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## 4th Quarter 1998

### GREETINGS

The fourth quarter of 1998 witnessed two major Latin American events, the WPA co-sponsored XX Congress of the Psychiatric Association of Latin America (APAL) in Havana, Cuba, and the WPA Regional Meeting in Guadalajara, Mexico. Greeting all of us through the adjacent photograph are a group of Latin American Member Society Presidents, Zonal Representatives, and Executive Committee members meeting in Guadalajara this October.

Latin American psychiatry grows out of a cultural matrix characterized by a mixture of native and European traditions with significant African and Asian elements. Correspondingly, psychiatry in this part of the world is historically and ecologically contextualized. This is illustrated by such early but still influential contributions as those of José Angel Bustamante of Cuba, Honorio Delgado of Peru, and José Leme Lopes of Brazil.

The ebullient activity of today's Latin American psychiatry, beyond signal individual contributions in every aspect of our field, is reflected in the presence of 24 Member Societies and the chairs of six Scientific Sections from Latin America in WPA, as well as in the fact that the APAL, of great convening capacity, recently became a regional Affiliated Association of WPA.

Correspondingly, much can be expected from the growing interaction between the Latin American components and the rest of WPA. In the words of the Mexican Rosario Castellanos, With the other, humanity, dialogue, poetry start. And with this, our best wishes to all for a productive and fulfilling New Year!

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### WPA FINANCIAL UPDATE

The Secretary for Finance, Marianne C. Kastrup, M.D., Ph.D., is constitutionally responsible for the implementation of WPA policies concerning finances, investments, fund raising and auditing of the accounts, preparation of a budget draft, and the prudent expenditure of WPA funds.

As part of her responsibilities, Dr. Kastrup works closely with the WPA Secretariat and visits New York periodically. She has contributed substantially to the preparation of the Financial Chapter of the Manual of Procedures, which outlines arrangements for the management of the organization. It includes sections on annual budget, overall and day-to-day financial operation, accounting and auditing, general and special accounts, and administration of grants.

Since 1997, WPA financial operations have been managed through the WPA Secretariat in New York. Audits of the 1997 operation in New York and of a winding down operation in the past office in Madrid have been completed. The auditing of WPA Educational Programs for 1997 is being conducted separately.

The WPA core budget for 1998 approved by the Executive Committee (EC) is outlined in the adjacent table.

More detailed information on the audits and budget will be furnished to Member Societies and other WPA components. Questions and comments are welcome.

<b>WPA 1998 CORE BUDGET</b>			
<b>Income</b>			
• Membership Dues	166,000	• EC member assignments for secretarial and communicational support	47,750
• Congresses (X WCP and others)	97,000		
• Educational Programs Overhead	28,016	• Other WPA Components	
• WPA Foundation/EC Agreement on X WCP	55,000	• Standing Committees and Task Forces	17,400
• Bank Interest	8,000	• Zonal Representatives (logistics support)	16,000
• Miscellaneous	500	• Special Section Projects	21,000
<b>Total</b>	<b>354,516</b>		
<b>Expenses</b>			
• WPA Secretariat		• Other Expenses	
• Salaries, taxes and benefits	100,000	• Educational Coordination Center	20,000
• Office expenses	55,000	• Communicational and Informational Services (WPA News, Website, etc)	8,000
• Legal and financial expenses	30,000	• Representation	5,000
• Executive Committee (EC)		• Unforeseen Expenses	1,366
• EC Meetings and teleconferences	30,000	<b>Total</b>	<b>354,516</b>
• Sec. for Finance visits to WPA Secretariat	3,000		

### **ETHICS DEVELOPMENTS IN PROGRESS**

The latest WPA General Survey revealed that 40% of Member Societies recommended the consideration of special situations and cultural issues to advance ethical standards worldwide. In line with this, a major ongoing effort of the WPA Standing Committee on Ethics, chaired by Prof. Ahmed Okasha, involves the development of Ethical Guidelines applied to new specific situations. These include psychotherapy, genetic research and counseling, ethnic discrimination, relationship with industry, managed care, and psychiatrists addressing the media. These guidelines are expected to be presented to the 1999 WPA General Assembly for discussion and approval.

Another important project of the Ethics Committee is the preparation of a volume on Ethics, Culture and Psychiatry. Under the editorship

of Profs. Ahmed Okasha, Norman Sartorius and Julio Arboleda-Florez, this new publication will include contributions from distinguished colleagues from all world regions.

