



Curriculum vitae

Dr. Roger Man Kin NG, male/58

Consultant Psychiatrist

Alpha Clinic, 13/F,

1 Duddell Street, Central, Hong Kong, China

1. Educational qualifications

- Bachelor of Medicine and Surgery, Chinese University of Hong Kong
- Master of Science (Health and Hospital Management), University of Birmingham, UK
- Certificate in Cognitive Therapy (Atlanta Center for Cognitive Therapy, USA)
- Certificate in Cognitive Therapy (Beck Institute of Cognitive Therapy and Research, USA)
- Certificate in Cognitive Therapy Supervision (Beck Institute of Cognitive Therapy and Research, USA)
- Master of Science (Advanced Cognitive Therapy Studies), University of Oxford, UK
- Postgraduate Diploma, London School of Hygiene and Tropical Medicine, UK
- Postgraduate Diploma in Epidemiology, University of London, UK
- Master of Science (Epidemiology), University of London, UK
- Doctor of Philosophy (Cognitive-behavioural Therapy), University of Oxford, UK

2. Professional qualifications

- Member of Hong Kong College of Psychiatrists (1995)
- Member of Royal College of Psychiatrists (UK) (1996)
- Fellow, Hong Kong College of Psychiatrists (1998)
- Fellow, Hong Kong Academy of Medicine (Psychiatry) (1998)
- Fellow, Royal College of Psychiatrists (UK) (2006)
- Fellow, Academy of Cognitive Therapy (US) (2006)
- Member, American College of Psychiatrists (2015)
- International Fellow, American Psychiatric Association (2015)
- International Distinguished Fellow, American Psychiatric Association (2018)
- Honorary Member, Mental Health Association of Cambodia (2017)
- Honorary Member, World Psychiatric Association (2017)
- Fellow, Academy of Medicine of Malaysia (2021)
- Fellow, Academy of Medicine of Singapore (2022)
- Honorary Fellow, World Psychiatric Association (2023)
- Honorary Fellow, Asian Federation of Psychiatric Associations (2025)
- Certified psychotherapy trainer and supervisor, Chinese Society of Psychology (2024-)

3. Clinical experience

Thirty years of clinical psychiatric experience and expertise in CBT in taking care of adolescent and adult patients with severe mental illnesses including schizophrenia, bipolar disorder, and psychoses in different clinical settings including acute in-patient units, day hospital settings, outpatient clinic settings, as well as community crisis outreach.

Thirty years of clinical psychiatric experience in taking care of adolescent and adult patients with common mental disorders including depression, anxiety disorders, adjustment disorders and post-traumatic stress disorders (PTSD)

Over twenty years of clinical psychiatric experience in taking care of children and adolescents with mood and psychotic disorders in the early intervention services ranging from in-patient, day-patient and out-patient care.

Over thirty years of clinical experience in preparing forensic reports for patients with various offences in establishing the relationship between mental illness and offences (e.g. theft, possession of dangerous drugs, possession of dangerous weapons, fraud, sexual offences, suspected murder). Since 2024, I have been invited to be a quantum expert in psychiatry by Kennedys, a leading litigation firm in Hong Kong dedicated to conduct and resolution of disputes through negotiation, litigation, arbitration and mediation. This firm is especially well known in providing support to doctors involved in medico-legal disputes with patients and their families.

Over thirty years of clinical experience in delivery cognitive-behavioural therapy (CBT) for a range of psychiatric disorders across a wide range of age groups (anxiety disorders, PTSD, depressive disorders, bipolar disorders, psychotic disorders, alcohol, drug and internet addictions).

4. Current clinical positions

- Consultant Psychiatrist, Alpha Clinic of Hong Kong
- Panel Psychiatrist, Hong Kong Medical Consultants Group
- Consultant Psychiatrist, Hong Kong Adventist Hospital
- Visiting Psychiatrist, Matilda Hospital of Hong Kong

5. Positions held in Hospital Authority

- Chair, Central Coordinating Committee (Psychiatry), Hospital Authority of Hong Kong (2018-2021) – the committee is the central decision body of the public mental health services in Hong Kong
- Deputy Chair, Research Ethics Committee (Governing), Kowloon Central Cluster, Hospital Authority of Hong Kong (HA) (2016-2021)
- Cluster Coordinator (Clinical Research & Ethics), Kowloon Central Cluster, Hospital Authority (2016-2021)
- Coordinator, Central Coordinating Office of Research Ethics for commercial sponsored multi-centre trials, Hospital Authority (2019-2021)
- Honorary Consultant, Special Medical Unit (HIV unit), Department of Medicine, Queen Elizabeth Hospital, Hong Kong (2015-2021), providing liaison clinic to take care of patients with HIV and comorbid mental health problems
- Co-Chairman, Kowloon Central Cluster District Liaison Task Force with community partners, Housing Authority and Hong Kong Police Force (2014-2021) responsible for coordinating the mental health care provisions in the district of Tsim Sha Tsui, Jordan, Yaumatei and Mongkok
- Panel Chair, Research Ethics Committee (Operation), Kowloon Central Cluster, Hospital Authority of Hong Kong (2012-2021)
- Clinical Stream Coordinator (Mental Health), Kowloon Central Cluster, Hong Kong (2010-2021) responsible for the strategic planning and development of mental health services in the Kowloon Central Cluster of Hospital Authority of Hong Kong
- Chief of Service, Department of Psychiatry, Kowloon Hospital, Hong Kong (2010-2021): department head responsible for the development, daily operation and evaluation of mental health services provided by the Department
- Chairman, Task Force on Psychotherapy Training and Development, Hospital Authority (2010-2021): this is the central committee in steering and developing psychotherapy training for psychiatric residents and psychotherapy services in mental health services in Hong Kong
- Member, Central Coordinating Committee (Psychiatry), Hospital Authority of Hong Kong (2010-2021)
- Convener, Mental Health Service User Sub-group, Central Coordinating Committee (Psychiatry), Hospital Authority of Hong Kong (2010-2021): a sub-committee under

the COC(Psychiatry) to engage, liaise and obtain feedback from patients' rights groups with regard to mental health services in Hong Kong

- Consultant Psychiatrist, Kowloon Hospital (2007-2021) with special responsibility for psychotherapy for adolescents and general adults
- Team Head, Psychotherapy and Early Intervention Teams, Department of Psychiatry, Kowloon Hospital (2007-2021)
- Member, Task Force on Mental Health Service Plan, Hospital Authority (2009-2015)
- Member, Task Force on Mental Health Manpower Projection Plan (2009-2017)
- Senior Medical Officer, Kowloon Hospital (2002-2007)
- Senior Medical Officer, Castle Peak Hospital (1997-2002)

6. Honorary positions held in universities in Hong Kong

- Honorary Clinical Professor, Department of Psychiatry, Chinese University of Hong Kong (2017-)
- Honorary Associate Professor, Department of Psychiatry, Li Ka Shing Faculty of Medicine, University of Hong Kong (2014-)
- Member, Board of Studies of the Master, Postgraduate Diploma and Postgraduate Certificate of Psychological Medicine (Psychosis Studies), Li Ka Shing Faculty of Medicine, University of Hong Kong (2014-)

