

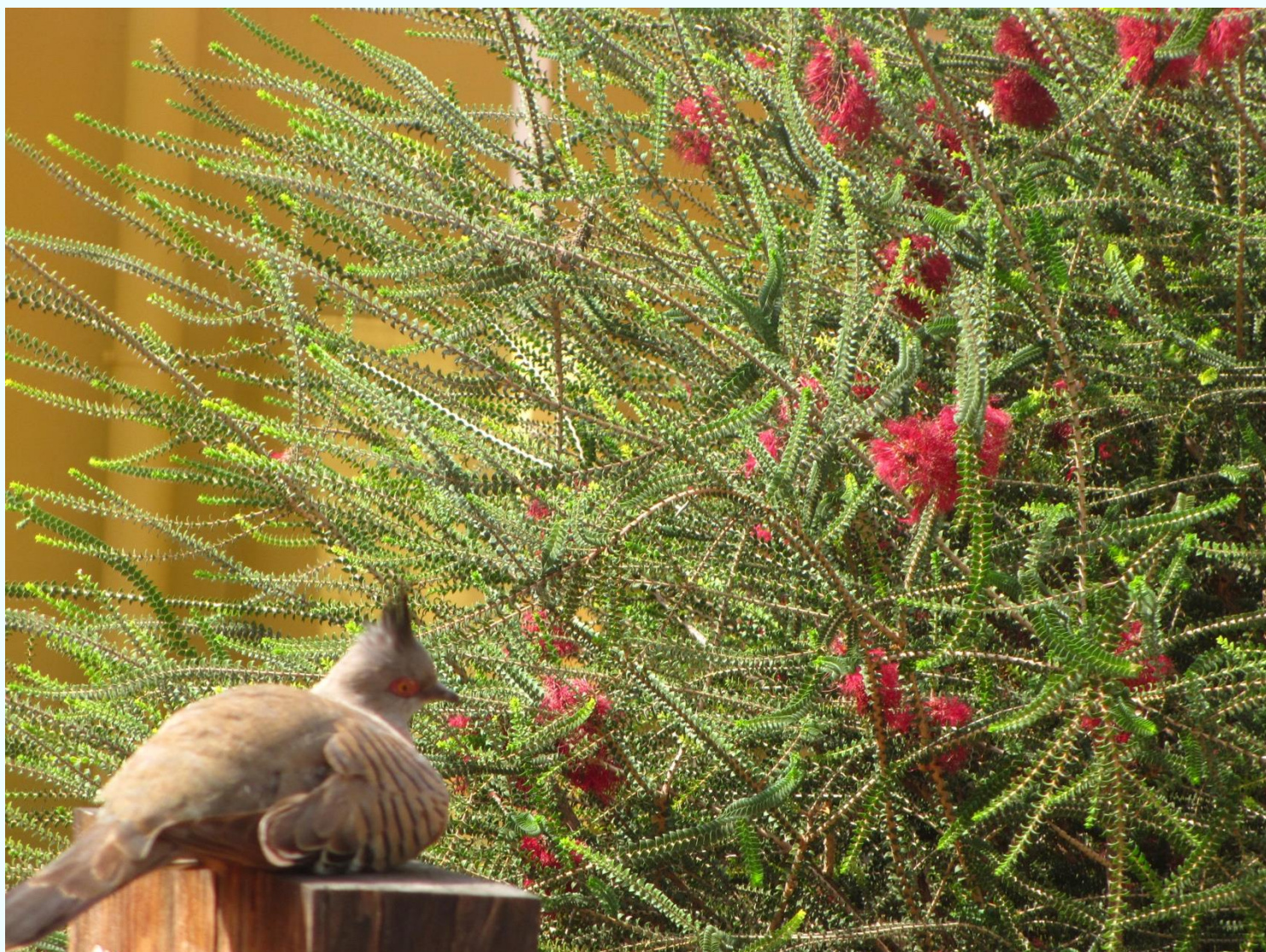


World Child & Adolescent Psychiatry

ISSUE 25, December 2023

Improving child and adolescent mental health by connecting global wisdom with everyday practice and advocacy

