



WPA

Newsletter

ISSUE 01
March, 2012

Child and Adolescent Psychiatry Section

Editorial First Issue:

Advancing Child & Adolescent Psychiatry and Mental Health Across the World

With this first issue, it is a great pleasure to announce the launch of WPA Child and Adolescent Psychiatry Section's (WPA CAP) Newsletter. This Newsletter is one the new WPA CAP Executive Board's initiatives.

It is also a great pleasure to welcome the members of the extensive Editorial Board: Prof. Bennett Leventhal (Chair, WPA CAP, USA), Dr. Gordana Milavic (Co-Chair, WPA CAP, UK), Prof. Dimitris Anagnostopoulos (Past Chair, WPA CAP, Greece), Prof. A.Guerrero (Assistant Editor, USA), Dr. J. Abdulmalik (Assistant Editor, Nigeria), Prof. S Malhotra (India), Prof. D.Fung (Singapore), Prof. S.Honjo (Japan), Prof. P.Szatmari (Canada), Prof. L.Viola (Paraguay), Prof. S.C.Cho (S.Korea), Prof. D.Puras (Lithuania), Dr. V.Storm (Australia), Dr. J.Fayyad (Lebanon), Dr. S.Tan (Malaysia), Dr. M.B.Moyano (Argentina), Dr. N.V.Tuan (Vietnam), and Dr. T.Masaru (Japan).

The Newsletter will have four main sections. The first section will be dedicated to official WPA CAP communications. The second section will feature upcoming academic and practical events sponsored by WPA CAP. The third section will contain reports from past events. The Newsletter will also publish brief interviews with prominent or promising colleagues, who's experience, vision, thoughts and ideas might be interesting and useful to our members. This first Issue begins with the interview with Prof. Bennett Leventhal (Chair, WPA CAP). While Professor B. Leventhal is very well known to AACAP (American Academy of Child and Adolescent Psychiatrists) members and colleagues who attend AACAP Annual meetings, this Issue gives an opportunity for all WPA CAP members to learn a little bit more about the new Chair and his vision for WPA CAP.

As the 20th World IACAPAP Congress will be held from July 21st to 25th 2012 in Paris, France, WPA CAP is planning an active presence there. WPA CAP will organize three symposiums ("on ADHD", (Chair Prof. Bennett Leventhal, "on Tics" (Chair, Prof. Barbara Coffey) and "on Global perspectives on teaching and learning in CAP", (organized by WPA CAP Group on Teaching and Learning, Chair Dr. Norbert Skokauskas). A brief overview of WPA CAP symposiums can be found in the Newsletter. WPA CAP sponsored conference i will be held in Belgrade, Serbia next months, and Dr. Gordana Milovic reports on planned WPA CAP activities there. This Issue also features some past events sponsored by WPA CAP. Prof. B. Leventhal shares his impression about WPA Thematic Conference "Mental Health and Family Medicine working Together" that took place Granada, Spain. And finally this issue contains some information about upcoming events.

This is the very first issue and further suggestions and contributions from members are most welcomed and we would certainly try our best to make this Newsletter the way you like.

Happy readings,

Dr. Norbert Skokauskas
Editor, WPA CAP Newsletter
Secretary, WPA CAP
[E-mail N_Skokauskas@yahoo.com](mailto:N_Skokauskas@yahoo.com)





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Interview with WPA CAP Chair Prof. Bennett Leventhal

NS: You are very well known to AACAP community, but how would you introduce yourself to WPA CAP members who don't know you well?

BL: Thank you. I am not sure how well known I am but I can say a few things about myself. I have a varied career that has included diverse activities. I am from the US State of Louisiana where I attended medical school. I completed my residency and fellowship training at Duke University. After serving for two years as a medical officer in the US Navy, I joined the faculty at the University of Chicago where I was Director of Child and Adolescent Psychiatry for nearly 25 years and am now the Irving B. Harris Professor of Child and Adolescent Psychiatry, Emeritus. After a time at the University of Illinois College of Medicine where I retain a Professorial appointment, I moved to the Nathan Kline Institute of Psychiatric Research where I am currently Deputy Director of this large research facility. My primary research interests are in early onset psychiatric disorders, with a special focus on autism but I also work on ADHD, Tourette, and normal development. In addition to my work as an investigator, I am also an active clinician and educator. I have been privileged to serve on the faculty of distinguished institutions and to lecture all over the world. I have particularly enjoyed my work in education and policy development. For the American Academy of Child and Adolescent Psychiatry (AACAP), I have been responsible for helping expand the scope and quality of the AACAP Annual Meeting so that it has become the world's leading scientific/clinical meeting in our field. In this process, we have developed mechanisms to deal with such diverse issues as how to present late breaking science to how to have responsible, productive relationships with the pharmaceutical industry. And, it is through the AACAP Meetings that I have come to meet and develop friendships with colleagues and friends from around the world.

