

# WPA NEWS

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Fourth Quarter 2007

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## WPA upcoming events

2008

19-21 June 2008: WPA Thematic Conference on Depression and Relevant Psychiatric Condition in Primary Care, Granada, Spain

20-25 Sep. 2008: XIV World Congress of Psychiatry, Prague, Czech Republic

>> more events see page 10

WORLD PSYCHIATRIC ASSOCIATION  
الجمعية العالمية للطب النفسي  
世界精神病学协会  
ASSOCIATION MONDIALE DE PSYCHIATRIE  
WELTVERBAND FÜR PSYCHIATRIE  
ASSOCIAÇÃO MUNDIAL DE PSIQUIATRIA  
БЕЖМФАР ПОСОВИТАТИВНОКАРАКОДУВАЛПР  
ASOCIACIÓN MUNDIAL DE PSIQUIATRÍA

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## WPA Secretariat

Geneva University Psychiatric Hospital  
Bâtiment Les Voirons  
2 Chemin du Petit Bel-Air  
1225 Chêne-Bourg, GENEVA, Switzerland

Tel: +41 22 305 5737/30/32

Fax: +41 22 305 5735

E-mail: wpasecretariat@wpanet.org

Website: www.wpanet.org

## Administrator

Ms. Anna Engstrom (Sweden)

## Deputy Administrator

Ms. Pamela Atiase (Switzerland)

## Greetings

The Sections are sometimes described as the back bone of WPA so this issue will, it is hoped, 'stiffen the sinews' with its special feature column from Prof. Miguel Jorge, Secretary for Sections, and their reports.

The Sections are also the scientific heart of WPA, and for some its crucial social nerve centre. For many they are the first impression of WPA International Congresses and the discovery of others who share interest is reassuring and motivating.

The challenge therefore is considerable. How to communicate better the science and how to encourage research. Any more good ideas, dear reader?

Our itinerant and hard-working President rightly reminds readers in his review (Pages 5-6) that WPA is resilient and has achieved much.

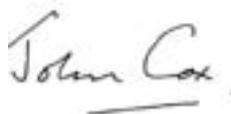
On a more mundane note we list the Member Societies (Page 13) who have completed the General Survey. If your Society is not yet

on this list, please contact the Secretariat in Geneva immediately as the final deadline is 31 March 2008. Thank you for your co-operation.

The Melbourne International Congress in November 2007 was truly memorable from beginning to end - a rich blend of science, humanism and warm hospitality (see page 4). A big thank you therefore to Julian Freidin and Helen Herrman and to their organizing committee.

I recently attended another conference on the more sobering theme of Climate Change and Health. A disturbing scenario was outlined which is yet another challenge to meet in 2008.

Happy New Year from the team in Switzerland!



Prof. John Cox, WPA Secretary General



From the Opening of the WPA International Congress in Melbourne, November 28, 2007.

## ■ World Medical Association held Council and General Assembly Meetings



L to R: Profs. N. Arumugam (WMA President) and J.E. Mezzich (WPA President), at the World Medical Association Council Meeting in Copenhagen, October 3, 2007.

On October 3-6, 2007, the World Medical Association (WMA) held meetings of its Council and General Assembly in Copenhagen. To both of these as for previous meetings the WPA President was invited in line with the growing collaboration of these institutions. A major agenda item was the review of the Declaration of Helsinki on Medical Research Ethics. Contributions of the WPA, prepared by its Ethics and Executive Committees, were warmly acknowledged. The process of review is continuing and WPA has been again invited to offer comments and recommendations. At the beginning of the General Assembly, Prof. Mezzich was invited to address the gathering concerning inter-institutional relations and the upcoming Geneva Conference

on Person-centered Medicine on May 29-30, 2008, which will include the participation of Dr. Otmar Kloiber, Secretary General, and other leaders of the WMA.



Prof. J.E. Mezzich addressing the World Medical Association General Assembly, while (L to R) Profs. K. Letlappe (WMA Past President), J. Snaedal (WMA President-Elect), N. Arumugam (WMA President), A. Seebohm (WMA General Counsel), O. Kloiber (WMA Secretary General), and E. Hill (WMA Council Chairman) look on, Copenhagen, October 6, 2007.

## ■ Colombian Psychiatric Association celebrates its National Congress

On October 11-14, 2007, the Colombian Psychiatric Association convened its national congress in the legendary Cartagena de Indias. A rich scientific and cultural program was offered. A highlight was a meeting of psy-

chiatric leaders with the Colombian Minister of Health, in line with recent WPA efforts to promote better cooperation between organized psychiatry and national authorities. The WPA President and the APAL President-Elect participated in this meeting. Furthermore, Dr. Carlos Lopez, a past WPA Congress Fellow was elected and installed as the new President of the Colombian Psychiatric Association.



L to R: Prof. Edgard Belfort, Prof. Juan E. Mezzich, the Colombian Health Minister, and Drs. Castulo Cisneros, Carlos Lopez, and Roberto Chaskel.

## ■ WASP World Congress held in Prague



On October 21-24, 2007, the World Association for Social Psychiatry celebrated its World Congress in the beautiful city of Prague. A wide range of topics on the social context of psychiatry and mental health was presented.

L to R: Profs. Jiri Raboch and Juan E. Mezzich, Mrs. and Dr. Sakuta (WASP President), and Profs. Julio Arboleda-Florez, Eliot Sorel, and Shridhar Sharma, at the opening of the WASP Congress, October 21, 2007.

## ■ London Conference on Psychiatry for the Person

On October 26-28, 2007, at the Novartis Foundation in London, the WPA Institutional Program on Psychiatry for the Person (IPPP) and the United Kingdom Health Department co-organized an intense and productive Conference on Person-centered Integrative Diagnosis and Psychiatry for the Person. It was opened by Prof. Juan E. Mezzich (WPA President and IPPP Chair), and by Prof. Sheila Hollins (Royal College of Psychiatrists President and U.K. Health Department Representative). The Conference Program

reviewed progress on the Conceptual Bases, Clinical Diagnosis, Clinical Care and Public Health Components of the IPPP and then focused attention on the design of the theoretical model of Person-centered Integrative Diagnosis (PID) as a complement to the ICD-11 standard classification of mental disorders. The UK Health Department Project on Shared Vision, which promotes interactive collaboration between health professionals and service users, was also given pointed attention.



L to R: Seating: Profs. L. Salvador-Carulla, K. Schaffner, J. Marsh, R. Williams, D. Lecic-Tosevski, L. Küey, L. Duhig, R. Montenegro, I. Salloum, J. Saavedra, R. Cloninger, S. Hollins, J.E. Mezzich. Standing: Profs. T. Sensky, V. Gasca, J. Wallcraft, P. Kinderman, H. Herrman, M. Amering, M. Abou Saleh, M. von Cranach, R. Jenkins, T. Thornton, W. van Staden, M. Botbol, B. Fulford, P. Bracken, C. Banzato and G. Christodoulou, at the London Conference 26-28, 2007.

## ■ Chilean Congress of Neurology, Psychiatry, and Neurosurgery

On November 1-3, 2007, the Chilean Society of Neurology, Psychiatry and Neurosurgery celebrated its Annual Conference in beautiful and green Temuco on the South of the country. Exchanges among colleagues in the Society's three disciplines were prominent. Professor Gustavo Figueroa, a beloved educator, was honored as Master of Chilean Psychiatry. Furthermore, the Society renewed its leadership with the election of Dr. Juan Maass as its new President. WPA and Latin American Psychiatric Association leaders were also present and held substantial meetings.



L to R: Profs. J. Maass, E. Jadresic, E. Belfort, E. Camarena, J.E. Mezzich, G. Lucatelli, C. Mella, and M. Adad at the Chilean Congress of Neurology, Psychiatry and Neurosurgery, Temuco, November 1, 2007.

## Annual Conference of the Canadian Psychiatric Association

On November 16-18, 2007, the Canadian Psychiatric Association held its Annual Conference in Montreal, under the guidance of outgoing President Dr. Manon Charboneau. For the first time in recent memory the WPA President attended the event and held discussions with the CPA incoming President and Board Chairman. One of the Conference highlights was a lively Forum with the participation of a large number of service users and psychiatrists. Our WPA Zonal Representative for Canada, Prof. J. Arboleda-Florez, the Chair of the WPA Section on Addiction Psychiatry, Prof. N. El-Guebaly, and Past WPA Board Member, Prof. Yves Gosselin, were actively involved in the program.



L to R: Profs. P. White (CPA President), Blake Woodside (CPA Board Chair), and J.E. Mezzich (WPA President) at the Canadian Psychiatric Association Annual Conference, Montreal, November 17, 2007.

## ■ Congress of the German Society of Psychiatry, Psychotherapy and Neurology

On November 21-24, 2007, the German Society of Psychiatry, Psychotherapy and Neurology (DGPPN) carried out its Annual Congress in Berlin, a veritable architectural wonderland. Under the leadership of the DGPPN President, Prof. Wolfgang Gaebel, a rich scientific program unfolded, focused on psychiatry as a diagnostic discipline and aimed at exploring psychiatrists' professional identity. A Presidential Symposium opened the event, which also included several principal symposia, such as one on the development of new diagnostic systems.



L to R Profs. C. Mundt, T. Fuchs, J.E. Mezzich, M. Linden and I. Salloum, at a Principal Symposium, DGPPN Congress, Berlin, November 22, 2007.