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### **INITIATIVES IN EDUCATION**

Under the leadership of Prof. Roger Montenegro, WPA Secretary for Education, the Standing Committee on Education met in early October and prepared a number of proposals. These were presented to the Executive Committee shortly afterwards. Among the proposals is a plan for Continuing Medical Education (CME) credits. The plan would be implemented in collaboration with Member Societies and could start at the XI World Congress of Psychiatry.

Other proposals involve specific guidelines for the evaluation of WPA Educational Programs and the establishment of a Network of Educational Consultants. Also noteworthy is the ongoing evaluation of the impact of the Core Curriculum in Psychiatry for Medical Students.

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### **NEWS ON CURRENT OPINION**

Under the guidance of Prof. Mario Maj, WPA Secretary for Publications, a new agreement between WPA and the publisher of Current Opinion in Psychiatry, official Journal of WPA, has been prepared. According to the new contract, which would start at the XI World Congress in Hamburg, subscription to Current Opinion would no longer be an obligatory requirement for WPA Individual Membership. However, all Individual Members and Section members would be able to subscribe to this journal at an introductory rate of \$ 150.

Recently, WPA-organized forums published in Current Opinion have been distributed to Member Societies, and plans are under way to systematize this distribution.

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### **MEMBER SOCIETIES' ANNUAL REPORTS: DIVERSITY & CONSISTENCY**

The Annual Reports from Zonal Representatives and Member Societies are part of a broad institutional informational and communicational plan that also includes the WPA General Survey and sectorial surveys. These initiatives were developed by the 1996-1999 Executive Committee as part of the process of building further the infrastructure of the World Psychiatric Association and are described in the developing Manual of Procedures.

The Annual Reports respond to the need to obtain essential information for updating our institutional databases and periodically publishing new editions of the WPA Directory. These reports also complement the WPA General Survey and furnish progress information on key activities from Zonal Representatives and Member Societies.

The immediately preceding issue of WPA News presented a summary review of the Zonal Representatives 1997 Annual Reports. These reports, completed by the totality of the Zonal Representatives, described the range of activities they conduct. These include the organization of Zonal Meetings, and the publication of Zonal Newsletters, among other communicational endeavors, promoting WPA Regional and World Congresses as well as WPA Educational Programs; and supporting local scientific events and efforts to upgrade psychiatric services. The present issue summarizes the corresponding Annual Reports from Member Societies.

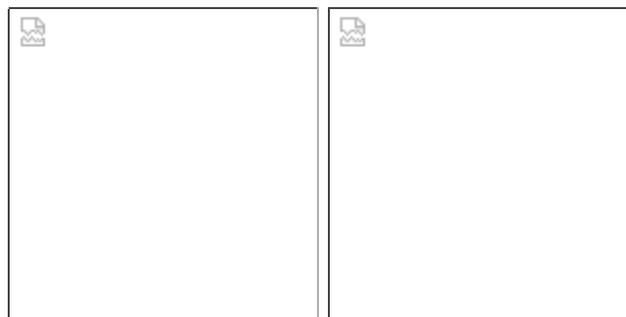
Also helpful financially has been the EC decision in April 1998 to prescribe that the budgets of new and renewed Educational Programs include 13% for WPA overhead or functional support. During the past several years, the WPA World Congresses have started to provide resources for our organization and this has been reinforced by recent EC decisions on signing contracts that ensure that congresses contribute strongly to the finances of WPA.

The response rate obtained from the 109 existing Member Societies was 100%. This result is consistent with the high rates obtained earlier in the year in the WPA General Survey.

### **Societies' Organizational Status**

The following graphics display the information received in response to questions on organizational status.

Results on electronic resources availability which show a high rate on E-mail, are displayed in Figures 1 and 2.



The total number of members reported by the 109 Societies was 121,705. However, substantial underreporting of members is presumed, connected to difficulties many Societies have in paying dues corresponding to their full membership. An educated guess would put the total figure in the vicinity of 150,000. Figures 3 and 4 present information on date of next presidential change and Society's next congress. They speak of the need for periodic updates of the WPA Directory and, on the other hand, of considerable opportunities for communication and for WPA contributions in several domains. The total number of members reported by the 109 Societies was 121,705. However, substantial underreporting of members is presumed, connected to difficulties many Societies have in paying dues corresponding to their full membership. An educated guess would put the total figure in the vicinity of 150,000.

