The WPA News: voice of the WPA Components

The WPA News had established itself as a comprehensive and balanced voice of all of the components of our organization. As the previous issues of the last couple years, this issue also reflects many promising activities in the field of psychiatry and mental health across the world.

No doubt, you will be pleased to read the outstanding success of the official journal of WPA, World Psychiatry, and the Research Fellowships Programme for Early Career Psychiatrists. New calls for applications, results of previous applications and exciting report from Pittsburgh; all mirror the impact of this programme in improving world wide relations in our professional field. The report from Haiti is another concrete example of how WPA could mobilize human resources, this time in the case of a saddening natural disaster.

We are delighted to see the increasing interest of our Member Societies, Zonal Representatives and Affiliated Associations in sending us news on their latest activities. You could read some of them on these limited pages of the WPA News and more on our lately renewed website. Similarly, remarkable activities of our scientific sections are conveyed both here and on the WPA website (www.wpanet.org).

WPA Scientific Meetings and WPA Publications play a crucial role in improving the level of the quality of the psychiatric practice and training across the world. Hence, the latest updated information is covered here for your convenience.

I am especially grateful to the WPA EC Members and our Deputy Administrator, Pamela Atiase for their support in expanding the richness of the content of the WPA News. Our graphic designer Damla Süar is highly appreciated for her skillful efforts.

I am sure you will continue to assist us in reflecting the activities of all of the WPA components by sending your contributions and comments.

Levent Küey
Editor, WPA News

The new impact factor of World Psychiatry

World Psychiatry just received its new impact factor, 4.375. It ranks now in the top ten of international journals of general psychiatry and in the top twenty of all journals of clinical psychiatry, biological psychiatry and psychopharmacology.

The journal is now published in five languages: English, Spanish, Chinese, Russian and French. Selected articles or abstracts are also translated in other languages, such as Japanese, Czech, Polish and Romanian, and posted on the website of the WPA and/or relevant WPA Member Societies. All issues of the journal can be freely downloaded from PubMed Central (www.ncbi.nlm.nih.gov/pmc/journals/297) and the WPA website (www.wpanet.org). The paper version of the journal reaches more than 33,000 psychiatrists in 121 countries, being for many thousands of them the only accessible international psychiatric journal.

In compliance with a decision made by the WPA Executive Committee in 2001, the journal does not contain advertisements.

The publication of World Psychiatry has two main objectives, which make it different from most, possibly all, other international psychiatric journals. The first objective is to reach as many psychiatrists of the various countries of the world as possible, disseminating information on recent significant clinical, service and research developments in a language that can be assimilated by the vast majority of them. Relevance to everyday clinical practice of the average psychiatrist and usefulness to foster his/her professional growth are the two main criteria by which an article submitted to World Psychiatry is evaluated. In addition to this, the style of the paper must be simple and clear. The second objective is to give voice to psychiatrists of all regions of the world, encouraging submission of research papers, commentaries and reports on innovative service modalities.

Given these two objectives, it is understandable that the ingredients and the overall flavor of each issue of World Psychiatry are different from those of other international psychiatric journals. An important ingredient is represented by the forums, which are particularly appreciated by our readership and usually attract several quotations in the international literature. Among the most successful forums we published in the past few years are those on the concept of mental disorder (Wakefield, 2007), on the steps and challenges in the development of community mental health care (Thornicroft et al., 2008), on the role of functional impairment in the diagnosis of mental disorders (Üstün & Kennedy, 2009), on conflicts of interests in psychiatry (Fava, 2007), on early intervention in psychosis (McGorry et al., 2008), and on advantages and disadvantages of the dichotomous classification of psychosis (Craddock & Owen, 2007). Each of these forums included participants from all continents. Another special ingredient is represented by the

Continued on page 2
Continued from page 1

mental health policy papers, providing information on innovative experiences in mental health care from various regions, or addressing issues, such as psychiatric brain drain (Gureje et al., 2009) or burnout in psychiatrists (Kumar, 2007), which are rarely covered in international psychiatric journals.

Among research reports, we give priority to international and national multicenter studies providing data on epidemiology of mental disorders in various countries or testing innovative modalities of mental health service delivery or psychosocial interventions. In the past few years, we hosted for instance two of the main reports on the World Mental Health Survey Initiative (Kessler et al., 2007; Wang et al., 2007); the first community study of the prevalence and correlates of mental disorders in Iraq (Alhasnawi et al., 2009), which attracted the attention of the International Herald Tribune, the Washington Post and the New York Times; and the first controlled trial of a classroom-based intervention for children in Iraq (Alhasnawi et al., 2009), which attracted the interest of the International Herald Tribune, the Washington Post and the New York Times; and the first controlled trial of a classroom-based intervention for children in Iraq (Alhasnawi et al., 2009), which attracted the attention of the International Herald Tribune, the Washington Post and the New York Times.

Among the articles published in World Psychiatry in the last two years, 25 (21%) had at least one author from a low or middle income country, including seven with at least one author from Africa.

The forum of one of the latest issues of World Psychiatry, introduced by a paper by Katschnig (2010), was entitled “Are psychiatrists an endangered species?”. Indeed, we and our profession are stigmatized in many countries of the world. This is certainly related to our difficulty to convey the new image of psychiatry: the image of an integrative discipline, which deals with a broad range of disorders, including some that are very common in the population, using interventions that are at least as effective as those available to most other branches of medicine. However, it would not be fair to state that psychiatry has just a problem with promoting more successfully its new image. It has to be acknowledged that our profession also has a problem, in several contexts in many countries, with making the reality of its practice, research and training match up to this new image.

Our hope is that the dissemination of World Psychiatry will contribute to upgrade the image and the reality of psychiatry in as many countries of the world as possible.

References


RESULT OF CALL FOR APPLICATION FOR A RESEARCH FELLOWSHIP

World Psychiatric Association
In collaboration with the
Institute of Psychiatry, King’s College London, UK

The World Psychiatric Association, as part of its Action Plan 2008-2011, has launched a programme of research fellowships for early-career psychiatrists from low- or lower-middle income countries, in collaboration with internationally recognized Centers of Excellence in Psychiatry.

Within this programme, the World Psychiatric Association is funding a one-year international mental health research fellowship in collaboration with the Institute of Psychiatry, King’s College London.

The Institute of Psychiatry’s program in international mental health focuses upon the interface between mental health and many acknowledged priorities in global health, such as maternal and child health, HIV and other infectious diseases, suicide, migration and chronic diseases.

The successful candidate will spend one year attending two short course modules (mental health services research and international mental health), followed by a research internship based in the Institute of Psychiatry’s Health Service and Population Research Department. In addition to attending departmental and Institute of Psychiatry educational programs (journal club, case conferences, grand rounds, Maudsley debates, epidemiology interest group, Health Service and Population Research Department seminars), the fellow is expected, with supervision and support, to either develop a detailed research protocol to be implemented in his/her country, or to analyse and write up the successful candidate will spend one year attending two short course modules (mental health services research and international mental health), followed by a research internship based in the Institute of Psychiatry’s Health Service and Population Research Department. In addition to attending departmental and Institute of Psychiatry educational programs (journal club, case conferences, grand rounds, Maudsley debates, epidemiology interest group, Health Service and Population Research Department seminars), the fellow is expected, with supervision and support, to either develop a detailed research protocol to be implemented in his/her country, or to analyse and write up
research data that he/she has previously collected, or to conduct a secondary analysis of epidemiological data available to supervisors. The selected fellow is Dr. Abiodun Adewuya from Nigeria. His fellowship will start in April 2010.

CALL FOR APPLICATIONS FOR A RESEARCH FELLOWSHIP

World Psychiatric Association
Case Western Reserve School of Medicine
University Hospitals Case Medical Center
Cleveland, OH, USA

The World Psychiatric Association, as part of its Action Plan 2008-2011, has launched a programme of research fellowships for early-career psychiatrists from low- or lower-middle income countries, in collaboration with internationally recognized Centers of Excellence in Psychiatry.

Within this programme, the Case Western Reserve School of Medicine, Cleveland, OH, USA is funding a one-year research fellowship in the therapeutics of bipolar disorder.

The main purpose of this fellowship is to provide an opportunity for the recipient to get training in research methodology focusing on the phenomenology and therapeutics of bipolar disorder. The primary focus of research conducted at this research center is the short- and long-term treatment of bipolar disorder with special emphasis on bipolar depression, rapid cycling pattern of presentation, and co-occurring Axis I disorders. The training director, Dr. Joseph Calabrese, holds the Bipolar Disorders Research Chair and is Professor of Psychiatry at Case Western Reserve University. For further information on the center, please visit the website http://case.edu/mdp.

Applications are invited from psychiatrists less than 40 years of age or with less than five years elapsed since completion of residency training. The list of eligible countries (low- or lower-middle income countries) is available on the World Bank website (http://www.worldbank.org).

The fellowship holder will receive a subsidy of 30,000 Euros plus coverage of travel expenses (economy class). He/she will commit himself/herself to report to the World Psychiatric Association about the results of his/her activity, and to apply in his/her country of origin what he/she has learnt.

Applicants should submit by e-mail their curriculum vitae to the WPA Secretariat (wpasecretariat@wpanet.org). The deadline for applications is September 30, 2010.

MY EXPERIENCE IN HAITI: A BRIEF REPORT

Kent Ravenscroft

In 1961-1962 I had spent a year in Haiti as a Yale undergraduate anthropologist near Leogane, living with a Vodun priest and his family. I was studying the relationship between child rearing practices, psychosocial development, and spirit possession, trying to understand the dynamics and content of Voodoo possession states.

When the earthquake struck, and I finally reached some of my still living friends, the devastation and death stunned me, my tears leading to determination to go to Haiti to help. I contacted the Washington Psychiatric Society, and they, in turn, put me in touch with the World Psychiatric Association efforts around Haiti. I sent a brief resume, including my past experience in Haiti and rusty Creole. Mario Maj responded quickly, asking for my full resume. I was then contacted by Drs. Lynn Jones and Peter Hughes of the International Medical Corp., who interviewed me and arranged my deployment.

We were one of the first commercial flights into Port-au-Prince, and I was one of the first outside child psychiatrists to set foot on Haiti soil. The chaos on the ground as we emerged from the airport was not so beautiful. The few working streetlights revealed collapsed buildings along both sides as far as the eye could see, with tent cities interspersed with make-shift lean-tos around standing structures for fear of aftershocks. The streets were thronged with people, some nursing, others hawking goods, many on crutches, several with amputations. We passed the collapsed nursing school where 200 souls had perished in seconds, and then the presidential palace, collapsed and lopsided.

After several days I was sent to Petit Goave, to form a mental health team. Like in military psychiatry, we focused on interrupting stress, anxiety, phobic and depression-based symptoms interfering with normal grieving and self-righting so essential after mass trauma. With scarce resources, limited personnel, little time, and often one chance to help people, we had to be practical, and to link and leverage the work through using and strengthening connection with family, friends and community. We also tried to institute and use brief follow-up techniques.