## ■ WPA International Congress in Melbourne

The most important WPA event of the year and one of the most successful psychiatric meetings ever in the South Pacific took place in Melbourne, Australia on 28 November to 1 December 2007. Under the overall theme Working Together for Mental Health: From Clinical Practice to Public Policy, virtually all key topics in psychiatry and mental health were examined and debated. Dr. Julian Freidin as chair and Prof. Helen Herrman as co-chair led an energetic organizing committee that sought out to engage all health professionals and other stakeholders in Asia/Australasia through a special advisory committee and the leadership of the four Zonal Representatives in WPA Region IV. While valuable meetings of WPA Regions I, II and III took place, the best attended was that of Region IV (Asia/Australasia). The conclusions of these Regions meetings contributed to the ensuing Board Meeting, which was followed by a meeting of the Council.



Participants in the Region IV (Asia/Australasia) Meeting, International Congress in Melbourne, November 28, 2007, including, as senior leaders, fourth from left, Profs. J.E. Mezzich (WPA President), T. Rangaka (South African Society President), JK Trivedi (WPA Zonal Representative for South Asia and Editor of the WPA Region IV, Asia/Australasia, Electronic Bulletin), J. Freidin (RANZCP Past President and Melbourne Congress Organizing Chair), H. Herrman (WPA Secretary for Publications and Melbourne Congress Organizing Co-Chair), Umadevi Ambihaipahar (Papua New Guinea Society leader).

Melbourne was also the setting of a full meeting of the WPA Executive Committee, during which a report on the Second Year Fulfillment of the 2005-2008 Strategic Plan was reviewed and a systematic survey of our Scientific Sections was presented. Another significant institutional session was an Open Forum during which WPA leaders of Member Societies and Sections present at the Congress met with those in central governance. One of the highlights was the presentation of the Lancet initiative on mental health services in developing countries. Institutionally valuable was also the first meeting ever of the Presidents of WPA and WONCA (World Organization of Family Doctors).



Seating, L to R: Profs. M. Jorge, M. Maj, J.E. Mezzich, J. Cox, H. Herrman, and G. Apter. Standing, L to R: Profs. T. Rangaka, C. Cimilli, S.A. Jalili, L. Kuey, S. Hollins, J. Raboch, M. Botbol P Garrison, J.K. Trivedi, S. Olangwula, G. Christodoulou, T Akiyama, M. Schmolke, A. Besse, T. Okasha, M. Kastrup, S. Rajkumar, B. Singh, F. Njenga, A. Soghoyan, F. Kigozi at the WPA Open Forum, International Congress in Melbourne, November 29, 2007.



L to R: Profs. Chris van Weel (WONCA President) and J.E. Mezzich (WPA President) discussing inter-institutional collaboration at the International Congress in Melbourne, November 30, 2007.

## ■ CIOMS Executive Committee and General Assembly Meetings

On December 3 and 4, 2007, the Council for International Organizations of Medical Sciences, of which WPA is a full member, held two major institutional sessions. The first one was its Executive Committee meeting, attended by Profs. Ahmed Okasha (WPA Immediate Past President) and J.E. Mezzich (WPA President), during which CIOMS efforts in ethics and regulatory activities were discussed. The second was its General Assembly which partially renewed the institutional leadership.

At this session, Prof. Mezzich presented the plan for a Geneva Conference on Person-centered Medicine in May 2008, and CIOMS President, Prof. Michel Vallotton, agreed to participate formally in it, representing CIOMS.



Members of the General Assembly of the Council of International Organizations of Medical Sciences (CIOMS, meeting in Geneva, December 4, 2007.

## ■ A Second Year of Governance and WPA's Institutional Achievements

### MESSAGE FROM THE PRESIDENT OF WPA

WPA has recently completed a review of the Second Year fulfillment of the Strategic Plan 2005-2008. The appraisal was conducted with the collaboration of the Executive Committee, the Zonal Representatives and the chairs of Standing Committees, Institutional Programs and Task Forces. The work that was examined was, of course, what all members of the WPA family have carried out during the second segment of the present triennium. I would like to highlight below some of these institutional achievements, as I did earlier for those of the first year and published as a Presidential Message in WPA's Electronic Bulletin of February 2007.

#### General Governance

The pioneering formulation and publication of WPA's Governance Plans in 2006 has been followed by systematic evaluations of the fulfillment of the 2005-2008 Strategic Plan and component workplans at the end of the first year and now of the second year of the triennium, starting a tradition that we shall continue next year and one hopes will be followed in future years as well.

The Fourth Edition of the Manual of Procedures was completed during the second year and immediately posted on *WPA Online*. We hope that this updated version, incorporating statutory amendments from the latest General Assembly and laboriously gained operational experience, will continue the fundamental institutional value of this normative instrument initiated in 1997.

The implementation of our Permanent Secretariat in Geneva moved forward during this year, thanks to the work of our Secretary General and the dedication of our two administrators. WPA News has grown in content and colorful elegance. WPA Online, already informationally rich and punctually updated thanks to our hard-working

webmaster and team in Buenos Aires, is poised to achieve new capabilities as its administration moves to the Secretariat.

WPA's finances are in quite a good shape thanks to the efforts of our corresponding Secretary and the whole Executive Committee. The core budget is fully balanced and we enjoy a reserve fund of over half a million US dollars.

#### Promotion of Member Societies

The pace of leadership meetings with large as well as with grouped member societies has quickened, covering literally all world regions. In a related effort, the WPA president has visited in each of the first two years over 20 national or regional congresses. This has facilitated valuable exchanges of information and to make the WPA name quite well known across the world.

Zonal Representatives are increasingly prominent leaders in our Association. Illustratively, they produced outstanding workplans and annual progress reports and were the first WPA component to complete our General Survey.

The reality and presence and our continental Regions achieved new high marks in this second year. All of them, through the dedication of the corresponding Zonal Representatives, have held productive Regions meetings and have either already published or are close to distribute electronic bulletins.

Support for our societies in developing countries continues growing. Large societies are increasingly using WPA as channel of their international initiatives, and the small societies in the developing world are more and more affirming themselves and collaborating productively with each other.

#### Sectoral Activities

Sectoral work is carried out and guided primarily by the distinguished elected members of our Executive Committee. They are ably supported by colleagues in the Operational Committees who represent high competence and talents from across the world.

In the Educational area, work on personality and depression programs is advancing as well as that on curricular updating in collaboration with pertinent institutional programs. Particularly valuable is the enhanced set of professional development credits being developed by incorporating North American and European resources into WPA's broader array.

In the Publications arena, World Psychiatry continues as our flagship publication with international indexation and an increasingly wide distribution which includes editions in English, Spanish and Chinese. Volumes on Evidence and Experience in Clinical Psychiatry, Images of Psychiatry in different areas, Congress series and one series on Psychiatry for the Person continue growing. Particularly exciting are the steps that have been initiated to establish co-publication agreements with Wiley-Blackwell, which promise to enhance substantially our publication capabilities.

Scientific Meetings remain a major institutional activity primarily organizing or sponsoring events across the world in the form of World, International and Regional Congresses and Conferences, but also co-sponsoring many meetings of other relevant organizations. Particularly promising are the efforts to evaluate carefully our major events to increase further their scientific and cultural value.

WPA's 65 Sections represent the backbone of our Association. During this year a systematic evaluation of their performance has been carried out, presented and discussed which shall lead to further improvements in the Sections' functioning and contributions. Stronger communication and publication tools are being prepared.

#### Special Programs and Task Forces

Among our Institutional Programs approved by the General Assembly, that on Psychiatry for the Person has been particularly active. Their motto of promoting a psychiatry of the person, for the person, by the person and with the person has been warmly received wherever presented. Its conceptual, diagnostic, clinical care and public health components have been quite active and productive.

Specially noteworthy is the Conference on Person-centered Integrative Diagnosis and Psychiatry for the Person organized in London this October in collaboration with the UK Department of Health. Shortly after that, the German Society of Psychiatry and Neurology organized a national congress where integrative diagnosis was a major theme. The French Societies are now collaborating in the organization of a Paris Conference on Psychiatry for the Person on February 6-8, 2008. We are also organizing, in collaboration with International Medical Organizations and the University of Geneva Hospital a Conference on Person-centered Medicine to take place in Geneva on May 29-30, 2008. A Pinel Prize on Psychiatry for the Person: Articulating Medicine's Science and Humanism was recently established by the Executive Committee to be awarded for the first time at our World Congress in Prague.

Several Institutional Programs were established by the General Assembly in Cairo. And most of them have been quite active this year. The Institutional Program on Disasters and Mental Health has been instrumental in the latest WPA-WHO Joint Statement and the implementation of our Disaster Response plan which includes the coordination of Taskforces on the South Asian Tsunami, the Kashmir Earthquake, the North American Hurricanes, the Peruvian Earthquake and the Bangladesh Cyclone. The resources of the Section on Disasters and a Disasters Fund are also important in this Plan.

The Institutional Program for Young Psychiatrists has collaborated with the organization of Fellowship programs at several WPA major events this year and is assisting the WPA Young Psychiatrist Council and Network, with presence in *WPA Online*.

The Institutional Program on Perinatal Psychiatry and Infant Mental Health is increasingly collaborating with the Scientific Section of similar name. It has recently engaged the corresponding units of WHO, a relationship that promises to be quite productive.

