

Contribution of the Women's Mental Health Section Members to the WPC in Mexico City in November 2024

Chair: Prof. Florence Thibaut - University of Paris Cité France

THE GLASS CEILING: INTERNATIONAL PERSPECTIVES (2440-ID 297)

24th World Congress of Psychiatry Mexico City November 2024

Session Type

Panel Discussion

Date

16.11.2024

Session Time

09:15 - 10:15

Room

Hall - Olmeca 4

Chair(s)

Satsuki Watanabe (Japan)

Session Description

The glass ceiling is a concept that most frequently refers to barriers faced by women who attempt, or aspire, to attain senior positions (as well as higher salary levels) in corporations, government, education and nonprofit organizations. It can also refer to racial and ethnic minorities and men when they experience barriers to advancement. To this symposium, the glass ceiling is discussed regarding women in psychiatry, neurology and neurosciences with a focus on advancement to senior positions. Much progress has been made for women's advancement, with yet more to achieve. This symposium presents a perspective on the status of women in the workplace in Japan, Colombia and Latinamerican Countries, the United States and Europe-with a focus on academia and medicine. Young professionals will find valuable information, insights and recommendations to combat the glass ceiling, advance women in the workplace and expand women's leadership roles on global fronts. This symposium offers an overview of the various forms of glass ceilings. Our first speaker, Dr. Watanabe will present the gender-equality action in Japanese Society of Psychiatry and Neurology. Dr. Tellez will present the perspective in Colombia and Latin American Countries. The USA perspective will be the topic of discussion by Dr. Castilla-Puentes and to close our session Dr. Thibaut will explore facets of the glass ceiling focusing on European research regarding personal, institutional and societal barriers that affect women's advancement-and how organizations can address these issues.

PANELIST (ID 606)

Ruby C. Castilla-Puentes (United States of America)

PANELIST (ID 607)

Satsuki Watanabe (Japan)

PANELIST (ID 609)

Florence Thibaut (France)

PANELIST (ID 3013)

Maria E. Medina-Mora (Mexico)

PANELIST (ID 3014)

Prabha Chandra (India)

PANELIST (ID 3496)

Mariana Pinto da Costa (United Kingdom)

GENDER MATTERS (2120- ID 242)

24th World Congress of Psychiatry Mexico City November 2024

Session Type

Accepted Symposia

Date

15.11.2024

Session Time

14:45 - 15:45

Room

Hall - Tolteca 1

Chair(s)

[Patricia J. Van Wijngaarden-Cremers \(Netherlands\)](#)

[Prabha Chandra \(India\)](#)

Session Description

Gender matters in psychopathology. Many conditions have been described thoroughly in boys and men (autism, schizophrenia), yet girls and women are diagnosed later because of a different presentation or lack of awareness in clinicians. The pharmacodynamics in girls and women are different. More over women are socially vulnerable and social determinants play a big role in enhanced stress and mental disorders. Women prone to more abuse leading to trauma. Gender dysphoria in developmental disorders is often seen. Along with the Women's Mental Health Section (chair Florence Thibaut) the International Association for Women's Health (chair Prabha Chander), the Dutch Alliance for Gender and Mental Health (chair Patricia van Wijngaarden) and the European Institute for Women's Health (Rutger J van der Gaag board of directors) join forces to bridge the gender gap in mental health. In this symposium they will present on (sexual and domestic) violence against women, gender and psychopharmacology, gender dysphoria and social determinants of (mental) health and women (Manifesto EIWH 2024).

GENDER DOES MATTER IN PSYCHOPHARMACOLOGY AND CLINICAL RESEARCH. (ID 322)

[Florence Thibaut \(France\)](#)

PATTERNS OF DOMESTIC VIOLENCE AMONG PERINATAL WOMEN FROM AN URBAN COHORT – A LONGITUDINAL ANALYSIS (ID 323)

[Prabha Chandra \(India\)](#)

EXPLORING THE INTERSECTION OF GENDER IDENTITY CONCERNS AND AUTISM SPECTRUM DISORDERS: A GENDER DISPARITY (ID 324)

[Patricia J. Van Wijngaarden-Cremers \(Netherlands\)](#)

SOCIAL DETERMINANTS OF WOMEN'S (MENTAL) HEALTH – THE MANIFESTO 2024 OF THE EUROPEAN INSTITUTE FOR WOMEN'S HEALTH (ID 325)

[Rutger Jan J. Van der Gaag \(Netherlands\)](#)

ACCESS TO SAFE ACCESS TO ABORTION AND ITS IMPACT ON WOMEN'S MENTAL HEALTH WORLDWIDE (2030- ID 47)

24th World Congress of Psychiatry Mexico City November 2024

Session Type

Accepted Symposia

Date

15.11.2024

Session Time

13:30 - 14:30

Room

Hall - Tolteca 1

Chair(s)

[Donna E. Stewart \(Canada\)](#)

[Florence Thibaut \(France\)](#)

