



# W P A N E W S

Third Quarter 2006

## From the Secretariat

# Greetings

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ASOCIACIÓN MUNDIAL DE PSIQUIATRÍA

This issue of WPA News is 'focussed on Europe', where the first "WPA" Congress was held in Paris (1950), in the aftermath of the world war. The 2005 General Assembly likewise expressed a strong wish in the Cairo Declaration that the WPA should continue, through its professional activities, to be actively concerned with the psychosocial consequences of war and mass violence.

In this regard the five European Zonal Representatives report how their work of enhancing international communication is ongoing; and the leaders of AEP, Psychiatry Board of the EU, and WHO/Europe each describe how they

makers current clinical and scientific knowledge about mental disorder and its social consequences.

The President's important meeting with Nordic leaders in Tampere, Finland (see photo below) and with French and Spanish national leaders in Marseille and Seville (pages 2 and 3), similarly illustrate the theme of this issue as well as the energy of the Executive Committee, the Board members and leaders of national societies.

The WPA Task Force on Mass Violence and Mental Health (chaired by Prof. Dusica Lecic-Tosevski from Serbia) is with increased urgency commencing its work and welcomes ideas. The mural in the Council Room of the

Palais des Nations in Geneva by the Spanish artist Sert, for example, is inspirational and depicts the 'evocation of peace' and the destruction of instruments of war.

The Secretariat in Geneva therefore wishes all WPA members a peaceful Christmas and New Year.

We look forward to working with you in 2007 and to WPA meetings around the world.

*Prof. John Cox*

*WPA Secretary General*



*L to R: Profs. G-R Thorsen, C Spjut, NN, M Kastrop, M. Nordentoft, JE Mezzich, O Steinfeldt-Foss, H. Nybäck, J Korkkila, K Norström, H Olafsdottir, N Lindefors and S Palsson, members of the Northern European Joint Committee meeting with the WPA President in Tampere, Finland on August 16, 2006.*

## Executive Committee Teleconference in September 2006

On September 18, 2006, the WPA Executive Committee (EC) carried out a productive teleconference during which a number of institutional developments were discussed, bridging the EC Istanbul meeting in July and that in Lima in November.

The leadership of the Melbourne International Congress was reviewed. Reflecting the critical role in this Congress of the Royal Australian and New Zealand College of Psychiatrists, its president, Dr. Julian Freidlin, is the new Chair

of the Organizing Committee, while Professor Helen Herrman, WPA Secretary for Publications, is its Co-Chair. With respect to the next World Congress in Prague, the composition of the Supervisory Committee, chaired by the WPA President, was delineated. Professor Mario Maj has agreed to chair its Scientific Committee.

Proposals on bidding and selection procedures for WPA International Congresses, incorporating recommendations submitted by Zonal

Representatives, were presented and discussed, with the expectation that they be finalized in Lima for incorporation in the 4th edition of the Manual of Procedures. The EC agreed to a statement on Violence and Mental Health in the Middle East, which takes into account valuable initiatives of the Lebanese, Israeli and Palestinian Psychiatric Associations in interaction with the WPA Institutional Program on Disasters Response and the new Task Force on Mass Violence and Mental Health.

## A Rich Quarter of WPA-Related Conferences in Europe

Most WPA Member Societies organize periodically national Congresses and events which, in addition to rich scientific and cultural programs, offer natural opportunities for discussing WPA strategies and perspectives, local realities and needs, and upgraded collaboration between national and regional societies and WPA as a whole. The WPA President and other EC Members, often in collaboration with Zonal Representatives, are increasingly visiting regional and national Congresses.

This June, the Czech and the Slovak Psychiatric Associations held national Congresses. The first one, on June 8-10 in Splinderuv Mlyn, was attended by the WPA President who lectured on the emerging development of ICD-11 and related diagnostic systems and met with national society leaders. Two weeks later, on June 22-24 in Jasna, the WPA President, Secretary General and Zonal Representative for Southern Europe participated in the Slovak national Congress, contributed to its scientific program and met with society, section and young psychiatrist officers (see photo below).

On August 16-19, the Nordic European Psychiatric Congress took place in Tampere, Finland. This was inscribed within a venerable Scandinavian tradition of periodic encounters of Finnish, Swedish, Danish, Norwegian, and Icelandic societies, which in recent years have also included Baltic associations as components of the WPA Northern European Zone. A well developed scientific program highlighting



*Profs. JE Mezzich, J Cox and L Kuey in the company of Slovak and Czech leaders in Jasna, June 23, 2006.*



*Profs. JE Mezzich and M Kastrup meeting with young psychiatrist representatives from Scandinavian countries in Tampere, Finland on August 17, 2006.*

clinical tools, was complemented by Nordic cultural activities. The WPA President was invited to participate in the whole program, including lecturing on the development of new diagnostic and classification systems and meeting with the whole Joint Nordic Committee, including representatives of national societies and Professors M. Kastrup (Northern Europe Zonal Representative) and O. Steinfeldt-Foss (WPA Review Committee) and with a growing young psychiatrist component from across Scandinavia (see photo above). Particularly stimulating has been the great interest evidenced by Nordic psychiatrists on the WPA Institutional Program on Psychiatry for the Person as well as on the growing development of the WPA continental regions.

The Société de L'Information Psychiatrique (French organization of psychiatrists in public service) held its national Congress in Marseille on October 11-14, 2006 with a scientific program focused on a comprehensive review of clinical depression. The WPA President and the Zonal Representative for Western Europe were invited to participate in the various aspects of the program including an international roundtable on nosography and diagnosis as well as on meetings with representatives of all the French Member Societies of WPA (see photo above, right). This important cluster of WPA Members, fundamental in the organization of the first World Congress of Psychiatry in Paris in 1950, is now a major contributor to the



*Seated L to R: Profs. M Botbol (WPA Western Europe Representative and representative of the Association Française de Psychiatrie), JE Mezzich (WPA President), and N Garret-Gloanec (President of the Société de L'Information Psychiatrique). Standing L to R: A Besse (representative of Association Française de Private Practice Psychiatres), and Y Thoret, E Marcel and P Chenivesse (President, Secretary, and Treasurer, respectively, of L'Evolution Psychiatrique).*

development of the European Region of WPA.

On October 17-19, 2006, the Spanish Society of Psychiatry celebrated its national Congress in the Andalusian city of Seville. Also participating were leaders of the Spanish Association of NeuroPsychiatry, a WPA member as well. WPA EC invitees included the President and the Secretary for Meetings. This event facilitated a number of institutional meetings. One of the highlights of its scientific program was a Plenary Session on New Diagnostic Classifications (see photo below).



*L to R: Profs. J Giner, JE Mezzich, R Alarcon, W Narrow, S Cervera and J Bobes, participants in the Plenary Session on New Diagnostic Classifications at the Spanish Society of Psychiatry Congress, Seville, October 18, 2006.*



*L to R: JE Mezzich (WPA President) and P Garrison (WFMH Secretary General) during the latter's visit at the WPA President's Office in New York, August 22, 2006.*

## WFMH Secretary General Visits the WPA President in New York

On August 22, 2006, Mr. Preston Garrison, Secretary General of the World Federation for Mental Health (WFMH) visited with Prof. Juan E. Mezzich at the WPA President Office in New York (see adjacent photo). This unprecedented visit followed a period of increasing interaction between WFMH and WPA officers. The WFMH includes in its constituency and Board patients, families, as well as mental health advocates and professionals. WPA, as we know, is the world's largest psy-

chiatric organization composed of 131 national psychiatric societies and representing over 200,000 psychiatrists across continents.

The purpose of the visit was to explore the establishment of a formal collaborative agreement between these major international organizations. Prospective cooperative points may include partnership in key programmatic areas and reciprocal participation in each institution's congresses. Each institution's executives are in the process of reviewing the proposed agreement.

## WPA Election Guidelines and plans for an Independent WPA Electoral Commission

Significant refinements in institutional procedures, including those related to the electoral area, have taken place during the past several years, through the establishment of the Manual of Procedures, the fourth edition of which is being currently completed. Through the dedicated work of the current Standing Committee on Nominations (composed of Profs. JE Mezzich, Chair, J Arboleda-Florez, A Besse, A Javed & M Maj) an even more substantial upgrading of nominations and electoral procedures is taking place. Helpful in this work has been the input provided by a Task Force chaired by Prof. Felice Lieh-Mak. The final guidelines agreed to by the Nominations Committee, were reviewed and approved by the Executive Committee in Istanbul, and have been presented in the October 2006 issue of the WPA Electronic Bulletin, and

will be incorporated in the upcoming edition of the Manual of Procedures. Among their highlights is the regulation of electoral activities, including the provision that candidates shall not commence any election promotional activities before a formal call for nominations, which is scheduled to take place nine months before the General Assembly.