The Institutional Program on Asian Psychiatry and Mental Health is particularly

active through its efforts with regional developing countries and special attention to disasters and their psychosocial consequences.

Three Task Forces have been relatively recently established by the Executive Committee. One on Brain Drain, one on Mass Violence and Mental Health, and one of Physicians' Health. They all have prepared substantial work plans and are starting to implement them.

### Collaboration with WHO and Other International Organizations

Interaction and cooperation with the World Health Organization are increasingly active. After the first WPA-WHO Joint Statement on the Role of Psychiatrists in Disasters Response presented in December 2006, a new one is being prepared in connection to our interinstitutional collaboration on comorbidities. Cooperation on classification and diagnosis includes joint efforts for the revision of the ICD Classification of Mental Disorders as well as for the development of a Person-centered Integrative Diagnostic Model and Guide. The contributions of the emerging WPA Global Network of National Classification and Diagnosis Groups, coordinated by our Classification Section, shall be very helpful in this regard.

This year the executive committees of the WPA and the World Federation for Mental Health signed the first formal collaborative agreement. In line with this, the WFMH leaders have offered lectures and symposia at each of our major congresses and the WPA president delivered the Mary Hemingway-Reese Memorial Lecture at the WFMH World Congress in Hong Kong. Collaboration has also included the WFMH World Mental Health Day and the WPA Program on Psychiatry for the Person, among several other projects.

Interactions with the World Medical Association have included this year their invitations for the WPA president to attend their Council Meeting this May and their General Assembly this October. Noteworthy is that for the first time the WMA has asked WPA to assist in reviewing their most important document, the Helsinki Declaration for Ethics in Medical Research,

a process which is intensively involving our Standing Committee on Ethics.

The World Federation of Neurology (WFN) was represented by their president at our Institutional Congress in Istanbul. They proceeded to invite the WPA president to speak at the WFN Jubilee in Brussels this August. They appear particularly interested in joining our efforts to articulate science and humanism.

The first formal meeting of the president of the World Organization of Family Doctors (WONCA) and the WPA leadership took place this November in Melbourne. They have expressed high interest to collaborate with us in a number of efforts, from comorbidity to person-centered care.

WPA is a formal member of the Council for International Organizations of Medical Sciences (CIOMS) founded by WHO and UNESCO and based in Geneva. As such, for several years our leaders have been participating in CIOMS activities, and this has increased notably this year through our participation in their Executive Committee Meetings and their General Assembly. They as well as the other international medical organizations listed above have offered to participate actively in the Geneva Conference on Person-centered Medicine we are organizing for May 29-30, 2008.

### Colophon

The healthy institutional exercise of examining how we are doing by appraising the yearly fulfillment of the Strategic Plan has revealed significant advances. They encompass the internal consolidation of our Association as well as its external projection. The initiative on Psychiatry for the Person seems to have caught the imagination of WPA components and relevant international health organizations. With continuous hard work and dedication to our high ideals we can look with anticipation to the future we are building together.

Prof. Juan E. Mezzich  
President of the World Psychiatric Association

## ■ The Reinstatement Process of WPA Sections



Prof. Miguel R. Jorge  
WPA Secretary for Sections

According to the WPA By-Laws the purposes of Sections comprehend the collection, analysis, presentation and dissemination of information concerning services, research and training in the various fields of psychiatry and mental health, and the advancement of scientific knowledge in these fields. To achieve these purposes, Sections have some strategies also defined in the By-Laws which are supposed to be evaluated every three years in order to allow their reinstatement by the Executive Committee (EC) upon recommendation of the Secretary for Sections (SfS).

In the beginning of 2007, as the WPA SfS I have produced a questionnaire aiming to direct the reinstatement process which was submitted, modified and approved by the EC, and then sent to all 65 WPA Sections last March. At our last EC meeting in Melbourne in December, I have presented a full report regarding the information provided by the Sections which is now here summarized to the knowledge of all WPA Components.

From the 65 Sections, one – the Military Psychiatry - is actually inactive since it was split from the Disaster Psychiatry Section and it will need a special meeting during the Prague Congress in order to be revitalized. Other 3 Sections did not answer the questionnaire and are now being personally contacted and requested to present the information needed for their reinstatement. So, all data presented from now on are related to the 61 Sections (94%) which answered the questionnaire.

In order to be reinstated, Sections must: i) have at least 20 members; ii) have held in the last 3 years an election for the Section Committee; iii) have presented in the last 3 years one symposium at a World Congress and at least one symposium or course at a Regional Meeting or Congress and/or have prepared educational material authorized to carry the WPA logo by the EC; and iv) have carried out activities described in its triennial plan of work or presented reasons for not having done so.

18 (30%) out of 61 Section which provided information did not meet the criteria to be reinstated: 8 because they have less than 20 members, another 8 because they did not hold elections in the last 3 years, and 2 because they did not meet criteria iii) above.

Most of the Sections show a good profile of activities required in the By-Laws and the Manual of Procedures as strategies to achieve their main purposes (Table 1) (see following page). There are not many Sections (12 out of 61) producing consensus and position statements even because some of the Sections are not related to specific fields of knowledge that could easily allow the production of such statements. All other activities (but not theory development and testing, as well as apprais-

ing the relationship between practice and research) were developed by at least half of the Sections. Some other important information came from the different Sections (Table 2). (See following page)

Even considering that the WPA By-Laws just states that is preferable (not mandatory) that a Section member serves no more than 6 years as a Section Officer (and no more than 9 years as a member of the Section Committee), 30% of the Sections which provided this information (56) have the same person as its Chair for more than 6 years and the situation is more or less the same for the position of Secretary (25% of the Sections).

We have also asked the Sections to inform their main needs and expectations. *Funding* was mentioned by 23 out of the 61 Sections as their main need and they informed that funding would be important for many different activities like administration, research, publications, educational programs, scientific meetings, travel, and support to people from low-income countries. *Improved communication* was the most cited expectation overall also in relation to their relation with the EC, WPA Member Societies, other Sections, and other WPA Components.

The EC has decided to make an extra effort which is under way in contacting particularly the 22 Sections which did not answer the questionnaire and those which did not meet the criteria for reinstatement asking for the complete fulfillment of their responsibilities as all of them are very much important in their field of knowledge for all WPA Components. Besides that, the main needs and expectations of the Sections are under consideration by the EC and were also informed to the Planning Committee.

## ■ Number of WPA Sections Which Developed Different Activities Required

Activities Reported	Out of 61
Activities Developed Since Cairo	59
Activities Planned Up To Prague	56
Activities with Member Societies	42
Activities with Other Sections	40
Consensus or Position Statements	12
Educational Program, Guidelines or Publications	43
Information Collected	39
Information Disseminated	45
International Collaborative Research	34
Organization of Scientific Meetings	48
Organization of Symposia or Courses at WPA Meetings	59
Theory Development/Testing; Practice/Research Relation	29
Training and Teaching	38
Working Relations with Other Organizations	53

Table 1

## ■ WPA Sections Other Relevant Information

Table 2

Number of Sections	n
... which didn't have at least 2 out of 3 officers as qualified psychiatrist	3
... which didn't inform or didn't have more than 1/3 of members present at the last elections	12 10
... which have rules of members' admission	35
... which have Journals (owned or in collaboration)	12
... which have Newsletter	16
... which have By-Laws	7

## Reports from WPA Scientific Sections

### ■ An Update on the WPA Section on Art and Psychiatry

**Section Officers:** Hans-Otto Thomashoff (Austria) (*Chair*), Alexander Kopytin (Russia) (*Co-Chair*), and Ekaterina Sukhanova (USA) (*Secretary*)

The current triennium has brought us new Section members from different continents and many new plans. Although, as is the case with many WPA Sections, the realities of fundraising sometimes force us to postpone or curtail our activities, the Section has been able to accomplish a number of important activities.

In 2006, a Section symposium and an art exhibit, "Uniqueness and Universality," have been organized at the WPA International Congress in Istanbul, Turkey.

In 2007, the Section organized a symposium and an art exhibit at the WPA Regional

Meeting in Nairobi, Kenya. Exhibits of outsiders' art were also organized at the WPA Regional Meeting in Seoul, South Korea and in St. Petersburg, Russia.

2008 promises to be a busy year as well: the Section is preparing to take an active part in the upcoming World Congress of Psychiatry in Prague this September. Two Section symposia have been organized. A published volume with contributions by many of our members is now being edited and is scheduled to appear in time for the Prague World Congress. Its theme, "The Person in Art: Conceptual and Pictorial Frames on Art and Mental Health", is aligned with the main theme of the Congress and the WPA three-year Institutional Program for Psychiatry of the Person. Through an interdisciplinary multicultural approach, this book explores the role of psychiatric art in facilitating personal empowerment, fostering the healing process, and confronting stigma.

Today when we are constantly reminded of the dangers of thinking in exclusive terms, art affords us a model of dialogue in which the other is accepted as an equal conversation partner. Art fosters cooperative communication in which dignity and individuality of a mental health patient may be reaffirmed. At the same time, art allows for critical distance, retrospection, and vast opportunities for individual choice, and thus may be conducive to an improved self-image and self-esteem. The book discusses norm and its transgression as aesthetic categories influencing the understanding of "outsider" and "mainstream" art. The book will be illustrated with reproductions of artworks, many of which are expected to be seen at the art exhibit currently planned to take place at the Mayor's Office in the heart of Prague.

