

CURRICULAM VITAE

I. Education/Training

| INSTITUTION AND LOCATION | DEGREE <i>(if applicable)</i> | Completion Date MM/YYYY | FIELD OF STUDY |
|---|----------------------------------|----------------------------|-----------------------------|
| Kaunas Medical Academy, Lithuania | Doctorate | 06/1991 | Medicine |
| Kaunas Medical Academy, Lithuania | Residency | 06/1993 | Psychiatry |
| Kaunas Medical University, Lithuania | Psychotherapy | 08/2004 | Systemic Family Therapy |
| Kaunas Technology University, Lithuania, in collaboration with SDA Bocconi, Italy, and Roskilde University, Denmark | International Diploma | 02/2013 | International Executive MBA |

II. Employment and Positions

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| 1991-1993 | Resident in psychiatry, Kaunas Medical Academy, Psychiatric clinic, Kaunas, Lithuania |
| 1993-2014 | Psychiatrist at Ziegdriai Mental hospital, Kaunas, Lithuania |
| 2005-2007 | Head of psychiatric department at Ziegdriai mental hospital (reorganized into Republican Kaunas hospital's division Mariu hospital), Kaunas, Lithuania |
| 2008-2010 | Medical director at Republican Kaunas hospital's division Mariu hospital, Kaunas, Lithuania |
| 2011-2013 | Director at Republican Kaunas hospital's division Mariu hospital, Kaunas, Lithuania |
| 2014-2020, Feb | Psychiatrist, psychotherapist and director at JSC "Neuromeda", Kaunas, Lithuania |
| 2015-2020 Feb | Psychotherapist at Lithuanian Health Sciences University Psychiatric clinic, Kaunas, Lithuania |
| 2017-Present | Assistant lecturer at Psychiatric clinic of Lithuanian University of Health Sciences, Kaunas, Lithuania |
| Since Feb,2020 | Head of Psychiatric clinic at Republican Kaunas hospital, Lithuania |

III. Membership in associations

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|----------------|---|
| 2018-Present | President of Lithuanian Psychiatric association |
| 2011-2018 | Chairman of Kaunas branch of Lithuanian psychiatric association |
| 2012 – Present | Joint Committee of Nordic Psychiatric associations |
| 2011-Present | Systemic family therapy association, board member |
| 2014 - Present | Board member of Mental Health Management association |
| 2018 - Present | Board member of Lithuanian Biological Psychiatry association |

IV. Other Related Activities and Current Positions:

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|----------------|--|
| 2013-Present | Assistant editor in the editorial group of "Nordic psychiatrist"- journal of the Joint Committee of Nordic psychiatrist associations |
| 2013 – Present | Assistant editor in "Psychiatric News" – a journal of Lithuanian Psychiatric association |
| 2015 – 2018 | Participation in the project by the Ministry of Foreign Affairs of Lithuania "Support to East Ukraine areas in the Field of Re-organizing Sector of Psychosocial Rehabilitation and Managing the PTSD Consequences" (2015-2018). |

V. Awards & Honours

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|-----------|---|
| 2013 | Letter of acknowledgement from the Lithuanian Psychiatric association |
| 2013 | The Honored worker of Health System (award by the Ministry of Health) |
| 2013-2017 | Chief specialist in the field of psychiatry in Kaunas area appointed by the Lithuanian Ministry of Health |

VI. Contributions to Science

Throughout my career my research has included a focus on better identifying substance use disorders amongst individuals with mental illness. The other major field of interests was the use of psychotherapeutic approaches in management. My research and leadership work has seen the value of approaches of psychotherapeutic interventions pay not only in clinical practice, but in guiding teams and in leadership skills, particularly shared decision making, transparency, tolerating uncertainty, etc.