Furthermore, the Nominations Committee, in order to optimize the efficiency and accuracy of the voting and its counting and reporting, has agreed to explore the possible use of electronic procedures upon the approval of the Executive Committee, Board and General Assembly.

Of even more transcendental importance, the

Nominations Committee has agreed to recommend, through amendments of the Statutes and By-Laws, the establishment of an independent Electoral Commission to rule the whole process from the request for nominations to the culmination of the electoral act. Its composition would exclude current and past members of the Executive Committee, Board and Advisory Council as well as current presidents of Member Societies.

*Candidates shall not commence any election promotional activities before the formal call for nominations*

*An independent Electoral Commission is being proposed*

## A Sample of Major Latin American Events

On October 3-6, 2006 the Argentinean Association of Psychiatrists (AAP) held its 13th International Congress in Buenos Aires. Its multitudinous participants enjoyed a rich scientific and social program. The WPA President attended the opening session where he discussed new WPA global strategies and later offered a lecture on the building of ICD-11. He held meetings as well with Latin American society representatives present at the event. As part of the effort of WPA and its Classification and Diagnostic Assessment Section to stimulate national classification sections for participation in international research

and development, he participated in the formalization of the AAP Classification Section (see photo at left).



*L to R: Drs. L Diaz, M Uzcategui, JE Mezzich, G Ginnari, X Mazzarella and F Padilla at the Symposium on the Latin American Guide for Psychiatric Diagnosis (GLADP) at the XX Venezuelan Congress of Psychiatry, Merida, October 7, 2006.*

At the Andean city of Merida, on October 5-7, 2006, the Venezuelan Psychiatric Society celebrated its XX National Congress. The WPA President was invited to participate at the opening ceremony and to offer a lecture 'Towards a Psychiatry for the Person'. Furthermore, he and a group of Venezuelan psychiatrists presented a symposium on the Latin American Guide for Psychiatric Diagnosis (GLADP) (see photo above), an innovative system involving a comprehensive person-centered diagnostic model aimed at enhancing diagnosis and care in Latin America and to build experience and research pertinent

to the upcoming development of international diagnostic systems.

On October 25-28, 2006, the Brazilian Psychiatric Association celebrated in Curitiba its XXIV Brazilian Congress of Psychiatry. Attendance reached about 6,000 participants, mostly Brazilians with a significant international contingent. Among the invitees were the WPA President, the Secretary for Sections, the Secretary of Meetings, and the Zonal Representative for Southern South America. The congress' overall theme, *Medicine, Humanism and Neuroscience* was found to be consistent with WPA's Psychiatry for the Person. Furthermore, it was announced that next year's congress theme will be, *Psychiatry and Person: Embracing Plurality*. One of the highlights of the Curitiba Congress was a WPA/APAL Symposium on International Collaboration (see photo below).



*L to R: Profs. LS de Miranda Sa, M Jorge, J Vera, JE Mezzich, R Montenegro, M Brasil & MA Fresco, speakers at the WPA/APAL Symposium, XXIV Brazilian Congress of Psychiatry, Curitiba, October 27, 2006.*



*Seated L to R: Profs. JE Mezzich, M Braier, and N Marchant. Standing L to R: Profs. A Monchablou, T Rosan, R Corral and R Fahrner during the establishment of the Argentinean Association of Psychiatrists Section on Diagnostic Assessment, Buenos Aires, October 3, 2006.*

## Association of European Psychiatrists (AEP)

Prof. Dr. med. Henning Sass, AEP President

One important European heritage of the psychiatry for the world mental health is the conceptual history in the field of psychopathology, nosology and methodology as represented by authorities like Philippe Pinel, Dominique Esquirol, Bénédict-Augustin Morel, Wilhelm Griesinger, Emil Kraepelin, Eugen Bleuler, Sigmund Freud, Karl Jaspers, Kurt Schneider, Benjamin Rush, John-Hughlings Jackson, Henry Maudsley and others. Other crucial European contributions came from the fields of epidemiology, social psychiatry, mental health services researches, and psychopharmacology - just to mention a few, permitting significant advancement in knowledge and practices. Keeping alive these traditions and transmitting them into the present debates about functions and aims of our discipline is an essential mission of the Association of European Psychiatrists (AEP).

Although the integrative approach is more and more encouraged in the various European countries, there is still some heterogeneity within the European psychiatry: on one hand the countries where neuroscience is the dominating perspective also in the view of the public and on the other hand, the countries where more practical issues dominate the field, i.e., primary care, mental health perspective, community-care, and social work.

Difficulties arise from the vanishing boundaries which were formerly useful to organize the field: boundaries between neurology and psychiatry, between psyche and soma, between psychological, social and biological areas. The more such boundaries lose their importance, the more problems with identity float to the surface.

One could argue that the search for identity marks a rather conservative position, whereas the loss of boundaries is a natural consequence of the progress of knowledge. Yet,

some boundaries are still useful, e.g., to mark the different professional disciplines and their responsibilities.

Considering the struggle between disciplines the issue of "identity", and in particular of "European identity", is one of the most challenging areas AEP is facing. This is why AEP is an active partner in the process of discussing and implementing the "Helsinki Mental Health Declaration and Action Plan" together with important Psychiatric Societies all over Europe.

The path AEP has chosen to take this challenge up consists in continuously questioning its knowledge, transmit it to younger generations and learn from the variety of experiences. In this transmission and learning processes, AEP ceaselessly looks for areas of research, improvement and discovery. Instead of acting as an isolated entity, AEP fulfils its mission of improving the quality of mental health care throughout Europe, in a spirit of cooperation, joined activities and combined projects.

Our active participation in the European Leaders in Psychiatry European Task Force (AEP UEMS WHO WPA), which next meeting will be hosted during the 15th "European Congress of Psychiatry" organized by AEP (Madrid, Spain - March 17/21, 2007) contributes to stimulating the Psychiatric Associations of Europe for future collaboration. We hope that the activity of this Task Force leads to more continuity in the cooperation between policy makers and European Psychiatric Associations. We need longer living bodies and academic leadership to become partners for the official governmental institutions within the European countries as well as in the European Union and the Council of Europe. In addition, AEP gives full support to WPA activities in relation with

the WHO Helsinki Mental Health declaration, by highlighting the importance of mental health and mental health promotion, and similarly in the EU Green Paper.



In the last two years, AEP has strengthened its impact by cooperating with important international societies such as the American Psychiatric Association (APA) and the European College of Neuropsychopharmacology (ECNP) by initiating joint symposia during their respective congresses. Also in joining the Board of European Brain Council (EBC), AEP shows its commitment to support the research in mental disorders and its dedication for the improvement of patient care.

Today, AEP plays a major role in adequately updating mental health professionals in Europe on recent clinical and service development by organizing annually "The European Congress of Psychiatry". AEP has clearly opted for intensifying its cooperation with the European Psychiatric Societies with the education as a spearhead to bring excellence to practitioners of all generations and various cultural backgrounds.

Twenty-three national Psychiatric Societies in Europe are now collaborating in the AEP Itinerant CME Courses programme: 35 CME courses, covering a broad spectrum of disciplines, can be offered by AEP renowned specialists originating from 12 countries. Since 2003, we co-organized, with no sponsorship from any drug company, 50 itinerant courses in 23 countries and trained 1500 participants. An increasing number of Non-European Societies are now approaching us to export our expertise outside of the European borders.

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### Working together to find solutions

Matt Muijen, Regional Adviser for Mental Health at WHO/Europe

It is now almost two years since the European Declaration for Mental Health was endorsed by all health ministers in the European Region of the WHO. The Declaration calls for an ambitious and wide ranging reform of mental health

care, combining a population based approach that optimises mental well being of the population with interventions benefiting people at risk of and those suffering from mental disorders. Obviously this poses a challenge for any country, and an agenda beyond the scope

of any single agency.

Undeniably there are still many problems facing mental health care and psychiatry in Europe. Some countries are only beginning to close asylums, struggling to develop alternative forms of care. This is not simply

a question of vision and strategy, but is often linked to lack of funding and human resources. Indeed, these are often the countries having to deal with an outflow of professionals. Other countries are trying to deal with the consequences of transition, migration, substance use disorders and suicide, all affecting people suffering from mental disorders particularly severely. Many countries are faced with both simultaneously. All are dealing with the consequences of stigma and discrimination.

