

Document Title: Preventive Psychiatry Section Activity Report 2020-2023  
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### **1) 21<sup>st</sup> WCP, 2021**

#### Section symposium

##### **MENTAL HEALTH IN EMERGING ADULTHOOD: THE FACETS OF PREVENTION**

#### Chair:

Marija Mitkovic-Voncina (Serbia)

#### Speakers:

Erin Hoare (Australia) - Lifestyle psychiatry during emerging adulthood: opportunities and challenges

Marija Mitkovic-Voncina (Serbia) - Emerging adulthood, emotion regulation and relationships with parents: opportunity vs. vulnerability

Olga Karpenko (Russia) - Emerging adulthood and first episode psychosis: the role of psychoeducation in prevention

#### Intersectional symposium - Preventive Psychiatry Section & Section on Education

##### **MENTAL HEALTH PROMOTION AND PREVENTION. EXPOSING STUDENTS TO DIFFERENT WAYS OF THINKING ABOUT HEALTH AND HEALTHCARE**

#### Chairs:

Rodrigo Ramalho (New Zealand)

Bulent Coskun (Turkey)

#### Speakers:

Bulent Coskun (Turkey) - Thoughts of 2700 medical students from Turkey on prevention and mental health promotion

Rodrigo Ramalho (New Zealand) - Population health intensive week. Introducing medical students in New Zealand to a population health perspective

Maya Kulygina (Russia) - Prevention in action. Looking after students' mental health and providing support

### **2) WPA co-sponsored conference "Diagnostics, treatment and prevention of eating disorders" (1-2 June 2022, Moscow, Russia)**

Preventive Psychiatry Section served as co-organizer

Symposium of Preventive Psychiatry Section: Eating disorders prevention

Chair: Olga Karpenko

### **3) WPA 2022 Thematic Congress on Early Intervention in Psychiatry across the Life Span (Athens, Greece, 23-25, 2022)**

#### Symposium of Preventive Psychiatry Section

##### **Prevention and early detection of psychosis: where are we now?**

Chair: Olga Karpenko (Russia); Co-chair: Andrea Raballo (Italy)

Andrea Raballo (Italy) - The role of primary care in identifying psychosis

Paolo Fusar-Poli (United Kingdom) - Primary prevention of psychosis: achievements and challenges

Olga Karpenko (Russia) - Secondary prevention in first episode psychosis

### **4) 23d WCP, 2023**

### State of the art symposium of Preventive Psychiatry Section

#### PSYCHOSIS PREVENTION: THE LATEST UPDATES OF REAL LIFE PRACTICE

Chair: Olga Karpenko (Russia)

Co-chair: Garg Uttam (India)

P. Fusar-Poli (United Kingdom) - Primary and secondary prevention of psychotic disorders

O. Karpenko (Russia) - Tertiary prevention of schizophrenia and other primary psychotic disorders

A. Raballo (Switzerland) - Identifying psychosis in the wider community: the salience of GPs and pediatricians

### Intersectional symposium of Preventive Psychiatry Section and Old Age Psychiatry section

#### SCOPE OF PREVENTIVE PSYCHIATRY IN ALZHEIMERS DISEASE: A BIOPSYCHOSOCIAL PRIMER

##### **Chairs:**

Olga Karpenko (Russia)

Kasia Rothenberg (United States of America)

##### **Speakers:**

Timur Syunyakov (Uzbekistan) - Clinical and biological predictors of mild cognitive impairment progression

Anna Morozova (Russian Federation) - Evaluation of polygenic risk score of Alzheimer's disease using low-density oligonucleotide biochips.

Kasia Rothenberg (United States of America) - Psychosis in Alzheimer's disease- clinical phenomenology, risk factors, and prevention

Debanjan Banerjee, India - Preventing abuse in individuals with Alzheimers Disease: Focusing on human rights-based interventions

### Symposium of Preventive psychiatry section and European geriatric medicine society

#### NON-PHARMACOLOGICAL STRATEGIES OF MAINTAINING MENTAL HEALTH IN OLDER ADULTS

##### **Chairs:**

Olga Karpenko (Russia)

Nicola Veronese (Italy)

##### **Speakers:**

Nicola Veronese (Italy) - Physical activity and exercise in mild cognitive impairment and dementia: next steps in the guidelines from European societies

Marco Solmi (Canada) - Exercise and physical activity to prevent dementia: an evidence synthesis

Andreas Lappas (United Kingdom) - Physical health monitoring for geriatric patients with severe mental illness: barriers and strategies in guideline implementation

Nikos Christodoulou (Greece) - Implications and implementation of evidence-based guidelines for physical exercise in dementia

## **II. Guidelines development**

PHYSICAL ACTIVITY AND EXERCISE FOR THE PREVENTION AND MANAGEMENT OF MILD COGNITIVE IMPAIRMENT AND DEMENTIA: A COLLABORATIVE INTERNATIONAL GUIDELINE (developed and submitted to EAN Guidelines Board)

Alzheimer Europe, European Academy of Neurology, European College of Neuropsychopharmacology, European Geriatric Medicine Society (lead society), European Interdisciplinary Council on Ageing, European Society of Clinical and Economic Aspects of Osteoporosis and Osteoarthritis, International Association of Gerontology and Geriatrics-European Region, Scottish Brain Health ARC, and World Psychiatry Association-Preventive Psychiatry section

## **III. Procedures within the section**

- Action plan for 2020-2023
- Creation of Executive Committee members' chat
- Section zoom-meetings as required
- Creation of updated members' list with contacts and research interests for joint activities
- Recruitment of new members
- Updated section page on WPA website

#### **IV. Activity within WPA**

Olga Karpenko participated in the work of scientific section subcommittees for the WCP since 2021. Olga Karpenko was a member of The WPA Working Group on COVID Care for People with Mental Illness.

Rodrigo Ramalho is a member of the WPA Working Group on Digitalization in Mental Health and Care.

Rodrigo Ramalho delivered a presentation as part of the pre-recorded session: Digitalisation in Mental Health and Care, titled "Facilitators and barriers to cultural safety in e-Mental Health" at the 22nd WPA World Congress of Psychiatry, Bangkok, Thailand, 2022.

Rodrigo Ramalho delivered a presentation as part of the Symposium: Telepsychiatry in mental health subspecialties, titled "Telepsychiatry in addiction medicine" at the 21st World Psychiatric Association World Congress of Psychiatry, Colombia (online) 2021.

Rodrigo Ramalho delivered a presentation in the State of the Art Session: Global trends in e-mental health - Current practice and future standards, titled "Telemental health in Western Pacific Region (WPRO) and in the Region of the Americas (PAHO)" at the 21st World Congress of Psychiatry, Colombia (online), 2021.