7. Honorary positions in other universities and institutions in China

- Visiting Clinical Professor of Psychiatry, Xianya Second Psychiatric Hospital, Central South University, Changsha, Hunan, China (2020-)
- Visiting Clinical Professor of Psychiatry, Beijing Capital Medical University, Beijing, China (2021-)
- Editorial Board Member, National Guideline of Post-Traumatic Stress Disorder (PTSD) in China, Second Edition (responsible for the Section on Psychological Treatment of PTSD)
- Honorary CBT supervisor, master's degree Course in Psychology, Peking University, China (2024-)

8. Honorary positions held in professional organizations in Hong Kong

- Immediate Past President, Hong Kong College of Psychiatrists (2019-2022). The college is the statutory professional organization for the training, recognition and maintenance of professional standards of specialist psychiatrists in Hong Kong
- Council member, Hong Kong Academy of Medicine (2019-2022)
- Ex-officio Member, Council of the Hong Kong College of Psychiatrists (2022-2023)
- Vice-President (General Affairs), Hong Kong College of Psychiatrists (2016-2019)
- Chair, Ethics Committee, Hong Kong College of Psychiatrists (2016-2019)
- Chair, Review Committee, Hong Kong College of Psychiatrists (2016-2019)
- Member, Research Committee, Hong Kong College of Psychiatrists (2012-2019)
- Honorary Tutor, Hong Kong College of Family Medicine (2007-2021)

- Psychiatric Tutor, Hong Kong College of Psychiatrists (2007-2021)
- Council member, Hong Kong College of Psychiatrists (2006-2022)

9. Honorary positions held in non-government organizations in Hong Kong

- Advisor, Mindset, Jardines Hong Kong Group (2020-). Mindset is mental health foundation set up by the Jardines Hong Kong, the largest private listed business enterprise in Hong Kong employing the largest number of employees in Hong Kong
- Advisor, Zubin Foundation of Hong Kong (2019-2023). This is an important ethnic minority NGO for the wellbeing of South Asians in Hong Kong
- Council member, Richmond Fellowship of Hong Kong (2006-2013)
- Honorary Social Work Consultant, Caritas Hong Kong (2006-2011)
- Treasurer and Member of the Executive Committee, Chinese Association of Cognitive Behaviour Therapy (2009-2014)
- Chairman, Hong Kong Schizophrenia Research Society (2010-2015)
- Council member, Kowloon Psychiatric Doctors' Association (2008-2015)
- Honorary Fellow, Chinese Association of Cognitive Behaviour Therapy (2015-)

10. Honorary positions held in the Hong Kong SAR Government

- Member (in my capacity as the Chair of the Coordinating Committee (Psychiatry) of Hospital Authority of Hong Kong), Mental Health Advisory Committee, Hong Kong SAR Government (2018-2021): this is the key advisory committee on mental health service development in Hong Kong commissioned by the Chief Executive of Hong Kong
- Medical member, Mental Health Review Tribunal, Food and Health Bureau, HKSAR (2016-2018)
- Chair, Health Care and Promotion Fund (HCPF) Assessment Panel for Commissioned Community Partnership Programme on Mental Health Promotion in Hong Kong, Food and Health Bureau, Hong Kong SAR Government (2016-2020)
- Member, Promotion Sub-committee, Health Care and Promotion Fund, Food and Health Bureau, Hong Kong SAR Government (2010-)
- Member, Task Force on Drafting of Community Treatment Order, Food and Health Bureau, Hong Kong SAR Government (2010-2015)
- Member, Adult Subgroup of Expert Panel on Mental Health Service Reform, Food and Health Bureau, Hong Kong SAR Government (2009-2012)

11. Positions held in international professional organizations

- Acting Secretary General, World Psychiatric Association (2022-2023)
- Chair, Accreditation Committee, World Psychiatric Association (2022-2023)
- Secretary for Education, World Psychiatric Association (2017-2023)
- Executive Committee Member, World Psychiatric Association (2017-2023)
- Member, Finance and Fundraising Committee, World Psychiatric Association (2022-2023)

- Chair, Education Committee, World Psychiatric Association (2020-2023)
- Member, Standing Committee of Education, Publications and Scientific Sections (2017-2020)
- Secretary for Training, Asian Federation of Psychiatric Associations (2018-2021)
- International Advisor, Chinese Society of Psychiatry (2019-2023)
- Member, International Advisory Board, Japanese Society of Psychiatry and Neurology (2018-2020)
- Member, Asian Association of Neuropsychopharmacology (2015-)
- Member, Section of Education, World Psychiatric Association (2014-)
- Certified Supervisor & Trainer, Academy of Cognitive Therapy (2014-)
- Member, Credentials Committee, Academy of Cognitive Therapy, USA (2014-)
- Member, International Advisory Board, Beck Institute of Cognitive Therapy & Research (2018-)
- Certified affiliate/member, Academy of Cognitive Therapy (2004-)
- Honorary trainer and supervisor, Beck Institute of Cognitive Therapy & Research, USA (2010-)

12. Professional publications' honorary appointments

- Associate Editor, International Review of Social Psychiatry (2007-)
- Regional Editor, International Journal of Culture & Mental Health (2008-)
- Member, Editorial Board, World Psychiatry (2017-)
- Member, International Editorial Board, Irish Journal of Psychological Medicine (2017-)
- Member, International Editorial Board, Indian Journal of Psychiatry (2017-)
- Expert advisor on China, Lancet Psychiatry (2019-)
- Member, International Editorial Board, Psychiatria et Neurologia Japonica (2019-2023; 2023-2026)
- Member, Editorial Board, International Journal of Social Psychiatry (2022-2026)
- Lead on the section on 'psychological interventions for PTSD' in the third edition of the National Guideline of the Prevention and Interventions for Post-traumatic Stress Disorder (PTSD) for the Chinese Society of Psychiatry (Oct 2021-)
- Peer reviewer for East Asian Archives of Psychiatry, International Journal of Social Psychiatry, Schizophrenia Research, Clinical Journal of Psychiatry, Schizophrenia Bulletin, Eye, Hong Kong Medical Journal, International Review of Psychiatry, Academic Psychiatry, Lancet Psychiatry, and Psychiatry Research.

13. Publications

- Ng, RMK. & Leung, S.P. (2000) The 5-year outcome study of a group of chronic psychotic patients discharged into the community. Hong Kong Journal of Psychiatry, 10, 27-36
- Ng, RMK., Mui, J., Cheung, H.K., Leung, S.P. (2001) The expressed emotion and the relapse of schizophrenia in Hong Kong. Hong Kong Journal of Psychiatry, 22, 24-32.

