljana, Slovenia. Organizer: Psychiatric Association of Slovenia. Contacts: a) Dr. Peter Pregelj (e-mail: peter.pregelj@psih-klinika.si) b) Dr. Jurij Bon (e-mail: jurij.bon@pb-begunjie.si) Website: www.wpaljubljana2014.org

May 2014

14-17 May 2014: Congress of World Association for Dynamic Psychiatry “Multidisciplinary Approach to and Treatment of Mental Disorders: Myth or Reality?”, St. Petersburg, Russia. Organizer: World Association for Dynamic Psychiatry. Contact: Dr. Maria Ammon. E-mail: DAPBerlin@aol.com Website: www.wadp-congress.de

September 2014


WPA NEWS

WPA SECTION REPORT

MENTAL HEALTH DEVELOPMENT PROJECT

MENTAL HEALTH POLICY PAPERS

OFFICIAL JOURNAL OF THE WORLD PSYCHIATRIC ASSOCIATION (WPA)

Volume 8, Number 1            February 2009

WPA SECRETARY FOR PUBLICATIONS.

The WPA publications program seeks to promote the goals of the Association and specifically to: 1) disseminate information about clinical, service and research developments in the mental health field to the largest possible number of psychiatrists and health professionals across the world; 2) promote and give visibility to good quality research carried out in low and middle income countries. These goals are pursued through publishing the official journal of the Association, World Psychiatry, publishing books on topics relevant to the ethical and successful practice of modern psychiatry, and supporting psychiatric journals in low- and middle-income countries. I sincerely appreciate the opportunity to serve in this important position and look forward to the leadership and vision of Professor Pedro Ruiz and the Executive Committee, Board, Member Societies, allied groups and colleagues of the WPA to further the work of our publications group. I am deeply indebted to the hard work, dedication and success of my predecessor, Professor Helen Herrman, who did such a wonderful job in her previous role as Secretary for Publications.

I also sincerely appreciate the opportunity to work with our new Operational Committee on Scientific Publications whose members include: Michelle B. Riba (Chair); Carmen Leal (Co-chair); Alfredo Cia (Member); Linda Lam (Member); Zvi Zemishlany (Member).

World Psychiatry, edited by WPA President Prof. Mario Maj, is a high quality journal of international mental health, disseminated to all countries and distributed to psychiatrists and other mental health professionals worldwide. It is now produced in English, Spanish, Chinese, Russian, French, Arabic, and Turkish languages, and in partial translation in Romanian. The journal is indexed by Medline, Current Contents and the Science Citation Index. Full articles and abstracts from its inception in January 2002 are available online through Medline/Pubmed and the WPA website. Its third ISI impact factor, released in June 2011 is 5.562, ranking it among the top ten of psychiatric journals. The WPA Bulletin on Depression is edited by Prof. Driss Moussaoui as education for primary care doctors and residents in psychiatry. Two issues are published each year in five different languages.
The series *Evidence and Experience in Psychiatry* is a highly successful publishing venture that compares research evidence and clinical experience concerning the diagnosis and management of the most common mental disorders. Each volume covers a specific mental disorder, with a set of systematic reviews of the research evidence, each followed by commentaries produced by psychiatrists from various countries and representing different schools of thought. Ten volumes now exist, several in second or third edition and several translated into various languages including Russian, Spanish, Portuguese, Italian and Turkish. The volume on Substance Abuse Disorders was published in December 2010, and Trauma and Mental Health in June 2011. The series *Anthologies of International Psychiatric Texts (Series Director D. Moussaoui)* and *Anthologies Online* includes classical texts produced by psychiatrists of a given country or group of countries published in English for the first time, accompanied by essays on their authors. Electronic versions are now available through the WPA website and link to Wiley-Blackwell Interscience. A new Anthology of Greek texts was just released at the WPA meeting in Buenos Aires in September 2011, and will hopefully be translated into Spanish. The series *Images of Psychiatry* illustrates the depth and breadth of experience in psychiatry around the world.

**NEW AND FORTHCOMING**


**Current science and clinical practice series:** A series of focused books for practising psychiatrists that reviews the latest evidence in key areas on presentations, diagnosis, management, aetiology and influences on outcome. The aim is to provide a guide to effective patient care for psychiatrists. The series will inform practising psychiatrists of emerging and important scientific advances and how these may best inform clinical practice.


**Depression series:** Three volumes that aim to update psychiatrists, other mental health professionals, general practitioners, and other medical specialists about the epidemiology, pathogenesis, medical costs, management, and public health and cultural implications of the comorbidity between depression and three other diseases.