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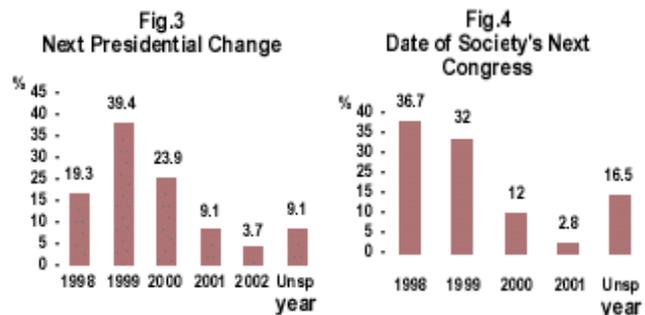
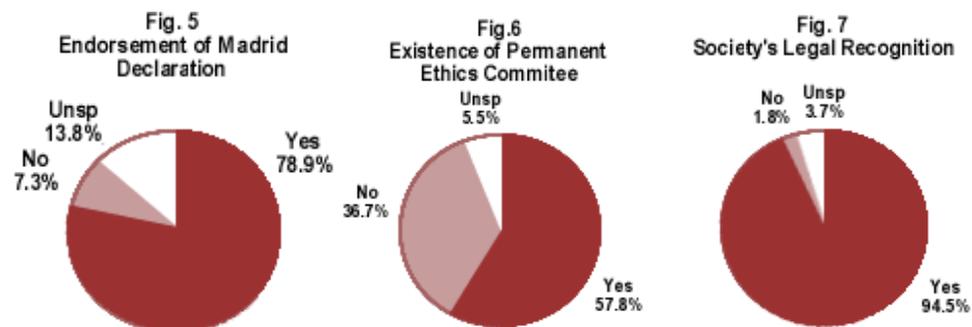


Figure 5 shows the rates on endorsement of the Madrid Declaration on Ethical Standards for Psychiatric Practice. One fifth of Member Societies do not appear to have endorsed yet this Declaration, a situation that is to be followed up.

Figure 6 displays information on the existence of a permanent Ethics Committee. A sizable number of our Member Societies reported not having such a Committee. The factors involved appear to include the small size of some Member Societies and that some of them have their ethical functions covered by an umbrella medical society. It is expected that the WPA Ethics Committee will review this situation with the Member Societies involved in order to support them thoughtfully towards the formation of pertinent ethical structures.

Figure 7 shows that the vast majority of Member Societies are legally recognized in their countries.



### Societies Key Activities

The wide range of activities reported for 1997 cover mainly the following topics:

- Educational Activities: Courses, workshops, forums, seminars and continuing medical education programs.
- Organization of and participation in international meetings, national congresses, and other scientific events.

Participation in the development of mental health and public health policies.  
Regular publication of books and journals.  
Participation in efforts to upgrade psychiatric care and services.  
Elaboration of guidelines for clinical care, research and training, covering a number of topics, particularly diagnosis and treatment of mental disorders.  
Participation in university activities and other academic projects.  
Efforts on ethics matters, on the violation of the rights of patients and of professionals, and on public health campaigns.  
Research projects on a variety of topics  
Strengthening and improving their internal organization.  
Translation of the *Declaration of Madrid on Ethical Standards for Psychiatric Practice*.

### **Societies' Current Needs**

From the range of reported current needs the following can be highlighted:

To influence policies affecting mental illness.  
A better dialogue with government and politicians.  
To expand exchanges in knowledge and journals. Continuing Medical Education and access to useful educational materials.  
Training workshops for general practitioners.  
To increase communication with WPA Formation and improvement of Scientific Committees.  
Better translation from research to clinical practice Access to international psychiatry literature, journals and reference libraries.  
Organizational strengthening, such as recruitment of members, fund raising, development of lobbying capacity and clarification of administrative structure.  
Development of clinical guidelines in psychiatry Contribution to advancing the level and quality of psychiatric services.  
Supporting the professional development of young psychiatrists.  
Raising funds for research projects.

### **Conclusions**

The information gathered through the Annual Reports has led to updating and expanding the database of WPA on its Member Societies. This information shall enable our Association to be more effective in important institutional tasks and projects such as the periodic updating of the WPA Directory, the incorporation of Member Societies' presence in the WPA Website, and the formation as needed of permanent Ethics Committees. Undoubtedly, the strengthening of our Association is based on the growing organizational capacity of its Member Societies supported by the Executive Committee, Zonal Representatives and other WPA Components.

