



Following the impact and momentum of our first Zoom Party on the 10th of October 2021, this year we will organize the Zoom Party 2.0.

The WPA Section on Psychiatry Medicine and Primary Care and
The Association for Community Mental Health Promotion
present:

World Mental Health Day Zoom Party 2.0

The topic of this year's World Mental Health Day is:

Make Mental Health & Well-being for all a Global Priority

During the party, medical students and senior mental health educators will participate. This Zoom Party being the 12th in a series of monthly Intergenerational Meetings. To help spread awareness about Mental Health, we will stimulate discussions by asking a simple yet vague question:

“TELL ME A STORY ABOUT MENTAL HEALTH”

These stories may be about:

- this year's theme,
- global / national / local mental health events, plans, even failures...
- individual observations / suggestions / questions
- or others...

Contributions may be by active participation to the live session on the YouTube livestream: youtube.com/trsgd (time given below) or by submitting brief messages, in writing.

In addition to these discussions, there will be some performances and sharing sessions, in keeping with the theme.

Below is the list of timings of our Zoom Party 2.0 for specific regions.

London	07:00 am - 10:00 am
CET	08:00 am - 11:00 am
Cape Town	08:00 am - 11:00 am
Istanbul	09:00 am - 12:00 pm
Islamabad	11:00 am - 02:00 pm
New Delhi	12:00 pm - 03:00 pm
Malaysia	02:00 pm - 05:00 pm
Tokyo	03:00 pm - 06:00 pm
Melbourne	04:00 pm - 07:00 pm
N Zealand	06:00 pm - 09:00 pm
Los Angeles	11:00 pm (9 Oct) - 02:00 am (10 Oct)



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