NS: What are the main WPA CAP goals for upcoming three years?

BL: With the growing knowledge that the vast majority of psychiatric disorders have their onset in childhood and adolescence, the WPA CAP section represents a broad and vitally important element of world psychiatry. Despite this, CAP has been an underrepresented focus for the WPA. There are many reasons for this but our goal for the next triennium is to bring CAP into its proper position in the WPA. To do this, we must be well organized, intellectually and politically active, and share a common goal of supporting one another so we can speak in one voice on the world stage. So, part of the initial task of the section officers will be to assemble mailing lists of CAP's from around the world with whom we can share information. Secondly, we will identify several key projects on which we can work collaboratively. It would appear that the first of these two projects will be a collective effort in CAP training (residents, fellows, medical students, primary care physicians, nurses, especially in developing countries) and joint, multinational research project. In addition, we will make every effort to have a WPA CAP presence on the program of major psychiatric congresses as well as WPA regional and international meetings. This is a start!

NS: How do you see WPA CAP collaboration with other organizations in the area i.e. IACAPAP, AACAP,?

BL: First of all, I have a keen interest in collaboration with all CAP organizations. For political and other reasons, it is very important that we develop and implement common agendas. We must work together



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Interview with WPA CAP Chair Prof. Bennett Leventhal (cont)

because it is only with a common voice that we will be heard over the strong voices in that we will be heard over the strong voices in the rest of mental health. CAP has important messages about diagnoses, treatment and, of course, healthy development of our youth. Together, we can deliver this message well. Secondly, as the WPA CAP Section is the principal voice for CAP on the world stage. As a part of the largest, international psychiatric society, WPA CAP is in a unique position to convene our colleagues and professional organizations in order coordinate our efforts on the world stage. WPA CAP will take this responsibility very seriously in the coming years as we develop strong relationships with our colleagues in national and international societies relevant to CAP.

NS: In your opinion, what were the main achievements in the area of child and adolescent psychiatry over the past 5-10 years.

BL: The most important achievements in our field have been our new found commitment to the evidence-based practice of the medical subspecialty of child and adolescent psychiatry. It is this commitment that makes us unique among the mental health fields and professions. And, it is this commitment to the application of science to the practice of child and adolescent psychiatry that has improved our diagnostic and therapeutic skills. We all share enormous pride in the outstanding child and adolescent psychiatrists who are also first rate, widely respected scientists making extraordinary contributions to our practice and the care and understanding of children and adolescents around the world. Work in areas ranging from genetics to pharmacology to environmental and psychotherapy studies has all helped to advance our field. The application of basic and clinical science has been our major accomplishment of the 5-10 and will be the major accomplishments for the next 5-10 years. And, WPA CAP will strongly support science as an integral part of our profession.

NS: What personal traits have helped you to succeed as a child psychiatrist, and as a leader?

BL: Each of us must examine and appreciate our own personal skills and traits and then apply them the best we can to our work. For me, it has been hard work and study that has helped me succeed. But, even more than my own efforts has been the wonderful work of my friends, colleagues and students who help me each and every day. Accomplishments are actually not mine alone; they are shared. And, by the way, I must also give credit to my patients who teach me daily and my family who also provides unwavering support. So, in the end, in my view, a successful child and adolescent psychiatrist is one who has a team that is constantly helping him or her succeed at the hard work to which we are committed

NS: What do you do when you don't work as a CAP and when you are not involved in activities around CAP.

BL: The truth is that I love CAP and my work as a CAP that there is very little time when I am not working. My wife is a wonderful CAP (clinician and genetic epidemiologist) so we spend much of our time together working on our science. But, when we are not working, we enjoy time with our friends and family as it is the relationships with them that have made our lives so rich and full.

