



Document Title: Activities Report – April 2025 to April 2026

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Chronological List of Activities – Term 2025–2027

April 2025

- Establishment of the new Committee, definition of roles and task attribution.
- Development of the ECP Section Action Plan 2025–2028 following a participatory process.
- Planned individual meetings with Committee members to define roles, regional needs, and future actions.
- Weekly Board meetings and bi-monthly Committee meetings.
- Confirmed ECP participation in the WPA World Congress of Psychiatry in Prague.
- Updated membership database with categorized membership structure.
- Implementation of a user-friendly membership application process.
- Section representation in the WPA Regional Congress in Alexandria.
- Creation and update of social media platforms (Instagram, LinkedIn, X, Facebook).

May 2025

- Partnership with the Education and Publication Committee to support recording of educational videos.
- Collaboration with Medical Students Group and mentorship planning.
- Creation of repository for opportunities and events.
- Definition of trimestrial newsletter.
- Collaboration on 10-year milestone article.
 - [Elkholy H, Pinto da Costa M, Picon F, Riese F, Paim Santos M, Spadini AV, Tawfik F, Wolthusen RPF, Jouini L. Ten years of growth, collaboration and innovation: celebrating the WPA Early Career Psychiatrists Section. World Psychiatry. 2026 Feb;25\(1\):162-164. doi: 10.1002/wps.70028. PMID: 41536121; PMCID: PMC12805071.](#)
- Creation of WhatsApp Communities for networking.
- Section representation in APA meeting.

June 2025

- Dissemination of global survey on AI in psychiatry.
- Newsletter content review process.
- Planning of a webinar on ethics and AI with the Digital Mental Health Section.
- Initial ideas for anniversary projects.
- Start of ECP Track planning for WPA Regional Congress Ecuador.

July 2025

- Delivery of a webinar on ethics and AI with the Digital Mental Health Section.
 - [Digital Psychiatry & Ethics: Exploring AI-Driven Mental Health Care | WPA Webinar](#)
- Implementation of social media posting protocol.
- Regular dissemination of research, surveys, and opportunities.

August 2025

- Launch of 10-Year Anniversary Video Project.
- Organization of archive system.
- Coordination of ECP participation in WCP sessions.
- Opening of host institution applications for 2026 WPEP.

September 2025

- Dissemination of global survey on education in mental health.
- Publication of first trimestrial newsletter.
- Preparation of WCP social media strategy.
- Creation of WCP social media subcommittee.
- Development of ECP welcome package.
- Representation in Kenya Psychiatric Association meeting.

October 2025

- Active participation in WPA World Congress of Psychiatry in Prague including competitions, sessions, mentoring, and panels.
 - WPA Quiz Competition
 - Difficult Cases Session
- On-site networking activities including ECP dinner and meetups.
- Implementation of evaluation mechanisms for sessions.
- Opening of individual applications for 2026 WPEP.
- Expansion of social media presence.
- Launch of Terms of Reference (TOR) revision.
- Preparation of annual public report and Action Plan summary.
- Planning for student engagement and collaborations.

November 2025

- Participation in the WPA Regional Congress in Quito.
- ECP-led sessions focused on career development and exchange programs.
- Moderation of poster and oral sessions.
- Regional networking activities.
- TOR update initiated focusing on structure and responsibilities.
- Development of Social Media Team with defined roles and engagement strategies.

December 2025

- Dissemination of opportunities including journal club, exchange program, and congress submissions.
- Elaboration and publication of a paper on the ECP experiences at the WPA Regional Congress in Quito.
 - [WOLTHUSEN, RICK PETER FRITZ; NAVARRO-FLORES, ALBA; ROMÁN-JARRÍN, ANDRÉS; SPADINI, ALEX VICENTE; CARDOZO-ALARCÓN, ANDRES CAMILO; SCHULZE, THOMAS G.. Congreso Regional de la WPA. Quito 2025: fortaleciendo la colaboración regional y la participación de profesionales en etapas tempranas de la carrera en América Latina. Revista Latinoamericana de Psiquiatría. v.24, p.5 - 6, 2025. http://doi.org/10.64979/revista.v24n3.01](http://doi.org/10.64979/revista.v24n3.01)
- Preparation for 2026 activities and engagement strategies.

January 2026

- Coordination of the 2026 ECP Exchange Program matching process between institutions and

applicants.

- Submission of symposia proposals to WCP 2026.
- Promotion of congress involvement.
- Development of annual report materials.
- Strengthening collaboration with students and alumni.
- Growth of social media engagement.

February 2026

- Continuation of TOR revision.
- Launch of second trimestrial newsletter.
- Began announcing the results of the WPA Early Career Psychiatrists Section Exchange Program
- Further symposia submissions.

March 2026

- Finalization of TOR revision and presentation in the 1st Town Hall meeting.
- Participation in 47th Intergenerational Meeting.
- Strengthening governance through regular meetings.
- Enhancement of digital communication strategies.
- Planning of Difficult Cases Online
- Launching of the 1st ECP Awards
- Co-chairing of the Women's Mental Health Federation MENA Webathon's session titled "Countries' perspectives on training gaps, roadblocks, and gender-specific challenges related to women's mental health education"

Key Ongoing Activities

- Social media engagement and content dissemination.
- Newsletter publication.
- ECP Exchange Program coordination.
- Collaboration with WPA Sections, students, and alumni.
- Preparation for WPA Congress 2026.
- Preparation of collaboration with the World Association for Dynamic Psychiatry for their 2027 Congress
- Preparation of collaboration with the ECPs of the European Psychiatric Organization for their 2027 Congress
- Call for the new ToR appointed positions.
- Presentation of the new ToR in the 1st (Repeat) and 2nd Town Hall meetings.

Yours sincerely,



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