We also taught a basic psychiatric pharmacy. It had to be very basic, not just because of the experience level of the people we were teaching, but because of the very limited supplies we had. But it was adequate and had the virtue of simplifying the treatment options and teaching requirements. Keeping “stress psychophysiology” in mind, we taught patients portable self-help intervention techniques, like rebreathing in a sac for hyperventilation and palpitation, along with the Valsalva or the childbirth “bearing down” maneuver.
We looked for cycles of stress symptoms, and emphasized intervening just as the cycle began, using the above maneuvers, or positive imaging or progressive relaxation techniques to break the cycle. We used behavior and cognitive-behavioral and desensitization techniques to interrupt anxiety and phobic avoidance states. We used journaling and assigned homework, including re-establishing family connections through assigned group discussions of loss, or things blocking grieving. If certain priests refused to give funerals because the loved one’s body could not be found for burial, we recommended finding other more enlightened priests for this important family-unifying, arrested-grief unblocking ritual. And we used brief follow-up clinics to provide the continuity and support of the clinic itself, and its nurses, and doctors to reward and insure that these things were done and that medicines were taken. We only used a “short medication leak”, doling meds out a week at a time to get people back, and to help the Haitian doctors see the value of continuity and supportive follow-up. This also allowed them to see if their diagnosis was correct, and to learn to adjust the medications and see if and how they worked.

During the first weeks, we saw more acute cases, and more cases having to do directly with the trauma of the earthquake. But as time went on, there were fewer of the acute cases, and more of the chronic or severe cases. Part of this was just a matter of the time course of such conditions as the earthquake receded into the past. Some of the change was just natural resolution of acute stress and trauma reactions, some reflected the good work of the clinic, both medical and psychosocial. In effect, possibly we were draining the acute cases from the “catchment area”; at the same time, the presence and reputation of the clinic was spreading into the mountains and surrounding sugar plains, drawing in more long-standing chronic cases. I’m sure there are other explanations also.

Once our mental health clinics began to function, we went from just a few cases at first, to the word spreading and lots of cases being referred. We were not primarily doing a service mission, since our aim was to train the doctors and the nurses to do more of the work, and to get them interested and comfortable with it. To this end, I gave all-day Saturday psychosocial seminars and workshops. I also succeeded in getting an initially reluctant hospital medical staff at the Notre Dame Hospital to begin to refer some cases, first by teaching some of their residents invited to our seminar, and then responding quickly to a pair of very psychotic patients that were quite upsetting to the staff. From this we developed a good mutual relationship. But rising expectations in a situation short of psychiatric manpower is always a problem, which is why it is important to emphasize training the front line Haitian personnel to do the work. They will be staying and we will eventually go home. Finally, though it may seem cost-efficient to centralize these kinds of mental health teaching clinics, and they seem to be a luxury with low patient yield, it is always extremely important to do this kind of work on the front line where the teacher as well as the doctors being taught can feel the same pressure and pain, see what the realities are, and where the most staff of all disciplines can see the work being done and the results happening. It supports everyone in the effort.

### REPORT ON ACTIVITIES OF WPA MOOD DISORDER FELLOWSHIP

**University of Pittsburgh**

**January – June 2010**

I started my Fellowship on January 4, 2010. Since then, I have been doing clinical as well as research rotations within the Department of Child Psychiatry at the Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Centre as follows:

1. **Child and Adolescent Bipolar (CABS) Clinic**
   
   A) Clinical Research Studies: I was introduced to two clinic research studies being conducted at the clinic – the Pittsburgh Bipolar Offspring Study (BIOS) and the Course and Outcome of Bipolar Youth Study (COBY). I observed intake and longitudinal follow up assessments of both studies using instruments like the Structured Clinical Interview for DSM IV (SCID), Kiddie Schedule for Affective Disorders and Schizophrenia Present and Lifetime (KSADS–PL), Mania Rating Scale (MRS) and the Longitudinal Interval Follow Up Evaluation (LIFE). I also observed validation of assessments made by master’s levels clinicians with experienced child and adolescent psychiatrists.

   B) Ongoing weekly research supervision: I am involved in weekly clinical research meetings with an expert group of MD’s, PhD’s, Masters level clinicians and statisticians. This has enabled me to gain a better understanding of the stages involved in recruitment of patients and controls, applying double blind procedures, data storage and analysis. I am currently analyzing and writing up data from the BIOS study under supervision. This study will determine the psychosocial functioning of children of parents with bipolar disorder as compared with children of community control parents.

   C) Evidence based treatments: I observed clinical assessments and treatments of bipolar patients using the latest evidence based treatments (pharmacotherapy, cognitive behavior therapy, dialectical behavior therapy and family therapy. I have become familiar with the clinical and research diagnosis of BP spectrum disorders especially BP NOS which is still a controversial diagnosis in many parts of the world.

2. **Women’s behavioural health Care**

   I did a four week rotation at a clinical research program for Women’s behavioural health. This program focuses on mood disorders among women in the puerperium. I was introduced to planning and recruitment procedures for research participants, screening of post partum women for Depression using the Edinburgh Post Natal Depression Scale and full assessments for women who had positive screens using the Structured Clinical Interview for DSM IV (SCID). I was exposed to another study which involved monitoring and follow up of mothers with Bipolar disorder who had been on anti-manic agents during pregnancy with the aim of determining the course and outcome of the disorder. I was also exposed to a third study - a randomized double blind clinical trial of Sertraline vs. Estrogen and placebo for women with post partum depression. I was involved in weekly monitoring of the study which included assessing mothers’ symptoms and infant developmental outcomes. On the side, I also had a brief introduction to bright light therapy for depressed post partum women. I submitted an abstract for the annual Marcé
A COURSE IN HEYBELIADA, ISTANBUL: LEADERSHIP AND PROFESSIONAL SKILLS OF EARLY CAREER PSYCHIATRISTS

In line with the WPA Action Plan 2008-2011 (Goal 4: “To promote the professional development of young psychiatrists worldwide”), a course on “Leadership and Professional Development of Early Career Psychiatrists”, organized by the Association for the Improvement of Mental Health Programmes (AIMHP, Geneva) in collaboration with the WPA, will be held with the participation of early career psychiatrists from Turkey, in Heybeliada, Istanbul from 1st to 4th October 2010.

This course aims to provide early career psychiatrists skills and knowledge necessary for their professional development and to facilitate the creation of networks of collaboration among them. Among others it will help the participants to develop skills of presentation of scientific material in spoken and written form as well as skills of conducting meetings, of producing proposals for programs, those for time management and for the assessment of priorities.

The faculty of the course will be composed of Norman Sartorius (Director of the Course, Switzerland), Sir David Goldberg (UK), Levent Küey (Turkey), and Ömer Aydemir (Turkey).

3. Rotations at other units

I obtained an institutional medical practice license for the state of Pennsylvania. This enabled me to rotate through the following clinical units:

A) Consultation Liaison unit at the Children’s Hospital Pittsburgh: This service is involved in the psychological management of patients with acute and chronic medical problems within a Medical hospital setting. My role included acute assessment of patients, formulating a treatment plan, communicating with families and primary physicians, and arranging follow up mental health care when indicated.

B) Child and Adolescent Inpatient Unit: On this unit I had the opportunity be involved in the acute stabilization of patients who were in need of a higher level of care, and to work with a multidisciplinary treatment team to facilitate this.

C) Partial Hospitalization program: This is an intermediate level of care within the community which is currently not available in Nigeria and most of the developing world. I have gained invaluable experience on the structure and workings of this type of service and how this can be modeled for the developing world setting.

4. Other activities

I have had opportunities to participate in resident’s grand rounds, didactics, Journal clubs, as well as conferences on the latest evidence based treatments for mood disorders. These included a workshop on suicidal spectrum behaviours which are commonly associated with mood disorders, and treatment strategies for emotion regulation and distress tolerance among emotionally dysregulated youth.

These six months have been challenging and rewarding with a broad range of clinical and research exposure and I look forward to more challenges in the next half of the year.

MUBARAK STATE PRIZE FOR MEDICAL SCIENCES 2010 GOES TO A PROFESSOR OF PSYCHIATRY: AHMED OKASHA

The Egyptian Academy of Science has bestowed upon Professor Ahmed Okasha on the 21st of June 2010 the “MUBARAK State Prize for Medical Sciences 2010” named after the Egyptian President. It is considered to be the highest national prize for Medicine. This award comes after Prof. A. Okasha had received the state merit prize for medical science in 2009.

Top academics and physicians from different medical specialties were nominated, but psychiatry prevailed. The mass media commented that after this prestigious award, psychiatry is no more marginalized in Egypt and the Arab world, hoping that it will spread to other countries world wide.

Currently, Prof. Ahmed Okasha is the Director of the WHO Collaborating Center for Mental Health, Institute of Psychiatry, Ain Shams University, President of the Egyptian Psychiatric Association, President of the Arab Federation of Psychiatrists, Past President of the World Psychiatric Association and a member of the WPA Council.

Professor Mario Maj, WPA President, stated that: “This prestigious prize is a well-deserved recognition of an exemplary career, showing at the highest level how a psychiatrist can be at the same time a first-class clinician, an internationally recognized scientist and a person who tangibly contributes to the progress of his country”.

From the boat to Heybeliada.
NEWS FROM THE PSYCHIATRIC ASSOCIATION OF BOSNIA-HERZEGOVINA

10th Psychiatry Days of Bosnia and Herzegovina

The Annual Meeting of the Psychiatric Association of Bosnia-Herzegovina, entitled the Tenth Psychiatry Days Teslić 2010 was held on 26-27 March 2010 in Banja Vrućica Spa, near the City Teslić with the main topic being “Anxiety Disorders”. It was organised by the Psychiatric Association of Bosnia-Herzegovina and the Psychiatric Clinic of Banja Luka Clinical Centre.

As with the one held last year in Banja Luka, this year’s Symposium in Teslić was very successful. During the two days over 140 professionals in the field of mental health from all over Bosnia and Herzegovina attended 16 lectures and five sponsored mini Symposia that covered all actual aspects of anxiety and its comorbidity as a very common disorder in our country – during very difficult times after the war and in times of transition. The lecturers were from Bosnia and Herzegovina Universities, Clinics and Community Mental Health Centres along with invited Professors from the Republic of Croatia and the Republic of Serbia, signifying the Psychiatric Days. Welcome speeches were made by officials from the Ministry of Health and Social Affairs of the Republic of Srpska and Banja Luka Clinical Centre, which indicated the importance of the Symposia. The participants received a Certificate of Attendance with CME Credits.

During the Symposium, the guests, lecturers, and participants had enough time to enjoy the natural beauties of Vrućica Spa and also the great atmosphere of the newly renovated Congress Hotel “Kardial”, which has a long tradition in organizing Congresses.

The Gala Dinner officially promoted the existence of the Psychiatric Association of Bosnia-Herzegovina and the participants enjoyed in a relaxed atmosphere the food and pleasant music programme.

