WPA Section on Psycho-Oncology and Palliative Care
(formerly Section on Psycho-Oncology)

REPORT OF ACTIVITIES 2012-2015

ACTIVITIES

The activities promoted by the WPA-Section of Psycho-Oncology and Palliative Care (PO & PC) from 2012 to 2015 are the following

1. **Workshops, Symposia, and Lectures supported and/or organized by the WPA Section on PO & PC**

   **Workshops:**
   2. Workshop on Psycho-Oncology and Academy of Liaison Psychiatry: Psychiatric aspects of gynaecology and breast cancer, June 20-21, 2014, Moscow, Russia

   **Symposia**

   **2012**
   2. Symposium Psycho-Oncology and Palliative Care as a Human Right. An International Perspective, 14th World Congress of Psycho-Oncology, November 11-15 2012, Brisbane, Australia

   **2013**
   1. World Psychiatric Association – International College of Psychosomatic Medicine (ICPM): Intersociety symposium *Psychosocial and psychiatric issues in palliative care*, 22th World Congress of Psychosomatic Medicine, “Psychosomatic Assessment and Integrative Care”, Lisbon, September 12-14, 2013
   2. World Psychiatric Association: Inter-Sectional Symposium on Person-centered Care and the Future of Psychiatry XV World Congress of Psychiatry, October, 27-30, 2013, Vienna, Austria

   **2014**
   3. World Psychiatric Association Section Symposium on Engaging Health Complexity through Person Centered Psychiatry XVI World Congress of Psychiatry, September 14-18, 2014, Madrid, Spain
   4. World Psychiatric Association Inter-Sectional Symposium: From evidence-based to value-based psychiatry in oncology, palliative care and medicine. XVI World Congress of Psychiatry, September 14-18, 2014, Madrid, Spain
   5. Joint symposium International Psycho-Oncology Society (IPOS) and International College of Psychosomatic Medicine (ICPM) – World Psychiatric Association (WPA)
Psychosomatic dimensions in oncology and palliative care: interaction, assessment and treatment, IPOS World Congress of Psycho-Oncology October 20-24, 2014, Lisbon, Portugal

Lectures

2012
1. Lecture: Grassi L.: Screening for distress in newly diagnosed cancer patients. MD Anderson Cancer Center, Houston, May 1, 2012
2. Lecture: Building Networks in Southern Europe. International Training Workshop, Princess Margaret, Toronto, Canada, May 9, 2012
3. Lecture: Screening for Distress in Cancer Care The Italian Experience. Princess Margaret Hospital, Toronto, Canada, May 16, 2012
5. Lecture: Building Networks: the Southern European, the IPOS Federation and the WPA Psycho-Oncology Experience, The 3rd Meeting of East Asia Psycho-oncology Network (EAPON) Hang together for better care of cancer patients, September 6-7 2012, Beijing, China
6. IPOS Arthur Sutherland Award Lecture: Quam bene vivas reffere: Curing and Caring in Psycho-Oncology. XIV IPOS World Congress of Psycho-Oncology, November 11-15, 2012, Brisbane, Australia

2013
1. Lecture: Psycho-Oncology and the Federation of Psycho-Oncology societies. 15th World Congress of Psycho-Oncology Innovation in Psycho-Oncology. Rotterdam, November 4-8, 2013

2014
1. Lecture Psychopharmacology in treatment of common psychiatry comorbidity for breast cancer patients. Workshop on Psycho-Oncology and Academy of Liaison Psychiatry, June 20-21, 2014, Moscow, Russia
2. Lecture Supportive-Expressive Group Therapy (SEGT) for breast cancer patients Workshop on Psycho-Oncology and Academy of Liaison Psychiatry, June 20-21, 2014, Moscow, Russia
4. Lecture: Grassi L. From evidence to value-based psychiatry in oncology, palliative care and medicine: a panel discussion. XVI World Congress of Psychiatry, September 14-18, 2014, Madrid, Spain

2015
7. Lecture: Grassi L., Riba M.: Person-centered approach in oncology and palliative care. 8th GENEVA CONFERENCE ON PERSON-CENTERED MEDICINE, April 26-29, 2015 - Person-Centered Primary Health Care
8. Lecture – Grassi L. Depression and demoralization: common points and differences 14th World Congress, EUROPEAN ASSOCIATION FOR PALLIATIVE CARE, 8 – 10 May 2015, Copenhagen, Denmark

2. Publications relative to the Section on PO & PC

Chapters in Books

Books:

This book, promoted by the Section on PO & PC and by the section of Psychiatry in Medicine of the WPA has been recently published and addresses the principal behavioral and psychological problems associated with cancer. Where appropriate, it adopts a broader, multicultural perspective, in line with the aim of the World Psychiatric Association and the Federation of Psycho-Oncology societies. With a Foreword by the pioneer in psycho-oncology, Professor Jimmie Holland, who founded both the International Psycho-Oncology society and the section on Psycho-Oncology of the WPA, the book consist of 22 chapters written by the most renowned psycho-oncologist worldwide, giving the book a true international and multicultural perspective.

The main aims of the book are:
• to present the significant and challenging clinical problems encountered when caring for cancer patients and their families, including assessment, diagnosis and treatment
• to describe the best responses to these challenges, summarizing the evidence base and digesting clinical experience where evidence from clinical trials is lacking
• to discuss the emerging themes in psycho-oncology, such as genetic counselling, bioethics, cultural issues and cultural diversity
• to provide practical suggestions for dealing with special populations, such as children, the elderly, long-term survivors or mentally ill patients.

The editors aim to provide an indispensable tool for junior doctors in training in either psychiatry, psychology or oncology, general practitioners, community psychiatric nurses,
palliative care physicians and other members of the multidisciplinary team.

This practical manual addresses the main available drugs and current protocols on how to treat the psychiatric disorders secondary to cancer.
The main aims of the book are:
• to present the main issues involved in psychopharmacological treatment of psychiatric disorders in cancer and palliative care settings
• to illustrate the significant and challenging clinical problems encountered in the psychopharmacological management of the several psychiatric conditions (i.e. drugs, pharmacological characteristics, side-effects, drug-drug-interaction, doses and route of administration) including the emerging theme of adjuvant use of psychotropic drugs for the treatment of symptoms / syndromes not mainly related to psychiatric disorders (e.g. pain, hot-flashes
• to provide practical suggestions for dealing with special populations, such as children, the elderly, people affected by severe mental illness.
• The book is designed to be easy to read and to reference, with information
The chapters have been written by experts in the field, ensuring interest for all those working in psycho-oncology, i.e. oncologists · palliative care physicians · psychiatrists · psychologists · behavioral scientists · clinicians in surgery, medicine, pediatrics, geriatrics and radiotherapy.

Papers

3. OTHER INITIATIVES

Educational material

1. The section on PO & PC is working on a slide presentation in partnership with the International Psycho-Oncology Society (IPOS) on Psychopharmacology treatment of

Liaison with other societies

Relationship with the International Psycho-Oncology Society (IPOS) and the Federation of the National Psycho-Oncology Societies. The Section on PO & PC has favoured the cooperation with the International Psycho-Oncology Society (IPOS) (www.ipos-society.org) which is now an affiliated society of the WPA.

Relationship with the International College of Psychosomatic Medicine (ICPM). The section has more recently the cooperation with the International College of Psychosomatic Medicine (ICPM) (www.icpm.org) as the World society of psychosomatic medicine.

Respectfully submitted,

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