

My mission as Secretary-General of the World Psychiatric Association is to advance a globally connected, ethically grounded, and culturally responsive psychiatric community—one that brings together scientific excellence with a deep commitment to human care.

I come with a deep belief that psychiatry is not only a science—but a shared human responsibility.

Throughout my journey, I have seen how connection, compassion, and collaboration can transform lives—from cancer survivors to young people navigating identity, to communities facing stigma and silence. These experiences shape my vision for a WPA that is not only globally strong, but deeply humane and inclusive.

I am dedicated to strengthening transparent governance, effective communication, and active engagement across WPA components, ensuring that all member societies—All—are heard, supported, and meaningfully involved. I believe that a strong organization is built not only on structure, but on trust, collaboration, and shared purpose.

I envision a future where we embrace innovation with purpose—using AI, digital platforms, and global communication not just to advance knowledge, but to bring us closer as a community and empower us with accessible – easy to use tools.

Central to my mission is the empowerment of early career psychiatrists, creating opportunities for leadership, mentorship, and innovation. Investing in the next generation is not only essential for sustainability, but for keeping our field dynamic, responsive, and moving forward.

Building on my interdisciplinary experience, I will continue to advocate for a psychiatry that is both scientifically rigorous and deeply humane, integrating biopsychosocial and psychoneuroimmunological approaches, and embracing innovative modalities such as creative arts therapies,

sport therapies hand in hand with other lines of treatment fostering integrative medicine and lifestyle psychiatry.

I remain committed to addressing complex and sensitive global mental health challenges—including substance use, sexual health, gender identity in youth, and gender-based violence—through evidence-based, culturally informed, and ethically responsible approaches.

I will also work to strengthen the sustainability and economic resilience of WPA, by expanding high-quality educational platforms, fostering innovative funding models, and ensuring equitable access to knowledge across regions.

Through multilingual communication, inclusive leadership, and a shared vision, I aim to position the WPA as not only a global reference in psychiatry, but also a true community—one that connects minds, supports people, and advances mental health and wellness worldwide.

I stand before you today not only with experience, but with commitment, passion, and a genuine desire to serve – together.