Any colleague interested in our activities and wishing to join the Section is welcome to write to ekaterinas@verizon.net. We look forward to hearing from you.

## ■ WPA Section on Ecology, Psychiatry and Mental Health

Giuseppe Spinetti (*Chair*), Sadanand Rajkumar (*Co-Chair*), Simon-Daniel Kipman (*Secretary*)

Our WPA Section will hold the WPA Co-Sponsored Council Scientific Meeting “REFLECTIONS AND IDEAS FOR AN INNOVATIVE PSYCHIATRY. *Health Policy, Artistic Activity, Ecology, Ethics: New perspectives of Psychiatry*” in Fiuggi (France) from 2 – 6 May 2008. We will present some *areas of interest for the eco-psychiatric approach*:

1. Ethics
2. Quality of life
3. Individual and collective behaviours in environmental disasters and their psychopathological consequences
4. Relationship between mental health and environment including work-place
5. Ethnic and transcultural psychiatry
6. Genetic and molecular research in its implications with environment and human behaviour

As the “Manifesto of San Marino” (2001) explains, the Fields covered by the Section on Ecology, Psychiatry and Mental Health are:

- To promote a systematic exploration, within the context of the three levels of prevention, addressing mental distress and disorders correlated to environmental influences.
- To find out corrective provisions in order to fight against the above-mentioned distress and disorders;
- To follow a right evolution of human physiological processes in their correlations with environment so that pathological deviations could be detected as early as possible.
- To promote and protect the advancement of knowledge as the main source for reducing human suffering, for improving human health and welfare, for supporting human progress.
- To recognize the freedom of research as instrumental value for implementing human health and welfare (in accordance with: WPA Declaration in Madrid, August 1996; Convention of Bioethics of European Council, November 1996; Universal Declaration on the Human Genoma and the Human Rights by UNESCO, November 1996, which assets “the freedom of research, that is needed for the progress of knowledge, comes from the freedom of mind”).
- To promote the relational use of technologies, the preservation and the management of resources even with tools preventing phenomena possibly associated to a very rapid development of research and technique, such as egoism, excessive individualism, mere economical profit up to human and institutional enslavement.
- To promote knowledge of the fundamental human rights, since we are convinced that an increased awareness of man’s values and respect for nature and ties linking men to other living species would be a safeguard against actions and events that could endanger human dignity, fundamental rights and the whole ecosystem.
- To stimulate the reflection and the sense of responsibility among all the parties concerned with regard to their choices and actions and the consequences they produce, also by strengthening the role of the main regional, national and world organizations.
- To stress that the whole mankind is called upon to think, reflect and pursue the dialogue which is, precisely because of diverging opinions and differences in culture and, moreover, in view of the emergent role of technology and economics, a high expression of the faith in the very possibility of survival.
- To evaluate the most suitable strategies and activities for tackling issues on which a plurality of social, religious, political, cultural and ethical approaches do converge and which are translated into differentiated attitudes towards interpersonal relationships and relationships between nature and scientific progress.
- To use regulatory tools to implement, rather than to limit, the full expression of his freedom in order to face abuse, injustice, dangers and risks.
- To resort to different and heterogeneous systems of social regulation and control.
- To acknowledge the leading role of information in order to enable the fundamental rights of man and the respect for environment to be recognized and defended, for developing a balanced and harmonious relationship even with respect to technical and scientific development. In this approach it is necessary to follow strictly rational models, avoiding that one may be conditioned by ideologies or emotionality.
- To promote education and training targeting the growth of an ecological and social sensitivity and an ethical responsibility aimed at developing the ability to recognize moral values in all kinds of situation and to feel that respecting and safeguarding them is a duty.
- To be committed to a radical reform of culture concerning gender-related differences, also by safeguarding processes such as pregnancy and menopause, with reference to both physical and social environmental context, in order to improve the condition of women and ensure that a genuine legal equality is achieved on ethical grounds.
- To identify and safeguard differences originating from ethnic diversity, also with reference to the environment in which they exist, for the purpose of promoting the growth of sensitivity to and the culture of the respect for differences and human dignity.
- To promote the development of multidisciplinary governmental and non-governmental organizations, institutions and associations aimed at devising strategies able to improve the quality of life and prevent irreversible trends in disruptive social behaviours.
- To support scientific disciplines, cultures and knowledge based on a systemic and holistic concept of life.
- To ensure that, congruently with the institutional aims of a democratic country, disciplines and knowledge pertaining to the different human interests may develop rational systems of analysis at both cognitive and ethical level, maintaining as its goal to reach a broad consensus, taking into

account moral relativism, subjectivism and variety and differences of cultural traditions.

- To recognize as significant the role of the legal system, the task of which is to develop effective modalities of co-existence and control in a pluralistic social dimension increasingly characterized by differentiation and co-presence of different cultures, choices and scales of ethical values.
- To adopt, also by means of specific training programs and activities, an

attitude of understanding and tolerance in the framework of a holistic vision and a broad and sensitive knowledge as an expression of adequate critical reflections.

The Section on Ecology, Psychiatry and Mental Health develops specific Activities on Mental Health, Ethics, Ecology and Social Psychiatry and studies the influences of Environment in developing of mental illness.

Our Section publishes a regular scientific journal:

1. *Journal on Line on "Ecology, Psychiatry & Mental Health"*
2. *Newsletter on "Ecology, Psychiatry & Mental Health" (www.ecopsi.org)*

On occasion of the WPA Co-Sponsored Council Scientific Meeting "*REFLECTIONS AND IDEAS FOR AN INNOVATIVE PSYCHIATRY. Health Policy, Artistic Activity, Ecology, Ethics: New perspectives of Psychiatry*", in Fiuggi (FR), our WPA Section will present the "Manifesto of Fiuggi" (2008).

## ■ WPA Section on Occupational Psychiatry

Jacques Metzger, Section Co-Chair

Occupational Psychiatry is a small yet enthusiastically active Section, which aims to advance knowledge and applications of the interaction of work and mental health at both the individual and the organizational level. It was founded by Professor Lennart Levi from the Karolinski Institute, Sweden, who worked hard at making the Section into a truly International unit, which now counts members from Europe, USA, Japan, China, Korea, Australia, and Brazil. Professor Levi is now a member of Sweden's Parliament

and for many years was instrumental in influencing the European Commission's Policies on Stress in the Workplace.

A symposium, *Working Together for Mental Health in the Workplace*, at the December 2007 WPA International Congress in Melbourne gives only a flavour of the Section's interests and activities with paper titles:

1. Job Resources and Demands as Predictors of Mental Health and Determination to Continue in the Workplace: the roles of Connectedness and Engagement (Metzger, Australia)
2. Unemployment and Adolescent Mental Health (Winefield, Australia)

3. Burnout Syndrome and Quality of Life in the Military police and "Civil" police of Campo Grande (Guimarães, Brazil)

4. Job loss and Mental Health-On line counseling at public job-matching centers (Shima, Japan)

This symposium was not as well attended 'down under' as was the WPA World Congress in Cairo 2005 in which the Section featured more and varied speakers as well as a number of Symposia, but WPA World Congress in Prague 2008 is lining up to be a beauty with 8 speakers confirmed already!

## ■ Brief Report on the Activities of the WPA Section on Pharmacopsychiatry

Hans-Jürgen Möller, Section Chair

The most intensive and time-consuming activities of the WPA Section on Pharmacopsychiatry have been the development of Section statements on different hot spots of clinical psychopharmacology and pharmacopsychiatry. These evidence-based, very fair consensus statements are interesting and helpful for WPA decisions in the area of pharmacopsychiatry and should be seen as very important products of the Section.

Rajiv Tandon and Hans-Jürgen Möller, together with the other Section members, have prepared a consensus statement entitled 'World Psychiatric Association Pharmacopsychiatry Section statement on comparative

effectiveness of antipsychotics in the treatment of schizophrenia'. The development of this statement involved many discussions and revisions and has resulted in a fair and balanced statement that has been accepted for publication in the renowned psychiatric journal, *Schizophrenia Research*.

Even before finalization of its first statement, the Section immediately started work on another consensus paper on the question whether SSRIs or antidepressants in general increase suicidality. This manuscript is being prepared by Hans-Jürgen Möller in cooperation with Guy Goodwin, and the first two drafts have already been circulated to the Section members. The third, pre-final version is currently being finalized. This topic is of great interest not only in the medical world but also amongst the general public, where claims that SSRIs have caused suicidality in children and adolescents have resulted in doubts about

the benefits of antidepressant treatment in not only these age groups but also adults.

A third section statement on the topic of weight gain and metabolic disorders in psychiatric patients, with special reference to the respective risk of psychiatric drugs, is being prepared by Cyril Höschl. Again, this topic is highly relevant to both physicians and the general public.

The Section will actively participate in the XIV World Congress of Psychiatry in September 2008 in Prague with a symposium entitled 'Hot topics in pharmacopsychiatry'. The symposium will cover areas of pharmacopsychiatry that are of current interest either because the respective drug treatment is poorly accepted or because it is difficult to select the most appropriate drug. These areas include dementia, psychosomatic disorders, acute stress reactions and cognitive enhancement in schizophrenia.