- Ng, RMK. & Leung, S.P. (2002) The REHAB scale survey in Castle Peak Hospital. Hong Kong Journal of Psychiatry, 12, 14-22
- Ng RMK (2002) Degraded continuous performance test and psychosis-proneness amongst undergraduates in Hong Kong. Hong Kong Journal of Psychiatry, 12, 6-13
- Ng RMK, M Cheung, L Suen (2003) Cognitive-behavioral therapy of psychosis: an overview and its application in Hong Kong. Hong Kong Journal of Psychiatry, 13, 26-33
- Ng RMK (2004) Early visual processing measures as predictor of rehabilitative success. Hong Kong Journal of Psychiatry, 14, 16-22
- Wong J, Leung SP, Mak T, Ng RMK, Chan KT et al. (2005) Plasma clozapine level and clinical response in treatment-refractory Chinese schizophrenic patients. Progress in Clinical Neuro-psychopharmacology and Biological Psychiatry, 80, 23-30
- Ng RMK (2005) Cognitive therapy for obsessive-compulsive personality disorder: a pilot study. Hong Kong Journal of Psychiatry, 15, 50-53
- Ng RMK (2005) Cognitive therapy supervision: a local experience and pilot study. Hong Kong Journal of Psychiatry, 15, 122-126
- Ng RMK, Cheung M (2006) Randomized controlled trial of social skills training in Chinese chronic schizophrenic patients in Hong Kong. Hong Kong Journal of Psychiatry, 25, 37-45
- Ng RMK (2007) Cultural adaptation of cognitive therapy in Chinese. In: Handbook of Culture and Mental Disorders (edited by D Bhugra & B Bhui), pp230-236. Sage: London.
- Ng RMK, Pearson V, Lam M, et al. (2008) Chronic schizophrenic patients' view on recovery: a qualitative study. International Journal of Social Psychiatry, 54, 118-130
- Ng RMK, Hui LK, Pau L. (2008) Cognitive-behavioural therapy by novices for supervised community hostel residents with treatment-resistant schizophrenia in Hong Kong. Hong Kong Journal of Psychiatry, 18, 49-54
- Ng RMK., Cheung M (2008). Group supervision of cognitive-behavioural therapy for psychosis for novice therapists: a Hong Kong experience. Hong Kong Journal of Psychiatry, 17, 124-130
- Ng RMK, Pearson V, Chen E (2008) What does schizophrenia mean? Perception of psychiatrists. International Journal of Culture and Mental Health, 1, 23-38
- Ng RMK, Bhugra D (2008): Relationship between filial piety, meta-cognitive beliefs about rumination and response style theory in depressed Chinese Patients. Asian Journal of Psychiatry, 1, 28-32.
- Ma YY, Shek CC, Wong CK, Yip KC, Ng, RMK, Nguyen, Poon TK (2009). Homocysteine level in schizophrenia. Australian & New Zealand Journal of Psychiatry, 43, 760-765
- Tsang A, Ng, RMK, Yip KC (2010). A 6-month prospective controlled study on the efficacy of clubhouse model rehabilitation for Chinese schizophrenic patients. East Asian Archives of Psychiatry, 20, 23-30
- Zhang, J, Chen H, Yip, KC, Ng, RMK, Wong V (2010). The effectiveness and safety of acupuncture therapy in depressive disorders: systematic review and meta-analysis. Journal of Affective Disorder, 124, 9-21.
- Ng RMK, Pearson V, Chen E, Law CW (2010). What does schizophrenia mean? Perception of medical students and trainee psychiatrists. International Journal of Social Psychiatry, 57, 248-262
- Wong CW, Ng RMK (July 2010). CBT in Hong Kong. Newsletter, Academy of Cognitive Therapy, USA
- Ng RMK, Li ZJ. (2010) East meets West: Current mental health burdens in Greater China. In C. Morgan & D. Bhugra (Editors). The Principles of Social Psychiatry (second edition), pp517-530. Chichester: Wiley-Blackwell.

- Lam, M., Pearson, V., Ng, RMK, Chiu, C., Law, C.W., Chen, EYH (2011). What does recovery mean in schizophrenia? Perceptions of young first episode patients. *International Journal of Social Psychiatry*, 57, 580-587.
- Ng, RMK, Bhugra D, Fennell M, McManus, F (2011). Filial piety as an effect modifier of the relationship between childhood maltreatment and negative cognitive styles in depression: a case-control study. *International Review of Social Psychiatry*, 23, 100-112
- Wong CW, Ng RMK (2011). Cognitive-behavioural therapy for Chinese. *Cognitive-behavioural therapy for Asians* (Editors: F. Naaem. & D. Kingdon). Nova Science: New York. pp.15-30.
- Ng, RMK (2011). Mental health of migrants in China: Is it a No Man's Land? *Migration and Mental Health* (Editors: Dinesh Bhugra & Susham Gupta). Cambridge University Press: Cambridge. pp.313-322.
- Zhang ZJ, Tan QR, Tong Y, Wang XY, Wang HH, Ho LM, Wong HK, Feng YB, Wang D, Ng RMK, McAlonan GM, Wang CY & Wong VT (2011). An epidemiological study of concomitant use of Chinese medicine and antipsychotics in schizophrenic patients: implications for herb-drug interaction. *PLoS ONE*, 6, e17239. DOI: 10.1371/journal.pone.0017239.
- Hui LK, Ng RMK, Pau L & Yip KC (2012). Relationship of cognitions and symptoms of agoraphobia in Hong Kong Chinese: a combined quantitative and qualitative study. *International Journal of Social Psychiatry*, 58, 153-165.
- Ng RMK, Zhang ZJ & Wong W (2012). Traditional healing for psychiatric disorders. *International Handbook of Psychiatry: A concise guide for medical students, residents and medical practitioners* (editor: L. Roberts, J. Layde & R. Balon). World Scientific: Singapore, pp. 823-840.
- Zhang ZJ, Ng RMK, Man M, et al. (2012) Dense cranial electromagnetic stimulation for major depressive disorder – a single-blind, randomized, controlled study. *PLoS ONE*, 7, e29651.
- Tse, S., Ng, RMK, Tonsing, K. & Ran, M. (published online in Oct 2012). Families and family therapy in Hong Kong. *International Review of Psychiatry*.
- Ng RMK, Pearson V, Pang YW, Wong NS, Wong NC & Chan FM (2013). The uncut jade: differing views of the potential of expert users on staff training and rehabilitation programmes for service users in Hong Kong. *International Journal of Social Psychiatry*, 59, 176-187.
- Ng RMK, Krans J, Holmes E (2013). Mental Imagery and psychopathology: special application to PTSD and bipolar disorder. In: *Multi-sensory Imagery* (S. Lacey & R. Lawson, Eds). Springer: London, 365-384.
- Lam LCW, Wong SC, Wang M, Chan WC, Chen EY, Ng RMK...Bebbington P. (2014). Prevalence, psychosocial correlates and service utilization of depressive and anxiety disorders in Hong Kong - The Hong Kong Mental Morbidity Survey (HKMMS). *Social Psychiatry and Psychiatric Epidemiology*, DOI 10.1007/s00127-015-1014-5
- Lam LCW, Chan WC, Wong CSM, Chen EYH, Ng RMK, EHM Lee...Bebbington P. (2014). The Hong Kong Mental Morbidity Survey: Background and Study design. *East Asian Archives of Psychiatry* 24, 30-36.
- Zhang ZJ, Wang D, Man SC, Ng RMK, McAlonan GM, Wong HK, Wong W, Lee J & Q Tan (2014). Platelet 5-HT1A receptor correlates with major depressive disorder in drug-free patients. *Progress in Neuro-Psychopharmacology and Biological Psychiatry*, 53, 74-79.
- ZJ Li, Guo, ZH, Wang, N, ZY Xu, Y Qu, Wang, XQ, Sun, J, Yan LQ, Ng RMK, Turkington D, Kingdon D. (2014). Cognitive-behavioural therapy for patients with schizophrenia:

a multicenter randomized controlled trial in Beijing, China. *Psychological Medicine* DOI:10.1017/S0033291714002992.

