



Program

2022 WPA African Regional Congress

**African psychiatry in the 21st century,
achievements and future perspectives**

2022 December 8,9,10
Hammamet, Tunisia

Thursday 08-12-2022

Workshops day

WPA African

Hammamet 8, 9 et 10 December 2022

Morning

8:00 – 9:00: Welcoming and registration

10:00 – 12:00:

2h	Suicide (eng)	Rym Ghachem, Fatma Charfi (Tunisia)
2h	Pregnancy and psychotropic medications (eng)	Jihene Aloulou, Jawaher Masmoudi (Tunisia)
2h	TCC: gestion des soucis (CBT : worry management) (fr)	Riadh Bouzid (Tunisia)
2h	Psychotrauma psychotherapy (eng)	Abdelaziz Oumaya, Anissa Bouasker, Cheker Ben Cheikh (Tunisia)
2h	Psychogeriatry (eng)	Renuka Prasad (Canada)
2h	L'éducation sexuelle : Expérience Tunisienne (Comprehensive sexual education: Tunisian experience) (fr)	Mariam Mahbouli, Ahlem Mtiraoui (Tunisia)

Afternoon

2:00pm – 6:00pm

3h	Brain stimulation: Electroconvulsive therapy and rTMS (eng)	Leila Mnif, Rania Lansari, Riheb Ben Massoued, Azza Bouallègui (Tunisia)
2h	La thérapie intégrée à l'attachement (attachment integrated therapy) (fr)	Hassen Rahioui (France), Rym Ghachem (Tunisia)
2h	Motivational therapy in addictions (La thérapie motivationnelle dans les addictions) (eng)	Haifa Zalila, Emira Khelifa (Tunisia)
2h	Psychotrauma, from childhood to adulthood (Le psycho trauma, de l'enfance à l'âge adulte) (eng)	Michel Botbol (France), Soumaya Bourgu (Tunisia)
4h	Global Mental Health Meets Social Innovation: the HOW matters (eng)	Rick Wolthusen (Germany-USA), Gordon Adomdza (Ghana) Sarah Blackert (USA), Sarah Uma (Kenya)
2h	Emotional intelligence (eng)	Nawel Al Mahyijari (Oman)
4h	Art therapy for mental disorders (eng)	Issam Magouri, Fares Jaballah, Fatma Ezzohra Kammoun (Tunisia)

Friday 9-12-2022

WPA African

Hammamet 8, 9 et 10 December 2022

8:00 – 9:00: Welcoming and registration

9:00 – 10:00: Symposia session

Genetics and pharmacogenomics (Eng)

Chairs: **Jaafar Nakhli, Amine Larnaout, Lukoye Atwoli**

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|-----------|---|------------------------------|
| 1h | - Cross ethnic psychopharmacology | Edmond Pi (USA) |
| | - Designing a psychiatric genetics study in an African country:
Lessons from Kenya | Lukoye Atwoli (Kenya) |
| | - Genetics of OCD | Nahla Nagy (Egypt) |

Early intervention in psychiatry and schizophrenia (Eng)

Chairs: **Chaker Mili, Juliet Nakku, Syrine Boudriga**

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|-----------|---|------------------------------------|
| 1h | - Establishing Screening Procedures and Conversion Rates in CHR
Tunisian Youth | Joseph Ventura (USA) |
| | - Early intervention in psychiatry: why and how ?
(Intervention précoce en psychiatrie: pourquoi et comment?) | Ridha Joober (Canada) |
| | - Treating schizophrenia to achieve optimal outcomes
in resource constrained settings <i>(online)</i> | Robin Emsley (South Africa) |

Psychotherapy (Fr)

Chairs : **Fadhel Mrad, Hachem Tiall, Theodoros Koutsomitros**

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| 1h | - Accès aux psychothérapies : un enjeu majeur de santé
publique | Driss Moussaoui (Morocco) |
| | - Sur les psychothérapies en Algérie et leur évolution | Ferid Kacha (Algeria) |
| | - Psychothérapies familiales et systémiques | Aida Sylla (Senegal) |

Addictions (Fr – Eng)

Chairs: **Ferid Zaafrane, Solomon Teferra, Margaret Ojeahere**

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| 1h | <ul style="list-style-type: none">- Stratégie Tunisienne de lutte contre la toxicomanie (Tunisian policy to deal with addictions) (Fr)
Rim Mansouri, Wahid Melki (Tunisia)- Psycho addiction (Fr)
Hassan Rahioui (France)- Perspectives on Burden of Substance Related Disorders in Africa and Challenges and Opportunities of Initiating SRD Services (Eng)
Solomon Teferra (Ethiopia) |
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10:00 – 10:30: Coffee break // Posters session 1



