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WPA Early Career Psychiatrists (ECP) Section

Chronological List of Activities – Term 2025–2027

- **April 2025**

    - Establishment of the new Committee, definition of the different roles and tasks attribution.
    - Development of the ECP Section Action Plan 2025-2028 following a participatory process.
    - Planned individual meetings with Committee members to define roles, regional needs and future actions.
    - Weekly Board meeting and bi-monthly Committee meeting to follow up on the Section's activities and needs
    - Confirmed ECP participation in the WPA World Congress of Psychiatry in Prague.
    - Updated membership database with the establishment of different categories (current ECPs, special ECPs, alumni and allies)
    - Implementation of an advanced, user-friendly membership application process
    - Section's representation in the WPA Regional Congress in Alexandria
    - Creation of the section's Instagram and LinkedIn profiles and update of the section's X and Facebook profiles.

- **May 2025**

    - Initiated collaboration with the Digital Mental Health Section on a joint webinar titled "Ethics in Digital Mental Health".
    - Partnership with the Education and Publication Committee to support the recording of educational videos with WPA experts.
    - Partnership with the Medical Students Group and planned contribution to the mentorship of medical students during the WCP workshop in Prague.
    - Created a repository for opportunities and events.

- Defined a trimestrial newsletter.
- Collaboration with past Section officials on a 10-year milestone article.
- Creation of WhatsApp Communities (general, regional, and thematic groups) to enhance networking and communication with members from the same regions
- Section's representation in the APA meeting

- **June 2025**

  - Disseminated global survey on the use of artificial intelligence in psychiatry, in collaboration with Dr. Dina Elgabry.
  - Revision of responses to the newsletter's call for contributions.
  - Detailed planning for a joint webinar with the Digital Mental Health Section on ethics and AI took place.
  - Early ideas for anniversary projects (such as the 10-year video and collaboration with alumni)
  - Beginning of the formatting of the ECP Track for the WPA Regional Congress in Ecuador for November 2025

- **July 2025**

  - Delivered joint webinar with the DMH Section on *Artificial Intelligence & Ethics in Mental Health.*
  - Established posting protocol and content submission form.
    Published posts promoting research, surveys, volunteer calls, WPA events, and opportunities.

- **August 2025**

  - Launched the 10-Year Anniversary Video Project.
  - Organized online archive system for smooth workflow with an access roadmap
  - Promotion and coordination of ECP participation as chairs to poster and oral presentations sessions during WCP.
  - Opened applications for host institutions for 2026 WPEP program

- **September 2025**

  - Disseminated global survey on pre-service education in mental, neurological and substance use disorders.
  - Published the first trimestrial newsletter, featuring research, surveys, volunteer calls, upcoming WPA events, and opportunities.
  - Prepared social media coverage plan for Prague.
  - Formed a dedicated WCP social media coverage subcommittee.
  - Development of an ECP welcome package for new members.
  - Section's representation in the Kenya Psychiatric Association meeting; also connected with Eastern Africa Young Psychiatrists and Trainees Association.

- **October 2025**

  - The Section led and participated in multiple high-visibility events at the World Congress of Psychiatry, including the 3-minute competition, WPA Quiz, Difficult Cases Sessions, the 10-Year Anniversary session, chairing of poster and oral sessions, co-mentorship of the medical students session, and a contribution to the presidential panel on pre-service education.
  - Major attention was paid to on-site networking, with the ECP dinner, targeted meetups, and active management of the WhatsApp communities for immediate event updates.
  - Evaluation mechanisms were introduced: session-specific feedback forms (Quiz, Difficult Cases, 3-Minute Competition) and a new general congress feedback form.
  - Expanded presence on LinkedIn, X (Twitter), and Facebook.
  - A critical review of Terms of Reference (TOR) was launched, aiming for a revised structure by the end of 2025, with shared responsibilities for reviewing roles, rationale, and representation.
  - The Section began preparing an annual public report and a summary based on the Action Plan/Anniversary slides, with plans to publish both a Word version for download and an interactive PPT for the website.
  - Plans for future student engagement included developing a matchmaking sheet for co-submission of session proposals and formalizing ongoing collaboration with alumni, medical student organizations, and potential WPA working groups.

- **November 2025**

  o The Section led and participated in several key activities at the WPA Regional Congress in Quito, including:
    - ECP-led sessions focused on career development, exchange programs, and early career perspectives, with an emphasis on supporting Latin American trainees and early-career psychiatrists.
    - Moderating poster and oral sessions, ensuring active engagement of young professionals in presenting their work.
    - Strengthened regional connections by hosting a networking lunch/dinner for students and trainees, introducing the ECP Section and its benefits.

  o **Terms of Reference (TOR) update:**

    - The Board began reviewing the TOR with a focus on refining the document's structure and responsibilities. A final version will be sent for approval by the end of 2025, aligning the Section's governance with its evolving needs and objectives.

- **Social Media Team Development:**

  o Creation and structuring of a permanent Social Media team was completed. This includes defining roles, responsibilities, and the creation of a posting schedule to ensure consistent engagement on the Section's platforms (Instagram, LinkedIn, X (Twitter), and Facebook).

  o The team will be responsible for managing posts related to upcoming webinars, research, volunteer calls, and general announcements.

  o Training was provided for volunteers, and strategies were developed to increase engagement and visibility across platforms.

- **December 2025**

- **Monthly Webinars and Opportunities:**

  - **WPA Virtual Journal Club** (10 December 2025)

  - **Newsletter Call for Contributions** (Deadline: 13 December 2025)

  - **WPA ECP Exchange Program** (Deadline: 14 December 2025)

  - **Addiction Reflection Series – ISAM NeXT Collaboration** (17 December 2025)

  - **WPA Congress 2026 – Symposium Submissions** (Deadline for endorsement: 15 January 2026)

- **Plans for Future:**

  - Continued **social media engagement** with a special focus on upcoming **WPA Congress 2026** and **2026 ECP Exchange Program** applications.

  - Preparation for the **first 2026 webinar** on leadership, research, and innovation, focusing on regional participation and international collaboration.

  - Enhanced **member engagement** with regular posts, updates, and **monthly newsletters**, aimed at maintaining visibility and communication within the Section.