- Ng RMK. (2014). Book review: the mindful way workbook: An 8-week program to free yourself from depression and emotional distress. *International Journal of Social Psychiatry* DOI: 10.1177/0020764014544597.
- Tse S. & Ng RMK. (2014). Applying a mental health recovery approach to people from diverse backgrounds: a case of collectivism and individualism paradigm. *Journal of Psychosocial Rehabilitation & Mental Health*, 1, 7-13.
- Wong CSM, Chan WC, Chen EYH, Ng RMK, Hung SF, Cheung EFC...Lam LCW (2014). Comorbidity of mental and physical conditions in the Hong Kong general population: a latent class approach. *East Asian Archives of Psychiatry*, 24, 4.
- Ng RMK (2015). The concept of real self: psychoanalytic and other perspectives. In: *International Encyclopaedia of Psychiatry* (J Wright et al., Ed). Routledge: London
- *Routledge Handbook of Psychiatry in Asia*. Bhugra, D., Tse, S., Ng, RMK, Noritake, T. (Eds). Routledge, London (2015)
- Tse S, Ng RMK & Lam LCW (2015). Mental health services in Hong Kong. In: *Routledge Handbook of Psychiatry in Asia* (D Bhugra et al., Ed). Routledge: London, pp.155-170.
- Ng RMK, Heyes SB, McManus F, Kennerley H, Holmes EA (2015). Mental imagery susceptibility and bipolar risk in a representative sample of Chinese adults residing in the community. *International Journal of Social Psychiatry* DOI: 10.1177/0020764015597951
- Chan WC, Chow PP, Lam LCW, Hung SF, Cheung EFC, Dunn ELW, Ng RMK & Fu JCK (2015). Pathway of psychiatric care in Hong Kong. *Hong Kong Medical Journal*, suppl(2), S41-S44.
- Chang WC, Wong CSM, Lam LCW, Lee EHM, Chen EYH, Chan WC, Ng RMK...Bebbington P. (2015). Prevalence, psychosocial and physical correlates of psychotic disorders in Hong Kong: the Hong Kong Mental Morbidity Survey. *Schizophrenia Bulletin*, 41, S1, S135.
- Ng, RMK, Di Simplicio M., Holmes EA (2015). Mental imagery and bipolar disorders. Scope for new development of psychological interventions? *International Journal of Social Psychiatry* DOI: 10.1177/0020764015615905.
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- Alexander R, Berney T, Bhaumik S, Boer H, Bretherton K, Castaldelli-Maia J,..Ng RMK...Khan S (2016). World Psychiatric Association Report: Mental health issues in people with intellectual disability. *International Journal of Culture and Mental Health*, 9, 414-416.
- Cooray S, Bhaumik S, Michael DM, Torales J, Ng RMK & Ventriglio A. (2016). Health promotion in people with intellectual disabilities. *International Journal of Culture and Mental Health*, 9, 430-433.
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- Bhugra D, Pathare S, Nardodkar R, Gosavi C, Ng RMK, Torales J & Ventriglio A. (2016). Legislative provisions related to marriage and divorce of persons with

mental health problems: a global review. *International Review of Psychiatry*, 28, 386-392.

- Ng RMK, Lee, CK, Liu J, Luo J, Si R, Mi S, Li Z (2017). Psychotherapy services in China: current status and future developments. *Journal of Contemporary Psychotherapy*, 47, 87-94.
- Edgard B., Lopez-Ibor M., Hermans, M. & Ng RMK. (2017). WPA Recommendations: Principles and priorities for a framework for training psychiatrists. Available online in World Psychiatric Association Webpage (www.wpa.org)
- Shields G., Ng RMK, Ventriglio A., Castaldelli-Maia J., Torales J. & Bhugra D. (2017). WPA position statement on recruitment in psychiatry. *World Psychiatry* DOI: 10.1002/wps.20392.
- Yeung WF, Chung KF, Zhang ZJ, Chan WC, Zhang SP, Ng RMK, Chan CLW, Ho LM, Yu YM & Lao LX (2017). Electroacupuncture for tapering off long-term benzodiazepine use: study protocol of randomized controlled trial. *BMC Complementary and Alternative Medicine*, 17, 183. DOI: 10.1186/s12906-017-1692-5.
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- Hui CL, Honer WG, Lee EHM, Chang WC, Chan SKW, Chan ESM,...Ng RMK... Chen EYH (2018). Long term effects of discontinuation from antipsychotic maintenance following first episode schizophrenia and related disorders: a 10 year follow up of a randomised, double-blind controlled trial. *Lancet Psychiatry*, 5, 432-442.
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- Pinto de Costa M., Dima K. & Ng RMK (2019). Undergraduate psychiatric education: a snapshot of medical students across the world. *World Psychiatry*, 18, 2
- Ng, R.M.K., Chan, T.F., Shields, G., Pinto da Costa, M. (2019). Global mental health and psychiatry education. In: Okpaku S. (eds). *Innovation in Global Mental Health*. Springer, Cham. DOI: https://doi.org/10.1007/978-3-319-70134-9_69-1.
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- Ng, RMK, Chan, TF, Dorwick, C. & Herrman, H. (2020). What do psychiatrists think about primary mental health competencies among family doctors? A WPA-WONCA Global Survey of Psychiatrists. *British Journal of Psychiatry International*
- Chan, SKW, Chan HY, Honer, WG.....Ng, RMK....Chen EYH (2020). Predictors of treatment-resistant and clozapine-resistant schizophrenia – a 12-year followup study of first episode schizophrenia spectrum disorders. *Schizophrenia Bulletin*, DOI: <https://doi.org/10.1093/Schulz/sbaa145>
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- Ng, RMK (2020). WPA educational initiatives: where are we after three years? *World Psychiatry*, 19(2), 257-258
- Cheng, P, Xu, L, Zheng, W, Ng, RMK, Zhang, L, Li, L, Li,W (2020). Psychometric property study of the post-traumatic stress disorder checklist for DSM-5 (PCL-5_ in Chinese healthcare workers during the outbreak of corona virus disease 2019. *Journal of Affective Disorders*, 277, 368-374.
- Wong, MC, Chung, A, Yeung, T, Wong D,.....Ng, RMK, Tam KL, Mak, KY (2020). Consensus statements on the clinical usage and characteristics of aripiprazole for Hong Kong. *Internal Medicine Journal*, DOI: <https://doi.org/10.1111/imi.14896>.
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- Li, W, Ng RMK, Li, L (2020). Psychiatric education in Greater China. *International Review of Psychiatry*, 32, 167-171
- Tse, S, Ng, RMK, Yuen W. (2020). Education about medication for people with bipolar disorder comes from many sources. *Psychiatry*, 83(2), 195-196.
- Ju Y, Zhang Y, Wang X, Li W, Ng RMK, Li L (2020). China’s mental health support in response to COVID-19: progression, challenges and reflection. *Globalization and Health*, 16, article no. 102
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- Pinto da Costa, M, Ng, RMK, Reed, GM (2021). International classification systems: views of early career psychiatrists. *World Psychiatry*, 20, 148-149.
- Liu J, Ng RMK, Liu B, Wang M, Chen W....Zhang Y (2021). Prevalence and predictors of post-traumatic stress disorder in patients with cured COVID-19 one month post-discharge. *European Journal of Psychotraumatology*, <https://doi.org/10.1080/200008198.2021.1915576>.
- Ng, RMK, Chan TF, Shields G, Pinto da Costa M (2021). Global Health and Psychiatry Education. In: *Innovations in Global Mental Health* (Samuel O. Okpaku), Springer Cham, pp. 619-630
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14. Conference presentation