Session Description

The WPA Section of Women's Mental Health Constitution confirms that women's mental health is inextricably linked to the context of their lives and advocates for women to control their own reproduction. This Section of Women's Mental Health symposium, co-sponsored by the International Association for Women's Mental Health will explore the current state of safe abortion and its human rights and mental health impact across five continents. Dr Donna Stewart (Toronto Canada, North America) will chair the symposium and comment on threats to safe abortion and its deleterious effects on mental health in the general population and in marginalized and indigenous women in Canada, USA and Mexico. Dr Prabha Chandra (Bangalore India, Asia and the International Association for Women's Mental Health) will focus on gender and cultural issues in reproductive choice in India and beyond in Asia. Dr Aida Sylla (Dakar Senegal, Africa) will describe the impact on women's mental health of the lack of access to safe abortion in Senegal and Central and Western Africa. Dr Marta Rondon (Lima Peru, South America) will discuss the importance of including mental health protection as a reason for access to safe abortion in countries where violence against women, inequality and violation of women's rights pose a great challenge for human development and well-being. Dr Florence Thibault (Paris France, Europe) and Head of the Section of Women's Mental Health will co-chair and lead the discussion. This symposium will included the EDIT perspectives across five continents.

SAFE ABORTION IN NORTH AMERICA (ID 201)

[Donna E. Stewart \(Canada\)](#)

SAFE ABORTION IN ASIA (ID 202)

[Prabha Chandra \(India\)](#)

SAFE ABORTION IN CENTRAL AND WESTERN AFRICA (ID 203)

[Aida Sylla \(Senegal\)](#)

SAFE ABORTION IN SOUTH AMERICA (ID 204)

[Marta B. Rondon \(Peru\)](#)

**UNDERSTANDING MENTAL HEALTH OVER A WOMAN'S LIFETIME (2860-
ID 296)**

24th World Congress of Psychiatry Mexico City November 2024

Session Type

Accepted Symposia

Date

16.11.2024

Session Time

14:45 - 15:45

Room

Hall - Olmeca 1

Chair(s)

[Florence Thibaut \(France\)](#)

[Rutger Jan J. Van der Gaag \(Netherlands\)](#)

Session Description

Sex differences and gender are not solely determined by biology, nor are they entirely sociocultural. The interactions among biological, environmental, sociocultural and developmental influences result in phenotypes that may be more masculine or more feminine. Unique issues related to the mental health of girls and women are of particular importance. Understanding women's mental health is a twofold approach. There are mental health issues that only appear in women. There are also mental health issues in all genders that impact women differently. Research has shown significant differences between genders when it comes to the development of common mental health disorders, with some disorders being more prevalent in women. It is important to keep all these differences in mind when taking a closer look at how mental health issues may appear in women throughout their

lives. The earlier mental health issues are detected, the faster they can be addressed. Our first speaker Dr. Jan van der Gaag will talk about the gender differences in stress management systems. Dr. Thibaut will discuss the impact of Covid in the context of women's employment. Dr. Castilla-Puentes will review the Sex differences in alcohol withdrawal syndrome. Dr. Smirnova will present Suicidality in European females: the factors of income inequality and country of living do matter. We understand that not all gender identity fits into one of these two categories. This session does not exclude the validity of those who identify with other genders.

SEX-DIFFERENCES IN ALCOHOL WITHDRAWAL (ID 600)

Ruby C. Castilla-Puentes (United States of America)

SUICIDALITY IN EUROPEAN FEMALES: THE FACTORS OF INCOME INEQUALITY AND COUNTRY OF LIVING DO MATTER. (ID 601)

Daria Smirnova (Russian Federation)

GENDER AND STRESS MANAGEMENT REGULATION: FACTS AND THERAPEUTIC STRATEGIES (ID 602)

Rutger Jan J. Van der Gaag (Netherlands)

IMPACT OF COVID IN WOMEN'S EMPLOYMENT. (ID 603)

Florence Thibaut (France)

Joint Session Section Addiction (Chair Mario Baldacchino UK) and Section Women's Mental Health (Florence Thibaut France)

24th World Congress Psychiatry Mexico City November 2024

2290 - WOMEN'S MENTAL HEALTH AND ADDICTION (ID 236)

Session Type

Accepted Symposia

Date

15.11.2024

Session Time

17:30 - 18:30

Room

Hall - Olmeca 2

Chair(s)

Alexander Mario Baldacchino (United Kingdom)

Florence Thibaut (France)

Session Description

For several decades it has been apparent that there are differences between women and men in how they express mental distress. This is seen in the prevalence of mental illness (particularly common mental disorders such as anxiety and depression, self-harm, substance misuse and suicide), pathways into treatment and support and in therapeutic preferences. There are established links between the risks of mental illness and the social realities of women's lives. These include women's relatively lower incomes and access to household resources and responsibility for childcare and other caring responsibilities, as well as sexual abuse and domestic violence. Gender-neutral approaches to service provision fail to recognise the specific needs of women. If health and social care truly is to be personalised, it must recognise the social context for women's lives and respond appropriately to gendered differences in mental health. This symposium provides an introductory overview of the mental health of women with co-occurring addiction and makes recommendations for actions towards gender-sensitive practice.

GENDER DIFFERENCES IN ADDICTION (ID 305)

Florence Thibaut (France)

WOMEN, TRAUMA, STRESS AND ADDICTION (ID 306)

Marc N. Potenza (United States of America)

FROM AWARENESS TO ACTION: ADDRESSING WOMEN'S MENTAL
HEALTH AND ADDICTION ISSUE (ID 307)

Alag Poorvanshi (United States of America)