

## The Ottawa Psychiatry Enrichment Program (OPEP) 2022



*Left to Right: Dr. Khalid Bazaid (Director, Undergraduate Education Program, University of Ottawa), Dea Sulaj (University of Ottawa), Nuri Song (University of Ottawa), Marielle Desneiges Racette (University of Ottawa), Sandy Lazinger (University of Ottawa), Kevin Min (University of Ottawa), Aravinth Jebanesan (University of Ottawa), Seung Ho Lee (University of Ottawa), Khadije Sobh (UGME Coordinator), Liam Cresswell (University of Ottawa), Ann Lee (University of Ottawa), Janani Ramamurthy (University of Ottawa), Sihyun Baek (University of Ottawa), Olivia Mercier (University of Ottawa), and Logan Reynolds (University of Ottawa).*

The Ottawa Psychiatry Enrichment Program 2022 was a great success. The objectives of this program are to increase interest and exposure to psychiatry for medical students early in their careers, and identify strong candidates in psychiatry who may wish to come to Ottawa for residency training. The Department of Psychiatry hosted 13 students from the University of Ottawa for one week of morning lectures at the Royal Hospital and afternoon observerships at different sites. Students were exposed to psychiatrists from various disciplines and backgrounds who have won national awards from the Royal College of Physicians and Surgeons of Canada, become Deans of Medicine, written national bestseller books, and even given TED talks, as well as many more accomplishments. Students did observerships in the community, consult liaison, child psychiatry, forensics, inpatient, mood and anxiety, schizophrenia, and perinatal psychiatry, which gave them a more in-depth experience in the different subspecialties.

# The Ottawa Psychiatry Enrichment Program (OPEP) 2022

We are very fortunate to have staff who are so passionate about teaching. It was truly inspiring for the students to listen to their journey, challenges, and great accomplishments. We are grateful for all the lecturers, preceptors, residents, and organizers who make this program a continuous success. We cannot thank them enough for making this event possible.

**Overall, the students rated OPEP 2022 4.7/ 5.** Here are some of the great feedback we received from the students:

“The program was extremely well organized. Khadije and Dr. Bazaid did an excellent job coordinating the program. I felt very supported during the program, and everything was on schedule.”

“Very well organized. Excellent keynote speakers and observerships.”

“Khadije did an amazing job organizing everything. Even with last minute changes she was very quick to respond and coordinate around them. Excellent work!!!”

“Particularly want to compliment Khadije for being so organized and on top of everything!”

“Excellent. I knew where I needed to go and who I was with. I received their information in a timely manner so that I could contact the preceptorships for further details.”

We look forward to running OPEP for years to come and paving the road for future successful psychiatrists.

**Submitted by,**

**Khalid Bazaid, MD, FRCPC**

**Director, Undergraduate Education Program**

**Chair, Canadian Academy of CAP Education Committee**

**Assistant Professor, Department of Psychiatry, University of Ottawa**

**Child and Adolescent Psychiatrist, Youth Psychiatry Program, Royal Ottawa Mental Health Centre**

**T. 613.722.6521 ext. 6511**

**F. 613.761.3603**

**[khalid.bazaid@theroyal.ca](mailto:khalid.bazaid@theroyal.ca)**

**1145, ave. Carling Ave.**

**Ottawa, Ontario**

**Canada K1Z 7K4**

---