The information obtained on Member Societies' key activities and needs reveal the wide and interesting range of activities that our Member Societies are carrying out, despite the limitations that many of them experience. This information also represents a valuable

complement (although of a smaller scope) to that furnished by the WPA General Survey for various purposes, such as an evolving Executive Committee Action Plan and the preparations for the General Assembly of August 1999.

A full Analytic Review of the Member Societies and Zonal Representatives Annual Reports was distributed to all WPA components in December 1998.

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### **WHO AFTER ITS FIRST HUNDRED NEW DAYS**

November 1, 1998 marked the first 100 days in the work of Dr. Gro Harlem Brundtland as the new Director-General of the World Health Organization (WHO). She is seen in the photograph below in the company of Professors Norman Sartorius (WPA President) and Juan José Lopez-Ibor, Jr (WPA President-Elect) who visited her in October to discuss further WHO-WPA collaboration.

Major changes have taken place in the Organization during her inaugural period, among which are the following:

- A new senior management team and a collective decision-making Cabinet.

- Programmatic organization in nine clusters grouping 35 departments.

- High profile Cabinet projects such as Roll Back Malaria, Tobacco Free Initiative, and Partnerships for Health Sector Development.

- Staff mobility and rotation, and emphasis on gender balance.

- New Partnerships with other UN Agencies, NGO's and the private sector.

One of the nine Clusters, of particular relevance to WPA, is that on Social Change and Mental Health, with Dr. Y. Suzuki as Executive Director. An organigram of this Cluster is presented below.

Collaboration among Clusters will be sought. An example, in the area of epidemiological work, is given by the double position of Dr. T. Bedirhan Üstün, a distinguished psychiatrist who leads a group on Assessment, Classification and Epidemiology within the Cluster on Social Change and Mental Health, and is also a key officer in the Cluster on Evidence and Information for Policy.

Professor Jorge Alberto Costa e Silva, former director of the WHO Division of Mental Health and Prevention of Substance Abuse, has been reassigned, with the grade of WHO Director, to head the WHO International Center for Mental Health Policy at New York University. The objectives of the new Center are to mobilize technological, scientific and financial resources for mental health work at WHO headquarters and regional offices, and to develop evidence-based information for international mental health policies.



Prof. J. J. Lopez-Ibor, Dr. G.H. Brundtland and WHO Cluster on Social Change and Mental Health Prof. N. Sartorius at WHO Headquarters (From official WHO sources, November 1998.)

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## **XI WORLD CONGRES PREPARATIONS MOVE FORWARD**

On October 10, 1998, the Organizing and Scientific Committees of the XI World Congress of Psychiatry met in Geneva (during a WPA Thematic Conference on Managed Care) to advance preparations towards the premier event of world psychiatry. The various components of the rich scientific program are taking final shape. WPA Educational Programs will be highlighted. Plenary Sessions as well as Plenary Tracks on the Continents, Perceptions of Psychiatry by other Social Sectors, and the Traditions of Psychiatry are being designed. Over 200 Symposia have been accepted, including 85 organized by WPA Sections. The preliminary program also includes 39 Workshops, 19 Courses and 11 Debates. There is still time, until February 28, 1999, for the submission of Free Communications and Posters.

The Fellowship, a financially-supported program for promising young (age under 35) psychiatrists, is still receiving nominations, primarily through Member Societies, Zonal Representatives and local department heads. The deadline for completed Fellowship nomination forms (available from the Congress Secretariat and the WPA Secretariat) has been extended to March 31, 1999. In connection with the Fellowship Program, a Young Psychiatrists Program is also being prepared. A number of administrative meetings will also take place, including the General Assembly (the highest governing body of WPA), and meetings of the Executive Committee, Council, Zonal Representatives and Scientific Sections.

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## **UPCOMING WPA CONGRESSES AND MEETINGS**

Secretary for Meetings, Professor Driss Moussaoui, coordinates these events and welcomes initiatives for new ones.

Fax: (212-2) 294-707, E-mail: psych@casanet.net.ma

January 22, 1999, WPA International Symposium on The City and Mental Health, New York, USA.

Contact: Prof. Juan E. Mezzich, Fax: (1-212) 426-0437, E-mail: wpa@dti.net

February 24-27, 1999, WPA Regional Congress, Athens, Greece, Preventive Psychiatry.