After Psychiatry Days Teslić 2010 the organisers concluded that Psychiatric Days was indeed successful and that such a Symposium will continue to be held in the future.

Marija Burgić-Radmanović, President Alma Džubur-Kulenović and Dr. Goran Račetović, Secretaries General
Psychiatric Association of Bosnia-Herzegovina

First Symposium on Alcohology in Bosnia and Herzegovina

Organized by the University Clinic for Psychiatry Tuzla, the Psychiatric Association of Bosnia-Herzegovina and the Psychiatric Association of Tuzla Canton the First Symposium on Alcohology in Bosnia and Herzegovina with international participation with the theme “Modern Approach in the Treatment of Alcohol-induced Disorders” was held on 23-24 April 2010 at the Hotel Tuzla in Tuzla, Bosnia and Herzegovina. The co-organizers were the Institute for Alcoholism and other Addictions of Sarajevo Canton, the Department of Psychiatry of the University Hospital “Sestre Milosrdnice” (Zagreb, Croatia), the Association of Trainees and Young Psychiatrists/Neuropsychiatrist from Bosnia and Herzegovina, the Community Clubs of Treated Alcoholics of Serbia, the Croatian Association for Alcoholism and other Addictions of Croatian Medical Association and Reference Center for Alcoholism of the Ministry of Health and Social Welfare of the Republic of Croatia.

The participants attending the two-day Symposium were about 200 professionals in the field of mental health (psychiatrists, neuropsychiatrists and trainees, psychologists, psychotherapists, social workers and nurses) from Bosnia and Herzegovina, Croatia, Serbia, Montenegro, Slovenia, and the Republic of Macedonia-FYROM. The academic part of the Symposium consisted of six sessions which included plenary lectures, invited lectures and oral presentations. One poster session and a special session for young psychiatrists, neuropsychiatrists and trainees on Education in Alcohology was held, as well as a workshop for nurses on Nursing Competences in the Treatment of Alcoholism. The Symposium ended with a joint session for participants and beneficiaries entitled Experimental Club of Treated Alcoholics. At the Symposium, we extended our knowledge and shared our experiences on the contemporary approach to the treatment of alcohol-induced disorders through presentations of prominent experts in the field in the region.

During the second day of the Symposium, the inaugural Assembly of the Association of Alcoholologists and other Addiction Experts in Bosnia and Herzegovina was held; this Association will be based in Tuzla.
Participants were treated to a Welcome reception, a Gala Dinner, and a social event with short excursions which gave them the opportunity to experience some of the attractions of Tuzla Canton. There was also an exhibition by the companies that sponsored the Symposium.

The Symposium in Tuzla was highly successful and based on responses from attendees, each found the event to be an important knowledge-sharing venue. It was also wonderful to see many colleagues from different countries of the region coming together for the event, to enhance cooperation and friendship, as well as to contribute to positive changes not only in the field of psychiatry and medicine but in wider communities.

Marija Burgić-Radmanović, President
Alma Džubur-Kulenović and
Dr. Goran Račetović, Secretaries General
Izet Pajević, President of the Organizing Committee

The 7th Mostar’s Psychiatric Saturday

Organized by the Medical Faculty University of Mostar, Clinic for Psychiatry Mostar and for the first time co-organized by the Psychiatric Association of Bosnia-Herzegovina, The Mostar’s Seventh Psychiatric Saturday with the main theme “Psychosomatic Medicine: When the Soul Speaks Through the Body” was held at the Hotel Ero in Mostar, Bosnia and Herzegovina, on 26 June 2010.

During the one-day Symposium the participants included about 150 professionals in the field of mental health (psychiatrists, neuro-psychiatrists, psychiatry/neuropsychiatry trainees, psychologists, psychotherapists) and other participants from Bosnia and Herzegovina, Croatia and Slovenia. The professional part of the Symposium was organized through 16 oral sessions with lecturers from all Bosnia-Herzegovina’s Universities and invited lecturers from the Republic of Croatia (Zagreb and Split University), and one sponsored Mini Symposium. During the course of the Symposium, we experienced professional and high quality new knowledge and approaches to the field of psychosomatic medicine and liaison psychiatry and highlighted again the importance of integrative medicine and psychiatry, as well as the growing role of psychiatry in other medical disciplines in our country and region. On 25 June a Satellite Symposium was held entitled “Value of Treatment and Importance of Choice in Psychiatry”, organized by Eli-Lilly in Bosnia and Herzegovina. A Welcome Dinner as an introduction to the main Programme was held the following day for about 50 psychiatrists.

The Mostar’s Psychiatric Saturday is a traditional Symposium with the main goal of renewing collaboration and creativity through the exchange of knowledge between experts and scientists from Bosnia and Herzegovina, as well as other countries from the region with a high academic level, and is one of the most important annual psychiatric events in Bosnia and Herzegovina.

Izet Pajević, President
Goran Račetović, Secretary General
Psychiatric Association of Bosnia-Herzegovina
Dragan Babić, President of the Organizing Committee

CYPRUS PSYCHIATRIC ASSOCIATION

An International Conference “From Adolescence to Adulthood - Normality and Psychopathology”, in Cyprus

The Cyprus Psychiatric Association with the collaboration of the WPA Section on Child and Adolescent Psychiatry and the WPA Section on Preventive Psychiatry will organize, under the auspices of WPA, the International Conference “From Adolescence to Adulthood - Normality and Psychopathology”.

The Conference will take place from 9 to 12 of September 2010 at the Palm Beach Hotel, in Larnaca, Cyprus and has as participants, scientists from more than 25 countries.

We are pleased to announce that the procedures for the preparation of the Conference are successful and we are moving towards their final stages. The symposiums and the round tables of the specific conference have been enriched with a wide range of subjects such as first episode of Psychosis, early intervention in Schizophrenia and bipolar disorders, depression, OCD, ADHD, Autism, PTSD, Prevention of Violence, War Trauma, etc.

There will be Workshops on various subjects such as Eating disorders, Depression and bipolarity, Family therapy approaches, psychoanalytic psychotherapy, Play therapy, the abstinence oriented programs for young people in communities, Introduction to dance movement psychotherapy and drama therapy, Resonance Phenomena in the task groups of the therapeutic community, etc.

So far we have confirmed over 21 symposiums, nine workshops, and 130 speakers from over 25 countries, including Europe, the USA, Asia, and Africa.

If you need any further information or clarification concerning the Conference please do not hesitate to contact the Conference’s official website www.topkinisis.com/AANP. Please note that the final submission date for the abstracts has been set for 15 July 2010.

Neophytos Papanoeophytou
President of the Cyprus Psychiatric Association
INDIAN ASSOCIATION FOR SOCIAL PSYCHIATRY

IASP Silver Jubilee Conference Lucknow, 15-17 November 2009: an outstanding success

The Silver Jubilee National Conference of the Indian Association for Social Psychiatry held on 15-17 November 2009 at Lucknow, India was an outstanding success. The landmark event was to celebrate the 25th year of the formation of the Indian Association for Social Psychiatry (IASP - a Member Society of the WPA). The theme of the conference was ‘Mental Health: Prioritizing Social Psychiatry’.

The scientific programme included symposia, invited lectures, orations, award papers, free papers and poster presentations. A workshop on “Psychotherapy” conducted by Prof. Vijoy Varma (USA) was an important highlight.

The conference was co-sponsored by the World Psychiatric Association. The scientific sessions were absorbing and marked by excellent participation. Besides, the legendary hospitality of Lucknow was visible everywhere.

Our heartiest congratulations to Prof. JK Trivedi and his dedicated team, and to our Secretary General, Prof. Rakesh Chadda for organising this major event in such a remarkable manner.

Roy Abraham Kallivayalil
President-Elect, Indian Association for Social Psychiatry

SERBIAN PSYCHIATRIC ASSOCIATION

The Clinic for Psychiatry, Clinical Centre of Serbia, in collaboration with the Serbian Psychiatric Association, Psychiatric Section of Serbian Medical Society and Serbian Young Psychiatrists Section is organizing the XXXVIII EDUCATION SYMPOSIUM: “EARLY PSYCHOSIS – A CHALLENGE FOR PREVENTION, DIAGNOSTICS AND THERAPY” at the Hotel Continental, on 4-5 November 2010 in Belgrade, Serbia.

The Symposium has a long tradition and international participation. This year, the program includes plenary lectures by experts from the United States, the United Kingdom, Germany, Switzerland, Austria, Croatia, Bosnia and Herzegovina, Serbia, and EPA CME course entitled “Delusions - from diagnosis to treatment”.

The second announcement will be published soon.

Miroslava M. Jasovic-Gasic
President of the Scientific Committee
President, Serbian Psychiatric Association

Nadja P. Maric
President of the Organizing Committee
Secretary General
Serbian Psychiatric Association

Philip Mc Guire (UK) guest speaker at the XXXVII Symposium, 2009.

HAVE YOU RECENTLY VISITED THE WPA WEBSITE?
→ WWW.WPANET.ORG
The Spanish Association of Dual Pathology (SEPD) will be presenting this year in Barcelona the 4th National Gender Workshop, entitled “WOMAN, HYPNOTIC SEDATIVES AND DUAL DISORDERS".

The workshop will take place on 22 September.

The scientific programme has been carefully elaborated by the organizers, and we feel sure that with your assistance and support this workshop will be once more a success and of undeniable profit to all those professionals interested to dual pathology.

Organizers/Coordinators
Prof. Miquel Casas Brugué, Vice-president of the Board, SEPD
Dr. Carlos Roncero, Vice-secretary of the Board, SEPD
Dr. José Ma Vázquez, Local autonomico for Cataluña, member of the Board, SEPD

For more information visit our web page: http://www.patologiadual.es/genero10/

---

The Southern Theatre in Stockholm hosted the congress.

On the first day, the National Board introduced the “National Guidelines for Anxiety and Depression”. Other topics covered were bipolar disorder, psychotic disorders, and compulsory psychiatric treatment.

One section introduced the “Current Swedish Psychiatric Research”; eight young Swedish scientists presented results and new projects.

Another section was the “Need for change - by whom and how?” which dealt with awareness, risks and stigma of schizophrenia, and bipolar disorder.

Participants also had the opportunity to “Meet the Expert”. Consumers Associations held programs each day. Child and Adolescent Psychiatry and Forensic Psychiatry were also represented.

Lise-Lotte Risö Bergerlind, President of the Swedish Psychiatric Association, opened the congress and reported results for 2009 and plans for 2010.

The first day ended with a mingle and a theatre presentation, “Rickard the III - villain or victim?”. The Swedish actress Gunilla Röör, together with individuals from the board and members gave us a fascinating experience.

The second day members listened to lectures regarding Neuro-medicine Symposium, Consultation Psychiatry, Elderly Psychiatry, and Addiction.

The annual meeting was held in the evening which included awarding the Swedish Psychiatric Association’s Cultural Prize to Ingrid Carlberg. Prof. Jan Beskow was appointed an honorary member of the society.