## ■ WPA Section on Philosophy and Humanities in Psychiatry

**Section Officers:** Bill (KWM) Fulford (*Chair*), Giovanni Stanghellini (*Co Chair*), Matthew Broome (*Secretary*)

The Section on Philosophy and Humanitarian Psychiatry has been working actively with the IPPP (Institutional Programme on Psychiatry for the Person) on a number of practical initiatives. In particular, we have been supporting a national consultation in the United Kingdom (UK) that will lead to UK

government's guidance on assessment and diagnosis in psychiatry. This has included running a most successful joint conference in London organized by Juan Mezzich for the WPA and Bill Fulford for the UK Government Department of Health. If you would like to contribute to the consultation please go to the Department of Health Website: [www.dh.gov.uk/en/Consultations/Liveconsultations/DH\\_080913](http://www.dh.gov.uk/en/Consultations/Liveconsultations/DH_080913). We are also working with the INPP (the International Network for Philosophy and Psychiatry) on a number of new books for the series from Oxford University Press – for information on new books in the series go to: [www.oup.co.uk/series/i/ipp](http://www.oup.co.uk/series/i/ipp).

This year's conference in the INPP international series, also sponsored by the WPA, is being organized by John Sadler in Dallas on the theme of Psychiatry and Freedom – for information go to:

[www.utsouthwestern.edu/psychiatryandfreedom](http://www.utsouthwestern.edu/psychiatryandfreedom) website or the INPP website: [www.inpponline.org](http://www.inpponline.org).

An exciting new academic development is a new DPhil. (doctoral) Scholarship in the Faculty of Philosophy in Oxford – for further information go to:

<http://www.philosophy.ox.ac.uk> website.

Finally, we have a number of activities lined-up for Prague – we look forward to seeing everyone there!

## ■ Report of the Section on Schizophrenia: Novel Approaches to the Classification and Therapy of Schizophrenia

Wolfgang Gaebel (*Section Chair*), and Jürgen Zielasek

The WPA Section on Schizophrenia was founded in 2002 and currently has 30 members. Its Section Committee consists of the Chair (W. Gaebel, Germany), the Co-Chair (V. Larach, Chile) and five Officers (R. Emsley, South Africa, Secretary; W. Fleischhacker, Austria; G. Heinze, Mexico; P. McGorry, Australia; and W. Rössler, Switzerland). The main aims are to promote illness-specific diagnostics, treatments and services with reference to evidence-based psychiatry, promoting research in the field, contribute to activities against stigma and discrimination, improving networking between service and research, coordinating and cooperating with other national and international organizations, and organizing conferences and participating actively in the WPA Congress Activities.

Major activities of the Section are related to the revision of the current psychiatric classification systems. The Kraepelinian dichotomy between schizophrenia and affective disorders was heavily debated (cf. for example the recent Forum on this question in the June issue of *World Psychiatry*). The Section Chair was invited to participate in the “Deconstructing Psychosis” conference in the framework of the research conference series preparing DSM-V and jointly

organized by the American Psychiatric Association/American Psychiatric Institute of Research and Education, the National Institutes of Health and the World Health Organization (cf. Allardyce et al., 2007). He has recently been invited to join the APA/APIRE task force revising the classification of schizophrenia. The Section Chair has also been invited to join the Global Scientific Partnership Coordinating Group (chaired by Prof. N. Sartorius) formed by the WHO which serves to ascertain the input of non English-speaking countries into the revision process. The Section Chair also heads a tri-national GSP subgroup of German-speaking countries which will specifically deal with German-language input into the revision process of ICD-10. The Section Chair edited a special issue of the German-language scientific journal “Die Psychiatrie” featuring among a series of other articles a contribution by the WPA President, Prof. J.E. Mezzich, and Prof. I.M. Salloum on Person-centered integrative diagnosis (Vol. 4, Issue 4, 2007; contents index available at <http://www.schattauer.de/index.php?id=1826>, last accessed Jan 21, 2008).

The Section is still supporting the WPA Open The Doors initiative to fight stigma and discrimination. Recently, German results from this initiative have been published by Gaebel et al. (2008). Currently, the activities are focusing on the development of a Mental Health Alliance in Germany, in which representatives of government bodies, users, families and the professional medical community join forces to combat stigmatization. This Mental Health Alliance held its first national conference last October and may serve as a model for similar activities in other countries.

Beyond Section activities, major scientific input came into the schizophrenia field from a study showing that agonists of metabotropic glutamate receptors have beneficial effects in schizophrenia. Currently, the Section is awaiting confirmatory data before this may be supported in statements of the Section. Similarly, the Section Chair and Co-Chair are cooperating in research evaluating a behaviour oriented treatment manual for facial affect recognition dysfunctions in people with schizophrenia (Wölwer et al., 2005). In addition, the Section page of the WPA internet pages features an international survey and comparisons of Schizophrenia Practice Guidelines and a comparison of key recommendations between guidelines (<http://www.wpanet.org>) (also published by Gaebel and co-workers, 2005). On behalf of the Section on Schizophrenia, Prof. A. Ücök and Prof. W. Gaebel compiled a review on side-effects of atypical antipsychotic medication (Ücök and Gaebel, 2008).

In respect to conference activities, the Section co-organized together with the German Research Network on Schizophrenia the first European Conference of Schizophrenia Research in Düsseldorf last September, featuring WPA and AEP as co-sponsors. Besides the Section Chair, the Co-Chair and all Officers plus several Section Members actively participated. The Second European Conference of Schizophrenia Research will take place in Düsseldorf Sept 23-25, 2009, and all WPA Members and other psychiatrists interested in schizophrenia research are cordially invited to participate (more information can be obtained at <http://www.schizophrenianet.eu>). Also, WPA became a co-sponsor of the annual congress of the German Society for Psychiatry, Psychotherapy

and Nervous Diseases (DGPPN), which was held in November 2007 and hosted more than 7000 participants. The Section Chair, who is currently the President of the DGPPN, invited the President of the WPA, Prof. J.E. Mezzich, to deliver a keynote lecture on Psychiatry of the Person in the Presidential Symposium of this conference dedicated to the future of classification. The Section Chair and some of the Section Members will participate in the Paris conference on Psychiatry of the Person in Paris (February

2008), which will feature an Inter-Sectional Meeting. The Section is organizing a Section symposium on the reclassification of schizophrenia at the WPA World Congress in Prague in the fall of 2008.

Finally, on a conceptual level, the Section Chair is performing research into a neurobiologically-based novel approach to mental disorders, using neurobehavioral modules as the basis for the pathophysiology of mental disorders (Gaebel et al., 2006).

Empirical tests for a proof-of-concept study of such a framework are currently being established.

Taken together, these are exciting times in schizophrenia diagnosis and treatment. The Section is striving to be heard in the revision process of the current classification systems and will continue to evaluate treatment guidelines for schizophrenia, including a critical appraisal of new therapies.

## ■ Section on Transcultural Psychiatry

Ronald Wintrob MD, Section Chair

### Report on the WPA-TPS Stockholm Conference; 9-12 September 2007

It was a blustery autumn weekend when nearly one hundred conference participants arrived in Stockholm from North America, Europe and Asia to attend the conference on 'Multicultural Dialogue in a Globalizing World,' jointly sponsored by WPA-Transcultural Psychiatry Section (WPA-TPS), Society for the Study of Psychiatry and Culture (SSPC), and World Association of Cultural Psychiatry (WACP).

The venue for the conference was the dramatically located campus setting of Ersta College, in the southern Stockholm community of Sodermalm. Ersta's campus is perched at the crest of a steep hill above the entrance to the inner harbor of Stockholm and offers spectacular views of the city center; a twenty-minute walk down the hill and across the bridge.

The conference welcoming ceremony Sunday afternoon September 9<sup>th</sup>, was followed by the keynote presentation by the Rector of Ersta Skondal University College, Prof Jan-Hakan Hansson, titled "Reflections on Challenges for the Swedish Welfare State in the New Millennium: Examples from current issues in psychiatric care in Sweden". That was followed Sunday evening by a reception for all conference participants at the Ersta Conference Center, hosted by Prof Hansson and Ersta College.

After formal opening ceremonies on Monday morning, the scientific program continued with a comprehensive overview plenary presentation

by Marianne Kastrup from Copenhagen, on "Issues in Cultural Psychiatry in the Scandinavian Countries". Dr Kastrup cited and summarized contributions to research and clinical care in cultural psychiatry since 2000 by numerous Scandinavian academics and clinicians, as well as pointing out the implications of those contributions for policy related to health care and social services. Dr Kastrup's presentation fit very well with that of Prof Hansson, addressing similar philosophical and policy issues from clinical and research perspectives in cultural psychiatry.

The first morning of the conference included two plenary symposia; one on inter-racial and inter-ethnic marriage sponsored by WPA-TPS, and another on worldwide development of cultural psychiatry, sponsored by WACP. These were the first of nearly thirty symposia that were incorporated in the program over the three days of the conference. The symposium topics ranged from cultural issues in the development of DSM-V to biculturalism and multiculturalism in the life experience of cultural psychiatrists, from gender and cultural variables in psychiatric assessment to medical illness among refugees.

Other symposia addressed comparative transcultural therapies in European countries, mental health issues in northern European countries, explanatory models and narrative in cultural psychiatry, chronic stress and mental health issues related to migration, doing cultural psychiatry research on a small scale, psychiatric assessment of refugees and immigrants, coping abilities of migrant mental health professionals, culture-related case histories, medical anthropology and mental health service provision, cross-cultural

perspectives on anxiety disorders, culture and religion, and culture and psychotic disorders.