NS: Thank you for the interview.

BL: Thank you.



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WPA CAP Group on Teaching and learning is organizing a symposium at IACAPAP (The International Association for Child and Adolescent Psychiatry and Allied Professions) Congress, Paris, July 2012

Prof. Anthony Guerrero, Dr. Norbert Skokauskas, Prof. Cynthia Santos, Dr. Jeff Hunt, Dr. Susan Tan,

WPA CAP Group on Teaching and Learning aims to optimize child and adolescent psychiatric education through innovations in medical education using PBL and other progressive strategies and remains responsive to national and international contexts and concerns relating to accreditation. The group has been functioning as an independent association for several years and the table below summarizes the scientific presentations. Last year, WPA CAP, EB invited the Group to become a part of the section. Since then it has been called WPA CAP section's Group on Teaching and Learning.

Dr. Norbert Skokauskas (the Chair of the group), Prof. Cynthia Santos, Dr. Jeff Hunt, Dr. Susan Tan, and Prof. Anthony Guerrero will be presenting at the Group's session in Paris.



This photo was taken at The Group's working meeting during AACAP Congress in Toronto, Canada, October 22, 2011

Year	Congress	Symposium
2011	The 58th AACAP/CACAP meeting, Toronto,	"Special Interest Study Group"
2011	The 58th AACAP meeting, Toronto, Canada	"Internat. Perspectives on Resident Training Psychopharmacology"
2011	The 58th AACAP meeting, Toronto, Canada	"PBL in CAP Residency Strategies for Implementation"
2011	The 14th ESCAP Congress, Helsinki, Finland	"Global Perspectives on CAP Postgraduate Training"
2010	The 57th AACAP meeting, New York, USA	"Teaching for Success: special session on PBL"
2010	The 57th AACAP meeting, New York, USA	"Special Interest Study Group"
2009	AAP meeting, Washington DC, USA	"PBL in Psychiatry: pro et contra"
2009	The 19th IACAPAP Congress, Beijing, China	"Teaching Strategies in CAP"
2009	The 56th AACAP meeting, Honolulu, USA	"Special Interest Study Group"
2008	The 13th ESCAP Congress, Budapest, Hungary	"A different approach to learning and teaching CAP"
2008	Higher Education Academy meeting, UK	"Learning and teaching undergraduate psychiatry"



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20TH WORLD CONGRESS
Palais
des congrès PARIS

JULY 21-25
21-25 JUILLET
2012

WPA CAP symposium "ADHD across the World" at IACAPAP (The International Association for Child and Adolescent Psychiatry and Allied Professions) Congress, Paris, July 2012

Prof. Anthony Guerrero, Prof. Bennett Leventhal, Dr. John Fayyed and Dr. Norbert Skokauskas

Attention Deficit Hyperactivity Disorder is one of the most prevalent mental disorders of childhood (with prevalence rates varying from 5% to 10%) and it can continue through adolescence and adulthood. ADHD is also one of the most common causes of referral to family physicians, pediatricians, pediatric neurologists, and child psychiatrists. ADHD's impact on society is enormous in terms of financial cost, stress to families, disruption in schools, and the potential for leading to criminality and substance abuse.

There is an extensive literature on ADHD, but relatively little emphasis has been placed on regional, cultural differences, and diversity variables, such as ethnicity. Moreover, services and interventions available for children with ADHD and their families vary from country to country.

This session aims to describe a diversity of approaches in diagnosing and treating ADHD across the World. A complex ADHD case will be presented, and speakers from all WPA regions will describe how they would assess and manage such a case in their region. In addition to this, brief overviews of the latest and the most important developments on ADHD will be presented from each region. The organizers hope that this WPA session will serve as a platform for future collaboration.

Learning Outcomes:

- Participants will learn about the diversity of approaches in diagnosing and managing ADHD.
- Participants will become aware of the latest studies on ADHD across the World.
- Participants will learn about the best ways to manage ADHD using limited recourse.