Although a single Region, the diversity of Europe is striking, comprising a wide range of cultures, languages, and health systems. For example, the role of family doctors shows tremendous variation, as do funding systems. The imposition of a simplistic standard solution is unrealistic and rightly resented by countries. Therefore, partnerships with local experts and change agents are essential, particularly if this can achieve an interaction between the political and practice level. The WHO and the WPA seem to be natural partners to achieve those

objectives. The zonal system of the WPA is an asset WHO is keen to use in Europe for its work, since it can offer effective local representation, particularly when combined with WHO collaborating centres. More and more the realization that we complement each other and make a greater impact together is stimulating us to develop policies and programmes in partnership. There are so many challenges affecting all of us that it is imperative to share the burden of tackling them.

## Training, Migration and Standards - a European Perspective

Dr James G. Strachan

President, European Board of Psychiatry, UEMS

Royal Edinburgh Hospital, Edinburgh EH10 5HF, Scotland, UK

WHO and WPA boundaries for Europe are wider than those of the European Union, but increasingly nearly all European states, however defined, seek to align themselves with the EU. As they do so, their medical specialities have to be adjusted to the expectations of the Treaty of Rome and to subsequent EU directives. Within the EU, there is now freedom of migration for professionals wishing to pursue their career in any member state, providing they can show completion of specialist training in one constituent country. Though in consequence individual opportunities expand, the implications for the practice of psychiatry are everywhere immense.

The problems to which this gives rise have deep roots. Psychiatry has been riven by dissent concerning both theory and practice since its conception, and, as a result, very different approaches have developed historically, reflecting different national and even regional philosophies. Investment in services has been similarly varied: some have undertaken construction of grandiose asylum schemes in the late nineteenth and early twentieth centuries and then seen a long period of subsequent quiescence, whilst others have moved away from that towards new ideas of community delivered care. Even the formulation and

implementation of national mental health laws reflect a diversity of local processes and practice, and not any unified approach to what is fundamentally an aspect of civil rights.

To bring some coherence to each medical training speciality, UEMS (Union Européenne des Médecins Spécialistes) Section and Boards have been established, and each national medical association is entitled to send two representatives to these. Unsurprisingly, surveys by UEMS of its psychiatry membership have revealed marked diversity in training as well as in practice. The content of curricula is varied, the process of training likewise. There is a range of experience in training rotation, length of placements, psychotherapy experience and the balance between hospital and community experience. The distinction between what might be termed the clinical supervision of day-to-day patient care and educational supervision orientated to the trainee's pedagogic needs is also at variance.

Whether such variations reveal strengths or weaknesses in training is at present largely unexplored. Relatively few European psychiatry training schemes have national postgraduate examinations assessing competency

both of theoretical knowledge and of practical ability which might make comparisons easier. Perhaps even more of a problem is a deficit of any meaningful independent audit by external agents of the content and procedures of training. Those few countries which have engaged in such process have found the quality of training can be markedly enhanced through the reflections on the training process which this encourages. They find there is often a discrepancy, for example, between what in theory is being provided in training and how the trainee views the experience in practice. Any mismatch can thereby be identified and addressed. It sometimes takes an outsider to identify under-utilised opportunities or to uncover unacceptable training practices. Given political sensitivities and national priorities, the process needs to be one supportive of those endeavouring to provide the training, who are often operating in difficult circumstances. But it seems clear that the establishment of a system which is both fair and encouraging to good practice must be a challenge primarily for national rather than international systems. The UEMS role is likely to remain that of encouraging the development of structures enabling this to occur.



## Report from Prof. Michel Botbol

### WPA Zonal Representative for Western Europe (Zone 6)

A little more than one year after the beginning of my charge as Zonal Representative for Western Europe, I measure more precisely the main issues of my task for a WPA Zone that counts some of the richest countries in terms of resources and psychiatric traditions.

1. With some notable exceptions, there is still a too limited involvement in WPA of many of our national societies. Pretty much has been done over the last few years but much still remains to be done to demonstrate the usefulness of an international representation of our discipline sometimes difficult to understand by policy makers, and to finance by stakeholders.
2. Things are certainly even more difficult for French-speaking societies, many of them having gradually abandoned the WPA institutional work to their English-speaking colleagues. This lack of investment is notable not only in France (in spite of the fact that Paris was the cradle of WPA more than 50 years ago) but also in most of French-speaking countries in Europe, and in other continents.
3. The growing importance of European continental levels of policy-making in mental health is imposing on us to develop a strong WPA representation at this new



level. Together with the other crucial components in our field (WHO European Regional Committee, Association of European Psychiatry, and UEMS Psychiatric section) we should then follow the path opened

by the European Task Force, and specially Brian Martindale (former Representative of our Zone), in a joint effort with the other European Zonal Representatives. The last WPA Congress in Istanbul launched

a new step in this direction that needs strong commitment of all member societies in our Zone.

Let's hope that this will allow us to find efficient ways to defend the richness of

our psychiatric traditions and science for the benefit of the patients, their family, and their carers.

## Focus on Europe

### Marianne Kastrup, WPA Zonal Representative for Northern Europe (Zone 7)

**W**PA is the most important professional organization in psychiatry. This is a tremendous achievement that gives ample opportunity for the future of psychiatry in the European region as it has a tightly knit network of professionals that through the WPA Components and Member Societies contribute to the fulfillment of the WPA goals. To achieve these goals, the importance of collaborating with other international organizations, like WHO, and NGOs, is increasingly recognized.

Focusing on the European scene, certain aspects have particular importance. Among them are:

- That despite cultural similarities, the region is characterized by a large diversity in the development of mental health care systems and access to adequate care.
- That the region has an important task in implementing the Action Plan adopted at the WHO European Ministerial Conference on Mental Health in January 2005. This Action Plan has among other things an emphasis on promoting the prevention of mental disorders, and the de-stigmatization of the mentally ill.
- That we have seen the development of an EC Green Paper on Mental Health focusing on an EU Strategy on Mental Health and Well Being that has a public health approach to positive mental health for all populations in the Member States of the EU.
- That the European Brain Council has produced a document on the neuropsychiatric disorders seen in a European health economic perspective. Projections to 2020 show that

the neuropsychiatric disorders will increase their percentage from approximately 10,5 % of the total burden of disease in 1990 to 15 % in 2020. In Europe, the neuropsychiatric disorders comprise more than 40 % of the chronic disorders .

- That mental disorders and mental well-being are thus on both the political as well as the professional agenda in the region.

Faced with this situation, several initiatives are welcomed and should be encouraged:

- The work of the Task Force established already with fine collaboration within the European countries between WPA, the European Association of Psychiatrists, UEMS and the WHO Regional Office in Europe. This work focuses among other things on consolidating the network of European Leaders in Psychiatry and on the establishment of common CME credits in Europe. The meetings for European Leaders of Psychiatry - with the participation of among others Presidents of the European Member Societies - take place on an annual basis focusing on pertinent issues in European Psychiatry and are seen as a very important and useful tool for networking among European Member Societies.
- To work for further consolidation of the very fine inter zonal collaboration among the European ZRs. At the WPA Congresses it should be encouraged to have regular meetings of the European ZRs to discuss issues of common interest.

- To use electronic communication in consolidating the contact among European ZRs and establish a more formal circular communication with the E.C., to be of use for the E.C., between Board meetings. The E.C. could benefit from having regular communication with the ZRs from the European region on topics that are pertinent to the region and that are to be discussed at the E.C. meetings thereby getting a closer feedback from relevant bodies when taking decisions.



- To plan symposia at the WPA Congresses as a result of this inter zonal collaboration with themes that reflect the European scene.
- To use the opportunity of the XIV WCP in Europe to encourage collaboration between its Member Societies and the Scientific Committee of the XIV WCP in Prague to increase the contribution and impact of the European region.
- The focus on young psychiatrists in recognition of the shortage of psychiatrists in many European countries. Initiatives are taken in several countries and should be coordinated in order to recruit young medical undergraduates to enter psychiatry and to encourage young psychiatrists to join existing networks for trainees.
- To work further on delineating what is meant by a European identity within mental health.
- To work for the monitoring of ethical standards and continuously developing new ethical guidelines.

## WPA in Europe / Europe in WPA

Levent Küey

### WPA Zonal Representative for Southern Europe (Zone 8) and WPA European Region Coordinator

The WPA International Congress held in Istanbul, Turkey on July 12 to 16, 2006 had accommodated some important organizational meetings concerning the collaboration of psychiatric associations in Europe.