World Psychiatric Association,
Child and Adolescent Psychiatry Section's
Official Journal



Editor and Section's Chair: Prof. Norbert Skokauskas (Norway)

Deputy Editors: Prof. A. Guerrero (USA) & Dr. T. Hirota (Japan-USA)



World Child & Adolescent Psychiatry

ISSUE 25, December 2023

WPA. Child and Adolescent Psychiatry Section's Official Journal

Honorary Editor's Column

Prof. Norbert Skokauskas (Norway/Australia)

WPA Secretary for Education and Scientific Publications

Dear Colleagues,

Welcome to the December edition of "World Child and Adolescent Psychiatry," the official journal of the World Psychiatric Association, Child and Adolescent Psychiatry Section (WPA CAP). In presenting this edition, we acknowledge the significant milestone of our 25th issue. I extend our sincere gratitude to the global community of psychiatrists that has supported and enriched the pages of "World Child and Adolescent Psychiatry," over the years.

It is with great pleasure that I extend my congratulations to the newly elected leaders of the WPA CAP section: Professor Anthony Guerrero (USA), who assumes the role of Chair, alongside Drs. Vlatka Boričević Maršanić (Croatia) as Co-Chair and Flávio Dias Silva (Brazil) as Secretary. The geographical diversity represented by these leaders, spanning three continents, emphasizes the global reach and inclusivity of our section.

As the immediate past chair of the section, I extend my best wishes to the new leadership in their crucial roles. I am confident that under the leadership of Prof. Anthony Guerrero, the section will continue to thrive. Prof. Anthony Guerrero and Dr. Vlatka Boričević Maršanić have already served as section officers for a number of years and are very familiar with the duties and responsibilities. Dr. Flávio Dias Silva will bring new ideas, which are always needed.

In this context, I also wish to express my gratitude to Prof. Bennet Leventhal (USA) and Gordana Milavić (UK), former section officers, with whom I had the privilege to collaborate some years ago. Their dedication and contributions have undoubtedly shaped the section's trajectory.

This issue marks a transitional phase for me as I assume the role of Honorary Editor, while Prof. Anthony Guerrero takes the helm as the journal's new leader. I am pleased to announce that Dr. Flávio Dias Silva (Brazil) is joining as the new Deputy Editor, alongside Dr. Tomoya Hirota (USA). Their combined expertise will undoubtedly elevate the journal's standing.

I take this opportunity to extend my heartfelt gratitude to all authors and reviewers who have been instrumental in shaping the journal's content over the past 11 years. Your contributions have been very much appreciated, and I look forward to witnessing the continued growth of the journal.



World Child & Adolescent Psychiatry

ISSUE 25, December 2023

WPA. Child and Adolescent Psychiatry Section's Official Journal

As I step down from my roles as the Chair of the section and the Editor of "World Child and Adolescent Psychiatry," some of you may be curious about my future endeavors. Earlier this year, I was elected as the WPA Secretary for Education and Scientific Publications. I extend my sincere thanks to everyone who supported. The WPA Committee on Education and Scientific Publications (WPA ESP) has been established, and we are in the planning stages of launching a new e-journal.

Thank you for your ongoing support, and I look forward to our continued collaboration in advancing the field of Child and Adolescent Psychiatry.

Prof. Norbert Skokauskas

WPA Secretary for Education and Scientific Publications

Honorary Editor, "World Child and Adolescent Psychiatry"



World Child & Adolescent Psychiatry

ISSUE 25, December 2023

WPA. Child and Adolescent Psychiatry Section's Official Journal

Global Collaboration and Future Directions in Child and Adolescent Psychiatry



Prof. Anthony Guerrero
(USA)

It is my privilege and pleasure to write this editorial as the recently elected Chair of the World Psychiatric Association (WPA) Child and Adolescent Psychiatry (CAP) Section. Drs. Vlatka Boričević Maršanić (Co-Chair) and Flávio Dias Silva (Secretary) and I send our warmest greetings to all members of the WPA-CAP section and to all readers of World Child and Adolescent Psychiatry.

