

Biodata of Dr Vinay Kumar

World Psychiatric Association Election Nomination – 2026

Dr Vinay Kumar, MD, DFAPA

Date of Birth: 9th June 1961

MD (Psychiatry) from Patna Medica College, Patna, India

Life Fellow:

Indian Psychiatric Society

Indian Association for Social Psychiatry

Association of Industrial Psychiatry

International Distinguished Fellow:

American Psychiatric Association



Work:

Consultant Psychiatrist, Manoved Mind Hospital & Research Centre Pvt. Ltd.

NC 116, SBI Officers Colony, Kankarbagh, Patna, 800020 Bihar, India

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PROFESSIONAL ORGANIZATIONS:

Current Positions

- Board Member (South Asia): World Psychiatric Association (2023—2026)
- Secretary, Suicidology Sp. Section: World Association for Social Psychiatry (Since 2019)
- Member: Specialty Board, National Board of Medical Examinations (Since 2018 --)
- Hony Secretary: Association of Industrial Psychiatry of India (2020-26)
- Member, Tribunal: Indian Psychiatric Society

Past Positions:

- President: Indian Psychiatric Society (2023-24)
- Past Hony General Secretary: Indian Psychiatric Society (2018-20)
- Past Hony. Treasurer: Indian Psychiatric Society (2012-16)
- Chairperson, Publication Committee: Indian Psychiatric Society (2016-18)
- Advisor, Publication Committee: Indian Psychiatric Society (2020-22)
- Past Chairperson, Election Commission: Indian Psychiatric Society (2009-10)
- Executive Council Member (2005-2008)
- Past President: Indian Psychiatric Society: East Zone (2021-22)
- Past Hony Treasurer: Indian Association for Social Psychiatry (2017-21)
- Past Editor: Eastern Journal of Psychiatry (2004-2006)

ACTIVITIES AS WPA BOARD MEMBER

1. Formed WPA Zone 15 Coordination Committee with Presidents of Member Societies as Members.
2. Attended Annual Conferences of Member Societies and highlighting WPA Presidential Action Plan
3. Meetings on **Indigenous Mental Health Resources**: Intrazonal Meeting on December 2024 at Bodhgaya, Bihar, India and an Inter-Zonal Hybrid Meeting at Delhi, India
4. Organized: WPA Art and Psychiatry Section Meeting “PSYCHARTICA 2025” on 4-6 December 2025
5. Intrazonal Psychotherapy Workshop for Early Career Psychiatrists with renowned Psychiatrist-Psychoanalyst Prof Salman Akhtar
 - September 2024 at Mumbai, India
 - 6-7 December 2025 at Jaipur India
 - Both the meetings were attended by Early Career Psychiatrists from India, Nepal & Sri Lanka
6. Two Meetings with Director Research, American Psychiatric Association and Nosology Experts from South Asia on Upcoming Editions of DSM
7. Attended and participated in WCP 2024 and 2025

ACADEMIC ACTIVITIES

Publications (Books):

Editor/Co-editor of Following Books

1. Social Psychiatry: Principles and Clinical Perspectives
2. Suicide: Indian Perspectives
3. Interfaces of Psychiatry
4. IPS Textbook of UG Psychiatry
5. Spectrums of Psychiatry
6. Psychotherapy in India

Upcoming:

7. Combining Psychotherapy with Pharmacotherapy
8. Emotional Distress: Socio-cultural Understanding and Management of Non-psychotic Disorders in India

Journals

- Past Editor: Eastern Journal of Psychiatry (2004-2006)
- Has been Member: Editorial Board and Reviewer: Indian Journal of Psychiatry
- Around 20 publications in Indexed Journals
- Has been author contributor in some issues of Clinical Practice Guidelines of Indian Psychiatric Society (Indian Journal of Psychiatry)

Conference Presentations

- Many symposia, talks at national and international level including a Grand Round Talk at SUNY Downstate Medical College, New York.

AWARDS

- **Indian Medical Association Ramchandra N Moorthy Award 2007** (for my work in the field of community psychiatry)
- **International Distinguished Fellow: American Psychiatric Association 2025**
- **Ayodhya Prasad Khatri Award 2015** (for 2014 Hindi best seller “Ek Manochikitsak Ke Notes” -Psychosocial discourse on post globalization mental health challenges)
- **Banarasi Prasad Bhojpuri Samman 2019** (for notable contribution in the field of poetry)

CLINICIAN AT SERVICE

In Private Practice as Consultant Psychiatrist for more than 3 decades

MENTAL HEALTH AWARENESS & STIGMA REDUCTION

I work extensively to promote mental-health awareness, having conducted over 100 rural mental-health camps across underserved regions. For the past five years, I have written regular columns in newspapers and continue to contribute mental-health articles to national print media. Over the last two decades, I have given more than 200 television interviews, helping to bring psychiatric knowledge into the public domain.

I am the Publisher and Editor of “**Manoved Digest**,” the first Hindi mental-health magazine in India. I have also authored two bestselling books on mental-health issues—**Ek Manochikitsak Ke Notes** and **Manochikitsa Samvad**—which have played a significant role in enhancing public understanding of psychological well-being

ADVOCACY

- As Hony General Secretary of Indian Psychiatric Society, I fought tirelessly for changing the title of a commercial movie in India and became successful. There was huge print media coverage and multiple debates on TV channels for months.
- As Hony General Secretary and President of Indian Psychiatric Society **took stand on LGBTQ issue and issued position statements which helped in decriminalizing same sex relationships.**
- Issued many other position statements on unscientific practices pertaining to psychiatry.
- Multiple attempts for amendments in Mental Health Care Act 2017

POET AND WRITER

A well-known poet and writer of Hindi with 7 books of poetry and 2 books of prose (on mental health issues) to his credit.



(Vinay Kumar)

20-03-2026