#### Meeting of the WPA Region: Europe, July 12, 2006, Istanbul

During these series of innovative meetings, the leaders of the WPA Member Societies had a chance to meet with their corresponding Zonal Representatives by their WPA Regions. These "Meetings of the WPA Regions" also gave the chance to the Zonal Representatives of that particular Region to review and discuss their work plans and issues regarding the mental health problems in their Regions. Each meeting was run by the corresponding Zonal Representatives with the participation of Member Society and Affiliated Association leaders.

The Meeting of the WPA Region: Europe, chaired by Levent Küey (WPA Southern Europe Zonal Representative) was attended by Marianne Kastrup (WPA Northern Europe Zonal Representative), Dusica Lecic Tosevski (WPA Central Europe Zonal Representative), Michel Botbol (WPA Western Europe Zonal Representative), Armen Soghoyan (WPA Eastern Europe Zonal Representative), and by nearly fifty leaders of the WPA European Region Member Societies.

The participants elected Levent Küey as European Regional Coordinator and noted that this region includes some of the world's largest and better established psychiatric societies as well as a number of emerging ones. The Region witnesses dynamic psychosocial transitional processes, an increasing relevance of the European Union, an increasing focus on the role of psychiatry and the psychiatrist and the organizational matters and educational issues. The participants recommended that Zonal Representatives increase further their visibility and impact in the life of WPA, continue interacting with European leaders

of psychiatry at all levels, and develop joint initiatives in the area such as a WPA European Regional Congress.

#### The 7th European Leaders of Psychiatry Meeting, July 13, 2006, Istanbul

The 7th European Leaders of Psychiatry Meeting organized by the European Task Force (AEP-UEMS-WHO-WPA) was held during the WPA International Congress, July 12-16, 2006, Istanbul, Turkey.

The main topic of this meeting, attended by nearly fifty leaders of the psychiatric societies and the representatives of the European and international psychiatric organizations such as WPA, AEP, UEMS, WHO and EFPT, was "Helsinki Mental Health Declaration and Action Plan: The Role of the Psychiatric Societies".

After the lecture given by Matt Muijen (WHO EURO) on the problems of the implementation of The Helsinki Mental Health Declaration and Action Plan, during the last 18 months since January 2005, the discussions were stimulated by the contributions of Rachel Jenkins on "Public Mental Health Perspectives"; of Julian Beezhold as the representative of EFPT on "Perspective of Young Psychiatrists and Trainees"; of Michaela Amering on "Perspective of Users and Care Givers"; of Marianne Kastrup as the representatives of AEP; of Anne Lindhardt as the representative of UEMS-Section of Psychiatry; of Juan E. Mezzich as the WPA President; of John Cox as the WPA Secretary General; of Norman Sartorius as WPA Council Member; and of Levent Küey as WPA Southern Europe Zonal Representative and WPA European Regional Coordinator.

The participants shared the principles of the Helsinki Declaration and discussed the problems of implementation in different countries. It is stated that in the WHO-WPA European Region, while some countries had made considerable progress, some are either on their way or had just started in this process. These variations



*European Leaders of Psychiatry Task Force Meeting during the WPA International Congress 2006, Istanbul. Left to Right: Levent Küey (WPA), John Cox (WPA), Marianne Kastrup (AEP), Anne Lindhardt (UEMS), and Matt Muijen (WHO).*

were mainly due to the differences in the degree of the political will and the power of the official governmental bodies. Besides, the lack of continuity of the policy makers also caused some challenges of cooperation. The need for longer living bodies and academic leadership was expressed. In this perspective, the importance of the collaboration of the WHO and the non-governmental psychiatric organizations, as the WPA Member Societies of the European Region, in persuading the ministries of health in taking the necessary steps, was raised. It was also agreed upon that the mental health issues in a broader sense constitute complementing elements of the identity of psychiatry and the psychiatrists in Europe, especially in concerting a balance between prevention, promotion and treatment. The role of international psychiatric organizations was discussed in detail during this nearly four-hour session.

As a result, the participants of this meeting emphasized the need of the continuing work of the European Task Force which stimulates the psychiatric associations of Europe for future collaboration.

#### The meeting of the European Task Force for Psychiatry (AEP-UEMS-WHO- WPA)

The meeting of the European Task Force for Psychiatry (AEP-UEMS-WHO-WPA) was held on July 13th, 2006, just after the 7th European Leaders of Psychiatry Meeting.

Marianne Kastrop, representing AEP; Anne Lindhardt, representing UEMS; Matt Muijen representing WHO; John Cox and Levent Küey, representing WPA had attended this meeting (see photo).

After expressing the general satisfaction of the work of the Task Force, ways of improv-

ing these efforts were discussed. Mainly due to the changes in the offices of the relevant associations, the Task Force Membership was reconstructed as John Cox (Chair) and Levent Küey (Secretary) representing WPA; Matt Muijen representing WHO; and the President and Vice-President of AEP and the Presidents of UEMS Section and Board of

Psychiatry, representing their associations.

Next meetings of the "European Task Force for Psychiatry" and "the European Leaders of Psychiatry" were planned to take place during the AEP Congress, March 17-21, 2007, Madrid, Spain.

## Mental health care in Central Europe - from conflict to collaboration Prof. Dusica Lecic Tosevski, WPA Zonal Representative for Central Europe (Zone 9)



**M**ental health care is different in countries of Central Europe, due to many reasons. Some of the countries are already members of the European Union (Czech Republic, Hungary, Poland, Slovakia and Slovenia), some will soon become members (Bulgaria and Romania) and others, like the Balkan countries, are still on a waiting list. However, in spite of the differences, there are similarities due to social transition that many countries are still facing. I will focus here on the Balkan countries and a movement towards renewal of collaboration, reform of psychiatry and harmonisation of mental health policies which have started in this region.

### Challenges affecting mental health care

The history of the region is characterized by destruction and revival. The conflict in the Balkans in the last decade of the 20th Century caused severe traumatic experiences, due to combat, detention and torture, bombardment and UN sanctions. Due to forced migrations, about two million people have been uprooted.

Social transitions have caused high unemployment rates ranging from 29% in Serbia, to 42% in Bosnia. GDP product per capita is 756-2295 dollars. National debts are high, and the percentage of GDP for health care is low. Under such circumstances, the health system has deteriorated and mental health care reform is not an easy task.

Mental disorders are on the rise as a consequence of disastrous years. The prevalence of stress disorders is high, as well as of depression, suicide rate, substance abuse,

psychosomatic disorders, delinquency and violence. The burnout syndrome is frequent among physicians who shared adversities with their patients.

### Partnership for mental health

Stability Pact for Southern Europe (SEE) and the Balkans is an excellent example of a good collaboration. The international community decided to take a proactive attitude instead of intervening during crisis only. So, it undertook a comprehensive, long-term conflict strategy. Eight countries in the region (now nine, since the region is continuously producing new countries) - Albania, Bosnia, Bulgaria, Croatia, FYROM, Moldova, Montenegro, Romania and Serbia - are included in a multicentric program on mental health: *Enhancing social cohesion through strengthening community mental health services in SEE*.

The program started in 2002 and is supported by donor countries, such as Greece, Italy, Belgium and the WHO. It has three components: 1) Harmonization of mental health policies and legislation related to it. All the countries prepared their national policies, according to WHO guidelines and the WHO Helsinki declaration. The countries also drafted laws for protection of rights of the mentally-ill. 2) Each country was obliged to open pilot community mental health care centres (CMHC). 3) Component three is ongoing and deals with the training courses for staff working in CMHC.

Another example of partnership is harmonisation of training. Since 2002, joint courses for training general practitioners in mental health care are organized in Bosnia and Serbia. The training is supported by the

Committee for Human Rights of the Norwegian Medical Association.

### STOP & CONNECT

Armed conflicts in ex-Yugoslavia exposed a significant number of people to stressors of severe intensity. So, STOP and CONNECT are two important words for the region. Not only words, they are two multicentric studies supported by the European Commission. The STOP study investigates PTSD in refugees and the CONNECT study focuses on the long-term clinical and social outcomes of people who have experienced war in countries of ex-Yugoslavia, and on refugees in Western Europe. The same study protocol is applied in eight centres in the United Kingdom, Germany, Italy, Serbia, Croatia, Bosnia-Herzegovina, and FYROM. The results should help to develop effective services for populations that experience traumatic events.