We are happy to serve you in our roles and to represent various regions around the globe. Our backgrounds are as follows:

Flávio Dias Silva, MD, MSc is a psychiatrist and Assistant Professor at the Medical School - Palmas Campus of the Federal University of Tocantins, Brazil; and Consultant Psychiatrist of the World Organization of National Colleges, Academies and Academic Associations of General Practitioners/Family Physicians (WONCA) Working Party on Mental Health.

Vlatka Boričević Maršanić, MD, PhD is a child and adult psychiatrist and Professor, Center for Children, Adolescents and Parents, and Faculty of Education and Rehabilitation Sciences at the University of Zagreb, Croatia.



World Child & Adolescent Psychiatry

ISSUE 25, December 2023

WPA. Child and Adolescent Psychiatry Section's Official Journal

Anthony Guerrero, MD is a child and adult psychiatrist and Professor and Chair, Department of Psychiatry at the University of Hawai'i John A. Burns School of Medicine; and Chief of Clinical Program in Psychiatry and Medical Staff Chief of Psychiatry at The Queen's Medical Center, Honolulu, Hawai'i, USA.

Given the urgent mental health needs of children and adolescents around the globe, we have much work ahead of us, and we need everyone's help and collaboration. We invite everyone interested to submit articles for this newsletter/e-journal, which, as noted, welcomes all international submissions and which is completely free to submit to, publish in, and read. For those of you who have been members of the WPA-CAP section, we thank you for your participation and invite you to send an e-mail (my e-mail is GuerreroA@dop.hawaii.edu) confirming your continued interest in being involved and in communication. For those of you who have not yet been official members, we invite you to join a member society and to officially join the section (<https://www.wpanet.org/join-a-wpa-section>). Through e-mails and other forums for communication, we hope to stay unified as a section.

Finally, on behalf of the leadership team, I would also like to sincerely thank Professor Norbert Skokauskas for his diligent and outstanding work for the WPA-CAP Section. We look forward to continuing to work with him in his new role as WPA Secretary, Education and Scientific Publications.



World Child & Adolescent Psychiatry

ISSUE 25, December 2023

WPA. Child and Adolescent Psychiatry Section's Official Journal

From the new secretary of the WPA Child and Adolescent Psychiatry Section

As the new secretary of the WPA Child and Adolescent Psychiatry Section, I was kindly invited by Professor Norbert Skokauskas, the former Section's chair, to write a few lines about my personal trajectory, my motivations to join the Board, and my future perspectives. I am from the southernmost region of Brazil, the state of Rio Grande do Sul. There, I completed my medical degree at the same school where important leaders in child and adolescent psychiatry had already stood out, such as Professor Luis Rohde, the current president of IACAPAP.



Dr. Flávio Dias Silva (Brazil)

However, despite enjoying psychiatry, I was still in doubt regarding specialty choice. After a period of mandatory military service as a doctor, I chose to pursue a residency in Family and Community Medicine (FCM) at the prestigious Grupo Hospitalar Conceição. In this residency, where I met preceptors such as Dr. José Mauro Ceratti Lopes and Dr. Leda Curra, authors of the national treatise on the specialty, I had the opportunity to learn about psychosocial approach strategies such as Person-Centered Medicine, Family Approach techniques, and community work, such as group care. This knowledge, combined with the realization that patients' clinical complaints were just an 'entrance ticket' to the conversation about psychological issues, made me have no doubt that the next step would be to study psychiatry.

At the end of the residency in FCM, with the desire to see a little of the world outside of Brazil, I married my current lovely wife, and we went to spend a sabbatical year in Barcelona, Spain, where I studied a postgraduate course at the Faculty of Psychology of the University of Barcelona.

