



CV

Nikolay Negay
Psychiatrist, MD, PhD, MBA
Representative of the World Psychiatric Association for Eastern Europe (Zone 10)

Place of birth: Kyzylorda, Kazakhstan
Date of birth: May 7, 1975

WORK EXPERIENCE

1. Representative of the World Psychiatric Association in Eastern Europe (Zone 10).
Period: October 2023 – present.

Chief Researcher, National Center for Mental Health, Republic of Kazakhstan (I consult patients as a psychiatrist within the framework of a scientific program, as well as patients with difficulties in diagnosis and treatment, from all regions of the Republic of Kazakhstan). Period: July 2025 – present.

Head of “Emdeu Medical Data.” Period: July 2025 – present.

The company develops and implements modern technologies in healthcare, including telemedicine, big data, and artificial intelligence.

Mental Health Advisor in Kazakhstan and Uzbekistan - present.

2. Mental Health Consultant, WHO Country Office in Kazakhstan. Period: 09/2021 – 06/2025.

Main task: planning and implementation of measures to strengthen the mental health system in the country and the subregion.

3. Director General, Republican Scientific and Practical Center for Mental Health (RSPCMH), Ministry of Health of the Republic of Kazakhstan. Chief Psychiatrist of the Ministry of Health. Period: 05/2017 – 09/2021.

Main responsibilities:

- Managed the activities of the RSPCMH;
- Improved the organization of the mental health service in Kazakhstan.

4. Deputy Director for Regional Development and Research, Chief Psychiatrist on Suicidology, Ministry of Health. Period: 08/2016 – 05/2017.

- Provided organizational and methodological support to regions;
- Conducted research and introduced new technologies at the regional level.

5. Deputy Director for Research and Clinical Work. Period: 04/2010 – 08/2016.
 - Organized the delivery of medical care at RSPCMH;
 - Provided consultative and methodological support to regions.
6. Chief Physician, Clinic of RSPCMH. Period: 07/2009 – 04/2010.
 - Organized treatment processes and regional consultations.
7. Head of the Department of Forensic Psychiatric Examination (Central Republican Forensic Psychiatric Expertise). Period: 04/2006 – 07/2009.
 - Managed forensic psychiatric examinations and provided regional guidance.
8. Psychiatrist, then Head of the National Organizational and Methodological Consulting Department with the Admission Department. Period: 10/2000 – 04/2006.
 - Ensured organizational and methodological support for psychiatric and addiction services.
9. Psychiatrist, Acute Psychiatric Department, Kyzylorda Regional Psychiatric Hospital. Period: 07/2000 – 09/2000.

EDUCATION AND TRAINING

- 1990–1993: Kyzylorda Medical College.
- 1993–1999: Aktobe State Medical Academy, Doctor of Pediatrics.
- 1999–2000: Aktobe State Medical Academy, specialization in Psychiatry.
- 2002: Serbsky State Scientific Center for Social and Forensic Psychiatry, Moscow, Russia — General, Social, and Forensic Psychiatry.
- 2008: RSPCMH, Almaty — Child Psychiatry.
- 2011: Serbsky State Scientific Center, Moscow — Forensic Psychiatry and Sexology.
- 2015: Almaty Management University — MBA.
- 2020–2024: University of Molise, Campobasso, Italy — PhD program.

ACADEMIC AND TEACHING EXPERIENCE

- 2015–2016: Head of the Department of Psychiatry, Psychotherapy and Narcology, Kazakh University of Continuing Medical Education (part-time).
- 2017–2022: Head of the Department of Psychiatry, Psychotherapy and Narcology, Asfendiyarov Kazakh National Medical University (part-time).
- 2022–2025: Senior Researcher, RSPCMH (part-time).
- 2025–present: Chief Researcher, RSPCMH (part-time).

INTERNATIONAL CONFERENCES (last 5 years)

- Delegate to the 72nd–74th World Health Assemblies, Geneva (speaker);
- WHO Mental Health Day Conference, Geneva (presentation), 2019;
- WHO & UNICEF “Leading Minds for Children and Young People” Conference, Florence (speaker), 2019;

- WHO/UNICEF/UNODC “Helping Adolescents Thrive” consultation, Cape Town, 2019 (co-speaker);
- 64th Session of the Commission on Narcotic Drugs (UNODC/WHO), Vienna, 2021 (speaker);
- Global Mental Health Summit “Skills, Rights, Care”, Rome, 2022 (plenary);
- Pan-European Mental Health Coalition, Ankara, 2022 (expert on “MH Transformation” and “Leadership in MH”);
- WPA World Congress 2023, Vienna – elected WPA Representative for Eastern Europe;
- WPA World Congress 2025, Prague – invited speaker;
- Organizer/co-organizer of international conferences and Young Psychiatrists Schools in Kazakhstan and Uzbekistan.

SELECTED RESEARCH, PUBLICATIONS AND DISSERTATIONS

Dissertations:

1. “Clinical and Social Analysis of Psychiatric Patients Sent for Compulsory Outpatient Treatment,” Candidate of Medical Sciences, 2009.
2. “Strategy for the Development of the Psychiatric Service in Kazakhstan and Its Reflection in Financial Indicators,” MBA, 2015.

Selected studies:

- “A survey of young people on drug use and health in Kazakhstan” (RSPCMH, UNICEF, UNODC, 2021)
- “Introduction of effective treatment programs for depressive disorders among PLHIV” (RSPCMH, CDC, 2020)
- “Epidemiological profile of new psychoactive substances in Kazakhstan” (CADAP-6, RSPCMH, 2019)
- “Research on prevalence, causes, and protective factors of suicide in Kazakhstan” (UNICEF, University of Molise, MoH RK, 2014)

Editorial board memberships:

- Bulletin of KazNMU (Kazakhstan)
- Pharmaceutical Review (Kazakhstan)
- “Psychiatry and Education” (World Psychiatric Association)

I have more than 40 indexed printed works and 7 inventions.

I speak Russian, English and Kazakh.