

Brief Curriculum Vitae (CV) of Bernardo Ng, M.D., DFAPA

Bernardo Ng, M.D. was born in Mexicali, Mexico. He is a medical graduate from the University of Nuevo Leon in Mexico and completed residency at Texas Tech University and the University of California, San Diego in the United States. He completed residency in General Psychiatry and a sub-specialty in Consultation Liaison Psychiatry. Dr. Ng was certified by the American Board of Psychiatry and Neurology in 1995, the American Board of Psychosomatic Medicine in 2005, and the Consejo Mexicano de Psiquiatría in 1996.

He dedicates most of his time to direct patient care in the United States-Mexico border area as well as in the neighboring states of California and Baja California. He has worked in a rural underserved area, supporting the work of primary care providers, supervising master level interns, substance abuse counselors, and promoting the development of services for the poor and underinsured.

While Dr. Ng has been a member of the American Psychiatric Association (APA) since he was a trainee in 1990, he began his participation within the APA in 1998 as a member of the APA Council in Psychiatric Services. He has participated as a member of the APA Consortium on Organized Service Systems, and as a consultant to the APA Council of District Branch Relations and since 2016, he has been the chair of the APA Council on International Psychiatry. During his years on the Council, the Council has implemented various programs to enhance APA's activities with international members around the world and with international medical graduates in the United States. The Council is currently working in curriculum recommendations for residency programs interested in offering training in global psychiatry.

Dr. Ng has also been a member of the Mexican Psychiatric Association (APM) and after being President of a local chapter, and became a Regional Vice-President in 2016, President-Elect in 2018, and began his two-year term as President in 2020. In 2020, Dr. Ng also became the immediate Past President of the American Society of Hispanic Psychiatry (ASHP). During his term, ASHP implemented the Don Quixote Award, which is a competition for young Hispanic researchers or those who provide services to Hispanic populations. This competition is open to psychiatrists, psychologists, nurse practitioners, and social workers, either licensed or in training. ASHP also implemented the Alvaro Camacho lecture to address the well-being of psychiatrists and mental health professionals and has addressed the migration crisis from Latin America by enhancing the understanding of Latinos in the United States. Additionally, since 2018, Dr. Ng has been an Advisor for the National Hispanic and Latino Mental Health Technology Transfer Center Network.

Dr. Ng is a Clinical Assistant Professor at the University of California, San Diego. He has 76 publications, including 34 original articles, 29 abstracts, 6 book chapters, 4 handbooks, 3 books, and has conducted 61 clinical trials as principal investigator. His research interests include International Psychiatry, Mexican Americans and Latinos, United States and Mexico Border Issues, Social Determinants of Health, Migration and Forced Family Separation, Behavioral Symptoms Associated to Neurocognitive Disorders, and Cognitive Symptoms Associated to Major Psychiatric Disorders.