Chair: Bennett Leventhal (USA); Co- Chair: John Fayyed (Lebanon)

Speakers:

1. "ADHD across the World: global challenges and personalized solutions?" Norbert Skokauskas (Ireland).
2. "ADHD in WPA Region I, The Americas". Tony Guerrero (Hawaii, USA)
3. "ADHD in WPA Region II. Europe", Evgeni Koren (Russia)
4. "ADHD in WPA Region III". Africa and Middle East. John Fayyed (Lebanon)
5. "ADHD in WPA Region IV". Australasia. Savita Malhotra (India)
6. "ADHD in WPA Region IV". Far East Asia. Young-Shin Kim (South Korea)



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WPA Co-sponsored Joint XIV National Congress of the Serbian Psychiatric Association and III Congress of The Psychiatric Association for Eastern Europe and the Balkans – "Psychiatry for a Changing World"

18-21 April 2012 Belgrade, Serbia

Dr. Gordana Milavic, Co-Chair, WPA CAP

One of the WPA Child and Adolescent Psychiatry (CAP) Section main goals for the next 3-years includes the intention to organize international educational events and to represent WPA CAP at the major meetings and congresses worldwide.

The WPA Child and Adolescent Section will be represented at the WPA and National Congress of the Serbian Psychiatric Organisation co-sponsored event by a symposium entitled 'DIFFICULTIES OF GROWING-UP IN THE CHANGING WORLD'. Drs Popovic and Botbol will be chairing the session with presentations from Michel Botbol (France): Psychopathological approach of school violence: the French experience; Gordana Milavic, Co – chair WPA CAP Section (UK) : Treating depression in children and adolescents: the use of cognitive-behavioural therapy in clinical practice; Smiljka Popović-Deušić, Zagorka Bradić, Milica Pejović- Milovančević (Serbia): Developmental challenges at the time of transition – the experience of the Institute of Mental Health; Dimitris Anagnostopoulos, Sakellariou K, Kalogerakis Z, Vasilopoulou V, Lazaratou H (Greece): Treating adolescents with learning disorders in the community; Mirjana Trkulja (France): 'Flowers are everywhere for those who agree to see them'- psychotherapeutic approach to infantile autism in France'.

The rich programme includes plenary sessions by Hagop Akiskal (USA) on Temperament: profession, success and creativity;

Michel Botbol (France) Psychopathological approach to school violence;

George Christodoulou (Greece) Relevance of ethics principles for a changing world;

Wolfgang Gaebel (Germany) The image of psychiatry and psychiatrists: International experiences and improvement strategies;

Siegfried Kasper (Austria) Current state and future perspectives of mood stabilizers;

Valery Krasnov (Russia) Dynamic approaches in psychiatric diagnostics: Eastern European perspective;

Juan José López-Ibor (Spain) Human body: Perception, experience, identity;

Hans-Jürgen Möller (Germany) Progress in schizophrenia research and its relation to future drug development and treatment strategies;

Tarek Okasha (Egypt), Globalization and mental health;

Michelle Riba (USA) Comorbidity of cancer and depression;

Norman Sartorius (Switzerland) Paradigms of psychiatry in a changing world;

Allan Tasman (USA) Improving treatment outcomes: integrating psychotherapy and pharmacotherapy and

Peter Tyrer (UK) The adaptation of the recovery model for patients with personality disorder.

There will be opportunities for professional contacts and planning of joint activities with Serbian colleagues, members of the Psychiatric Association for Eastern Europe and the Balkans and members of other WPA Sections.



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PAST EVENTS

WPA Thematic Conference, 8 - 11 February 2012, Granada, Spain - "Mental Health and Family Medicine Working Together"

Prof. Bennett Leventhal, WPA CAP Chair

I was privileged to attend the WPA/WONCA meeting in Granada Spain in February 2012. This was a most interesting because it was a joint meeting between psychiatrists and family doctors. The meeting was focused on the interface between primary medical care and psychiatric care. Sessions covered the field broadly from specific disorders to policy and practice issues. I was fortunate to hear excellent presentations on a variety of topic, including ethics.