- 'Cognitive-behavioural therapy for Chinese' in an invited lecture in WPA International Congress – Global Psychiatry at the Frontier Sharing the Future', Beijing, China (1-5 Sept 2010)

- ‘Mental imagery and bipolar disorders: is there a relationship?’ in WPA World Congress, Buenos Aires, Argentina (18-22 Nov 2011)
- ‘Mental imagery and suicidal flash-forwards’ in WPA International Congress, Prague, Czech Republic (17-21 Oct 2012)
- ‘Mental imagery and bipolar disorders: a case-control study’ in WPA International cCongress, Prague, Czech Republic (17-21 Oct 2012)
- ‘Mental imagery and bipolar disorders: a cohort study’ in WPA World Congress ‘Focusing on quality, access and humane care’, Madrid, Spain (14-18 Sept, 2014)
- ‘Mental imagery and bipolar disorders’ in the 13th International Review of Bipolar Disorders, Seville, Spain (18-20 March 2013)
- ‘Recovery services in Hong Kong’ in in WPA Regional Congress ‘Yin and Yang of Mental Health in Asia – Balancing priorities’, Hong Kong, China (12-14 December 2014).
- ‘Flash-forwards and suicidality: a prospective investigation of mental imagery, entrapment and defeat’ in WPA Regional Congress ‘Yin and Yang of Mental Health in Asia – Balancing priorities’, Hong Kong, China (12-14 December 2014).
- ‘Psychiatric Education in Hong Kong’ in WPA Regional Congress ‘Asian Partnership in the World’, Osaka, Japan (4-6 June 2015)
- ‘Recovery work in Hong Kong’ in a regional symposium in WPA International Congress – Bridging Asia to the World – a New Era for Psychiatric Treatment’, Taipei, Taiwan (18-22 Nov 2015)
- ‘Reform of didactic to experiential skills training of psychiatrists in Hong Kong’ in an educational symposium in WPA Regional Congress, Manila, Philippines (4-6 Feb 2016)
- ‘Psychiatric liaison clinic in HIV service in Hong Kong: a local pilot experience’ in a special topic symposium in 2016 International RANZCP Congress of Psychiatry, Hong Kong, China (8-12 May 2016).
- ‘Mental imagery and suicidal ideation’ in European Association of Cognitive-Behavioural Therapy Congress – Roots and present branches of CBT. Stockholm, Sweden (31 Aug – 2 Sept 2016).
- ‘Interim analysis of the worldwide survey on the training needs of psychiatrists in the educational symposium organized by the Operational Committee of Education, WPA International Congress, Cape Town, South Africa (18-22 November 2016)
- ‘Recovery work in Hong Kong’ in the regional symposium in the 22nd World Congress of Social Psychiatry, New Delhi, India (30 Nov – 4 December 2016)
- ‘Mental imagery and bipolar disorders’: keynote lecture in the Regional Congress of WPA in Cuenca, Ecuador (8-11 Feb 2017)
- ‘Worldwide survey on the training needs of psychiatrists’ in the educational symposium of Inter-zonal Congress of World Psychiatric Association (WPA) in Vilnius, Lithuania (2-7 May 2017)
- ‘Mandatory training of psychotherapy – a Hong Kong experience’ in the regional symposium of Inter-zonal Congress of World Psychiatric Association (WPA) in Vilnius, Lithuania (2-7 May 2017)

- Keynote lecture on ‘psychological services in Hong Kong’ in the 1st tripartite clinical psychology service forum (Beijing, Tianjin and Hebei) on 2 September 2017 in Beijing, China
- Keynote lecture on ‘mental imagery and psychiatric disorders’ in the 1st tripartite clinical psychology service forum (Beijing, Tianjin and Hebei) on 3 September 2017 in Beijing, China
- ‘Cultural adaptation of cognitive behavioural therapy for Chinese people’ in the symposium on ‘cultural adaption of psychotherapy’ in the WPA World Congress of Psychiatry in Berlin from 9th-13th October 2017
- ‘Use of acupuncture in psychiatric disorders’ in the symposium on ‘are we treating wisely in Asia?’ in the WPA World Congress of Psychiatry in Berlin from 9th till 13th October 2017
- ‘CBT for borderline personality disorder’ in the Asian Federation of Psychiatric Association (AFPA) & Philippine Psychiatric Association (PPA) 44th Annual Convention. Advances, Impact & Future Directions of Psychiatry. The Asian Experience. In Manila, Philippines from 24-26 Jan 2018
- ‘WPA Global Survey of Training Provisions of WPA Society Member Societies’ in the Asian Federation of Psychiatric Association (AFPA) & Philippine Psychiatric Association (PPA) 44th Annual Convention. Advances, Impact & Future Directions of Psychiatry. The Asian Experience. In Manila, Philippines from 24-26 Jan 2018.
- ‘WPA Global Survey of Training Provisions of WPA Society Member Societies: An implication to early career psychiatrists in low and middle income countries’ in the Asian Federation of Psychiatric Association (AFPA) & Philippine Psychiatric Association (PPA) 44th Annual Convention. Advances, Impact & Future Directions of Psychiatry. The Asian Experience. In Manila, Philippines from 24-26 Jan 2018.
- ‘Online psychiatric education – WPA online diploma of International Psychiatry’ in the WPA Thematic Congress, Innovation in Psychiatry: Effective Interventions for Health and Society in Melbourne, Australia from 25-28 February 2018
- ‘Innovations in psychiatric education’ in APA Annual Congress from 4-8 May 2018 in New York, USA
- ‘Primary mental health care in Hong Kong – an experience sharing’ in the Total Perinatal Health Congress in Sinaia of Romania from 27th-30th June 2018
- ‘Online psychiatric education: is it feasible and acceptable?’ in the WPA World Congress of Psychiatry in Mexico City on 27th September 2018
- ‘Enhancing psychiatric education in basic medical curriculum’ in the WPA World Congress of Psychiatry in Mexico City on 28th September 2018
- ‘Rewards and challenges of building mental health capacity in low and middle income countries’ in the WPA World Congress of Psychiatry in Mexico City on 27th September 2018
- ‘Working with patients and carers: recovery oriented care in East and West’ in the WPA World Congress of Psychiatry in Mexico City on 29th September 2018
- ‘Psychiatric training around the world: a global survey of training needs and provisions of WPA member societies’ in the Brazilian Annual Congress of Psychiatry in Brasilia of Brazil on 18th October 2018