Over the three-day course of the conference there were nearly 100 papers presented, as well as 13 posters of scholarly work in cultural psychiatry. A complete list of papers and posters presented at the conference can be accessed on the conference website.

On the final afternoon of the conference, Drs Wintrob, Boehnlein and Tseng reported on the current activities and future plans of WPA-TPS, SSPC and WACP respectively.

The social program was as varied and intense as the scientific program, leaving only one evening free for conference participants to explore some of the fine restaurants and cultural life of the Swedish capital. Among the highlights of the social program were a reception, buffet dinner and guided tour at the extraordinarily imposing Stockholm City Hall, hosted by the Stockholm District Council, and a wonderful closing gala dinner at the Skansen national folk heritage museum site.

Following the conference, many participants took advantage of the opportunity provided by being in Stockholm, to spend a few more days exploring the city, other regions of Sweden and other Scandinavian countries.

It was, overall, a very successful conference, leaving participants with the feeling that they were glad to have been able to be in Stockholm for a unique and fulfilling experience of psychiatry and culture with a Swedish flair and a Scandinavian freshness.



## Geneva Conference on Person-centered Medicine

May 29 - 30, 2008

Auditorium of the University Hospital of Geneva

Organized by the World Psychiatric Association Institutional Program on Psychiatry for the Person (IPPP) in collaboration with the World Medical Association (WMA), the World Organization of Family Doctors (WONCA), the World Federation of Neurology (WFN), the World Federation for Medical Education (WFME), the Council for International Organizations of Medical Sciences (CIOMS), the World Federation for Mental Health (WFMH), and the International Alliance of Patients' Organizations (IAPPO), and with the auspices of the Geneva University Hospital.

### Organizational Support

IPPP Leadership (J.E. Mezzich, G. Christodoulou, B. Fulford, I. Salloum, R. Montenegro, A. Tasman, H. Herrman, M. Amering), Geneva Task Force (J. Cox, F. Ferrero, O. Kloiber, B. Ruedi, H-R Pfeifer, A. Engstrom, P. Atiase), and unrestricted grants from Johnson & Johnson and the International Federation of Pharmaceutical Manufacturers and Associations

### Conference Objectives

To present and discuss conceptual bases, personal identity and meaning, ill- and positive-health domains, clinical care, public health, special initiatives, and international organization perspectives on person-centered medicine.

### Information and Coordination

Registration and general information: WPA Secretariat ([wpasecretariat@wpanet.org](mailto:wpasecretariat@wpanet.org))

T: 41-22-305-5737 /30/32/ F: 41-22-305-5735

Scientific program information and coordination:

Profs. Juan Mezzich ([juanmezzich@aol.com](mailto:juanmezzich@aol.com)) and Michel Botbol ([michel.botbol@wanadoo.fr](mailto:michel.botbol@wanadoo.fr))

## Member Societies having responded to General Survey Questionnaire

(Listed by Region)

### Region I – The Americas

Foundation for Interdisciplinary Investigation of Communication (Argentina)  
Bolivian Society of Psychiatry  
Brazilian Association of Psychiatry  
Psychiatric Association of Rio de Janeiro State (Brazil)  
Colombian Psychiatric Association  
Ecuadorian Association of Psychiatry  
Guatemalan Psychiatric Association  
Society of Neurology, Psychiatry and Neurosurgery (Chile)  
American Psychiatric Association  
Venezuelan Society of Psychiatry

### Region II – Europe

Armenian Association of Psychiatrists and Narcologists  
Azerbaijan Psychiatric Association  
Bulgarian Psychiatric Association  
Byelorussian Psychiatric Association  
Czech Psychiatric Society  
Danish Psychiatric Association  
Estonian Psychiatric Association  
Finnish Psychiatric Association  
French Association of Psychiatrists in Private Practice  
French Psychiatric Information Society  
Medical Psychologic Society (France)  
The Psychiatric Evolution (France)  
German Society of Psychiatry, Psychotherapy and Neurology  
Hellenic Psychiatric Association (Greece)  
Hungarian Psychiatric Association  
Icelandic Psychiatric Association  
Israeli Psychiatric Association  
Italian Association for Research in Schizophrenia  
Kyrgystan Psychiatric Association  
Latvian Psychiatric Association  
Lithuanian Psychiatric Association  
Norwegian Psychiatric Association

Polish Psychiatric Association  
Portuguese Society of Psychiatry and Mental Health  
Association of Free Psychiatrists of Romania  
Romanian Psychiatric Association  
Independent Psychiatric Association of Russia  
Russian Society of Psychiatrists  
Association of Psychiatric Institutions of Serbia - UPUS  
Serbia Psychiatric Association  
Slovak Psychiatric Association  
Psychiatric Association of Slovenia  
Spanish Society of Psychiatry  
Psychiatric Association of Turkey  
Turkish Neuro-Psychiatric Association  
Ukraine Scientific Society of Neurologists, Psychiatrists and Narcologists

### Region III – Africa and Middle East

Arab Gulf Psychiatric Association  
Egyptian Psychiatric Association  
Iraqi Society of Psychiatrists  
Lebanese Psychiatric Society  
Mauritius Psychiatric Association  
Association of Psychiatrists in Nigeria  
Palestinian Psychiatric Association  
South African Society of Psychiatrists (SASOP)  
Sudanese Association of Psychiatrists  
Tunisian Society of Psychiatry  
Uganda Psychiatric Association

### Region IV – Asia and Australasia

Bangladesh Association of Psychiatrists  
Hong Kong College of Psychiatrists  
Indian Association for Social Psychiatry  
Indonesian Psychiatric Association  
Iranian Psychiatric Association  
Japanese Society of Psychiatry and Neurology  
Korean Neuropsychiatric Association  
Mongolian Mental Health Association  
Singapore Psychiatric Association  
Taiwanese Society of Psychiatry  
Psychiatric Association of Thailand  
The Royal Australian and New Zealand College of Psychiatrists

## WPA Thematic Conference on Depression and Other Common Mental Disorders in Primary Care

18-21 June 2008, Granada, Spain

A WPA Thematic Conference will take place in Granada, Spain, between 18th and 21st June 2008. The title is “**Depression and other common mental disorders in Primary Care**”. And its motto is “*Working together*”. Mental and Primary Health professionals working together, exchanging experiences and perspectives, on one of the most relevant areas of Public Health, due to the morbidity and the DALY’s implied.

Nine plenary sessions and almost 40 simultaneous symposia will take place. International leading speakers will intervene on lectures and presentations. The official symposia

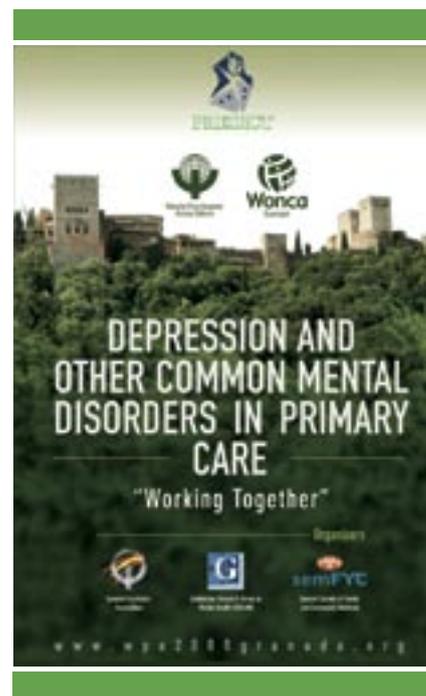
included in the Scientific Program will be about the following topics:

- Biological factors in the detection and management of Mental Health Disorders.
- Developing and delivering mental health services across the world, where are we failing?
- Collaborative intervention between psychiatry and primary care: “working together”
- Development of a risk algorithm for onset of major depression: the PREDICT study.
- Psychoses in the Community: from early diagnosis to continuity of care.
- Do antidepressants work in primary care?
- Primary Care Mental Health in lower and middle-income countries. What can the West learn?

Look for more information at the Web site of the Conference:

[www.wpa2008granada.org](http://www.wpa2008granada.org)

Prof. Francisco Torres-González  
Chairperson of the Organizing Committee



## XIV World Congress of Psychiatry 20 – 25 September 2008, Prague, Czech Republic

The World Congress of Psychiatry in Prague, with the motto “Science and humanism: for a person-oriented psychiatry”, is an opportunity for psychiatrists of various countries, affiliations and ways of life to meet in that beautiful city in the middle of Europe, and discuss the challenges psychiatry is expected to address.

There will be Plenary and Special Lectures, delivered by distinguished specialists in the field, such as Felice Lieh-Mak, Juan José Lopez-Ibor, Mario Maj, Juan Mezzich, Ahmed Okasha, Norman Sartorius and Costas Stefanis. Also, the presentation of the Mayor of the city of Prague, Pavel Bém, a psychiatrist specialized in addictology, will bring some more views and experiences.

The Organizing Committee is also preparing a unique cultural and social program divided in special days, which should enable foreign

participants to be acquainted with some interesting events from the local history.