It is clear that our primary call medical colleagues are quite concerned about the high prevalence of psychiatric disorder in their clinical populations. I was struck by several critical points:

1. Family Practitioners provide a great deal of general medical care to patients who also have psychiatric disorders
2. Family Practitioners have quite a bit of knowledge about psychiatric patients and clinical syndromes. And, they are seeking more because this is such an important part of their practice.
3. Family Practitioners are eager to provide comprehensive care for their patients with psychiatric disorders, including managing medications. However, they are also well aware of the need to work collaboratively with psychiatrists and, there is a dearth of psychiatrists with whom they can work. They feel this need quite keenly
4. Of all the areas of psychiatry about which Family Practitioners have the least knowledge, experience and support, it is child and adolescent psychiatry.
5. The Family Practitioners are quick to point out that there are usually no child and adolescent psychiatrists in their communities but when child and adolescent psychiatrists are present, the Family Practitioners actively seeking liaisons.

I spoke at a session on child and adolescent psychiatric disorders associated with diabetes. The large and interested audience asked many questions of about the prevalence and management of complex psychiatric conditions such as mood and anxiety disorders and their impact on the treatment of diabetes. Sadly, there is only a very modest literature in this area that I was able to review for our colleagues and use to provide suggestions for diagnosis and treatment. Clearly, there is much work to do in this area. But, it is encouraging that our colleagues in Family Practice are so interested in collaborating with us is providing high quality care to this complex group of patients. In addition, to the scientific meetings in Granada, the WPA Board held its meetings. And, while I was not invited to join that meeting, I did have the opportunity to meet with WPA President Pedro Ruiz. We had a wide-ranging discussion about the role and activities of the WPA Child and Adolescent Psychiatry (CAP) Section. Professor Ruiz clearly expressed that CAP was a high priority for WPA during his triennium and that he would do what he could to provide support for our section. He was especially keen on the creation of programs for the developing nations. However, he also offered endorsements for our activities in research and training. Most of all, he was pleased that WPA CAP saw itself as "gathering place" for those from around the world who are interested in CAP. Unfortunately, there is limited financial support available at this time, however, Professor Ruiz offered to help us seek such support, both from WPA and externally. Subsequent to our meeting, the CAP Section has had correspondence with various elements of the WPA Executive in an effort to move our agenda forward. We will report on that as the work moves forward.



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Vital statistics: child and adolescent mental health

Prof. Anthony Guerrero and Dr. Jibril Abdulmalik

Children and adolescents are almost a third of the world's population. Almost 90% of all children and adolescents in the world live in low-income and middle-income countries. There are about 100 million street children worldwide, especially in developing countries. Regional estimates project that 40 million live in Latin America, 25–30 million in Asia, and over 10 million in Africa.

Among children and adolescents worldwide:

- 10-20% suffer from a mental health problem.
- Neuropsychiatric disorders are a leading cause of health-related burden, accounting for 15–30% of the disability-adjusted life-years (DALYs) lost during the first three decades of life.

In sub-Saharan Africa:

- 160 out of 1000 live born children die before they reach the age of five
- Approximately two million children live with HIV/AIDS
- Two of three children attend primary school and less than one in four attend secondary school

In Central and Eastern Europe: approximately 1.5 million children live in public care

In the southern hemisphere, psychiatrists customarily care for children and adolescents with epilepsy, which:

- Causes about 9% of the total illness burden resulting from mental and neurologic disease
- Is the eighth leading cause of morbidity among children from 5 to 14 years of age, and
- Is much more common in developing (versus industrialized) countries because of higher rates of central nervous system injury

In the United States of America: the top three leading causes of death among youth ages 1-19 years are accidents, homicide, and suicide.





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Psychiatry Research Training Course for Junior Investigators in Child Psychiatry and Psychiatry

(co-sponsored by WPA CAP)

2012, June 24st – 30th, Bocca di Magra (La Spezia) – ITALY



Prof. Bennett Leventhal, WPA CAP Chair

Foundation Child and the Working Group on Child and Adolescent Psychiatry of the Italian Society of Psychopathology (SOPSI) are pleased to announce the 9th Training Course in CAP for young researchers in CAP and psychiatry. The aim of the course is to provide a high quality, intensive training experience that will offer training on the relevant elements of clinical science (diagnosis, treatment, and prevention of the most important childhood psychiatric disorders) and research (designing a research project, research methods, basic principles of statistics, writing and presenting scientific work.) In addition, the course is designed to provide tutorials, networking and other valuable educational activities that will enhance the education of junior investigators. The course will include lectures and interactive sessions conducted by an international panel of highly qualified faculty with recognized expertise in their respective fields.