- ‘WPA Diploma of International Psychiatry’ in the WPA Regional Congress of Psychiatry in Addis Ababa of Ethiopia on 23rd November 2018
- ‘WPA-WONCA survey on psychiatrists’ views on mental health competencies for primary care doctors’ in Annual Congress of American Psychiatric Association on 23rd May 2019.
- ‘Mental health work during COVID-19 pandemic in Hong Kong’. Invited webinar lecture by the Royal College of Psychiatrists (UK) on 14 May 2020
- ‘Exposure therapy for acute stress disorder and post-traumatic stress disorder in relation to COVID-19’. Invited webinar lecture by the Webinar Series on Trauma-Related Interventions for People affected by COVID-19 in China organized by the World Psychiatric Association and Central South University of Changsha of Hunan Province in China. 16 May 2020
- ‘Trauma-related psychological interventions for children and adolescents affected by COVID-19 in China’. Invited webinar lecture by the Webinar Series on Trauma-Related Interventions for People affected by COVID-19 in China organized by the World Psychiatric Association and Central South University of Changsha of Hunan Province in China. 17 May 2020
- ‘Mental health support to people in Hong Kong: Care4ALL programme organised by the Hong Kong College of Psychiatrists’ on 6 Nov 2020 in the Mind Hong Kong Conference held from 6 Nov till 8 Nov 2020

15. Delivery of lectures, workshops, seminars, webinars, and symposia

- ‘Cognitive-behavioural therapy for psychosis’ organized by Chinese Association of Cognitive- Behavioural Therapy in Xianya Hospital, Hunan, China (12 Oct 2005)
- ‘Cognitive-behavioural therapy for children and adolescents’ in the Hong Kong-China Medical Exchange Forum. Beijing, China (12 Nov 2006)
- ‘Cognitive-behavioural therapy for schizophrenia’ in Anding Hospital, Capital Medical University of Beijing, Beijing, China (10 Jan 2007)
- ‘Cognitive-behavioural therapy for obsessive-compulsive disorders’ in Anding Hospital, Capital Medical University of Beijing, Beijing, China (2-5 Aug 2007)
- ‘Cognitive-behavioural therapy for depression’ in Anding Hospital, Capital Medical University of Beijing, Beijing, China (16-18 April 2007)
- ‘Cognitive-behavioural therapy for anxiety disorders’ in Anding Hospital, Capital Medical University of Beijing, Beijing, China (12-17 May 2008)
- ‘Cognitive-behavioural therapy for schizophrenia’ in Anding Hospital, Capital Medical University of Beijing, Beijing, China (3-6 March 2009)
- ‘Cognitive-behavioural therapy for panic disorders and agoraphobia’ organized by in Anding Hospital, Capital Medical University of Beijing, Beijing, China (16-18 April 2010)
- ‘Cognitive-behavioural therapy for suicide’ organized by in Anding Hospital, Capital Medical University of Beijing, Beijing, China (21-24 June 2011)
- ‘Cognitive-behavioural therapy for impulse control disorders’ organized by in Anding Hospital, Capital Medical University of Beijing, Beijing, China (1-3 Feb 2012)

- ‘Cognitive-behavioural therapy for bipolar disorders’ organized by in Anding Hospital, Capital Medical University of Beijing, Beijing, China (22-25 April 2013)
- ‘Cognitive-behavioural therapy for insomnia’ organized by in Anding Hospital, Capital Medical University of Beijing, Beijing, China (20-22 Oct 2014)
- ‘Cognitive-behavioural therapy for eating disorders’ in Zhuhai, organized by in Anding Hospital, Capital Medical University of Beijing, Beijing, China (11-13 Nov 2015)
- ‘Cognitive-behavioural therapy for post-traumatic stress disorder’ organized by Southern West University, Hunan, China (4-8 Aug 2016)
- ‘Cognitive-behavioural therapy – basic skills and techniques’ organized by in Anding Hospital, Capital Medical University of Beijing, Beijing, China (10-14 Nov 2016)
- ‘Cognitive-behavioural therapy for suicide and depression’ organized by in Anding Hospital, Capital Medical University of Beijing, Beijing, China (11-12 April 2017)
- ‘Cognitive-behavioural therapy for somatoform disorders’ organized by Anding Hospital, Capital Medical University of Beijing, Beijing, China (8-10 April 2017)
- ‘Cognitive-behavioural therapy for anxiety disorders organized by Anding Hospital, Capital Medical University of Beijing, Beijing, China (29 August – 30 August, 2017)
- ‘Cognitive-behavioural therapy for post-traumatic stress disorder organized by Southern West University, Hunan, China (8-10 December 2017)
- Cognitive-behavioural therapy for post-traumatic stress disorder organized by the Xinjiang Uiger Municipal People Hospital, Urumqi, Xinjiang Province, China (18-19th June 2018)
- Cognitive-behavioural therapy supervision workshop organized by Anding Hospital, Capital Medical University of Beijing, Beijing, China (31 Aug-1 Sept 2018)
- Cognitive-behavioural therapy half-day workshop for beginners organized by the World Congress of Psychiatry of World Psychiatric Association on 27th Sept 2018 in Mexico City, Mexico
- Cognitive-behavioural therapy half-day workshop for beginners organized in the Regional Congress of World Psychiatric Association organized by the Ethiopian Psychiatric Association on 22nd November 2018 in Addis Ababa in Ethiopia
- Cognitive-behavioural therapy workshop for intermediate level therapists organized by Anding Hospital, Capital Medical University of Beijing, Beijing, China (26th-27th April 2019)
- Cognitive-behavioural full-day workshop for beginners in the First International Meeting of the World Psychiatric Association Psychotherapy Section (WPA) and the 23rd Malaysian Conference of Psychological Medicine held in Kuala Lumpur from 11-13 July 2019.
- Cognitive-behavioural full-day workshop for beginners in World Psychiatric Association (WPA) World Congress on 21 August 2019 in Lisbon, Portugal
- Webinar series organised by the Chinese Society of Psychiatry and Central South University of Hunan of China attended by over 5000 participants working for COVID-19 hospitals in China:
 - CBT for ASD and PTSD – 10 May 2020; 10AM-12noon