Contact: Pr. G. Christodoulou, Fax: (301) 724-2032. E-mail: gnchrist@compulink.gr

March 15-17, 1999, WPA Thematic Conference, Granada, Spain, The Community Care of the Long Term Mentally Ill Patients.

Contact: Pr. F. Torres-González, Fax: (34-958) 275-214. E-mail: ftorres@goliat.ugr.es

March 17-21, 1999, WPA Co-Sponsored 12th World Congress of the World Association for Dynamic Psychiatry, Berlin, Germany, Schizophrenia and Borderline Disorders, a Challenge for Science and Society.

Contact: Pr. M.M. Kabanov, Fax: (49-30) 313-6959.

March 20, 1999, WPA Co-Sponsored Symposium in Honor of Dr. Rodrigo Muñoz-Barragán, Santa Fé de Bogota, Colombia.

Contact: Pr. R. Muñoz-Tamayo, Fax: (57-1) 616-2706. E-mail: asocopsi@coll.telecom.com.co

March 24-26, 1999, WPA Co-Sponsored Meeting on Psychiatry and Neuroscience in the Next Millenium, Cairo, Egypt.

Contact: Pr. A. Okasha, Fax: (20-2)348-1786; E-mail: aokasha@internetegypt.com

March 26-27, 1999, WPA Co-Sponsored 6th International Symposium about Controversies in Psychiatry, Dissociative States, Barcelona, Spain.

Contact: Dr. L. Sánchez Planell & Dr. C. Diez-Quevedo, Fax: (34-93) 395-4206, E-mail: crisanto.diez@uab.es

April 16-20, 1999, WPA Co-Sponsored 15th World Congress of Psychosomatic Medicine, Athens, Greece.

Contact: Pr. G. Christodoulou, Fax: (30-1) 724-2032. E-mail: easytravel@hol.gr

August 1-4, 1999, Meeting of the WPA Section of Epidemiology and Public Health, Turku, Finland, From Epidemiology to Clinical Practice, Satellite meeting of the XIth World Congress of Psychiatry.

Contact: Pr. V. Lehtinen, Stakes, Fax: (358-9) 3967-2155. E-mail: lehtinen@stakes.fi

August 6-11, 1999, XI World Congress of Psychiatry, Hamburg, Germany, Psychiatry on New Thresholds.

Contact: Pr. W. Gaebel. Fax: (49-40) 670-3283. E-mail: cpo@wpa-hamburg.de <http://www.wpa-hamburg.de>

September 5-10, 1999, WPA Co-Sponsored World Congress of the World Federation for Mental Health, Interfaces in Mental Health: Poverty, Quality of Life and Society, Santiago de Chile, Chile.

Contact: Pr. Benjamin Vicente, Fax: (56-41) 312-799.

October 20-23, 1999, WPA Co-Sponsored Second Conference on the Synthesis between Psychopharmacology and Psychotherapy, Geneva, Switzerland.

Contact: Pr. S. Tyano, Fax: (972-3) 925-8361. E-mail: styano@post.tau.ac.il

November 6-10, 1999, WPA Co-Sponsored XX Congress of the International Association for Suicide Prevention, Preventing Suicide at the Dawn of the New Century, Athens, Greece.

Contact: Pr. C. N. Stefanis, Fax: (30-1) 362-5572. E-mail: easytravel@hol.gr

April 5-7, 2000, WPA Co-Sponsored Central American Congress of Psychiatry, Panama. Contact: Dr. Gloria Grimaldo. Fax: (507) 223-1462.

May 24-27, 2000, WPA Thematic Conference, Madrid, Spain, Forensic and Legal Psychiatry.

Contact: Pr. A. Calcedo Ordoñez, Fax: (34-91) 394 1506.

June 26-30, 2000, WPA Jubilee Meeting, Paris France, From Clinical Practice to Research: Rethinking Psychiatry.

Contact: Dr. J. Garrabé, Fax: (33-1) 4278-3512. E-mail: jmthurin@pratique.fr

September 30-October 3, 2001, WPA Regional Meeting, Madrid, Spain.

Contact: Pr. J.J. Lopez-Ibor, Fax: (34-91) 316-2749.  
August 24-29, 2002, XII World Congress of Psychiatry, Yokohama, Japan.  
Contact: Pr. J. Suzuki, Fax: (81-3) 3814-2991.