### Psychiatric association of Eastern Europe and the Balkans

Collaboration in the region is strengthened with the WPA institutional program for South-Eastern Europe and the Balkans, chaired by Prof. George Christodoulou. This program is now part of the Psychiatric Association of Eastern Europe and the Balkans, affiliated to WPA.

I believe that partnership for mental health in the region will, hopefully, contribute to conflict resolution and reconciliation which are important tools of healing the scars and preventing future spiral of violence.

## Challenges of Zone 10

Prof. Armen Soghoian, WPA Zonal Representative for Eastern Europe (Zone 10)



Geographically, Zone 10 is probably the largest zone in the region, and is located in Eastern Europe and the northern-central part of Asia. The countries in Zone 10 are historically connected, but represent different ethnics and cultures. After the collapse of the Soviet Union some of these countries have faced unclear political and national questions, and in some cases even armed conflicts, violence and displacements. Market economy especially affected the old generation in these countries. The mental health of the population in general was influenced by the hard social-economic conditions of a transitional period.

On the one hand, new perspectives and pos-

sibilities were established for open-minded professionals; whereas on the other hand adaptation problems were experienced by those professionals who were unable to participate, and be integrated in the transition process.

During the Soviet regime, these countries developed a Psychiatry and service system. Currently, the criteria of this system are partly unacceptable; yet according to the Soviet standards, this was considered to be a well-established working system. After the collapse of the country and its ideology, the Psychiatric Care system reform was established and is still ongoing, although it is far from being desirable, in the absence of western requirements and standards, especially the malfunction of out-patient care.

We emphasize the importance of getting acquainted with the international experience and research study, and believe that the best way to go about this would be to translate the current scientific literature into English and publish it in professional journals, as well as to actively participate in conferences, giving opportunities to young psychiatrists.

It is very important for the psychiatrists of

the Zone to be involved in WPA. This would not only be a valuable contribution to WPA but would also improve the service in the Zone.

We consider the following activities important for the reforms and improvement of mental health in Zone 10:

- Improvement of network between Associations of Zone 10.
- Establish a network and collaboration with the neighbouring Zones and other organizations affiliated to WPA.
- Creation and implementation of programs to raise awareness about mental health issues in their countries.
- Try to make Educational programs for Psychiatry adopted with contemporary international standards and requirements for psychiatry Residents, Nurses, Social workers, clinical psychologists and allied professionals
- Encourage professionals from Zone 10 to participate in the network of currently active sections of WPA and other international and regional initiatives.

Current developments are changing the situation positively, and we are optimistic about the future.

## WPA Section on Perinatal Psychiatry and Infant Mental Health

Perinatal psychiatry is the medical field preoccupied by both parent and child's mental health. Parenthood and its vicissitudes as well as its expectations are studied both in themselves and in their paramount importance for the developing infant. Pathology of each one of the protagonists immediately impacts one or all of the others. Therefore both infant and parent will need to be managed in the event that one, the other, or all, are subject to mental or somatic pathology, stress and environmental trauma whether or not directly linked to the actual pregnancy or birth of a child.

The main objective of perinatal psychia-

try remains a comprehensive and multifactorial approach. Perinatal psychiatry and infant psychiatry therefore are centered on the foetus, the infant, its close environment (mother and father), family (grandparents, siblings, day care, etc.) and its social background, focused on family interactions and on their impact on the foetus and the infant.

The Perinatal and Infant psychiatry section of the WPA will be devoted to promote studies, clinical research, and treatment by both child and adult professionals, to create a vast movement in view of enhancing knowledge, bettering prevention and care to both infants and



their parents during this specific period of life.

**Dr. N. Garret-Gloaneac**, Chair, Section on Perinatal Psychiatry and Infant Mental Health  
**Dr. G. Danon**, Co-author

Third Quarter 2006

### WPA Section on Literature and Psychiatry

**Chair: Prof. Ahmad Mohit (Iran, WHO, Egypt)**

**Co-Chair: Prof. Yves Thoret (France)**

**Secretary: Dr. Ekaterina Sukhanova (USA)**

The WPA Section of Literature and Psychiatry has been formally approved at the Cairo World Congress in 2005. This recently formed Section is meant to build on the long-standing tradition of fruitful discourse between medicine and literature. When Jean Delay, the first president of WPA, was elected to the French Academy, one of the symbols he chose for his sword was a double-sided Janus, "since one part of our activity is turned towards science and the other towards letters". It is in this spirit of forging links between the disciplines and promoting a holistic approach towards mental health that the Section sets out to undertake its work.

Among the medical specialties, psychiatry is peculiarly culture-bound. Therefore, it may benefit from the study of works of literature in their relevant functions: as a source of information on occurrences, as a reflection of the dominant social and philosophical values and as a major cultural force contributing to the perception of mental health and illness.

The broad goals that the Section has identified for its future work are thus:

- Publication of the literary works by both patients and psychiatrists and other mental health professionals.
- Promoting research in concerned areas and working with the academic community for creating recommended bibliographies, curriculum development etc.
- Advancing and promoting the understanding between psychiatrists and other mental health professionals belonging to different cultures, through facilitating the exchange of their literary works and views; in order to advance the cause of *Mental Health for Peace*.
- Advocacy and attracting participation and support from patient groups, psychiatrists, other mental health professionals, artists, NGOs and private sector.
- Active participation in congresses, alone and in collaboration with other interested sections.

At the WPA International Congress in Istanbul this past July, the Section has held its first symposium under the title "Literature, a Mirror of the World," which included the following presentations: Prof.

A. Mohit, "Literature and Psychiatry: A New Section of WPA"; Prof. S. Villaseñor-Bayardo "Death and Exile in the Work of the Mexican Poet Rufo"; Prof. Y. Thoret, "Shakespeare's Play *Pericles*, Prince of Tyr: an Odyssey in the Eastern Mediterranean Sea"; and Dr. E. Sukhanova "Individual, Society, Text: a Three-Way Dialogue." The next symposium is planned for the WPA International Congress in Melbourne in 2007.

If you wish to join us or would like to know more about our work, we will be happy to hear from you. Please write to Dr. Ekaterina Sukhanova at [ekaterinas@verizon.net](mailto:ekaterinas@verizon.net). We are looking forward to welcoming new colleagues from around the world.



*First symposium of the WPA Section on Literature and Psychiatry, Istanbul, July 2006. Left to Right: Profs. A. Mohit and Y. Thoret, Dr. E. Sukhanova, and Prof. S. Villaseñor-Bayardo.*

### Applications for WPA Membership and Consultation

Applications by the **Jamaica Psychiatric Association**, and the **Libyan Association of Psychiatry, Neurology and Neurosurgery** to become Member Societies, as well as an application by the **World Fellowship for Schizophrenia and Allied Disorders (Canada)** to become an Affiliated Association of the World Psychiatric Association were received in the early part of this year.

The WPA Secretariat is now consulting with Member Societies and other WPA

components about these applications.

These three applications were carefully reviewed by the Executive Committee (EC) at its recent meeting in Istanbul, Turkey in July 2006, and were favourably received.

These applications will then be re-considered by the EC and a decision made about the admission of the Associations as ad hoc members pending ratification at the next General Assembly to be held in

Prague in September 2008.

#### Contact Persons:

- Prof. Winston De La Haye, President, Jamaican Psychiatric Association
- Prof. Aburkes Abduraouf, President, Libyan Association of Psychiatry, Neurology and Neurosurgery
- Dr. Trish Ruebottom, Executive Director, World Fellowship for Schizophrenia and Allied Disorders

### Appointment

The WPA congratulates Prof. Levi Lennart (Professor Emeritus of Psychosocial Medicine; and former Chair of the WPA Section on Occupational Psychiatry) on his recent election as Minister of Parliament of the Government of Sweden with a four-year mandate. Earlier this year, Prof. Levi received the 'American Psychological Association' and the 'US National Institute on Occupational Safety and Health' joint Lifetime Achievement Award. Read more about Prof. Lennart at [www.lennartlevi.se](http://www.lennartlevi.se).

## Major WPA Scientific Meetings

### WPA Regional Meeting, Budapest, Hungary, 20-21 January 2007



The invited participants of this Meeting are the members of the WPA Executive Committee, the presidents of the WPA Zone 9, and some neighbouring countries (involving 14 countries), and the representatives of the Hungarian Psychiatric Association, and those of Hungarian universities.

The topics at the Meeting are education in psychiatry, and suicide as a major problem in East Europe. There will be discussions about the general issues of the collaboration between WPA and the Member Societies of Zone 9.