Depression and Diabetes. Editors W Katon, M. Maj, N. Sartorius. July 2010

Depression and Cancer. Editors D. Kissane, M. Maj, N. Sartorius. October 2010

Depression and Heart Disease. Editors A. Glassman, M. Maj, N. Sartorius. December 2010

**Evidence and Experience in Psychiatry Series:**


Trauma and Mental Health: Resilience and Posttraumatic Disorders. Editors Dan J Stein, Carlos Blanco, Matthew Friedman. June 2011

**RECENT**


See also Online Anthologies of International Psychiatric Texts (below)

PUBLISHED

Early Detection and Management of Mental Disorders. Editors: Mario Maj, Juan José López-Ibor, Norman Sartorius, Mitsumoto Sato, and Ahmed Okasha. 2005. ISBN 9780470010839

Families and Mental Disorder: From Burden to Empowerment. Editors: Norman Sartorius, Julian Leff, Juan José López-Ibor, Mario Maj, and Ahmed Okasha. 2004. ISBN 9780470021231

Psychiatry as a Neuroscience. Editors: Juan José López-Ibor, Wolfgang Gaebel, Mario Maj, and Norman Sartorius. 2002. ISBN 9780471496564


Psychiatric Diagnosis and Classification. Editors: Mario Maj, Wolfgang Gaebel, Juan José López-Ibor, and Norman Sartorius. 2002. ISBN 9780471496816

EVIDENCE AND EXPERIENCE IN PSYCHIATRY SERIES


Substance Abuse. Editors: Ghodse H, Herrman H, Maj M, Sartorius N. 2010

Trauma and Mental Health: Resilience and Posttraumatic Disorders. Editors Dan J Stein, Carlos Blanco, Matthew Friedman. 2011

Anthologies and Online Anthologies of International Psychiatric Texts (Series Director D. Moussaoui)

Online at: www.interscience.wiley.com/publications


Anthology of Greek Psychiatric Texts, edited by George N. Christodoulou, Dimitris N. Ploumpidis, Athanasios Karavatos. Due September 2011

IMAGES IN PSYCHIATRY

Images in Psychiatry: German Speaking Countries; Austria; Germany; Switzerland. Editors: Eugen M. Wolpert, Konrad Maurer, Aicha Hind Rifai, Ernst Ulrich Vorbach, and Martin Hambrecht. Published by Universitätsverlag WINTER Heidelberg 2006 ISBN 382531670X

Images of Psychiatry: The Caribbean. Editors: Frederick W. Hickling and Eliot Sorel. Published by Stephenson’s Press Limited, Jamaica 2005

Images of Psychiatry: Romania. Editors: Eliot Sorel and Dan Prelupeanu. Published by InfoMedica, Bucharest 2004


Images in Psychiatry: Poland. Editors: Adam Biliukiewicz and Janusz Rybakowski. Published by Via Medica, Gdansk 2002. ISBN 8372583374


OTHER WPA BOOKS


Why are most people with mental illnesses in the world untreated? Have we yet discovered effective treatments for mental disorders? Is it inevitable that people with mental health problems must expect to be stigmatised and treated as second class citizens? What examples are there across the world of really good services that meet the needs of people requiring mental health care?

This practical book, bursting with the latest research findings, shows that such treatments are available, can be put into practice, and are able to deliver real help to people with mental disorders worldwide. As global mental health gains recognition from practitioners and research funders alike, this book, written by a group of experts from across the globe, gives rich examples of what works. It provides an overview of mental health policies, plans and programmes, a summary of relevant research efforts, a critical appraisal of community mental health service components, and a discussion of the key challenges, obstacles and lessons learnt in the various regions of the world, followed by recommendations for the future, based on evidence and experience. There is a now a growing social movement forming a powerful alliance to advocate for global mental health. This book will be a vital tool to argue with data, with passion and with the fruits of international experience for new models of care to deliver better mental health in communities worldwide.

This book represents a very useful resource for all mental health professionals and for all policy makers involved in mental health. It is recommended to trainees in psychiatry and in other mental health professions, who will find in it a treasure of information and ideas not found in the textbooks.

Visit www.wiley.com/go/mindmatters for free articles from our psychiatry books and journals.
Post-traumatic Stress Disorder

EDITORS:
Dan J. Stein, MD, PhD, Professor and Chair, Department of Psychiatry, University of Cape Town, Cape Town, South Africa; Visiting Professor, Mount Sinai School of Medicine, New York, NY, USA
Matthew J. Friedman, MD, Professor of Psychiatry and of Pharmacology & Toxicology, Dartmouth Medical School, Hanover, NH, and Executive Director, National Center for Posttraumatic Stress Disorder, US Department of Veterans Affairs, USA
Carlos Blanco, MD, PhD, Professor of Psychiatry, Department of Psychiatry, Columbia University, New York, NY, USA

Despite the growing interest in the role of psychological trauma in the genesis of psychiatric disorders, few volumes have addressed these issues from a multidisciplinary and international perspective. Given the complexity of resilience and posttraumatic disorder, and given ongoing trauma and violence in many parts of the world, it is crucial to apply such perspectives to review existing knowledge in the field and provide directions for future research.

