



## About this survey

In 2020, the World Psychiatric Association issued a Position Statement and Call to Action on Implementing Alternatives to Coercion in Mental Health Care. This survey seeks information and advice from your country/region to determine how the WPA can best support this Call to Action across the globe.

The survey is designed to spark conversations within WPA Member Societies and Associations. We ask that you discuss the questions asked here with as broad a range of your membership base as possible.

Some Member Societies and Associations may wish to form an Alternatives to Coercion leadership group to expedite discussion and action. Such a group could lead reflection and response to this survey, as well as establishing a point of contact between the WPA Working Group and people in your country who are working for change.

## Completing this survey

To respond to this survey, please:

1. Download the full Position Statement and Call to Action (henceforth referred to as 'The WPA Position Statement'), found [here](#).
2. Download the printable version of this survey.
3. Share and discuss with as many members of your Society or Association as possible.
4. Complete this online survey form with a single response that reflects the information and ideas your Society/Association has gathered.
5. If Google Forms is not available in your country, please send your responses by email to the [communications@wpa.net.org](mailto:communications@wpa.net.org).

For more information about implementing alternatives to coercion in mental health care, a list of tools and resources can be found on this link:

[https://www.wpanet.org/\\_files/ugd/842ec8\\_52d641c29a4e46be9df10e436de3884c.pdf](https://www.wpanet.org/_files/ugd/842ec8_52d641c29a4e46be9df10e436de3884c.pdf).

This survey will remain open until 16<sup>th</sup> May 2022.

The WPA Working Group on Implementing Alternatives to Coercion is keen to hear your experiences and ideas. Please note that the final survey question is completely open to encourage your Society/Association to share comments and suggestions without restriction.

## **Part 1: Member Society Information**

**Q1.** Which WPA Member Society or Association do you represent?

**Q2.** Does your Member Society/Association have a committee or leadership group that can expedite discussion and action in your country/region?

*[Response options: (a) Yes, (b) Not yet, but we plan to, (c) We do not currently plan to form such a group ]*

➤ **Q2.a.** *[Dropdown box for responses (a) and (b)]* Would this leadership group like to coordinate more closely with WPA and/or leadership groups in other countries in future? If so, please provide contact details here.

## **Part 2: Actions and achievements in your country**

**Q3.** The WPA Position Statement notes widespread agreement that coercion is overused in mental health systems all around the world. Are there any steps being taken in your country to address this situation? Please describe.

**Q4.** Have members of your Society/Association taken any steps to implement alternatives to coercion and ensure that mental health treatment and care upholds the human rights of people with psychosocial disabilities? Please describe.

**Q5.** What do you see as the next steps for your Society/Association in supporting alternatives to coercion in mental health care?

## **Part 3: Supporting the way forward**

The following questions will ask you to reflect on the four action areas listed in the 'Way Forward' section of the Position Statement:

- Delivery of treatment
- Policy
- Service culture
- Research

### **Q6. Delivery of Treatment**

Please consider the recommendations from the WPA regarding delivery of treatment and care on page 5 of the Position Statement.

What tools, resources, or actions by the WPA would help support work by psychiatrists and other colleagues in your country to enable these changes?

### **Q7. Policy**

Please consider the recommendations from the WPA regarding policy on pages 5-6 of the Position Statement.

What tools, resources, or actions by the WPA would help support work by psychiatrists and other colleagues in your country to enable these changes?

### **Q8. Service Culture**

Please consider the following recommendations from the WPA regarding service culture on page 6 of the Position Statement.

What tools, resources, or actions by the WPA would help support work by psychiatrists and other colleagues in your country to enable these changes?

### **Q9. Research**

Please consider the following recommendations from the WPA regarding research on pages 6-7 of the Position Statement.

What tools, resources, or actions by the WPA would help support work by psychiatrists and other colleagues in your country to enable these changes?

## **Part 5: Additional information**

**Q10.** Does your society work with service users or advocacy groups for people with mental ill-health and/or psychosocial disabilities? If so, can you please describe this work? (If there are any weblinks to descriptions of this work, or resources to support it we would appreciate if you could share them here.)

**Q11.** Does your society work with family members of service users and, if so, can you please describe this work? (If there are any weblinks to descriptions of this work, or resources to support it we would appreciate if you could share them here.)

**Q12.** Do the countries in your jurisdiction have public databases that record the frequency and duration of seclusion and restraint? If so, how can we access the database(s)?

**Q13.** Is there anything else you would like to tell us about Implementing Alternatives to Coercion in your country, and/or how the WPA can support the changes described in the Position Statement and Call to Action?