10:30 – 11:30: Round table

Early Career Psychiatrists immigration

Discussants : **Rim Rafrafi, Uta Ouali, Michel Botbol**

Speakers : **Syrine Boudriga, Marwa Dhemaied (Tunisia),
Lamia Jouini (Switzerland)
Margaret Ojeahere (Nigeria),
Muluken Tesfaye Wasihun (Ethiopia)**

11:30 – 12:30: Plenary Session

Chairs : **Fatma Charfi, Driss Moussaoui**

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| <ul style="list-style-type: none">- Mental Health and Suicide during the COVID-19 Pandemic and Suicide Preventive activities
Danuta Wasserman (Sweden)- Comorbidity in psychiatry
Norman Sartorius (Switzerland) |
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12:30 – 13:00:

Special presentation

Chairs : **Edmon Pi**

- PGC Africa	<i>online</i>	Iyegbe Conrad (UK)
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Friday 9-12-2022

WPA African

Hammamet 8, 9 et 10 December 2022

Chairs : **Hedi Cherif, Rim Ridha**

-Sociologie et famille en Afrique : Les particularités Culturelles (Fr)

Nabila Hamza (Tunisia)

13 :00 – 14 :00 : Lunch break // Posters session 2



14 :00 – 15 :00: Plenary Session

Chairs : **Raja Labbène, Tarek Okasha**

- Créer, au risque de l'incertitude et de la folie (Fr)

Raphael Gaillard (France)

- Mental Health and Human Rights

Mauro Carta (Italy)

15:00 – 16:00: Symposia Session

Caring for the caregiver and the child: from theory to practice (Eng)

Chairs : **Lamia Jouini, Mona Daoud**

1h

- Maternal health and child outcomes: a general overview

Takoua Brahim (Tunisia)

- Integration of perinatal mental health services in maternal and child health services: an evidence- informed approach

Lamia Jouini (Switzerland)

- Perinatal Mental health- service delivery formats and future horizons

Rohit Walwaiker (India)

The need for mental health digitalization in Africa

Chairs : Norman Sartorius, Joan Soler-Vidal

1h	<ul style="list-style-type: none">- Digitalisation and mental health needs in Nigeria Margaret Isioma Ojeahere (Nigeria)- The NEVERMIND project: an automated e-health intervention for the self-management of mental health symptoms among patients with breast and prostate cancer' Nuhamin Petros (Sweden)- Digitalization of Medical Education in Somaliland (<i>online</i>) Jibril I. M Handuleh (Somaliland)
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Psychotherapy training : a real need and challenge in education of Psychiatrists (Eng)

Chairs : Lamia Jouini, Theodoros Koutsomitros

1h	<ul style="list-style-type: none">- EFPT Psychotherapy Guidebook: a story that started in Europe but continues worldwide Theodoros Koutsomitros (Greece)- The challenge of being therapeutic in a hard journey - the role of psychotherapy across borders Euarda Machado (Portugal)- Psychotherapy in the UK Rehana Kauser (UK)
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Symposium online

Education in psychiatry (Eng)

Chairs : Lotfi Gaha, Muluken Tesfaye Wasihun

1h	<ul style="list-style-type: none">- Education in psychiatry David Ndetei (Kenya)- Three-way partnership; a model for global mental health collaboration Adrian James (UK)- volunteering work in WPA: a new way of moving forward in global psychiatric education Roger Ng (Hong Kong)
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16:15 – 18:30 : Oral communications session

Saturday 10-12-2022

WPA African

Hammamet 8, 9 et 10 December 2022

8:00 – 9:00: Welcoming and registration

9:00 – 9:30: Opening Ceremony

9:30 – 10:30:

Plenary Session

Chairs: **Wahid Melki, Michel Botbol**

- WPA action plan 2020-23: an update **Afzal Javed (Pakistan/UK)**
- Building psychiatry workforce – lessons learnt in Australia and New Zealand **Vinay Lakra (Australia)**

10:30 – 11:00: Coffee break // Posters session 3



11:00 – 12:00: Symposium

Neurodevelopmental disorders (Eng)