Dinner was held at Berns Salonger. Entertainment consisted of operatic vocals and a presentation by the former presidents of the association.

The last day consisted of “Risk Assessments in Psychiatry and Forensic Psychiatry” and presented current research on memory in relationship to ECT.

Many members were positive about the Congress. They were satisfied with the scientific programs, cultural elements and the social contact with others in the profession.

The Swedish Psychiatric Congress appears to be a winning formula. In 2011, the congress will take place in Gothenburg.

Stina Djurberg
Swedish Psychiatric Association
NEWS FROM THE BRAZILIAN ASSOCIATION OF PSYCHIATRY

ONLINE CONFERENCE

In early June, the Brazilian Association of Psychiatry (ABP) launched a new tool to help members exchange experiences and knowledge. The online conference tool was inaugurated on June 2, prior to the scheduled regional workshops held by ABP.

Using a system produced exclusively by ABP, members can monitor video talks by experts and then write and send questions to be answered in real time.

According to ABP president João Alberto Carvalho, this is another innovative initiative by the association to reach the majority of members. “It is essential for all professionals to remain up to date. We have thus invested in ways to foster this opportunity for all our membership. Using the online conference tool, we can actually make the regional workshop reach all the professionals in that geographic area. We narrow the barriers raised by distance when we interconnect our members, spawning democratic access to knowledge and reinforcing the workshops’ regional and integrative characteristics”, stated João Alberto Carvalho.

BRAZILIAN CONGRESS OF PSYCHIATRY

“Science and Social Commitment” is the theme of the 28th edition of the Brazilian Congress of Psychiatry (CBP), to be held on October 27-30 in Fortaleza. The annual congress draws more than 5,000 participants, including psychiatrists, psychologists, social workers, nurses, occupational therapists, students, and other health professionals, and aims to value psychiatrists and guarantee that scientific progress translates into practical benefits for society.

Twenty courses have already been confirmed and are listed on the program of the Congress, considered the largest event in psychiatry in Latin America and one of the specialty’s most important meetings in the world.

More than 160 special activities are scheduled, in addition to round tables, workshops, forums, debates, and symposia. Internationally renowned speakers include Adriano Vaz-Serra from Portugal and German E. Berrios and Peter Bower from the United Kingdom.

Brazilian speakers will feature such names as Roberto Lent, Wagner F. Gattaz, and José Jackson Coelho Sampaio.

Online registration is available on the Congress website. Registrations submitted by September 19 will receive special discounts. See: http://www.cbpabp.org.br/

CRACK

The Brazilian Association of Psychiatry (ABP) is convinced that the increase in crack consumption in Brazil and the government’s difficulty in providing treatment for addicts have become a serious public health problem.

Recently, given the launching of a government plan to deal with crack, ABP stated its position on what the association considers essential for public policies to treat drug addiction.

The measures defended by ABP to contain the crack epidemic include treatments for addicts, which should be based on technical knowledge and scientific evidence emphasizing a comprehensive, balanced, and hierarchically organized network for patients.

CRACK is also opposed to any action classified as “harm reduction” in the case of crack. Experience has shown that the results are negative. It is necessary to create a support structure for families affected by the problem, as well as for patients.

Finally, it is essential to invest in training. Unfortunately, Brazil still lacks a sufficient number of psychiatrists and other mental health specialists to deal with the situation adequately. The initiative should also provide for a career plan for physicians in the public healthcare system, including better work conditions and pay, in addition to improved distribution of such health professionals throughout the country.

36TH ANNUAL EVENT OF THE FINTECO FOUNDATION (JULY 2010)

The 36th Annual Event of the FINTECO Foundation (Argentina) was held in July 2010 at the School of Medicine of the Federal University of Buenos Aires, Argentina.

The main topic of the meeting was “Health through the Creative Expression”.

The participants attending the Forum were 120 specialists in the field of mental health from Paraguay, Italy, Spain, the USA, and Argentina. Eighty per cent of these participants were psychiatrists; the rest were professionals devoted to relevant disciplines.

The meeting was evaluated by means of DVDs created by the participants.

As a premiere in America, a Spanish documentary film “Another Space, Another Time”, directed by Ana Martinez, was presented.

The script dealt with a journey through Argentina and was performed by patients undergoing a rehabilitation process coordinated by two psychiatrists. The purpose was to show the wide rehabilitation possibilities through an approach centered mainly on the patients involved. In a way, the script was inspired by “The Clouds”, a book by Juan José Saer, late Argentine author.

Other works that were presented dealt with non-conventional approaches proposed by new techniques envisioning an integral treatment of the psychiatrical patients, such as painting, music, sculpture, literature, theater, physical activity, or film-oriented workshops as a demonstration of how such activities contribute to generating a patient’s resilience – an aspect which is considered to be essential for psychiatric patients’ rehabilitation today.
ACTIVITIES OF THE SECTION ON CHILD AND ADOLESCENT PSYCHIATRY

The Association for Child and Adolescent Psychiatry and Allied Professions of Serbia (DEAPS) was formed in 2004 in Belgrade and it is recognized and accepted by the international organizations such as IACAPAP (International Association for Child and Adolescent Psychiatry and Allied Professions) and ESCAP (European Society for Child and Adolescent Psychiatry). The WPA Section on Children and Adolescent Psychiatry actively supports DEAPS as well.

The goals of the Association are focused on raising the level of professional knowledge and organizational models of mental health care of children and adolescents, as well as on gathering and organizing the professionals of different occupations for the same purpose: further development of child and adolescent psychiatry and allied professions.

The 2nd Congress of DEAPS took place in Zlatibor, Serbia, on April 22-25, 2010. The congress was a great opportunity to exchange experiences and knowledge, but, as well, a chance for developing collaboration with other mental health care professionals from abroad. More than 230 participants had presentations, 12 plenary lectures were held, six of which were given by prominent foreign experts. Colleagues from the United Kingdom, the Netherlands, Slovenia, Republic of Macedonia-FYROM, Bosnia and Herzegovina, and Romania participated with selected topics. Members of the WPA Section on Child and Adolescent Psychiatry actively participated in the Congress. DEAPS and the Congress were opened for mental health professionals as well for other medical doctors, medical associates, colleagues from social services, education, youth associations and organisations (State and NGO organizations) and parents of children with mental health problems. Suggested themes such as pervasive disorders, contemporary ethiological concept, psychological development – theories, deviations, risk factors, learning difficulties and conduct disorders in school, mental health of children with special needs, depression, self-mutilation and suicide of adolescents, abuse and neglect, eating disorders, substance abuse among adolescents, children and adolescents in institutions (medical, social, educational) responded to the most common mental problems of children and adolescents, appealing to those who deal with their mental health.

The WPA Section on Child and Adolescent Psychiatry will continue to support national congresses, due to beliefs that mental health of children and adolescents is the national capital and investment in their future.

Milica Pejovic Milovancevic
Secretary, WPA Section on Child and Adolescent Psychiatry

NEWS FROM THE SECTION ON SCHIZOPHRENIA

Current important activities of the WPA Section on Schizophrenia center around the revision of the major classification systems of mental disorders, DSM-V, and ICD-11. Both conceptual and methodological issues arise. The Section Chair is a member of the Psychosis Workgroup of the American Psychiatric Association, which provides recommendations for the revision of the classification of the psychotic disorders in the framework of developing DSM-V. This group has been active for about 18 months now and is currently reviewing the suggestions received regarding the first draft of the DSM-V criteria. Some of the more important changes suggested in the first draft were the inclusion of a psychosis risk syndrome, the deletion of the schizophrenia subtypes, and the introduction of a range of dimensional assessments. A similar Psychosis Working Group is currently being established by the WHO and will be chaired by the Section Chair. The WHO group shall establish formal liaison with the corresponding APA group and will take special interest in reviewing the evidence pertinent to any suggestions for novel diagnostic criteria for psychotic disorders, for new ideas about where to place psychotic disorders in ICD-11, in assessing the factors of a Content Model for the reclassification of mental disorders, and questions of the utility and the feasibility of any reclassification of psychotic disorders with a view to the global use of ICD-11.

Wolfgang Gaebel
Chair, WPA Section on Schizophrenia
ISAD 5th Biennial Conference Report

The International Society of Affective Disorders (ISAD) held its 5th Biennial Conference in Vancouver, Canada on 16-19 April 2010. The conference format was a mixture of plenary lectures, symposia, oral communications and posters.

Despite being effected by the volcanic disruption in Iceland the conference went ahead as planned and over 300 delegates from 36 countries enjoyed excellent presentations on topics as diverse as treatment resistant depression, diet and nutrition and the CANMAT guidelines.

Poster sessions gave young researchers a great opportunity to showcase their work and the well attended oral communications sessions sparked lively discussions.

The delegates had fantastic networking opportunities and took part in an informal scientific speed-dating session! The gala dinner, held at the Vancouver aquarium, included an amazing display from the dolphins.

The conference received CME accreditation from the University of British Columbia and European Accreditation Committee in CNS as well as receiving co-sponsorship from the WPA.

ISAD’s next conference will be held in London, UK in 2012 (Website: www.isad.org.uk).

ISAD represents the World Psychiatric Association Section on Affective Disorders. ISAD is hosted at the world renowned Institute of Psychiatry, King’s College London. The ISAD Administrator, Caroline Holebrook, also serves as the Secretary of the Section. ISAD Fellows, Dr Sagar Parikh and Prof Cornelius Katona are Chair and Co-chair, respectively, of the Section.

Caroline Holebrook
Secretary, WPA Section on Affective Disorders

SECTION ON AFFECTIVE DISORDERS

SECTION ON PHILOSOPHY AND HUMANITIES IN PSYCHIATRY

Epistemology and Methodology of Psychiatry: a Joint Symposium of the WPA Section on Philosophy and Humanities in Psychiatry and the WPA Section on History of Psychiatry

As part of the activities of the WPA Regional Meeting in St Petersburg (June 10-12, 2010), the WPA Section on Philosophy and Humanities in Psychiatry and the WPA Section on History of Psychiatry carried out the joint symposium “Epistemology and Methodology in Psychiatry”. Chaired by Profs. Drozdstoy St. Stoyanov and German Berrios, the symposium included contributions from Lilia Gurova (Bulgaria), Roger Smith (UK), Massimiliano Aragona (Italy), Drozdstoy St. Stoyanov and associates (Bulgaria/USA), Ivana Markova (UK), Georgi Popov (Bulgaria), and from Sergey Ovsyannikov with Peter Morozov (Russia). Aiming at a comprehensive understanding of relevant issues pertaining to the epistemology of psychiatry, the papers presented in the symposium provided a wide coverage of topics – ranging from the role of reflexivity in mental and behavioral phenomena, and from the influence of causal context on the recognition of psychiatric symptoms (requiring for a more methodical research on the epistemology of symptom recognition processes), to arguments for the reformulation of psychiatric nosology and the proposition of a conceptual model for a more efficient integrative dialogue between psychopathology and neurobiology. A more detailed report on the symposium can be found at http://www.inpponline.org/WPA_Section_report_2010.htm.