THE FINAL DEADLINE FOR ALL APPLICATIONS IS: March 16th

Candidates must:

- o Be a physician with training in a relevant medical specialty
- o Have a strong commitment to research in child and adolescent psychiatry
- o Demonstrated productivity in child and adolescent psychiatry research
- o Active, demonstratable participation in a research project And/Or Relevant scientific publications

TRAINEES ARE RESPONSIBLE ONLY FOR THEIR TRAVEL COSTS TO AND FROM THE SEMINAR SITE. ORGANIZERS WILL PAY FOR APPLICATION FEES, TUITION, FOOD AND LODGING.

Candidates:

NUMBER: Maximum of 40 young researchers or specialists under the age of 35 or not more than 5 years since completing training

- Must be nominated by an Academic Professor of Psychiatry and/or Child and Adolescent Psychiatry at identifiable center for psychiatric research and training.
- Must want to develop specific competence in the following areas of CAP: clinical research applied/translational research and/or research training/management.
- Must demonstrate at least one of the following:
 1. At least one publication (as author or co-author) on a peer reviewed and/or indexed on PubMed
 2. At least one poster or other presentation during a Psychiatry or Child and Adolescent Psychiatry Congress (National or International)
 3. Presently or recently involved, in a relevant research project in child and adolescent psychiatry or developmental psychopathology.
 4. A willingness to attend and fully participation the entirety of the one week course.

All the information and instructions for submission, along with the registration form can be found at www.fondazionechild.it or write an email: info@fondazionechild.it



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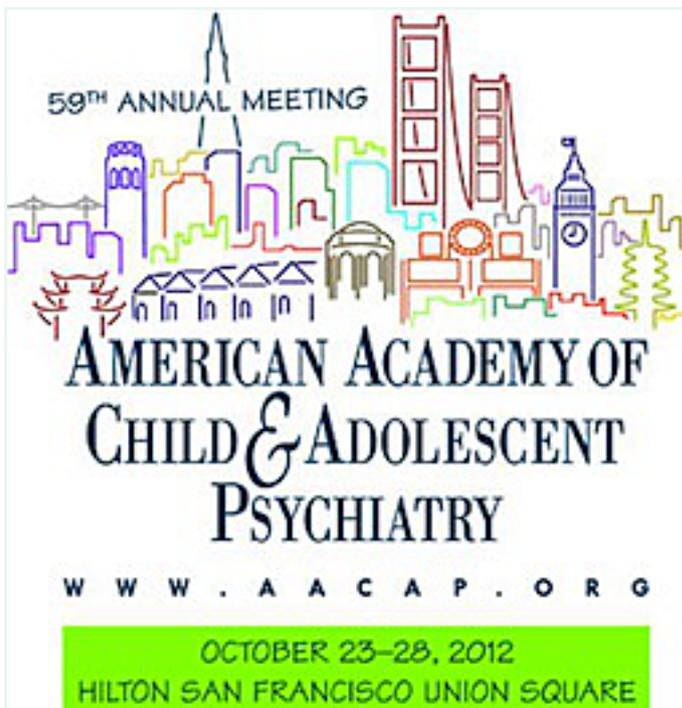
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Major Upcoming Events



International Meeting for Autism Research
May 17-19, 2012 Toronto, Canada



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Editor: Norbert Skokauskas (Ireland/Japan)

Assistant Editors: Prof. Anthony Guerrero (USA), and Dr. Jibril Abdulmalik (Nigeria)

Editorial Board: Prof. Bennett Leventhal (Chair, WPA CAP, USA), Dr. Gordana Milavic (Co-Chair, WPA CAP, UK), Prof. Dimitris Anagnostopoulos (Past Chair, WPA CAP, Greece), Prof. S.Malhotra (India), Prof. D.Fung (Singapore), Prof. S.Honjo (Japan), Prof. P.Szatmari (Canada), Prof. L.Viola (Paraguay), Prof. S.C.Cho (S.Korea), Prof. D.Puras (Lithuania), Dr. V.Storm (Australia), Dr. J.Fayyad (Lebanon), Dr. S.Tan (Malaysia), Dr. M.B.Moyano (Argentina), Dr. N.V.Tuan (Vietnam), and Dr. T.Masaru (Japan).