**Contact person:** Prof. Ferenc Túry. Tel: +36 309638140. **Fax:** +36 3915312. **E-mail:** tury@axelero.hu.



### WPA Regional Meeting, Nairobi, Kenya, 21 - 23 March 2007 *Mental Health in Development*

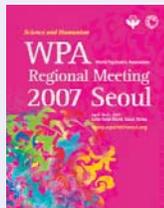
Under the theme 'Mental Health in Development', the World Psychiatric Community will meet in Nairobi from 21st to 23rd March 2007. It is expected that close to 1500 experts from all over the world will be able to experience a meeting of a lifetime.

The Safari Park Hotel provides a truly unique experience of Africa. The rich scientific program includes themes on HIV, Economics, Policy, Children, the Elderly, Spirituality and Sports among others.

The Kenya Government has committed all the required resources to ensure all delegates enjoy a peaceful, enjoyable, scientific and social encounter with Kenya. The pre- and post conference safaris have been arranged to fit all tastes and pockets.

It will be a privilege for Africa to host the world at the cradle of man.

**Organizer:** Kenya Psychiatric Association. **Contact:** Dr. Frank G. Njenga. **E-mail:** fnjenga@africaonline.co.ke. **Website:** www.WPA2007Nairobi.com.



### WPA Regional Meeting 2007 Seoul - Seoul, Korea, 18-21 April 2007 *Science and Humanism*

Welcome to the WPA Regional Meeting 2007 Seoul to be held on 18 - 21 April 2007, in Seoul, Korea, to be hosted by the Korean Neuropsychiatric Association!

A wide spectrum of psychiatry topics will be covered at the Meeting under the theme of "Science and Humanism". International experts will give lectures covering latest developments and there will be sessions which focus on the Asian regional situation such as the Disaster Psychiatry in East Asia and Asian Epidemiology. Meeting attendees will receive the most current information in basic and clinical research, educational courses, and a look at the techniques and cutting-edge technologies used by psychiatrists around the world. The World Association for Psychosocial Rehabilitation Regional Meeting accompanies this Meeting and it will enhance the scope of the Meeting.

Seoul is one of the most attractive cities in the world. You will find its unique charm of oriental traditions, natural beauty and inspiring modern architecture to be irresistible. We have arranged many interesting social activities and cultural experiences for participants to enjoy.

On-line abstract submission is available at the Meeting website and the deadline for early registration is 31 January 2007. For further information, please visit [www.wpa2007seoul.org](http://www.wpa2007seoul.org) or contact the Secretariat at: [secretariat@wpa2007seoul.org](mailto:secretariat@wpa2007seoul.org). **Tel:** +82-2-3452-7260. **Fax:** +82-2-521-8683

*Young Cho Chung, Chair of Organizing Committee*

## Major WPA Scientific Meetings

### WPA Thematic Conference "Coercive Treatment in Psychiatry: A Comprehensive Review" Dresden, Germany, 6 - 8 June 2007



The WPA Thematic Conference "Coercive Treatment in Psychiatry: A Comprehensive Review" to be held in the beautiful city of Dresden, Germany, 6 - 8 June 2007, will be the first international meeting devoted to examining this issue.

Our hope is that the clinical, ethical, political, and empirical aspects of involuntary institutional and community treatment will be fully and candidly explored at this gathering of mental health and legal professionals, policy makers, consumers, family members, and researchers from around the world.

While the fissures in this area run so deep and are so long-standing that achieving consensus is unlikely, our aspiration is that this historic meeting will sharpen moral issues, clarify political viewpoints, identify evidence-based practices, and share cutting-edge data on one of the most contested topics of our time.

All submissions referred to the aims of the conference are most welcome, and will contribute to organize an important scientific event!

**Website of the conference:** [www.wpa2007dresden.org](http://www.wpa2007dresden.org)

**Conference organizer:** INTERCOM Konferenzservice TU Dresden GmbH. Mrs. Ramona Kühne, Zellescher Weg 3, D-01069 Dresden, Germany **Tel:** +49 (351) 4633 3933. **Fax:** +49 (351) 4633 7049. **E-mail:** [rkuehne@intercom.de](mailto:rkuehne@intercom.de)

**Chairman of the Organizing Committee:** Prof. Dr. Thomas W. Kallert, Dresden University of Technology, Faculty of Medicine, Department of Psychiatry and Psychotherapy, Fetscherstraße 74, D-01307 Dresden, Germany

**Tel:** +49 (351) 458 3561. **Fax:** +49 (351) 458 5380. **E-mail:** [Thomas.Kallert@mailbox.tu-dresden.de](mailto:Thomas.Kallert@mailbox.tu-dresden.de)



### The 2007 WPA Shanghai Regional Meeting and CSP Annual Congress Shanghai, China, 20-23 September 2007

**Theme:** *Globalization and Psychiatry - The Regional View*

**President of the Conference:** Juan E Mezzich (USA).

**Chair of the Organizing Committee:** Zeping Xiao, Dongfeng Zhou.

**Co-Chairs:** Pedro Ruiz (USA), Sam Tyano (Israel), John Cox (UK).

**Chair of the Scientific Committee:** Mario Maj (Italy).

**Co-Chairs:** Norman Sartorius (Switzerland), Mingyuan Zhang (Shanghai), Allan Tasman (USA), Helen Herrman (Australia), Miguel Jorge (Brazil).

**Conference Venue:** Shanghai International Convention Center

**Website of the venue:** [www.shicc.net](http://www.shicc.net)

**Website of the conference:** [www.wpa2007shanghai.com](http://www.wpa2007shanghai.com) (under construction)

**Contact persons:** ● Grace Tang, Shanghai Mental Health Center. **Tel:** +86 21 34284810-3010 **Fax:** +86 21 64387986.

**E-mail:** [gracet0815@yeah.net](mailto:gracet0815@yeah.net).

● Mandy Fan, Director of Marketing & Operations, Asia Pacific, Shanghai AIMS-International Congress Services Ltd. **Tel:** +86 21 6249 32 62 -1009. **Fax:** +86 21 6249 15 71. **E-mail:** [mandy.fan@aims-international.com](mailto:mandy.fan@aims-international.com).

### WPA International Congress 2007, Melbourne, Australia, 28 November - 2 December 2007

The Congress will feature a high quality Scientific Program of global significance and regional relevance.

The Scientific Program will:

- Include papers on leading trends and research findings from a wide range of psychiatry and mental health perspectives
- Be cutting-edge, featuring the latest advances in treatment, service provision and mental health care
- Comprise an impressive line up of international speakers and opinion leaders from across the mental health arena



The Scientific Program offered at this Congress will be the highlight of 2007 for all those involved in mental health policy and clinical practice.

- Symposia and Workshop submissions have been extended.  
All Abstract Submissions now close 30 April 2007.

**Organisers:** Royal Australian and New Zealand College of Psychiatrists

**Email:** [wpa2007melbourne@meetingplanners.com.au](mailto:wpa2007melbourne@meetingplanners.com.au). **Website:** [www.wpa2007melbourne.com](http://www.wpa2007melbourne.com).



## Future WPA Scientific Meetings

**Prof. Pedro Ruiz, Secretary for Meetings, Professor and Vice Chairman, Department of Psychiatry & Behavioral Sciences  
University of Texas Medical School at Houston, 1300 Moursund Street, Houston, Texas 77030, USA  
Tel: +1 713 500 2799. Fax: +1 713 500 2757. E-mail: [pedro.ruiz@uth.tmc.edu](mailto:pedro.ruiz@uth.tmc.edu)**

15-17 November 2006: "Annual Meeting, Egyptian Psychiatric Association", Alexandria, Egypt. Organizer: Egyptian Psychiatric Association. Contact: Dr. Tarek Okasha. E-mail: [tokasha@internetegypt.com](mailto:tokasha@internetegypt.com).

17-19 November 2006: "Second International Conference, South Asian Association for Regional Cooperation (SAARC) Psychiatric Federation", Kathmandu, Nepal. Organizer: South Asian Association for Regional Cooperation (SAARC) Psychiatric Federation". Collaboration: Psychiatric Association of Nepal. Contacts: a) Professor Mahendra K. Nepal; b) Professor Roy Abraham Kallivayalil. E-mail: a) [mhp@healthnet.org.np](mailto:mhp@healthnet.org.np); b) [ktm\\_roykalli@sanchanet.in](mailto:ktm_roykalli@sanchanet.in).

22-26 November 2006: "37 Annual Scientific Meeting of the Association of Psychiatrists in Nigeria", Ibadan, Nigeria. Organizer: Association of Psychiatrists in Nigeria. Contact: Dr. Oye Gureje. E-mail: [ogureje@comui.edu.ng](mailto:ogureje@comui.edu.ng).