Back in Brazil in 2005, I was already starting my studies to apply for a residency position in Psychiatry, but I postponed the plan because I won a place at Grupo Hospitalar Conceição, as a permanent doctor and preceptor. This didn't make me give up on Psychiatry, but it made me must opt for the alternative training path in Brazil - studying a part-time specialization and, after 3 years, taking the qualification test, which I was fortunate enough to pass. Just after this, in 2011, I was invited by the Federal Government to help remote regions of our country



World Child & Adolescent Psychiatry

ISSUE 25, December 2023

WPA. Child and Adolescent Psychiatry Section's Official Journal

establish residency programs. It was at this time that I knew the state of Tocantins and its capital Palmas – the city where I live since then, in the Brazilian youngest state. I have spent several years dedicating myself to leading varied initiatives in family and community medicine, such as the beginning of State residency programs, the undergraduate medical internship, and even helping programs for the emergency provision of doctors. All these initiatives were carried out in my new home, the Federal University of Tocantins, where I still work today. During this period, I also studied a master's degree in 'health sciences teaching' at the Federal University of São Paulo.

Some may be wondering at this time what my connection with Child and Adolescent Psychiatry is. The truth is that in parallel, I started my work in psychiatry in Palmas municipal public clinics and in an addiction center, and in my private practice, where I had to treat many children and adolescents. This happened because in a state of around 1 million and a half inhabitants, we did not even have a child and adolescent psychiatrist. In other words, I felt in practice the lack of specialized professionals in the area. And so, in parallel to the activities already mentioned, I began to seek additional training, now in the form of short activities, as I no longer had the personal availability for a new residence. It was when, in my first international event on the specialty, the American Academy of Child and Adolescent Psychiatry, in Orlando, US, 2013, I met Professor Norbert Skokauskas. After a kind understanding of my situation and with the broad view that has characterized him, Prof. Norbert has become my unofficial mentor, inviting me to speak on several meetings, write some papers and chapters in the specialty, and introducing me to important international colleagues in the field. One of the most meaningful activities I had involved in the last ten years was the translation/edition to Portuguese of the IACAPAP e-Textbook, leading a coalition of colleagues from Brazil, Portugal, Mozambique, Cape Verde, and Guinea-Bissau. In addition, I am glad to say that I was the author or co-author of the child mental health chapters in the two most important family medicine/primary care textbooks in Brazil and have been involved in the Brazilian Association of Child and Adolescent Psychiatry and Allied Professionals (ABENEPI). Most recently and until nowadays, I am specially dedicated to projects that merge these different aspects in my trajectory. I have conducted a special project of telecollaborative care between mental health specialists and primary care providers in partnership with the University of São Paulo, where I also started my PhD studies in the field of implementation of telepsychiatry services, under the mentorship of Professor Hermano Tavares. This collaborative project is not exclusive for



World Child & Adolescent Psychiatry

ISSUE 25, December 2023

WPA. Child and Adolescent Psychiatry Section's Official Journal

youth, but we started to capture the great potential of this kind of technology for caring for remote and underserved populations.

I am very enthusiastic about telepsychiatry – telecollaborative care – tele-education and the international possibilities of these technologies, especially in a field that has such a worldwide lacking professionals like Child and Adolescent Psychiatry. However, I must confess that the most rewarding to me has been to know and work with so many passionate colleagues. It will be a great pleasure to foster the engagement of general psychiatrists who want to improve their skills to work with youth, as well as to help Child and Adolescent Psychiatrists to join WPA to develop the field and face its important scientific and political challenges.

I hope to start a great contribution in this new position. In summary, bringing people together has been the mainstay of my professional interests. Thank you so much for your attention, and please do not hesitate to contact me if I can help in any way.