Adriano C. T. Rodrigues
Secretary, WPA Section on Philosophy and Humanities in Psychiatry
The WPA International Congress “Global psychiatry at the frontier: sharing the future” will take place in Beijing, China from 1 to 5 September 2010, hosted by the Capital Medical University (CMU) and the Chinese Society of Psychiatry (CSP). We will invite internationally renowned experts in the field of psychiatry and mental health to give keynote lectures as well as symposia and workshops representing different fields of psychiatry and related disciplines. The component of the Congress will be Keynote Lectures, Update Symposia, Regular Symposia, Regional Symposium, Oral Communications, Workshops, Posters and Satellite Symposia.

As is well known the World Exposition will be held in Shanghai, China from 1 May to 31 October 2010. The World Exposition serves as an important platform for displaying historical experience, exchanging innovative ideas, demonstrating esprit de corps and looking to the future. The Exposition will be the first registered World Exposition in a developing country, which gives expression to the expectations the world’s people place on China’s future development.

We hope that you will be able to join us during the golden autumn of 2010 in Beijing, China to attend and participate in the scientific programme as well as visiting the world cultural heritage during or after the Congress, like the Forbidden City, the Great Wall of China, the Summer Palace, and the Ming Tombs and then take part in the World Exposition in Shanghai, China.

For further information, please visit the Website of the Congress www.wpa2010.org or contact the Congress Secretariats:

**Contacts:**

**Secretary General:**
Prof. Gang Wang
Email: general@wpa2010.org

**Secretariat of the Organizing Committee:**
Ms. Melissa Yang
Tel.: 86 10 67772042
Fax: 86 10 67772050
Email: wpasoc@wpa2010.org

**Secretariat of the Scientific Committee:**
Dr. Junjuan Yan and Dr. Ying Geng
Tel: 86 10 58303068
Email: wpamed@wpa2010.org

**Committees:**

President of the Congress
Mario Maj (Italy)

Directors of the Congress
Xiaomin Wang (China)
Jingping Zhao (China)
Dongfeng Zhou (China)

**ORGANIZING COMMITTEE**

Chairpersons
Tarek Okasha (Egypt)
Xin Ma (China)

**SCIENTIFIC COMMITTEE**

Chairpersons
Pedro Ruiz (USA)
Mingyuan Zhang (China)

Co-Chairpersons
Edmond H. Pi (USA)
Jingping Zhao (China)
Helen Herrman (Australia)
Miguel Jorge (Brazil)
Allan Tasman (USA)

Secretary General
Zhanjiang Li (China)

**INVITED SPEAKERS:**

**KEYNOTE LECTURES**

Mario Maj - Lessons learnt in the implementation of community mental health care

Pedro Ruiz - The role of acculturative stress on mental health and mental illness

David Goldberg - Towards ICD-11, revising the classification for mental disorders in primary care
Norman Sartorius - Challenges and hopes for global mental health
Kari Stefansson - Genetics of mental disorders

**UPDATE LECTURES**

Donna E. Stewart - Treating depression in pregnancy
Dilip V. Jeste - Successful aging in schizophrenia?
Dinesh Bhugra - Pathways into care of black ethnic minority patients
Parameshvara Deva - Changing practices and policies in Asian psychiatry - the challenges
Ahmed Okasha - Promoting patients’ rights is an investment for mental health: transcultural perspective
Otto Steenfeldt-Foss - Experiences from joint educational programmes on medical ethics and ethical conduct
Juan J. Lopez-Ibor - The dawn and evolution of the word anxiety
Oye Gureje - Somatoform disorders: deconstructing complexity
Sam Tyano - The impact of parental suicide on children and adolescents offspring
Sheila Hollins - Meeting the health and mental health needs of children and adults with intellectual disabilities
Shekhar Saxena - Mental disorders in ICD-11: current status and future directions
Rajiv Tandon - Psychopathological domains in schizophrenia
Thomas A. Widiger - Dimensional and categorical models of psychopathology
Edmond Pi - Cross-cultural psychopharmacology: an update
Scott Stroup - Effectiveness of antipsychotic medications

**WORKSHOPS**

Michael Musalek - Humanistic treatment in psychiatry
Robert Pynoos - Modernizing disaster mental health

**REGULAR SYMPOSIA**

Disaster psychiatry update
Chairs: R. D’Souza and P. Deva
Speakers: D. Bhugra, P. Deva, S. Sundram, and R. D’Souza

Coercion and mental health
Chairs: A. Okasha and D. Stewart
Speakers: A. Okasha, D. Stewart, N. Stotland, and O. Steenfeldt-Foss
Moderator: D. Moussaoui
Discussant: N. Sartorius and O. Gureje

WPA and partnerships for mental health
Chair: H. Herrman
Speakers: H. Herrman, Xin Yu, and S. Katontoka

Mental disorders in different levels of health care: Primary care and liaison psychiatry
Chair: M. R. Bennasar
Speakers: D. Moussaoui, M. R. Bennasar, and L. Küey

Launch of the Chinese version of the revised WPA Educational Programme on Depression
Chairs: M. Maj and Dongfeng Zhou
Speakers: A. Tasman, N. Sartorius, and Xin Yu

Depressive disorders: a selective review of the evidence
Chairs: N. Sartorius and A. Tasman
Speakers: M. Phillips, A. Tasman, and S. Tyano

**Depression and diabetes**
Chair: N. Sartorius
Speakers: N. Sartorius, O. Gureje, M. Riba, and J. Chan

Learn from REAP study
Chairs: Tian-Mei Si and Yan-Ling He
Speakers: N. Shinfuku, E. Lee, Yuan-Yue Wang, and Yu-Tao Xiang
Comment: Norman Sartorius
INVITATION

People with mental disorders are at increased risk for several physical diseases and have a higher mortality for natural causes than the general population. Their access to physical health care is reduced and the quality of the physical care they receive is worse compared to the general population. If we are really concerned about the quality of life of our patients and the protection of their civil rights, we cannot ignore that physical health is a crucial dimension of quality of life in these persons, and that access to a physical health care of the same quality as that available to the rest of the population is a basic right of these persons as human beings and as citizens.

This Regional Meeting will review the research evidence about the comorbidity between mental disorders and physical diseases, the factors which contribute to generate this comorbidity, and what can be done to address the problem.

The city of Cairo, which hosted an excellent World Congress of Psychiatry in the year 2005, will be the extremely attractive venue of the Regional Meeting, whose speakers will include many of the most renowned international experts in the field.

I look forward to meeting you in Cairo.

Prof. Mario Maj
President of WPA Regional Meeting - Cairo
President, World Psychiatric Association

WELCOME

One of the main caveats of our current psychiatric classifications is the high prevalence of co-occurrence of psychiatric disorders because of the overlap of symptoms and blurring of delineation of disorders. What is more alarming is the high co-morbidity between physical and mental disorders. Recent studies revealed that the prevalence of cardiovascular, cerebrovascular, diabetes, hyperlipidaemia, emphysema, etc ... are commoner in mental patients than in the general population. Our patients may have high threshold for pain and so many painful physical disorders are misdiagnosed and under diagnosed. The life span and quality of life of our mental patients are less than the general population. Clinical training and postgraduate curricula should have an emphasis on the co-morbid medical conditions with psychiatric disorders so that the psychiatrist should have proper access for diagnosis and management of their medical disorders. It is a good opportunity to highlight this co-morbidity in the next WPA regional symposium in Cairo where ancient Egyptians believed that the site of all mental illness was in the heart as revealed in Eber’s papyrus and at treatment was physical rather than mystical.

You are welcome to Cairo to discuss what was realized 6000 years ago of the physical and mental co-morbidity.

Prof. Ahmed Okasha
Honorary President of WPA Regional Meeting - Cairo
President, Egyptian Psychiatric Association
President, Arab Federation of Psychiatrists
Past President, World Psychiatric Association

Mental disorders were known to Ancient Egyptians 5000 years ago. In spite of the mystical beliefs, psychiatric patients were cared for, and treated as were those with physical ailments; for example mental disorders were known as an integral part of heart and uterine disorders. Mental disorders were one entity in Pharonic Egypt.

The theme of this WPA Regional meeting to be held in Cairo, Egypt is “Co-morbidity between mental and physical disorders” which reflects one of the focuses of the WPA in this trienniums action plan. The meeting objective is to increase awareness to all mental health professionals about the high co-occurrence of mental and physical disorders and the strategy for early detection, intervention and management.

You are welcome in Egypt to be partners in the scientific program as well as to enjoy the heritage of Egypt.

Contact person: Prof. Tarek Okasha
Fax: +202 2920908
Email: tokasha@internetegypt.com
Website: www.wpacairo2011.com
Dear Colleagues,

I am happy to invite you to participate in the WPA Regional Meeting to be held in Yerevan, Armenia, from 14 to 17 April, 2011.

We are living in a world which is changing dramatically, where a variety of new challenges are emerging for our mental health and several factors which used to facilitate our coping with adversities are becoming less effective. We psychiatrists cannot ignore these changes and the ways they are affecting the epidemiology, phenomenology and treatment response of several mental disorders.

The transition period which several Eastern European countries are undergoing, with its impact on the mental health of the population, is a good example from which we can take several lessons.

This WPA Regional Meeting will give visibility to the experience of colleagues from Eastern Europe and, at the same time, review the impact of sociocultural and economic changes and their implications for psychiatric practice, research and services in several other areas of the world.

Armenia, an important bridge between East and West and a fascinating country, rich of culture, natural beauties and vibrant humanity, will be an excellent location for the event.

I look forward to meeting you in Yerevan.

Mario Maj
President, World Psychiatric Association

---

Dear Colleagues,

You are cordially invited to participate in the WPA Regional Meeting to be held in Yerevan, Armenia, from April 14-17, 2011. The meeting is devoted to mental health challenges in the present era of globalization.

We value the participation of mental health professionals from regional and global networks. It is a great pleasure to host an international conference on recent advances in research, education, and treatment of mental disorders relevant to practicing psychiatrists in multicultural settings.

The conference highly appreciates the exchange of academic knowledge and experience, as well as the opportunity for networking and collaboration among professionals from different countries. It aims to be a ground for open discussions that will contribute to the development of new initiatives and programs.

Don’t miss the opportunity to visit the cultural heritage of one of the world’s ancient civilizations, enjoy mountainous landscapes and experience Armenian hospitality!

We look forward to meeting you in Yerevan.

Armen Soghoyan
President, Armenian Psychiatric Association

Local Organizers
Armenian Psychiatric Association
Armenian Medical Association
E-mail: yerevan2011wpa@apnet.am
Contact person: Armen Soghoyan
E-mail: soghoyan@yahoo.com
Website: www.apnet.am/conference 2011

---

Dear Colleagues,

I am happy to invite you to attend the WPA Thematic Conference to be held in Istanbul, Turkey, from 9 to 12 June 2011, dealing with quality assurance in psychiatric education, research, prevention, diagnosis and treatment.