23-25 November 2006: "Regional Meeting of the Royal College of Psychiatrists (Middle East Division)", Beirut, Lebanon. Organizer: Middle East Division, Royal College of Psychiatrists. Contact: Dr. Fuad T. Antun. E-mail: [antun@cyberia.net.lb](mailto:antun@cyberia.net.lb).

24-26 November 2006: "Third International Mental Health & Cultural Psychiatric Conference", Melbourne, Australia. Organizer: Indo Australasian Psychiatric (IAPA). Collaboration: South Asian Forum on Mental Health. Contact: Dr. Russell D'Souza. E-mail: [rdouszal@bigpond.net.au](mailto:rdouszal@bigpond.net.au). Website: [www.IAPA.com.au](http://www.IAPA.com.au).

**30 November-3 December 2006: "WPA Regional Meeting", Lima, Peru. Organizer: Peruvian Psychiatric Association. Contact: Dr. Marta Rondon and Dr. Gabriela Kuroiwa. E-mail: [app@apperu.org](mailto:app@apperu.org). Website: [www.wpanet.org/meetings/M2006.doc](http://www.wpanet.org/meetings/M2006.doc).**

15-19 January 2007: "Encountering the Spirit of Community in Narrative Therapy and in Cuba Programs for People", Havana, Cuba. Organizer: WPA Zone 3. Collaboration: a) Cuban Society of Psychiatry; b) International Federation of Social Workers. Contact: Dr. Cristobal Martinez Gomez. E-mails: a) [crisma@infomed.sld.cu](mailto:crisma@infomed.sld.cu); b) [info@narrativecuba.com](mailto:info@narrativecuba.com). Website: [www.narrativecuba.com](http://www.narrativecuba.com).

**20-21 January 2007: "WPA Regional Meeting", Budapest, Hungary. Organizer: Hungarian Psychiatric Association. Contact: Dr. Tury Ferenc. E-mail: [tury@axelero.hu](mailto:tury@axelero.hu). Website: [www.mpt.iif.hu](http://www.mpt.iif.hu).**

1-28 February 2007: "VIII Virtual Congress of Psychiatry: Interpsiquis 2007", Palma de Mallorca, Spain. Organizer: Interpsiquis 2007. Contact: Dr. Pedro Moreno. E-mail: [pmoreno@psiquiaria.com](mailto:pmoreno@psiquiaria.com). Website: [www.interpsiquis.com](http://www.interpsiquis.com).

**13-16 February 2007: "Psyche and Art Seminar", Djerba, Tunisia. Organizer: WPA Section on Art and Psychiatry. Collaboration: Schattauer Verlag Publishers. Contact: Dr. Hans Otto Thomashoff. E-mail: [thomashoff@utanet.at](mailto:thomashoff@utanet.at).**

**15-18 February 2007: "WPA Section on Psychiatry in Developing Countries Meeting", Lahore, Pakistan. Organizer: WPA Section on Psychiatry in Developing Countries. Contact: Dr. Afzal Javed. E-mail: [afzal.javed@ntlworld.com](mailto:afzal.javed@ntlworld.com).**

**9-11 March 2007: "8th Workshop on Costs and Assessment in Psychiatry - Investing in Mental Health Policy and Economics Research", Venice, Italy. Organizer: WPA Section on Mental Health Economics. Contact: Dr. Massimo Moscarelli. E-mail: [moscarelli@icmpe.org](mailto:moscarelli@icmpe.org). Website: <http://www.icmpe.org/test1/events/events.htm>.**

**21-23 March 2007: "WPA Regional Meeting", Nairobi, Kenya. Organizer: Kenya Psychiatric Association. Contact: Dr. Frank G. Njenga. E-mail: [fnjenga@africaonline.co.ke](mailto:fjnenga@africaonline.co.ke). Website: [www.WPA2007nairobi.com](http://www.WPA2007nairobi.com).**

**9-11 April 2007: "Mental Health International Conference of United Arab Emirates Theme: Direct and Indirect Self-Destructive Behaviors and Mental Disorders - Transcultural Differences", Dubai, United Arab Emirates. Organizer: WPA Section on Suicidology. Contact: Dr. Jean Pierre Soubrier. E-mail: [pr-jp-soubrier@mail.com](mailto:pr-jp-soubrier@mail.com).**

12-14 April 2007: "Third Iberoamerican Congress on Addictive Disorders", Buenos Aires, Argentina. Organizer: Colegio Iberoamericano de Transtornos Adictivos. Contact: Dr. Javier Didia Attas. E-mail: [cita2007@fibertel.com.ar](mailto:cita2007@fibertel.com.ar).

**18-21 April 2007: "WPA Regional Meeting", Seoul, Korea. Organizer: Korean Neuropsychiatric Association. Contact: Dr. Young-Cho Chung. E-mail: [kpa3355@kornet.net](mailto:kpa3355@kornet.net).**

**27-29 April 2007: "The New Era of Transcultural Psychiatry: Advancing Collaboration of East and West", Kamakura, Japan. Organizer: WPA Transcultural Psychiatry Section. Contact: Dr. Shuishi Katsuragawa. E-mails: a) [ktsrgw-1@b-star.jp](mailto:ktsrgw-1@b-star.jp); b) [wpa@shonan-village.co.jp](mailto:wpa@shonan-village.co.jp). Website: [www.shonan-village.co.jp/wpatcp.htm](http://www.shonan-village.co.jp/wpatcp.htm).**

## Future WPA Scientific Meetings

3-4 May 2007: "II Simposio de Psiquiatria Transcultural: Salud Mental en el Paciente de America Andina", Barcelona, Spain. Organizer: Vall D'Hebron University Hospital. Contact: Dr. Miguel Casas. E-mail: [mcasas@vhebron.net](mailto:mcasas@vhebron.net).

**3-6 May 2007: "Reflections and Ideas for an Innovation Psychiatry Conference", Fiuggi, France. Organizer: WPA Section on Ecology, Psychiatry and Mental Health. Contact: Dr. Giuseppe Spinetti. E-mail: [gspinetti@libero.it](mailto:gspinetti@libero.it).**

11-12 May 2007: "Conference on Conflict, Mental Health and Making the Peace", Lymassol, Cyprus. Organizer: Royal College of Psychiatrists' European Division. Collaboration: London Institute of Psychiatry. Contact: Dr. Nathaniel Minton. E-mail: [nd.minton@btinternet.com](mailto:nd.minton@btinternet.com).

16-19 May 2007: "15th World Congress of the World Association for Dynamic Psychiatry", St. Petersburg, Russia. Organizer: World Association for Dynamic Psychiatry. Contact: Dr. Monika Dworschak. E-mail: [wadpcongress2007@dynpsych.de](mailto:wadpcongress2007@dynpsych.de).

**17 May 2007: "Mental Health and Creative Self-Expression Meeting", St. Petersburg, Russia. Organizer: WPA Section of Art and Psychiatry. Contact: Dr. Alexander Kopytin. E-mail: [alkop@aol.ru](mailto:alkop@aol.ru).**

4-6 June 2007: "X Pan Arab Congress", Algiers, Algeria. Organizers: a) Arab Federation of Psychiatrists; b) Algerian Psychiatric Society. Contact: a) Dr. Saida Douki; b) Dr. Farid Kacha. E-mails: a) [Saida.Douki@gnet.tn](mailto:Saida.Douki@gnet.tn); b) [F.Kacha@caramail.com](mailto:F.Kacha@caramail.com).

**6-8 June 2007: WPA Thematic Conference "Coercive Treatment in Psychiatry: A Comprehensive Review", Dresden, Germany. Organizer: Eunomia Study Group. Contact: Prof. Thomas Kallert. E-mail: [Thomas.kallert@mailbox.tu-dresden.de](mailto:Thomas.kallert@mailbox.tu-dresden.de). Website: [www.WPA2007dresden.org](http://www.WPA2007dresden.org).**

18-22 June 2007: VI Simposio Internacional "Aspectos Biologicos y Farmacoterapeuticos de los Transtornos Mentales", Habana, Cuba. Organizer: Colegio Cubano de Neuropsicofarmacologia. Collaboration: Cuban Society of Psychiatry. Contact: Dr. Jose Perez Milan. E-mail: [ccunp@infomed.sld.cu](mailto:ccunp@infomed.sld.cu).