- Psychological treatment for stress related disorders for children and adolescents – 16 May 2020; 10AM-12noon
- Webinar series organised by the Royal College of Psychiatrists (UK) on COVID-19:
 - Hong Kong experience in managing COVID-19 outbreaks in mental health institutions – 18 May 2020; 4-5PM (UK time)
- Keynote lecture on CBT for PTSD in the China-ASEAN International Mental Health Conference in Guangxi of China – 7 Nov 2020; 2:00-3:00PM
- Keynote lecture on Care4ALL programme – a public mental health campaign conducted by the Hong Kong College of Psychiatrists in the Hong Kong Mind International Conference in Hong Kong – 6 Nov 2020; 3:00-4:00PM
- Lecture to teachers and parents of St Paul’s Coeducational College Primary School on mental health resilience for parents in face of current stress; organised by the Hong Kong College of Psychiatrists – 8 Jan 2021: 10:00AM-12:00noon
- Invited presentation on the ‘future global psychiatric education: a WPA perspective’ on 9 March 2021 for the virtual WPA World Congress in Bangkok of Thailand (9-13 March 2021)
- 6-week online course of basic cognitive behavioural therapy for children and adolescents (June to August 2021) organised by the Department of Psychiatry of Central South University, Changsha, Hunan of China (24 hours of lecture with role plays, live demonstrations and interactive discussions)
- An invited lecture on ‘cognitive therapy supervision’ for the 7th Congress on the Recent Progress of Psychiatry and Clinical Psychology organised by the Anding Hospital in Beijing of China (9-12 September 2021)
- A four-hour online workshop on ‘Cognitive-Behavioural Therapy- An Introduction’ for the WPA World Congress in Columbia (18-21 October 2021)
- An invited presentation on the ‘training and examination system of trainees under the training scheme of Hong Kong College of Psychiatrists’ for the Annual Congress of Psychiatrists in Guandong Province of China (11 November 2021)
- A five-hour online workshop on ‘Cognitive-Behavioural Therapy for Post-Traumatic Stress Disorder (PTSD)’ for the Annual Congress of Chinese Society of Psychiatry on 22 December 2021
- Invitation as a panelist in an online two-hour forum of top-notch psychotherapists of China in sharing the experiences of becoming a cultivated therapist on 19th Feb 2022.
- Delivery of introductory lectures of CBT for psychosis for the master's degree Course of Psychosis Studies of Hong Kong University on 5th May, 19th May, 26th May, and 2nd June 2022.
- Online training of basic CBT skills (3.5 hours) and online supervision (1.5 hours) for the CBT workshop for beginners in collaboration with Beijing Anding Hospital on 11th May 2022 and 3rd June 2022 respectively
- Online free pre-congress workshop on basic skills on CBT for all participants of the WPA World Congress 2022 in Bangkok of Thailand on 2nd August 2022 (8:30AM-12:30PM).
- Online one-hour free webinar on CBT skills for anxiety and depression among people in the workplace organised by Central South University of Hunan Province on 4th August 2022.

- Chairing the WPA online educational webinar series on advances in pharmacological treatment of schizophrenia on 13th August 2022 for 90 minutes
- Online training on CBT for depression for children and adolescents for two hours on 27th and 28th August 2022 in collaboration with Central South University of Hunan Province.
- Online training of exposure therapy for anxiety disorders on 28th August 2022 (3 hours) and online supervision on panic disorder (3 hours) and social phobia (3 hours) 8th September and 22nd September 2022 respectively for intermediate students in collaboration with Beijing Anding Hospital.
- On 25th September 2022, I was invited to give an online lecture on adaptations of psychological interventions for children and adolescents in a two-day online workshop (24th-25th September 2022) on interpersonal psychotherapy for children and adolescents organised by the Chinese Society of Interpersonal Psychotherapy.
- Delivery of a lecture to fellows of the Hong Kong College of Emergency Medicine on 'Mental Health Resilience: A Vaccine that is needed by mental health professionals' for 1.5 hours on 29 October 2022.
- A phone presentation to World Health Organisation as an expert advisor on mental health to discuss pre-service training in mental health on behalf of WPA for an hour on 15 November 2022.
- Delivery of a 1-hour online lecture on volunteering work in WPA: a new way of moving forward in global psychiatric education in the 2022 WPA African Regional Congress 8-10 December 2022.
- Delivery of a 1-hour online lecture on WPA role in delivery global psychiatric education on personalised medicine in the 10th International Congress and 8th Latin American Conference on Person Centred Medicine in Lima on 16th December 2022.
- Online training and supervision on CBT for health anxiety on 17th Dec 2022 (2 hours), 18th Dec 2022 (2 hours), 5th Jan 2023 (2 hours) and 12th Jan 2023 (2 hours) in collaboration with Beijing Anding Hospital.
- I participated in the World Psychiatric Association (WPA) Regional Congress in Karachi of Pakistan from 3-5 March 2023 in which I was a panel member on a panel discussion on psychiatric education and I was also a speaker in a keynote lecture on 'WPA Volunteering Programme'.
- I have been completed a two-day workshop on cognitive behavioural therapy in post-traumatic stress disorder in Changsha of Hunan Province in China in collaboration with Central South University of Hunan Province of China from 10-11 May 2023. There were over 100 participants with very positive feedback.
- I have been invited to give a 25-minute lecture on sharing my online psychotherapy training experience for international learners in a three-day conference in Changsha organised by the Central South University in Hunan of China from 11-13 May 2023.
- Chairing another 3-hour WPA online webinar on Fight Against Stigma: An unmet need for practicing psychiatrist on 3 June 2023
- Delivery of a 5-day workshop on advanced CBT for a group of mental health professionals in Shenyang in Manchuria in China from 5-9 June 2023 with over 50 participants
- Delivery of a keynote speech (26th Nov 2023) on recent advances in scientific evidence of PTSD treatment in the 8th annual conference of CBT in Changsha in China from 25th Nov till 28th Nov 2023 with over 400 participants
- Delivery of an in-conference one-day free workshop on trauma-focused CBT for PTSD for conference participants on 25th Nov 2023 during the 8th annual conference of CBT in Changsha in China

- Delivery of a 3-day workshop on advanced CBT on anxiety disorders for a group of psychiatrists in Changsha in China from 27th till 30th Nov 2023 with over 50 participants
- Delivery of two half-day workshops on suicidal risk assessment and suicidal intervention for ward and outpatient clinic nurses in Hong Kong Adventist Hospital on 31 Jan 2024 and 21 Feb 2024
- Delivery of a lecture on the course and treatment of complex PTSD on 27 April 2024 in the Xiangya Forum organised by Second Xiangya Hospital and Hunan Central South University from 25-27 April 2024.
- Delivery of online supervision to the Master degree students of the Department of Clinical Psychology of Peking University in the capacity as an invited honorary supervisor on cases of CBT for three hours on two respective occasions on 17 and 31 May 2024.
- Delivery of an online supervision lasting for two hours on a case of complex PTSD in a symposium on PTSD in the annual conference of the Chinese Association of Mental Health organised in Harbin of Liaoning Province on 23 June 2024 with over 200 participants in the symposium.
- Delivery of a 3-day workshop on PTSD in Changsha of Hunan organised by Xiangya Second Psychiatric Hospital for a group of psychiatrists and mental health workers (around 60 participants) from 6-8 July 2024.
- Delivery of a full day workshop on CBT for suicidal assessment and intervention on 2 August 2024 in Anding Hospital of Beijing with participants of around 50.
- Delivery of a 3-day workshop on CBT for PTSD on 4-6 August 2024 in Anding Hospital of Beijing with participants of around 60.
- Delivery of a 45-minute lecture on cognitive challenges of serious mental illness in the plenary session of the annual conference of the Malaysian Psychiatric Association on 12 October 2024 in Kuala Lumpur in Malaysia
- Delivery of a 45-minute lecture on cognitive challenges of bipolar depression in a lunch symposium of the annual conference of the Malaysian Psychiatric Association on 13 October 2024 in Kuala Lumpur of Malaysia
- Delivery of a 2-day workshop on advanced skills in trauma-focused cognitive behavioural therapy for different target groups of clients (children and adolescents, pregnant ladies, rescue workers in disasters) in Changsha of Hunan Province of China organised by the Second Xiangya Hospital of Central South University, Changsha in October 2024.
- Delivery of a four day workshop on CBT of anxiety disorders as a post conference workshop of the annual conference of Chinese Mental Health Association in Ningbo of China from 24 Nov to 27 Nov 2024
- Delivery of an in-conference 3-hour workshop in trauma focused CBT on 22 November 2024 in the annual conference of Chinese Mental health Association held in Ningbo of China
- Delivery of an in-conference 3-hour workshop in imagery intervention in CBT on 23 November 2024 in the annual conference of Chinese Mental Health Association held in Ningbo of China.
- Delivery of a two-day online training on zoom for CBT in bipolar disorders on 13-14 March 2025 organised by Sichuan Huguang Clinical Psychology Institute
- Delivery of a two day online training on zoom for CBT for PTSD on 15-16 March 2025 organised by Sichuan Huguang Clinical Psychology Institute
- Delivery of a half-day workshop on CBT for bipolar disorders on 19 December 2024 for Tung Wah Group Home Clinical Psychology Service Centre in Hong Kong