Flávio Dias Silva

Secretary of the WPA Child and Adolescent Psychiatry section

flaviodias@uft.edu.br



World Child & Adolescent Psychiatry

ISSUE 25, December 2023

WPA. Child and Adolescent Psychiatry Section's Official Journal

IACAPAP e-textbook: Version 2.0



Prof. Hee Jeong Yoo
(Seoul, Korea)



Prof. Valsamma Eapen
(Australia)



Dr. Uttara Chari
(India)



Dr. John-Joe Dawson-Squibb
(South Africa)

Academic societies have their own unique missions and goals. The International Association of Child and Adolescent Psychiatry and Allied Professions (IACAPAP) has a mission of capacity building the next generation of child mental health specialists and promoting the mental health and development of children and adolescents, through policy, practice, training, and research. Since 2012, the freely accessible e-textbook edited by Joseph M. Rey & Andrés Martin has served as an invaluable resource for disseminating accurate information and training in the child and adolescent mental health (CAMH) field to professionals worldwide. Authored by CAMH experts, this textbook has effectively fulfilled the society's mission, garnering over 250,000 annual visits and translations into 12 languages through the voluntary efforts of mental health professionals worldwide.

Version 2.0 of the e-textbook, developed over the past two years, is planning to progress a step forward. It is intended to embrace innovation while being faithful to the core value of the textbook written for readers from diverse societies. The most distinct aspect of the new version is moving to a digital, easily editable, and sustainable platform replacing the conventional textbook format. A South Korea-based IT startup company, LumanLab, has been selected to develop the e-platform for 2.0. Through this contemporary approach, it will be possible to update content in a timely manner as the new knowledge and perspectives becoming available or evolve. Another core



World Child & Adolescent Psychiatry

ISSUE 25, December 2023

WPA. Child and Adolescent Psychiatry Section's Official Journal

value of the web-based textbook includes supporting interactive learning experiences through online links and references for relevant resources, such as practice guidelines, audio-visually, 'TED talk' type overview on the topic, PowerPoint materials etc. Customizing learning experiences will also be possible, with self-evaluation questions, bookmarks, and content recommendation functions.

Content curation for the new version prioritizes preserving CAMH's unique philosophy while integrating the latest clinical practices. While maintaining the core topics and features of 1.0, the following new topics are planned for 2.0 including 1) transdiagnostic perspectives that transcend traditional diagnostic categories and phenomenological boundaries, 2) trans-cultural aspects to help the readers understand the interplay of people and the culture where they belong to, 3) low-budget, generalizable interventions applicable to resource constrained settings, 3) contemporary issues impacting the field such as neuropsychiatric manifestations and the interface between brain, mind and body, genetics and neuroscience of typical development, novel, emerging treatment modalities and their evidence, forensic aspects, and climate change and its impact on CAMH. Overall chapter structures are being reorganized in a seamless and easy to find way.

The chapters are thematically organized around sections such as Introduction and General Principles; Ethics and Child Protection; Specific Disorders encompassing subsections of Neurodevelopmental Disorders, Emotional and Behavioral Disorders, Substance use disorders and related conditions, Stress and trauma related conditions, Psychotic Disorders, and Other Emerging Conditions, and Treatment, with subsections of Principles of pharmacotherapy and nonpharmacological treatments, Promotion and Prevention, Emerging Treatment and Related Issues, and Consultation-Liaison in CAMH. The authors of the e-textbook version 1.0 will contribute by providing updates, while new authors are being invited to cover new or changed topics. We aim to release the new version in time for the IACAPAP 2024 congress in Rio de Janeiro, Brazil in May 2024. The Editors-in-Chief of the textbook 2.0 are expecting the new version of the textbook to become a friendly companion that connects IACAPAP to the global audience of child and adolescent mental health professional community and link the past with the present and future generations.



World Child & Adolescent Psychiatry

ISSUE 25, December 2023

WPA. Child and Adolescent Psychiatry Section's Official Journal

International Journal of Psychiatric Trainees: A European initiative to promote psychiatric trainees across the globe



Dr. Asilay Seker (UK)

In February 2022, the European Journal of Psychiatric Trainees was founded as the official journal of the European federation of Psychiatric Trainees with aims to improve and stimulate communication amongst psychiatric trainees, psychiatrists, as well as with teachers of psychiatry, other clinicians, researchers, and advocates in the fields of psychiatry and mental health.