25-29 August 2007: "13th International Congress of the European Society for Child and Adolescent Psychiatry", Florence, Italy. Organizer: European Society for Child and Adolescent Psychiatry. Contact: Cecilia Sighinolfi. E-mail: [Cecilia.sighinolfi@azzurro.it](mailto:Cecilia.sighinolfi@azzurro.it). Website: [www.escap-net.org](http://www.escap-net.org).

26-30 August 2007: "Conference: Hypothesis, Neuroscience and Real People", Sun City, South Africa. Organizer: International Network for Philosophy and Psychiatry. Collaboration: WPA Section on Philosophy and Humanities. Contact: Dr. Kenneth W.M. Fulford. E-mail: [pwwf@norcam.demon.co.uk](mailto:pwwf@norcam.demon.co.uk).

**20-23 September 2007: "WPA Regional Meeting", Shanghai, China. Organizer: Shanghai Mental Health Center. Contact: Dr. Zeping Xiao. E-mail: [xzpdgj@online.sh.cn](mailto:xzpdgj@online.sh.cn). Website: [www.WPA2007shanghai.com](http://www.WPA2007shanghai.com).**

21-23 September 2007: "First Congress of the Psychiatric Association for Eastern Europe and the Balkans", Thessaloniki, Greece. Organizer: Psychiatric Association for Eastern Europe and the Balkans. Contact: Dr. George Christodoulou. E-mail: [gchristodoulou@ath.forthnet.gr](mailto:gchristodoulou@ath.forthnet.gr). Website: [www.wpanet.org/meetings/m2007.doc](http://www.wpanet.org/meetings/m2007.doc).

4-7 October 2007: "Annual Meeting of the Psychiatric Association of Serbia and Montenegro", Novi Sad, Serbia and Montenegro. Organizer: Psychiatric Association of Serbia and Montenegro. Contact: Dr. Dusica Lecic-Tosevski. E-mail: [dusica.lecictosevski@eunet.yu](mailto:dusica.lecictosevski@eunet.yu).

21-25 October 2007: "XIX World Association for Social Psychiatry Congress", Prague, Czech Republic. Organizer: World Association for Social Psychiatry. Contact: Dr. Shridhar Sharma. E-mail: [wasp@nda.vsnl.net.in](mailto:wasp@nda.vsnl.net.in).

23-28 October 2007: "Annual Meeting of the International Society of Addiction Medicine (ISAM)", Cairo, Egypt. Organizer: International Society of Addiction Medicine (ISAM). Collaboration: WPA Section on Addiction Psychiatry. Contact: Dr. Nady El-Guebaly. E-mail: [nady.el-guebaly@calgaryhealthregion.ca](mailto:nady.el-guebaly@calgaryhealthregion.ca).

24-26 October 2007: "XIV Congress of the Argentinean Association of Psychiatrists", Buenos Aires, Argentina. Organizer: Argentinean Association of Psychiatrists (AAP). Contact: Dr. Nestor F. Marchant. E-mail: [aap@aap.org.ar](mailto:aap@aap.org.ar). Website: [www.aap.org.ar](http://www.aap.org.ar).

**28 November-2 December 2007: "WPA International Congress", Melbourne, Australia. Organizer: Royal Australian and New Zealand College of Psychiatrists (RANZCP). Contact: Sharon Brownie. E-mail: [Sharon.brownie@ranzcp.org](mailto:Sharon.brownie@ranzcp.org). Website: [www.ranzcp.org](http://www.ranzcp.org).**

1-5 February 2008: "5th National Congress, National Institute of Social Security & II Regional WPA Zone 3 Conference", Mexico City, Mexico. Organizer: Instituto Mexicano de Seguro Social. Collaboration: a) WPA Zone 3; b) Latin American Psychiatric Association (APAL). Contact: Dr. Enrique Camarena Robles. E-mail: [camarena@avantel.net](mailto:camarena@avantel.net).

14-17 March 2008: "IV Biennial Conference: Integrative Approaches to Affective Disorders", Cape Town, South Africa. Organizer: International Society for Affective Disorders. Collaboration: WPA Section on Affective Disorders. Contact: Caroline Holebrook. E-mail: [caroline.holebrook@iop.klc.ac.uk](mailto:caroline.holebrook@iop.klc.ac.uk). Website: [www.isad.org.uk](http://www.isad.org.uk).



## Future WPA Scientific Meetings

**16-20 March 2008: "Third World Congress on Women's Mental Health", Melbourne, Australia. Organizer: WPA Section on Women's Mental Health. Contact: Dr. Donna Stewart. E-mail: [Donna.Stewart@uhn.on.ca](mailto:Donna.Stewart@uhn.on.ca).**

**19-21 June 2008: "WPA Thematic Conference on Depression and Relevant Psychiatric Condition in Primary Care", Granada, Spain. Organizers: a) Wonca-Europe; b) Spanish Psychiatric Association; c) Spanish Society of Family and Community Medicine (SEMFYC). Contact: Dr. Francisco Torres-Gonzalez. E-mails: a) [ftorres@ugr.es](mailto:ftorres@ugr.es); b) [patricia@fase20.com](mailto:patricia@fase20.com). Website: [www.WPA2008granada.org](http://www.WPA2008granada.org).**

**5-8 August 2008: "Mental Health Toward 2020: Working Together for Better Mental Health in Asia" & "Annual Meeting of the South Forum for Mental Health and Psychiatry (SAFMHP)", Bangkok, Thailand. Organizers: a) Asean Federation for Psychiatry and Mental Health (AFPMH); b) South Asian Forum for Mental Health and Psychiatry (SAFMHP). Collaboration: a) The Psychiatric Association of Thailand; b) The Royal College of Psychiatrists of Thailand; c) Department of Mental Health, Ministry of Public Health, Thailand. Contact: Dr. Pichet Udomratn. E-mail: [upichet@medicine.psu.ac.th](mailto:upichet@medicine.psu.ac.th).**

**19-25 September 2008: "XIV World Congress of Psychiatry", Prague, Czech Republic. Organizer: Czech Psychiatric Association. Collaboration: World Psychiatric Association. Contact: Dr. Jiri Raboch. E-mail: [raboch@mbox.cesnet.cz](mailto:raboch@mbox.cesnet.cz).**

**30 October-2 November 2008: "13th Pacific Rim College of Psychiatrists", Tokyo, Japan. Organizer: Japanese Society of Transcultural Psychiatry. Contact: Dr. Tsuyoshi Akiyama. E-mail: [akiyama@kmc.mhc.east.ntt.co.jp](mailto:akiyama@kmc.mhc.east.ntt.co.jp).**

**1-4 April 2009: WPA International Congress "Treatments in Psychiatry: A New Update", Florence, Italy. Organizer: Italian Psychiatric Association. Contact: Dr. Mario Maj. E-mail: [majmario@tin.it](mailto:majmario@tin.it). Website: [www.psichiatria.it](http://www.psichiatria.it).**

**24-26 September 2009: "VII World Congress of Depressive Disorders and International Symposium on Posttraumatic Stress Disorder", Mendoza, Argentina. Organizer: Dr. Jorge Nazar. Collaboration: University of Cuyo. Contact: Dr. Jorge Nazar. E-mail: [Jorge\\_Nazar@hotmail.com](mailto:Jorge_Nazar@hotmail.com).**

**15-18 April 2010: "WPA Regional Meeting", Yerevan, Armenia. Organizer: Armenian Association of Psychiatrists. Contact: Dr. Armen Soghoyan. E-mail: [soghoyan@yahoo.com](mailto:soghoyan@yahoo.com).**

**9-13 June 2010: "WPA International Congress", Barcelona, Spain. Organizers: a) Spanish Society of Psychiatry; b) Spanish Neuropsychiatric Association. Contact: Dr. Enrique Baca. E-mail: [ebaca@mi.madridtel.es](mailto:ebaca@mi.madridtel.es).**

**1-5 September 2010: "WPA Regional Meeting", Beijing, China. Organizer: Chinese Society of Psychiatry. Contact: Dr. Yizhuang Zou. E-mail: [yzouy@263.net](mailto:yzouy@263.net). Website: [www.psychiatryonline.cn](http://www.psychiatryonline.cn).**

**August or September 2011: "XV World Congress of Psychiatry", Buenos Aires, Argentina. Organizers: a) Argentina Association of Psychiatrist (AAP); b) Association of Argentinean Psychiatrists (APSA); c) Foundation for Interdisciplinary Investigation of Communication (FINTECO). Contact: Mariano R. Castex. E-mail: [mcastex@congresosint.com.ar](mailto:mcastex@congresosint.com.ar). Website: [www.congresosint.com.ar](http://www.congresosint.com.ar).**