- Delivery of a 30-minute lecture on PTSD update in the Six Province and One City Joint Psychiatric Conference held in Xiamen of China on 3 August 2025
- Delivery of a one day CBT workshop on suicide prevention and intervention in Wuhu City of Anhui Province in China on 5 August 2025.
- Delivery of a 3-day CBT workshop on traumatic stress related disorders and CBT interventions in Wuhu city in China from 6-8 August 2025.
- Delivery of a lecture titled 'Psychotherapy in China: Challenges and opportunities' in a symposium on mental health in Asia in the Annual Congress of Chinese Society of Psychiatry in Shanghai (10-13 September 2025) on 13 September 2025.
- Delivery of a 2-day PTSD workshop in Xiangya Second Psychiatric Hospital, Changsha, Hunan on 19-20 September 2025.
- Delivery of a 2-day workshop on CBT for anxiety disorders in Guiyang, Guizhou, China from 20-21 November 2025.
- Delivery of a lecture titled 'Future of cognitive-behavioural therapy in China: lessons from the past and challenges for the future' in the annual congress of Cognitive-behavioural therapy in China in Guiyang, Guizhou on 22 November 2025 from 22-23 November 2025
- Delivery of a 1-day workshop on CBT for obsessive-compulsive disorder on mental contamination in Dali, China on 28 November 2025.

16. Previous research grants

- Principal investigator of the study 'A randomised controlled trial of the effectiveness of social skills training in Chinese schizophrenic patients in Hong Kong' – supported by a research grant of HKD\$107000 awarded by the Ho Hung Chiu Medical Foundation Fund (completed in 10/03)
- Co-investigator of the study 'The relationship between the plasma level of clozapine and response to clozapine in Chinese patients with treatment-refractory schizophrenia – supported by a research grant of HKD\$200000 awarded by the Novartis Pharmaceutical. My major involvement is in the investigation of the effect of clozapine on the neuropsychological markers of schizophrenia (degraded and 3-7 version of continuous performance test and span of apprehension test) (completed in 10/03).
- Co-investigator of the single-blind randomized controlled trial of acupuncture and antidepressants on patients suffering from depression in Hong Kong awarded by the Health Care Research Fund, Food and Health Bureau of Hong Kong SAR Government (HKD500,000; completed in 2014)
- Co-investigator of the multi-centre single-blind randomized controlled trial of acupuncture on insomnia in Hong Kong awarded by the Health Care Research Fund, Food and Health Bureau of Hong Kong SAR Government (HKD800,000; completed in 2015)
- Co-investigator of the Hong Kong Mental Morbidity Survey commissioned by Food and Health Bureau of Hong Kong SAR Government (HKD 8 million; completed in 2014)

- Co-investigator of the Hong Kong Mental Morbidity Survey commissioned by Food and Health Bureau of Hong Kong SAR Government (HKD 4 million; completed in 2021)
- Co-investigator of the study on perceived stigmatization and recovery among patients with schizophrenia awarded with Government Research Grant (HKD800,000; completed in 2021)
- Co-investigator of the study on 2-year outcome of people with sub-threshold depressive and anxiety symptoms in the Hong Kong Mental Morbidity Survey (HKD3 million; 2015-2017)

17. Donations obtained for community mental health work in Hong Kong

- HKD1.2 million from Lee Hysan Family Foundation for the Care4ALL programme to provide multi-prong and multi-level mental health interventions for mental health problems associated with social unrest in Hong Kong (Dec 2019 – Dec 2020)
- HKD1 million from D Chen Foundation for the above programme with an extension of the coverage to support mental health needs associated with COVID-19 (May 2020-April 2021)
- HKD1.5 million from Lee Hysan Family Foundation for the Parent Education Project to provide pilot mental health education and interventions to parents and students in six schools in Hong Kong (Sept 2020 – Sept 2021)
- HKD1 million from Chow Tai Fook Foundation for the Parent Education Project to provide pilot mental health education and interventions to parents and students in three new schools in Hong Kong as an extension of the above project (Jan 2022-Jan 2025)

18. Conference organization

- Chair, Organizing Committee, Hong Kong-UK-Australian College Conference on Mental Health to be held in Hong Kong (6-8 December 2022)
- Co-Chair, Scientific Committee, Hong Kong Mind International Virtual Conference in Hong Kong (6-8 November 2020)
- Member, Scientific Committee, Virtual World Congress of Psychiatry, World Psychiatric Association (7-11 March 2021)
- Member, Scientific Committee, World Congress of Psychiatry, World Psychiatric Association, Lisbon, Portugal (25-27 August 2019)
- Member, Scientific Committee, International Congress of Psychiatry, Royal College of Psychiatrists, London, UK (1-3 July 2019)
- Member, Scientific Committee, WPA Regional Congress of Psychiatry, Addis Ababa (22-25 November 2018)
- Member, Scientific Committee, World Congress of Psychiatry, World Psychiatric Association, Mexico City, Mexico (26-29 September 2018)
- Chair, Scientific Committee, 2018 HK College of Psychiatrists International Mental Health Congress (2018)

- Member, Organizing Committee, 2018 HK College of Psychiatrists International Mental Health Congress (2018)
- Member, International Organizing Committee, Inter-Zonal WPA Congress, Vilnius, Lithuania (2-7 May 2017)
- Member, Organizing Committee, the Regional Congress of World Psychiatric Association (Dec 2014)
- Co-Chair, Scientific Committee of Regional Congress of World Psychiatric Association (Dec, 2014).
- Chair, Local Scientific Committee of Regional Congress of World Psychiatric Association (Dec., 2014)
- Member, Organizing Committee, the 8th International Congress of Cognitive Psychotherapy, Hong Kong (July 2014)
- Member, Organizing Committee, the Second National Conference on Cognitive-Behavioral Therapy, Beijing, China (April 2013)
- Chair, Scientific Committee, the Second Hong Kong-UK Joint College International Conference (Dec, 2012)
- Member, Organizing Committee, the Second Hong Kong-UK Joint College International Conference (Dec 2012)
- Chair, KCC Annual Symposium (May 2011)
- Co-Chair, Scientific Committee, the First Hong Kong-UK Joint College International Conference (Dec 2010)