The vision was to foster excellence in psychiatric training and to champion the professional identity of psychiatry via the mission of encouraging research on psychiatric training and inspiring the scientific engagement of psychiatric trainees. With these core values in mind, this fully open access journal was set up to charge minimal article processing fees. Trainee submissions are prioritised without compromising scientific excellence and merit.

After a year and one issue published, it became obvious that the vision, mission, and the values of the journal had already encompassed a global reader- and authorship. With the support of the International College of Neuropsychopharmacology (CINP), the project took a leap of faith in autumn 2023 to become the International Journal of Psychiatric Trainees.



World Child & Adolescent Psychiatry

ISSUE 25, December 2023

WPA. Child and Adolescent Psychiatry Section's Official Journal

The International Journal of Psychiatric Trainees relies on an editorial office comprising volunteers with strict adherence to professional standards. It is registered with the ISSN and follows standardized editorial procedures in line with indexing requirements of internationally accepted platforms.

The user-friendly manuscript submission platform allows a smoother experience for authors and for published articles, the journal provides intensive support for promotion on social media and in psychiatric community worldwide. Reviewers provide detailed feedback to improve the manuscripts, supporting authors to increase their future chances of publishing.

The International Journal of Psychiatric Trainees should thrive and become a staple for trainee submissions to empower psychiatric trainees and junior clinicians in the tough journey of building a publication record. The more people are aware of it, the higher number of trainees will become familiar with this opportunity to publish open access without having to forsake the money some of them work for a month to earn.

More information on the International Journal of Psychiatric Trainees can be found on ijpt.scholasticahq.com and all questions can be addressed to editorial-desk@ijp.net.



World Child & Adolescent Psychiatry

ISSUE 25, December 2023

WPA. Child and Adolescent Psychiatry Section's Official Journal

Future Meetings and Announcements



*International Association for Child and Adolescent Psychiatry and Allied Professions Conference on 20-24 May 2024
Rio de Janeiro, Brazil*



*The 24th World Congress of Psychiatry 2024: Exploring New Horizons for Good Mental Health from 14 – 17 November
Mexico City, Mexico*



*American Academic of Child and Adolescent Psychiatry (AACAP) – Annual Meeting on 14-19 October
Seattle, Washington, The United States of America*



World Child & Adolescent Psychiatry

ISSUE 25, December 2023

WPA. Child and Adolescent Psychiatry Section's Official Journal

World Child & Adolescent Psychiatry

WPA, Child and Adolescent Psychiatry Section's Official Journal

EDITORIAL BOARD

Prof. Norbert Skokauskas (Norway) N Skokauskas@yahoo.com

Prof. Anthony Guerrero (USA) and Dr. Tomoya Hirota (Japan/USA),

Editorial Board: Prof. B. Leventhal (USA), Dr. J. Abdulmalik (Nigeria), Dr. G. Milavić (UK), A. Prof. D. Fung (Singapore), Dr. M. B. Moyano (Argentina), Prof. D. Anagnostopoulos (Greece), Dr. M. Tateno (Japan), Prof. S. Malhotra (India), Prof. P. Szatmari (Canada), Prof. L. Viola (Uruguay), Prof. S. C. Cho (S. Korea), Prof. D. Puras (Lithuania), Dr. V. Storm (Australia), Dr. S. Tan (Malaysia), Dr. N.V. Tuan (Vietnam), Prof. P. Joshi (USA), Prof. A. Sourander (Finland), Prof. E. Belfort (Venezuela), Dr. T.i Benton (USA), Dr. H. Kumperscak (Slovenia), Dr. C. Noel (Belgium), Dr. A. P. Behere (USA), Dr. M.Piot (France), Dr. A. Gajaria (Canada), Dr. B.Bernstein (USA), Dr. J. Lachal (France), Dr. K. Stensen (Norway), Dr. C. Kulkarni (Canada), Dr. J. Kaasbøll (Norway), Dr. J. Sibeoni (France), Dr. R. Rasasingham (Canada)