More information can be found at:  
[www.wpa-prague2008.cz](http://www.wpa-prague2008.cz)

**Congress Organiser:**  
GUARANT International spol. s r.o.  
Opletalova 22, 110 00 Prague 1  
Czech Republic  
Phone: +420 284 001 444  
E-mail: [wpa@guarant.cz](mailto:wpa@guarant.cz)

April 2009

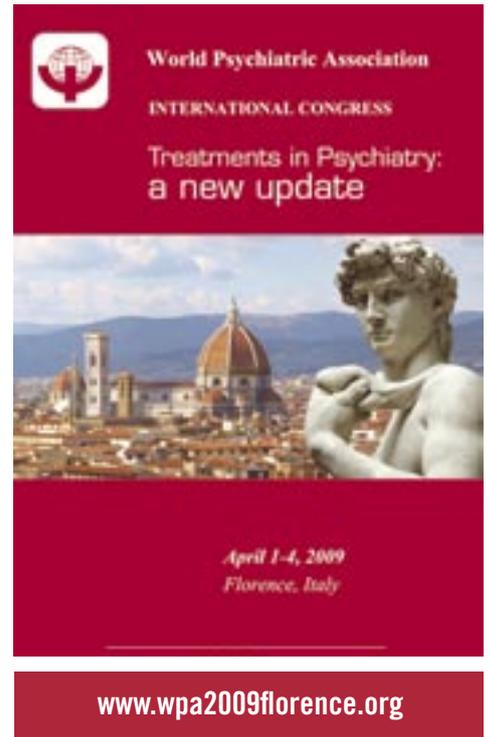
## The WPA International Congress “Treatments in Psychiatry: A New Update” 1-4 April 2009, Florence, Italy

The WPA International Congress “Treatments in Psychiatry: A New Update” will take place in Florence, Italy, from 1 to 4 April 2009. It will be the follow-up to the 2004 WPA International Congress “Treatments in Psychiatry: An Update”, which was the second most attended psychiatric congress worldwide in that year, with almost 7,000 participants. This time, more than 8,000 participants are expected.

The Congress aims to provide a high-quality, comprehensive overview of all evidence-based treatments currently available for all mental disorders. Many of the most renowned experts in the various treatment areas will be among the speakers.

One component of the Congress will be represented by the ESI<sup>SM</sup> Top-Cited Scientist Lectures, which will be delivered by the scientists who attracted the highest total citations to their papers in indexed journals of psychiatry and psychology over the past 10 years (according to the Essential Science Indicators<sup>SM</sup>). Other components will be Update Lectures, Update Symposia, Advanced Courses, Regular Symposia, Section and Zonal Symposia, Workshops, New Research Sessions, Poster Sessions, Satellite Symposia and other Sponsored Events.

For further information, please visit the **Website** of the Congress ([www.wpa2009florence.org](http://www.wpa2009florence.org)) or contact the **Organizing Secretariat** (Prof. Mario Maj; [secretariat@wpa2009florence.org](mailto:secretariat@wpa2009florence.org)).



World Psychiatric Association  
INTERNATIONAL CONGRESS  
Treatments in Psychiatry:  
a new update

April 1-4, 2009  
Florence, Italy

[www.wpa2009florence.org](http://www.wpa2009florence.org)

June 2009

## II Thematic Conference on Legal and Forensic Psychiatry 16-20 June 2009, Madrid, Spain

**Organizer:** Spanish Society of Legal Psychiatry  
**Contact:** Dr. Alfredo Calcedo Barba  
**E-mail:** [forensicpsychiatry2009@gmail.com](mailto:forensicpsychiatry2009@gmail.com)

September 2009

## WPA Regional Meeting comes back to Africa 24-26 September 2009, Abuja, Nigeria



Prof. Oye Gureje  
President,  
Association of  
Psychiatrists in  
Nigeria  
WPA Zonal  
Representative  
(Zone 13)

The Regional Meeting that was held in Nairobi, Kenya, between March 21 and 23, 2007 has been widely described as very successful. The meeting drew participants from both within and outside Africa, with 25% of the participants coming from outside, and featured a high-level scientific programme.

The clamour for another continental meeting started almost immedi-

ately the Nairobi meeting ended. Now, the WPA Executive Committee has approved the holding of another Regional Meeting in Africa, this time in **Abuja, Nigeria's capital city from September 24-26, 2009**. The meeting will mark a further collaboration between the WPA and the African Association of Psychiatrists and Allied Professions (AAPAP) and will be hosted by the Association of Psychiatrists in Nigeria. With its theme of *“Scaling up and reaching down – addressing unmet need for service”*, the meeting will focus on the pressing need for the expansion of mental health service to underserved populations in countries across the world, but most especially in low- and middle-income countries.

The meeting will bring together not only researchers and clinicians in the fields of mental health and psychiatry, but also policy makers at national and international levels. It will therefore include lectures, symposia and poster presentations as well as high level roundtable policy discussions and workshops.

**For further information, please contact**  
Professor Oye Gureje  
([ogureje@comui.edu.ng](mailto:ogureje@comui.edu.ng))  
or  
Dr Femi Olugbile  
([femi\\_olugbile@yahoo.com](mailto:femi_olugbile@yahoo.com))

# Future WPA Scientific Meetings

**Prof. Pedro Ruiz, Secretary for Meetings**, Professor and Vice Chairman, Department of Psychiatry & Behavioral Sciences  
University of Texas Medical School at Houston, 1300 Moursund Street, Houston, Texas 77030, USA  
Tel: +1 713 500 2799. Fax: +1 713 500 2757. **E-mail:** pedro.ruiz@uth.tmc.edu

## February 2008

1-29 February 2008: "9th Edition of the Virtual Congress Interpsiquis 2008", Palma de Mallorca, Spain. Organizer: Interpsiquis 2008. Contact: Dr. Pedro Moreno. E-mail: pedro.moreno@telefonica.net Website: www.interpsiquis.com

7-9 February 2008: "Third Conference of Psychiatry: Psychiatry in General Psychiatry", Abu Dhabi, United Arab Emirates. Organizer: Health Authority of Abu Dhabi, UAE. Contact: Dr. Zane Omara. E-mail: zanomara@eim.ae Website: www.ICANUAE.com

14-16 February 2008: "II Congreso Internacional Medicina y Salud Mental de la Mujer: Asimilando la Diferencia Para su Abordaje", Medellin, Colombia. Organizer: CES Faculty of Medicine. Contact: Dr. Silvia Gaviria. E-mail: sgaviria1@une.net.co Website: www.ces.edu.co

18-22 February 2008: "First International Conference on Mental Health Services in Post War Iraq", Abu Dhabi, United Arab Emirates. Organizer: British Arab Psychiatric Association. Collaboration: World Health Organization (WHO). Contact: Dr. Hazim Obaydi. E-mail: hazim@obaydi.com

## March 2008

11-15 March 2008: "4th Ain Shams International Congress in Psychiatry", Cairo, Egypt. Organizer: Institute of Psychiatry, Ain Shams University. Collaboration: a) World Health Organization (WHO); b) Egyptian Psychiatric Association. Contacts: a) Dr. Tarek Okasha; b) Dr. Afaf H. Khalil. E-mails: a) tokasha@internetegypt.com b) profkhafaf@yahoo.com

14-17 March 2008: "ISAD 4th Biennial Conference", Cape Town, South Africa. Organizer: International Society for Affective Disorders (ISAD). Collaboration: WPA Section on Affective Disorders. Contact: Caroline Holebrook. E-mail: caroline.holebrook@iop.kcl.ac.uk Website: www.isad.org.uk

16-20 March 2008: "Third World Congress on Women's Mental Health", Melbourne, Australia. Organizer: International Association of Women's Mental Health. Collaboration: WPA Section on Women's Mental Health. Contact: Dr. Donna Stewart. E-mail: Donna.Stewart@uhn.on.ca Website: www.IAWMHCongress2008.com.au

17-19 March 2008: "Religious Psychopathology: Explorations at the Interface of Psychiatry and Religion", Leiden, The Netherlands. Organizer: Dutch Foundation on Religion and Psychiatry. Collaboration: WPA Section on Religion, Spirituality and Psychiatry. Contact: Peter J. Verhagen. E-mail: verhagen.p@wxs.nl Website: www.religionandpsychiatry.com/congress2008

24-28 March 2008: "III Congreso Panamericano de Salud Mental Infante Juvenil", Havana, Cuba. Organizer: WPA Section on Classification, Diagnostic Assessment and Nomenclature. Collaboration: Cuban Society of Psychiatry. Contact: Dr. Tania A. Peon Valdes. E-mail: felices@infomed.sld.cu Website: www.cpalco.com

## April 2008

4-5 April 2008: "Comorbid Depressive Disorder", Beirut, Lebanon. Organizer: Lebanese Psychiatric Association. Collaboration: St. Joseph University in Lebanon. Contact: Dr. Charles Baddoura. E-mail: charlesb@dm.net.lb

13-17 April 2008: "9th Congress of the European Federation of Sexology", Rome, Italy. Organizer: European Federation of Sexology. Contact: Dr. Rosi Romagnolo. E-mail: r.romagnolo@aimgroup.it Website: www.aimgroup.it/2008/efs

15-17 April 2008: "4th International Conference on Psychiatry: Globalization, Psychiatry and Mental Health", Jeddah, Saudi Arabia. Organizer: Saudi Psychiatric Association. Collaboration: German Hospital-Jeddah. Contact: Dr. Mohamed Khaled. E-mail: moh.khaled@gmail.com

16-20 April 2008: "Reflections and Ideas for an Innovation Psychiatry Conference", Fiuggi, Italy. Organizer: WPA Section on Ecology, Psychiatry and Mental Health. Contact: Dr. Giuseppe Spinetti. E-mail: gspinetti@libero.it