This is certainly an issue which deserves a special attention. Our discipline and profession can rely today on a variety of curricula for education of students and residents, of guidelines and algorithms for diagnosis and treatment, of prevention programmes and of research protocols, but most of them are not frequently implemented in ordinary practice and, even when they are, the fidelity of their application is rarely evaluated, and the problems encountered in their translation to different contexts and cultures are rarely debated.

The image and the credibility of our profession depends on the quality of the education, research, prevention, diagnosis and treatment that we are able to deliver in ordinary practice, rather than on the standards that we are able to propose.

This Thematic Conference will be a unique opportunity to focus on this crucial and timely issue, with the participation of colleagues from all regions of the world.
The unique beauties and cultural heritage of Istanbul will represent a further attraction.

I very much hope you will consider to attend and actively contribute to the scientific programme.

Mario Maj
President of the Conference
WPA President

Dear Colleagues,

In my capacity as President-Elect of the World Psychiatric Association (WPA), I encourage all of you to attend and participate in the WPA Thematic Conference organized by the Psychiatric Association of Turkey and Turkish Neuropsychiatric Society, and to be held in Istanbul, Turkey, on June 9-12, 2011.

In this conference, the topic of “Psychiatric Quality Related to Education, Research, Prevention, Diagnosis and Treatment” will be addressed exclusively and comprehensively; thus offering an opportunity to learn in depth all of the most relevant and important aspects on these subjects. The already selected key speakers are all top experts on this topic selected for this conference. In the past, the WPA always conducted excellent scientific meetings in collaboration with the two WPA Member Societies from Turkey.

Besides, the beauty of Istanbul as well as other cities and regions of Turkey are excellent additional incentives to visit Turkey and attend this conference.

I look forward to seeing you in Istanbul in 2011.

Sincerely,

Pedro Ruiz
Chairperson of the Scientific Committee
WPA President-Elect

Psychiatrists of the world are invited to meet where the continents meet for better mental health for all

Psychiatrists of the world will meet in Istanbul, in the summer of 2011, during the World Psychiatric Association Thematic Conference.

The main theme of this international conference is inviting the participants to reflect on the quality of the education systems, research agenda and evidence, theoretical conceptualizations, issues of prevention, and daily experience of diagnoses and treatments in psychiatry.

During this WPA Thematic Conference, organized by WPA, in collaboration with the Psychiatric Association of Turkey and Turkish Neuropsychiatric Society, besides a high quality scientific programme, a scientific research awards programme, a fellowship programme for early career psychiatrists, a photo competition and exhibition (“Better Mental Health for All: People, Places, Faces”) and a rich cultural programme will also be held.

In the name of the Organizing Committee, I am delighted to invite you to join us for this conference where we will review and discuss the means to improve the quality of our professional praxis.

The beautiful city, Istanbul, with her modern amenities and the splendors of her cultural heritage will be an excellent seat for a perfect meeting, one that will impress treasured and lasting memories.

Levent Küey
Chairperson of the Organizing Committee
WPA Secretary General

Website: www.wpaist2011.org
Contact: Levent Küey (kueyl@superonline.com)
The official language of the Congress will be English. Simultaneous translation into Spanish and Portuguese will be available for Keynote Lectures, Core Symposia and selected Regular Symposia. There will be a special track in the scientific programme with Symposia and Oral Communication Sessions in Spanish or Portuguese.

Fellowships will be available for psychiatrists under 40 years of age and with no more than five years elapsed since completion of their psychiatric training. Selection criteria and guidelines for submission can be found on the website of the Congress.

An extremely attractive programme of tours for Congress participants and accompanying persons has been organized. Details can be found on the website of the Congress.

This is going to be a memorable event. Psychiatrists from all countries of the world are invited to attend and to contribute.

### Table 1. 15th World Congress of Psychiatry – Keynote Lectures

| KL1   | Classification and diagnostic systems (N. Sartorius) |
| KL2   | Genetics of mental disorders (P. McGuffin)          |
| KL3   | Community mental health care (G. Thornicroft)        |
| KL4   | Psychosocial rehabilitation (R.E. Drake)            |
| KL5   | Culture and mental health (R. Alarcón)              |
| KL6   | Neuroimaging of psychoses (P. McGuire)              |
| KL7   | Cognitive-behavioural psychotherapies (K. Shear)     |
| KL8   | Intermediate phenotypes in psychiatry (D.R. Weinberger) |
| KL9   | Psychiatry and general medicine (T. Wise)           |
| KL10  | Clinical approach to schizophrenia (W.T. Carpenter Jr.) |
| KL11  | Clinical approach to bipolar disorder (E. Vieta)     |
| KL12  | Clinical approach to major depression (M.E. Thase)   |
| KL13  | Clinical approach to eating disorders (C. Fairburn)  |
| KL14  | Clinical approach to personality disorders (A.E. Skodol) |
| KL15  | Clinical approach to anxiety disorders (D. Stein)    |
| KL16  | Epidemiology of mental disorders (R.C. Kessler)     |
| KL17  | Psychodynamic psychotherapies (P. Fonagy)            |
| KL18  | New and old addiction disorders (C.P. O’Brien)       |
| KL19  | Child psychiatry (J. Rapoport)                       |
| KL20  | Old age psychiatry (D. Jeste)                        |
| KL21  | Mental health consequences of trauma and violence    |
|       | (A.C. McFarlane)                                     |
| KL22  | Ethics and human rights (F. Lolas)                   |
| KL23  | Women’s mental health (D. Stewart)                   |
| KL24  | Epidemiology and prevention of suicide (M. Phillips) |

### Table 2. 15th World Congress of Psychiatry – Core Symposia

| CS1   | Functional psychopathology (Chairperson: S. Kapur)  |
| CS2   | Prevention of mental disorders and promotion of mental health (Chairperson: S. Saxena) |
| CS3   | The family of persons with severe mental illness     |
|       | (Chairperson: K.T. Mueser)                           |
| CS4   | Gene-environment interactions in mental disorders    |
|       | (Chairperson: N. Craddock)                           |
| CS5   | Pharmacotherapies in psychiatry: our heritage and our future (Chairperson: H.-J. Möller) |
| CS6   | Resilience and recovery in persons with mental disorders (Chairperson: A. Bellack) |
| CS7   | Early interventions in psychiatry                     |
|       | (Chairperson: P.D. McGorry)                          |
| CS8   | Conflicts, terrorism and mental health                |
|       | (Chairperson: R.J. Ursano)                           |
| CS9   | Social brain and social cognition                    |
|       | (Chairperson: R.I.M. Dunbar)                         |
| CS10  | Children with mental disorders do become adults       |
|       | (Chairperson: B. Birmaher)                           |
| CS11  | Globalization and mental health (Chairperson: D. Bhugra) |
| CS12  | Non-pharmacological somatic treatments in psychiatry |
|       | (Chairperson: H.A. Sackeim)                          |
| CS13  | Mental health care in low-income countries           |
|       | (Chairperson: O. Gureje)                             |
| CS14  | Access and adherence to mental health care           |
|       | (Chairperson: V. Patel)                              |
| CS15  | Improving quality of mental health services          |
|       | (Chairperson: R. Jenkins)                            |
Future WPA Scientific Meetings

**July 2010**

1-3 July 2010: “1st International Congress on Borderline Personality Disorder”, Berlin, Germany. Organizer: German Association for DBT. Collaboration: a) Association for Research in Personality Disorders (ARPD) b) Dutch Foundation for Psychiatry and Religion Austrian Association for Psychiatry and Psychotherapy (ÖGPP) c) Central Institute of Mental Health, Mannheim (CIMH) d) European Psychiatric Association (EPA) e) European Society for the Study of Personality Disorders (ESSPDP) f) German Association for Psychiatry and Psychotherapy (DGPPN) g) International Society for the Study of Personality Disorders (ISSPD) h) Swiss Association for Psychiatry and Psychotherapy (SGPP). Contact: Dr. Thorsten Kienast. E-mails: a) tkienast@schoen-klinik.de b) borderline-congress@cpo-hanser.de Website: www.borderline-congress.org


10 July 2010: “Arte, Salud y Comunidad”, Buenos Aires, Argentina. Organizer: WPA Section on Mass Media and Mental Health. Collaboration: FINTECO. Contact: Dr. Miguel A. Materazzi. E-mail: materazzi@arnet.com.ar

11-14 July 2010: WPA Section on Epidemiology and Public Health Meeting 2010 “Prediction in Psychiatric Epidemiology-From Childhood and Adolescence to Adulthood”, Lisbon, Portugal. Organizer: WPA Section on Epidemiology and Public Health. Collaboration: Faculty of Medical Sciences, Nova University of Lisbon and Paris Descartes University. Contact: Prof. José Miguel Caldas de Almeida. E-mail: Caldasjm@fcm.unl.pt Website: http://wpaepi2010.com

**August 2010**

19-21 August 2010: “VII World Congress of Depressive Disorders and International Symposium on Posttraumatic Stress Disorder”, Mendoza, Argentina. Organizer: University of Cuyo. Contact: Dr. Jorge Nazar. E-mail: Jorge_nazar@hotmail.com Website: www.mendoza2010.org

**September 2010**


15-17 September 2010: “1st Congress of Dual Pathology and Addictive Disorders”, Buenos Aires, Argentina. Organizer: Asociación de Conductas Adictivas y Patología Dual de Iberoamérica (ACAPI). Collaboration: Section of Substance Abuse Disorders of APAL. Contact: Dr. Javier Didia Attas. E-mail: auspicios@acapi.org.ar Website: www.acapi.org.ar

18 September 2010: “Sociedad, Multitud y Salud Mental”, Buenos Aires, Argentina. Organizer: WPA Section on Mass Media and Mental Health. Collaboration: FINTECO. Contact: Dr. Miguel A. Materazzi. E-mail: materazzi@arnet.com.ar

**October 2010**

4-7 October 2010: 12th Annual Meeting of the International Society of Addiction Medicine (ISAM) “Bridging the gap between science and clinical practice in the addiction field”, Milan, Italy. Organizer: International Society of Addiction Medicine (ISAM). Collaboration: WPA Section on Addiction Psychiatry. Contact: Dr. Giancarlo La Pietra. E-mail: isam2010@unimib.it Website: www.isam2010.medicina.unimib.it

5-7 October 2010: The First National Conference of Psychiatry for the Saudi Psychiatric Association “Mental Health in a socio-cultural Perspective”, Al-Khobar, Saudi Arabia. Organizer: Saudi Psychiatric Association. Collaboration: a) King Faisal University, Medical Education b) British Arab Psychiatric Association c) Institute of Psychiatry Ain Shams University. Contact: Dr. Mohamed Khaled. E-mails: a) spa@kfudu.edu.sa b) spakfu@yahoo.com Website: www.saudipsych.org