Chairs : **Ahlem Belhadj, Asma Bouden, Soukeina Bouchebti**

- 1h**
- Clinical Decision Support System for ADHD **Norbert Skokauskas (Norway)**
 - Social Cognition and autism spectrum disorders **Soumaya Hlayem, Selima Jelili, Asma Bouden (Tunisia)**
 - Trouble déficit de l'attention /hyperactivité à travers les âges (ADHD across the ages) **Yosr Moalla (Tunisia)**

Culture, globalization and psychiatry (Eng – Fr)

Chairs: **Housseem Louize, Ferid Kacha, Degaully Boris Houga**

- 1h**
- Qu'est devenue la psychiatrie africaine à l'ère de la mondialisation (Psychiatry and culture in the age of globalization) (Fr) **Karim Tabbane (Tunisia/Canada)**
 - La psychiatrie tunisienne à l'ère de la mondialisation (Fr) **Raja Labbane, Rym Ghachem (Tunisia)**
 - Culture, globalization and psychiatry **Tarek Okasha (Egypt)**

Mental health advocacy

Chairs : **Sebolelo Seape, Bonginkosi Chiliza**

- 1h**
- Caring for the carer by the carers and advocacy for mental health care during the COVID 19 pandemic: The role played by the South African South Africa **Alicia Porter (South Africa)**

1h

- Addressing the needs of people with schizophrenia during the COVID 19 pandemic: Lessons from South Africa

Bonginkosi Chiliza (South Africa)

- Moral permissibility of keeping psychiatry open for business during a communicable disease pandemic

Mvuyiso Talatala (South Africa)

Implementing and evaluating peer support globally: the UPSIDES study (Eng)

Chairs : Juliet Nakku, Donat Shamba

1h

- Peer Support – a global perspective: international research on peer support and the UPSIDES project

Bernd Puschner (Germany)

- Implementation of a peer support intervention: a cross-cultural Theory of Change approach

Ramona Hiltensperger (Germany)

- Opportunities for scaling up peer support for people with mental illness in low resources settings

Donat Shamba (Tanzania)

- UPSIDES peer support at Butabika Hospital, Uganda

Juliet Nakku (Uganda)

12:00 – 13:00:

Special session

WPA meets the WHO

-WPA Representative

Afzal Javed, Danuta Wasserman, Juliet Nakku,

Aida Sylla, Amine Larnaout, Michel Botbol

- WHO Local Representative

Olfa Saidi

13 :00 – 14 :00 :

Lunch break // Posters session 2



14:00 – 15:00:

Special Session

- Quizz

Lamia Jouini, Sami Ouanes, Bochra Nourhene Saguem, Sofiene Ben Aissa

Saturday 10-12-2022

WPA African

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15 :00 – 16 :00 :

Symposia

Women's mental health (Fr)

Chairs: Rym Ghachem, Aida Sylla, Masha Boroon

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| 1h | - Violence contre la femme : crime d'amour ou crime de haine
Saida Douki (Tunisia / France) |
| | - Gender inequity in health : how to change it? (online)
Helen Herman (Australia) |
| | - Addictions au féminin : la violence en question
Fatma Bouvet (France) |

Youth at risk (Eng)

Chairs: Yosr Moalla, Mohammadreza Shalbafan, Gordon Adomdza

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|----|---|
| 1h | - Youth at risk
Mejda Cheour (Tunisia) |
| | - Youth at risk
Michel Botbol (France) |
| | - Adolescence in Tunisie today: a transition or an odyssey
Ahlem Belhadj, Mona Daoud (Tunisia) |

COVID-19 and mental health (Eng)

Chairs: Faten Ellouze, Renuka Prasad, Nuhamin Petros

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| 1h | - Depression and anxiety in times of COVID-19 :
Preliminary results from a Tunisian Community survey
Uta Ouali (Tunisia) |
| | - COVID-19 and mental health (online) Kostas Fountoulakis (Greece) |
| | - Delivering news of positive COVID Test to Health Workers
Experience of two psychiatrists in Uganda Catherine Abbo (Uganda) |

Alfa psy symposium

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| 1h | - Alfa psy symposium |
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16:15 – 17:30:

Round table

Mental health in Africa: Opportunities and challenges

Discussants : Afzal Javed, Danuta Wasserman, Rym Ghachem, Michel Botbol

Speakers : Aida Sylla (Western Africa) (Senegal), Juliet Nakku (Eastern Africa) (Uganda)
Amine Larnaout (Northern Africa) (Tunisia)

17:30 : Closing ceremony