17-19 April 2008: "Annual Conference of the African Association of Psychiatrists and Allied Professions: Mental Health and Social Changes", Ibadan, Nigeria. Organizer: African Association of Psychiatrists and Allied Professions. Contact: Dr. Oye Gureje. E-mail: ogureje@comui.edu.ng

17-20 April 2008: "Psychiatry, Nature and Culture: From Singular to Universal", Guadalajara, Mexico. Organizer: WPA Section on Transcultural Psychiatry. Contact: Dr. Ronald Wintrob. E-mail: informes@gladet.org.mx Website: www.gladet.org.mx

**May 2008**

11-14 May 2008: "WPA Epidemiology and Public Health Section Conference", Saskatoon, Saskatchewan, Canada. Organizer: WPA Section on Epidemiology and Public Health. Contact: Karen Mosier. E-mail: karen.mosier@usask.ca

12-13 May 2008: "Conference on Conflict Resolution", London, England. Organizer: London Institute of Psychiatry. Contact: N.D. Minton, M.D. E-mail: nd.minton@btpopenworld.com

29-31 May 2008: "International Congress of Dual Pathology", Madrid, Spain. Organizer: Spanish Society of Dual Pathology. Contact: Carolina Garcia Sicilia. E-mail: secretariat@cipd2008.com Website: www.cipd2008.com

**June 2008**

19-21 June 2008: "WPA Thematic Conference on Depression and Relevant Psychiatric Condition in Primary Care", Granada, Spain. Organizers: a) World Psychiatric Association; b) Wonca-Europe; c) Spanish Psychiatric Association; d) Spanish Society of Family and Community Medicine (SEMFYC). Collaboration: Grupo Andaluz de Investigacion en Salud Mental (GAISAM). Contacts: a) Dr. Francisco Torres-Gonzalez; b) Patricia Serrano (PCO). E-mails: a) ftorres@ugr.es b) patricia@fase20.com Website: www.WPA2008granada.org

**August 2008**

29-31 August 2008: "XX Congreso Peruano de Psiquiatria", Lima, Peru. Organizer: Peruvian Psychiatric Association. Contact: Dr. Julio Acha. E-mail: jacha@terra.com.pe

**September 2008**

20-25 September 2008: "XIV World Congress of Psychiatry", Prague, Czech Republic. Organizer: Czech Psychiatric Association. Collaboration: World Psychiatric Association. Contact: Dr. Jiri Raboch. E-mail: raboch@cesnet.cz Website: www.wpa-prague2008.cz

**October 2008**

15-19 October 2008: "Annual Meeting of the Serbian Psychiatric Association", Novi Sad, Serbia. Organizer: Serbian Psychiatric Association. Contact: Dr. Dusica Lecic-Tosevski. E-mail: dusica.lecictosevski@eunet.yu

16-19 October 2008: "Third Dual Congress on Psychiatry and Neurosciences", Athens, Greece. Organizer: Hellenic Society for the Advancement of Psychiatry and Related Sciences. Collaboration: a) International Neuropsychiatric Association; b) World Federation Societies of Biological Psychiatry. Contact: Dr. Constantine Soldatos. E-mail: egslelabath@hol.gr

17-19 October 2008: "Third International Conference on Schizophrenia", Chennai, India. Organizer: Schizophrenia Research Foundation (SCARF). Contact: Dr. R. Thara. E-mail: SCARF@vsnl.com Website: www.icons-scarf.org

30 October-2 November 2008: "13th Pacific Rim College of Psychiatrists", Tokyo, Japan. Organizer: Japanese Society of Transcultural Psychiatry. Contact: Dr. Tsuyoshi Akiyama. E-mail: akiyama@east.ntt.co.jp

**November 2008**

6-8 November 2008: "Second International Conference on Intellectual Disability/Mental Retardation", Bangkok, Thailand. Organizer: World Health Organization (WHO). Collaboration: WPA Section on Mental Disability/Mental Retardation. Contact: Dr. Shekhar Saxena. E-mail: bangkokconference2007@ssss.gouv.qc.ca Website: www.bangkok-id-conference.org

19-22 November 2008: "XXV Congreso de la Asociacion Psiquiatrica de America Latina (APAL)", Isla Margarita, Venezuela. Organizer: Latin American Psychiatric Association (APAL). Contact: Dr. Edgard Belfort. E-mail: belfort.ed@excite.com Website: www.apal.2008.org

**February 2009**

2-6 February 2009: "Cultura y Salud Mental" Congress, Havana, Cuba. Organizer: Cuban Society of Psychiatry. Contact: Dr. Cristobal Martinez. E-mail: crisma@infomed.sld.cu

**March 2009**

27-29 March 2009: "Ninth Workshop on Costs and Assessment in Psychiatry – Quality and Outcomes in Mental Health Policy and Economics", Venice, Italy. Organizer: WPA Section on Mental Health Economics. Contact: Dr. Massimo Moscarelli. E-mail: moscarelli@icmpe.org

28-29 March 2009: "Third Italian International Workshop of Franciacorta on Mood Disorder", Iseo, Italy. Organizer: Centro Studi Psichiatrici. Collaboration: WPA Section on Private Practice. Contact: Dr. Giuseppe Tavormina. E-mail: dr.tavormina.g@libero.it Website: www.censtupsi.org

**April 2009**

1-4 April 2009: WPA International Congress "Treatments in Psychiatry: A New Update", Florence, Italy. Organizer: Italian Psychiatric Association. Contact: Dr. Mario Maj. E-mail: majmario@tin.it Website: www.wpa2009Florence.org

#### June 2009

16-20 June 2009: "II Thematic Conference on Legal and Forensic Psychiatry", Madrid, Spain. Organizer: Spanish Society of Legal Psychiatry. Contact: Dr. Alfredo Calcedo Barba. E-mail: forensicpsychiatry2009@gmail.com

#### September 2009

2-6 September 2009: "World Federation of Mental Health World Congress", Athens, Greece. Organizer: World Federation of Mental Health. Contact: Dr. George Christodoulou. E-mail: gchristodoulou@ath.forthnet.gr

23-27 September 2009: "Annual Meeting of the International Society of Addiction Medicine (ISAM)", Calgary, Canada. Organizer: International Society of Addiction Medicine (ISAM). Contact: Nady el-Guebaly, M.D. E-mail: office@isamweb.com Website: www.isamweb.org

24-26 September 2009: "VII World Congress of Depressive Disorders and International Symposium on Posttraumatic Stress Disorder" Mendoza, Argentina. Organizer: Dr. Jorge Nazar. Collaboration: University of Cuyo. Contact: Dr. Jorge Nazar. E-mail: Jorge\_Nazar@hotmail.com

24-26 September 2009: "WPA Regional Meeting", Abuja, Nigeria. Organizer: African Association of Psychiatrists and Allied Professions. Collaboration: Association of Psychiatrists in Nigeria. Contact: Dr. Oye Gureje. E-mail: ogureje@comui.edu.ng

#### January 2010

21-23 January 2010: "WPA Regional Meeting", Dhaka, Bangladesh. Organizer: Bangladesh Association of Psychiatry. Contact: Prof. Akm Nazimuddowia. E-mail: bap@agni.com

#### April 2010

14-16 April 2010: "WPA International Congress", Barcelona, Spain. Organizer: Spanish Society of Psychiatry. Contact: Dr. Julio Vallejo. E-mail: jvallejo@csub.scs.es

#### June 2010

17-19 June 2010: "WPA Regional Meeting", St. Petersburg, Russia. Organizer: Russian Society of Psychiatrists. Contact: Dr. Valery Krasnov. E-mail: krasnov@mtu-net.ru

#### September 2010

1-5 September 2010: "WPA Regional Meeting", Beijing, China. Organizer: Chinese Society of Psychiatry. Contact: Dr. Yizhuang Zou. E-mail: yzouy@263.net Website: www.psychiatryonline.cn

#### January 2011

26-28 January 2011: "WPA Regional Meeting", Cairo, Egypt. Organizer: Egyptian Psychiatric Association. Contact: Dr. Tarek A. Okasha. E-mail: tokasha@internetegypt.com

#### April 2011

14-17 April 2011: "WPA Regional Meeting", Yerevan, Armenia. Organizer: Armenian Association of Psychiatrists. Contact: Dr. Armen Soghoyan. E-mail: soghoyan@yahoo.com

#### October 2011

11-15 October 2011: "XV World Congress of Psychiatry", Buenos Aires, Argentina. Organizers: a) Argentina Association of Psychiatrist (AAP); b) Association of Argentinean Psychiatrists (APSA); c) Foundation for Interdisciplinary Investigation of Communication (FINTECO). Contact: Mariano R. Castex. E-mail: mcastex@congresosint.com.ar Website: www.congresosint.com.ar

#### November 2011

12-13 November 2011: "WPA Regional Meeting", Taipei, Taiwan. Organizer: Taiwanese Society of Psychiatry. Contact: Dr. Chiao-Chicy Chen. E-mail: twpsyc@ms61.hinet.net



**WPA Secretariat**

Geneva University Psychiatric Hospital  
Bâtiment Les Voirons  
2 Chemin du Petit Bel-Air  
1225 Chêne-Bourg, GENEVA, Switzerland  
Tel: +41 22 305 5737/30/32  
Fax: +41 22 305 5735  
**Email:** [wpasecretariat@wpanet.org](mailto:wpasecretariat@wpanet.org)  
**Website:** [www.wpanet.org](http://www.wpanet.org)