This book has a broad scope. A key focus is PTSD, because of its clinical and health importance, its obvious link with trauma, and its interest for many clinicians and researchers. However, the book also examines resilience and a range of mental health consequences of trauma, because it has become increasingly clear that not all individuals react to trauma in the same way. It is important for mental health professionals to be aware of the broad range of potential responses to trauma, as well as of relevant evidence-based treatments.

The book includes chapters that address a wide range of topics on trauma-related disorders, including nosology and classification, epidemiology, neurobiology, pharmacotherapy, and psychotherapy. Each chapter comprises a critical review of the existing literature, aimed at being useful for the practitioner. This is followed by selected commentaries from other authorities on the topic, representing diverse geographical locations and points of view, who refine some of the perspectives offered in the review, provide alternative views, or suggest important areas of future work.

Visit www.wiley.com/go/mindmatters for free articles from our psychiatry books and journals.

Psychiatry and Heart Disease: The Mind, Brain and Heart

EDITORS:
Michelle Riba, MD, MS, Professor of Psychiatry, University of Michigan, USA
Lawson Wulsin, MD, Professor of Psychiatry, University of Cincinnati, USA
Melvyn Rubenfire, MD, Professor of Internal Medicine, Director of Preventive Cardiology, University of Michigan, USA

Associate Editor: Divy Ravindranath, MD, M.S, Assistant Professor of Psychiatry, University of Michigan, USA

Psychiatry and Heart Disease is a pioneering book connecting the heart and brain, from basic science to clinical management of conditions that affect millions of patients around the world. The interplay between psychiatric problems, particularly depression, and cardiovascular disease, with each increasing susceptibility to the other, has been established in recent years. This unique book features chapters co-authored by psychiatrists and cardiovascular specialists, combining their expertise to provide guidance on the best way to manage such patients, considering the patient as a whole, not the individual conditions.

The book starts with the association between cardiovascular risk factors, heart diseases, and psychological distress. It then describes important psychiatric issues that arise in patients undergoing cardiac transplantation, following resuscitated sudden death, after implantation of defibrillator devices, and in patients with pulmonary hypertension.

The second half of the book addresses the differences between symptoms of cardiovascular and psychological disorders, the management of the patient with bipolar disorder, the relationship of sleep with cardiovascular disease, and post traumatic stress syndrome. A common problem, cardiovascular manifestations of patients with panic and anxiety syndromes, is covered in exquisite detail. Lastly, the authors have offered interesting discussions on genetic susceptibility, psychosocial symptoms from medications and psychiatric drugs, and the contributions of exercise, fitness and smoking cessation.

Each chapter contains basic information on the cardiovascular problem aimed at the psychiatrist and basic information on the psychiatric problems aimed at the cardiologists and primary care clinicians. The pathobiology of the interaction between psychological and cardiovascular disorders is reviewed within each chapter. The book is clinically oriented, including short vignettes, and summary points for quick review.

ISBN: 9780470685808

Visit www.wiley.com/go/mindmatters for free articles from our psychiatry books and journals.
The World Psychiatric Association (WPA)

The WPA is an association of national psychiatric societies, presently 137, spanning 118 different countries and representing more than 200,000 psychiatrists.

The WPA organizes the World Congress of Psychiatry, International and Regional Congresses, and Thematic Conferences. With its 68 scientific sections, it promotes collaborative work in specific domains of psychiatry. It has developed ethical guidelines for psychiatric practice, including the Madrid Declaration.

Its website is currently visited by almost all countries across the world and the WPA News is widely disseminated. Various educational programmes and series of books have been produced including an E-Learning long distance programme. World Psychiatry, the WPA official journal, could be freely downloaded from PubMed Central and the WPA website (www.wpanet.org).

What are its aims?

The core missions of the WPA include the following:

- To encourage the highest possible standards of clinical practice
- To increase knowledge and skills about mental disorders and how they can be prevented and treated
- To promote mental health
- To promote the highest possible ethical standards in psychiatric work
- To disseminate knowledge about evidence-based therapy and values based practice
- To be a voice for the dignity and human rights of the patients and their families, and to uphold the rights of psychiatrists
- To facilitate communication and assistance especially to societies who are isolated or whose members work in impoverished circumstances

This WPA News March 2012 issue is printed on re-cycled paper.