22-24 October 2010: “4th International Conference of Schizophrenia (ICONS)”, Chennai, India. Organizer: The Schizophrenia Research Foundation (SCARF). Contact: Dr. R. Thara. E-mail: scar@vsnl.com Website: www.icons-scarf.org


30 October-1 November 2010: International Conference on Transcultural Psychiatry: “Migration, Mental Health and Transcultural Psychiatry in the 21st Century”, Barcelona, Spain. Organizer: WPA Section on Transcultural Psychiatry. Collaboration: University of Barcelona, Sant Pere Claver Hospital. Contact: Dr. Joseba Achotegui. E-mail: jachoteguiloizate@ub.edu Website: www.congresowpabarcelona2010.com

28-31 October 2010: “Pacific Rim College of Psychiatrists (PRCP) 14th Scientific Meeting”, Brisbane, Queensland, Australia. Organizer: Pacific Rim College of Psychiatrists. Collaboration: a) Australian and New Zealand Association of Mental Health b) Royal Australian and New Zealand College of Psychiatrists. Contact: Prof. Philip Morris. E-mail: pmorris@iprimus.com.au Website: www.prcp.org

**November 2010**


19-21 November 2010: XVII National Conference of the Indian Association for Social Psychiatry “Public Mental Health and Social Psychiatry”, Cochin, India. Organizer: Indian Association for Social Psychiatry. Contact: Prof. Rakesh K Chadda. E-mail: drrakeshchadda@gmail.com Website: www.iaps.org.in

23-26 November 2010: “Iranian Psychiatric Association Annual Meeting”, Tehran, Iran. Organizer: Iranian Psychiatric Association. Contact: Dr. Ahmad Jalili. E-mails: a) info@psychiatrist.ir b) sajalili@gmail.com Website: www.psychiatrist.ir

24-27 November 2010: “DGPPN Congress 2010”, Berlin, Germany. Organizer: German Association for Psychiatry and Psychotherapy (DGPPN). Contact: Michael Grözinger, MD. E-mail: dgppn@ukaachen.de Website: www.dgppn-kongress.de/en

December 2010

8-10 December 2010: “11th Pan Arab Psychiatric Conference”, Khartoum, Sudan. Organizers: a) Sudanese Association of Psychiatrists b) Arab Federation of Psychiatrists. Contact: Prof. Abdullah Abdelrahman. E-mail: a_abdelrahman53@hotmail.com

10-12 December 2010: “Meeting of the African Association of Psychiatrists and Allied Professions”, Khartoum, Sudan. Organizers: a) Sudanese Association of Psychiatrists b) African Association of Psychiatrists and Allied Professions. Contact: Prof. Abdullah Abdelrahman. E-mail: a_abdelrahman53@hotmail.com

17-19 December 2010: International Psychiatric Conference of the Pakistan Psychiatric Society “Awareness and Prevention Strategies for Psychiatric Disorders in Developing Countries”, Islamabad, Pakistan. Organizer: Pakistan Psychiatric Society. Contact: Asima Khan. E-mail: Psychpims@yahoo.com Website: www.pps.pak.com

January 2011


26-28 January 2011: WPA Regional Meeting “Co morbidity between mental and physical disorders”, Cairo, Egypt. Organizer: Egyptian Psychiatric Association. Contact: Prof. Tarek A. Okasha. E-mail: tokasha@internetegypt.com Website: www.wpacaairo2011.com

February 2011

1-28 February 2011: “12th Virtual Congress of Psychiatry Interpsiquis 2011”. Online. Organizer: psiquiatria.com Collaboration: Jerónimo Saiz Ruiz. Contact: Dr. Pedro Moreno Gea. E-mail: pmorenog@gmail.com Website: www.interpsiquis.com

March 2011

7-11 March 2011: “Psicohabana 2011”, Habana, Cuba. Organizer: WPA Section on Classification, Diagnostic Assessment and Nomenclature. Collaboration: Cuban Society of Psychiatry. Contact: Dr. Wilfredo Castillo Donate. E-mail: hphil@infomed.sld.cu

16-19 March 2011: 4th World Congress on Women’s Mental Health “Biological, psychological, and socio-cultural aspects of women’s mental health”, Madrid, Spain. Organizer: International Association for Women’s Mental Health (IAWMH). Collaboration: WPA Section on Women’s Mental Health. Contact: Debra Tucker. E-mail: debra@iawmh.org Website: www.iawmh.org

21-25 March 2011: “16th World Congress of the World Association for Dynamic Psychiatry (WADP)”, Munich, Germany. Organizer: World Association for Dynamic Psychiatry. Contact: Dr. Sabine Funk. E-mail: lauraschreier@yahoo.de Website: www.wadp-congress.de

25-27 March 2011: “10th Workshop on Costs and Assessment in Psychiatry - Mental Health Policy and Economics”, Venice, Italy. Organizer: WPA Section on Mental Health Policy and Economics. Contact: Dr. Massimo Moscarelli. E-mail: moscarelli@icmpe.org Website: www.icmpe.org

April 2011

7-8 April 2011: “Mental Health in the big cities”, Milano, Italy. Organizer: WPA Section on Urban Mental Health. Collaboration: Italian Psychiatric Association. Contact: Dr. Mariano Bassi. E-mail: Mariano.Bassi@ospedaleniguarda.it Website: www.mgacongressi.it

14-17 April 2011: “WPA Regional Meeting”, Yerevan, Armenia. Organizer: Armenian Association of Psychiatrists. Contact: Dr. Armen Soghoyan. E-mail: soghoyan@yahoo.com

18-20 April 2011: 1st International Conference on Cultural Psychiatry in the French Speaking World “Migration Challenges and Mental Health”, Paris, France. Organizer: WPA Section on Transcultural Psychiatry. Contact: Dr Rachid Bennegadi. E-mail: bennegadi@minkowska.com Website: www.wpa-tpsparis2011.com

May 2011


May - June 2011

29 May-2 June 2011: “Royal Australian and New Zealand College of Psychiatrists (RANZCP) 2011 Annual Congress”, Darwin, Northern Territory, Australia. Organizer: Royal Australian and New Zealand College of Psychiatrists (RANZCP). Contact: Louise Hain. E-mail: Louise.Hain@ranzcp.org Website: www.ranzcp.org

June 2011

9-12 June 2011: WPA Thematic Conference “Rethinking Quality in Psychiatry: Education, Research, Prevention, Diagnosis, Treatment”, Istanbul, Turkey. Organizers: a) Psychiatric Association of Turkey b) Turkish Neuropsychiatric Association. Contact: Dr. Levent Küey. E-mail: kuey1@superonline.com Website: www.wpaist2011.org

July - August 2011

31 July-4 August 2011: “3rd World Congress of Asian Psychiatry”, Melbourne Australia. Organizer: Asian Forum Australasia and Australian Asian Medical Federation. Contact: Dr. Russell D’Souza. E-mails: a) russell.f.dsoouza@gmail.com b) rdsouza1@bigpond.net.au Website: www.afpapsy.com

August 2011

September - October 2011

29-1 October 2011: “3rd European Conference on Schizophrenia Research (ECSR)”, Berlin, Germany. Organizer: Competence Network on Schizophrenia. Contact: Dr. Victoria Toeller. E-mails: a) Viktoria.Toeller@lvr.de b) info@kompetenznetz-schizophrenie.de Website: www.schizophrenianet.eu

October 2011

5-8 October 2011: “II International Congress Dual Disorders Addictive Behaviors and Other Mental Disorders”, Barcelona, Spain. Organizer: Sociedad Española Patología Dual (SEPDU). Collaboration: NIDA (National Institute on Drug Abuse, EEUU) and APAL. Contact: Prof. Miguel Casas. E-mail: mcasas@vhebron.net Website: www.cipd2011.com

16 October 2011: “1st Meeting: Psychiatry in Everyday Clinical Practice”, Thessaloniki, Greece. Organizer: International Society on Neurobiology and Psychopharmacology (ISNP). Collaboration: WPA Section on Psychiatry in Private Practice. Contact: Dr. Kostas N. Fountoulakis. E-mail: kfount@med.auth.gr Website: www.psychiatry.gr

November 2011

3-5 November 2011: WPA Regional Meeting “Focusing on Asian Mental Health: Current and Future Perspectives”, Kaohsiung, Taiwan. Organizer: Taiwanese Society of Psychiatry. Contacts: a) Dr. Cheng-Chung Chen b) Dr. Hin-Young Tsang. E-mails: a) cchen@mail.khja.org.tw (Dr. Cheng-Chung Chen) b) donnytsang@gmail.com (Dr. Hin-Young Tsang)

15-17 November 2011: “Iranian Psychiatric Association Annual Meeting”, Tehran, Iran. Organizer: Iranian Psychiatric Association. Contact: Dr. Ahmed Jalili. E-mails: a) info@psychiatrist.ir b) sajajalili@gmail.com Website: www.psychiatrist.ir


February 2012

9-11 February 2012: WPA Thematic Conference “Community Psychiatry and Family Medicine: Joint Promotion of Mental Health Care”, Granada, Spain. Organizers: a) World Psychiatric Association b) Spanish Association of Neuropsychiatry. Collaboration: a) WONCA International & WONCA Europe b) University of Granada. Contact: Dr. Francisco Torres. E-mail: ftorres@ugr.es

March 2012

29-31 March 2012: WPA Thematic Conference “Addiction Psychiatry”, Barcelona, Spain. Organizer: Socidrogalcohol. Contact: Dr. Julio Bobes Garcia. E-mails: a) bobes@ctv.es b) bobes@uniovi.es

May - June 2012

31 May-2 June 2012: “WPA Regional Meeting”, Tehran, Iran. Organizer: Iranian Psychiatric Association. Contact: Dr. Ahmed Jalili. E-mails: a) info@psychiatrist.ir b) sajajalili@gmail.com Website: www.psychiatrist.ir

September 2012

13-15 September 2012: “WPA Regional Meeting”, Bali, Indonesia. Organizer: Indonesian Psychiatric Association. Contact: Dr. Tun Kurniasih Bastaman. E-mail: tunbastaman@yahoo.com

October 2012

17-21 October 2012: “WPA International Congress”, Prague, Czech Republic. Organizer: Czech Psychiatric Association. Contact: Dr. Jiri Raboeh. E-mail: wpaic2012@ guarant.cz Website: www.wpaic2012.org

January 2013

10-12 January 2013: “WPA Regional Meeting”, Asuncion, Paraguay. Organizer: Paraguayan Society of Psychiatry. Contact: Dr. Jose Britze Cantero. E-mail: sociedadd@psiquiatriaparaguaya.org

April 2013

10-13 April 2013: “WPA Regional Congress”, Bucharest, Romania. Organizer: Romanian Psychiatric Association. Contact: a) Dr. Dan Prelipceanu b) Dr. Eliot Sorel. E-mails: a) Dr. Dan Prelipceanu (prelipceanudan@yahoo.com) b) Dr. Eliot Sorel (esorel@gmail.com)

June 2013

12-14 June 2013: “WPA Third Thematic Conference on Legal and Forensic Psychiatry”, Madrid, Spain. Organizer: Spanish Society of Legal Psychiatry. Contact: Dr. Alfredo Calcedo Barba. E-mail: alfredocalcedo@gmail.com

September 2013

12-16 September 2013: “WPA Regional Congress and XXIII APM National Congress”, Guadalajara, Jalisco, México. Organizer: Mexican Psychiatric Association. Contact: Dr. Eduardo A. Madrigal de León. E-mails: a) emadrigal@salmejalisco.gob.mx b) emale@cencar.udg.mx c) aspiqm@prodigy.net.mx Website: www.psiquiatrasapm.org.mx

October 2013

20-24 October 2013: WPA Thematic Congress “Human Factors in Crisis and Disaster Interventions”, Melbourne, Australia. Organizer: Indo Australasian Psychiatric Association. Collaboration: a) WPA Section on Psychiatry b) RANZCP. Contact: Prof. Russell D’Souza. E-mail: russell.f.dsouza@gmail.com Website: www.wpadisasterpsych.com

February 2014

6-8 February 2014: “WPA Regional Meeting”, Kampala, Uganda. Organizer: Uganda Psychiatric Association. Contact: Dr. Fred Kigozi. E-mails: a) buthosp@infocom.co.ug b) fredkigozi@yahoo.com

September 2014

13-18 September 2014: “XVI World Congress of Psychiatry”, Toronto, Canada. Organizer: Canadian Psychiatric Association. Contact: Heather Cleat. E-mail: HCleat@cpa-apc.org
The WPA publications program aims to promote the goals of the Association and specifically to: 1) disseminate information about clinical, service and research developments in the mental health field to the largest possible number of psychiatrists and health professionals across the world; 2) promote and give visibility to good quality research carried out in low and middle income countries. These goals are pursued through the official journal of the Association, *World Psychiatry*, the publication of books on topics relevant to the ethical and successful practice of modern psychiatry, and offering support to psychiatric journals in low- and middle-income countries.

*World Psychiatry*, edited by WPA President Prof. Mario Maj, is a high quality journal of international mental health, disseminated to all countries and distributed to more than 32,000 psychiatrists worldwide. It is produced in English, Spanish, Chinese and Russian languages, in partial translation in Romanian, and a new edition in French language. The journal is now indexed by Medline, Current Contents and the Science Citation Index. Full articles and abstracts from its inception in January 2002 are available online through Medline/Pubmed and the WPA website. Its second ISI impact factor, released in June 2010 is 4.375, ranking it among the top ten of clinical psychiatric journals. The *WPA Bulletin on Depression* is edited by Prof. Driss Moussaoui as education for primary care doctors and residents in psychiatry. Two issues have been published each year, since 1993. 50,000 copies are distributed worldwide in five different languages (sometimes up to eight different languages).

The series *Evidence and Experience in Psychiatry* is a highly successful publishing venture that compares research evidence and clinical experience concerning the diagnosis and management of the most common mental disorders. Each volume covers a specific mental disorder, with a set of systematic reviews of the research evidence, each followed by commentaries produced by psychiatrists from various countries and representing different schools of thought. Nine volumes exist, several in second or third edition and several translated into various languages including Russian, Spanish, Portuguese, Italian and Turkish. A volume is forthcoming on Substance Abuse Disorders. The series *Anthologies of International Psychiatric Texts* (Series Director D. Moussaoui) and *Anthologies Online* includes classical texts produced by psychiatrists of a given country or group of countries published in English for the first time, accompanied by essays on their authors. Electronic versions are now available through the WPA website and link to Wiley-Blackwell Interscience. The series *Images of Psychiatry* illustrates the depth and breadth of experience in psychiatry around the world.

All Wiley-Blackwell books published for WPA are available online. Translation into additional languages and appropriate ways to disseminate books and electronic content to colleagues in low- and middle-income countries are under continuing discussion with publishers.

### WPA Books Published by Wiley-Blackwell

All available at 20% discount price to members of WPA Member Societies, through link from www.wpanet.org/publications

#### Forthcoming


#### New

- See also Online Anthologies of International Psychiatric Texts (below)

#### Published

- Disaster and Mental Health. Editors: Juan José López-Ibor, George Christodoulou, Mario Maj, Norman Sartorius, and Ahmed Okasha. 2004. ISBN 9780470021231
The World Psychiatric Association (WPA)

The WPA is an association of national psychiatric societies aimed to increase knowledge and skills necessary for work in the field of mental health and the care for the mentally ill. Its member societies are presently 135, spanning 117 different countries and representing more than 200,000 psychiatrists.

The WPA organizes the World Congress of Psychiatry every three years. It also organizes international and regional congresses and meetings, and thematic conferences. It has 65 scientific sections, aimed to disseminate information and promote collaborative work in specific domains of psychiatry. It has produced several educational programmes and series of books. It has developed ethical guidelines for psychiatric practice, including the Madrid Declaration (1996).

What are its Aims?

The core missions of WPA include the following:

• To encourage the highest possible standards of clinical practice
• To increase knowledge and skills about mental disorders and how they can be prevented and treated
• To promote mental health
• To promote the highest possible ethical standards in psychiatric work
• To disseminate knowledge about evidence-based therapy and values based practice
• To be a voice for the dignity and human rights of the patients and their families, and to uphold the rights of psychiatrists
• To facilitate communication and assistance especially to societies who are isolated or whose members work in impoverished circumstances

WPA Executive Committee
President: Prof. Mario Maj (Italy)
President-Elect: Prof. Pedro Ruiz (USA)
Secretary General: Prof. Levent Küey (Turkey)
Secretary for Education: Prof. Allan Tasman (USA)
Secretary for Finances: Prof. Tsuyoshi Akiyama (Japan)
Secretary for Meetings: Prof. Tarek Okasha (Egypt)
Secretary for Publications: Prof. Helen Herman (Australia)
Secretary for Sections: Prof. Miguel R. Jorge (Brazil)

WPA Council
Prof. E. Peter Berner (France)
Prof. Jorge A. Costa e Silva (USA)
Prof. John Cox (UK)
Prof. Felice Lieh-Mak (China)

WPA Standing and Operational Committees
Standing Committee on Ethics
Sam Tyano (Chair)
Paul Appelbaum (Member)
Julio Arboleda-Florez (Member)
Afzal Javed (Member)
Constantin Solodatos (Member)

Standing Committee on Nominations
Mario Maj (Chair)
Tsuyoshi Akiyama (Member)
Sheila Hollins (Member)
Fred Kigozi (Member)
Fernando Lolas (Member)

Standing Committee on Planning
Pedro Ruiz (Chair)
Levent Kuey (Co-chair)
Helen Herrman (Member)
Juan Mezzich (Member)
Tarek Okasha (Member)
Edgard Belfort (Consultant)
Tania Pen Valdes (Consultant)
Parameshvara Deva (Consultant)

Standing Committee on Review
Ahmed Okasha (Chair)
Donna Stewart (Co-chair)
Oye Gureje (Member)
Otto Steenfield-Foss (Member)
Nada Stotiland (Member)
Driss Moussau (Consultant)
Norman Sartorius (Consultant)

Standing Committee on Education
Allan Tasman (Chair)
Jerald Kay (Member)
Anne Lindhardt (Member)
Dan Stein (Member)
Pichet Udomratn (Member)
Bulent Coskun (Consultant)
Savita Malhotra (Consultant)
Brian Martindale (Consultant)

Standing Committee on Finances
Tsuyoshi Akiyama (Chair)
Florence Baingana (Member)
Francois Ferrero (Member)
Marianne Kastrup (Consultant)
Massimo Moscarelli (Member)

Standing Committee on Meetings
Tarek Okasha (Chair)
Haroon Chaudhry (Member)
Rodrigo Cordoba (Member)
Alberto Monchablon (Member)
Jini Raboch (Consultant)
Fouda Anton (Consultant) (Deceased)

Standing Committee on Publications
Helen Herman (Chair)
Helen Chiu (Member)
Jair Mari (Member)
Christopher Szabo (Member)
Peter Tyrer (Member)
Christian Kieling (Consultant)
Vikram Patel (Consultant)
Garry Walter (Consultant)
Michelle Riba (Special Adviser)
Driss Moussau (Special Adviser)

Standing Committee on Sections
Miguel Jorge (Chair)
Michaela Amering (Member)
Luis Salvador-Carulla (Member)
Russell D’Souza (Member)
Ron Wintrob (Member)

WPA Board (Zonal Representatives)
Z1 Canada:
Prof. Raymond Tempier (Canada)

Z2 United States of America:
Prof. Michelle B. Riba (USA)

Z3 Mexico, Central America and the Caribbean:
Dr. Mauricio Sanchez (Nicaragua)

Z4 Northern South America:
Dr. Fabrizio Delgado (Ecuador)

Z5 Southern South America:
Dr. Luis Risco (Chile)

Z6 Western Europe:
Prof. Linda Gask (UK)

Z7 Northern Europe:
Dr. Henrik Wahlberg (Finland)

Z8 Southern Europe:
Prof. Miguel Rosa Bennasar (Spain)

Z9 Central Europe:
Prof. Dusica Lecic-Tosevski (Serbia)

Z10 Eastern Europe:
Prof. Armen Soghoian (Armenia)

Z11 Northern Africa:
Prof. Driss Moussau (Morocco)

Z12 Middle East:
Prof. Charles Baddoura (Lebanon)

Z13 Central and Western Asia:
Dr. Joseph Adeyemi (Nigeria)

Z14 Eastern and Southern Africa:
Prof. Solomon Ramaeane (South Africa)

Z15 Central and Western Asia:
Dr. S. Ahmad Jalili (Iran)

Z16 Southern Asia:
Dr. E. Mohandas (India)

Z17 Eastern Asia:
Prof. Naotaka Shinfuku (Japan)

Z18 Australasia and the South Pacific:
Dr. Julian Freidin (Australia)

Prof. Juan J. López-Ibor (Spain)
Prof. Juan E. Mezzich (USA)
Prof. Ahmed Okasha (Egypt)
Prof. Pierre Pichot (France)

Prof. Norma Sartorius (Switzerland)
Prof. Finni M. Schulsinger (Denmark)
Prof. Costas Stefanis (Greece)
Prof. Sam Yano (Israel)

WPA Secretariat
Administrator
Ms. Anna Engstrom (Sweden)
Deputy Administrator
Ms. Pamela Atiase (Switzerland)

Geneva University Psychiatric Hospital
Bâtiment Les Voiron
2 Chemin du Petit Bel-Air
1225 Chêne-Bourg
GENEVA
Switzerland

Tel: +41 22 305 5737
Fax: +41 22 305 5735
Email: wpasecretariat@wpanet.org
WEBSITE: WWW.WPANET.ORG

This WPA News June 2010 issue is printed on re-cycled paper.