

## **Statement of Intent: WPA Zonal Representative (Middle East)**

### ***Vision: Psychiatry at the Frontline***

"In a region where the scars of conflict and displacement are deeply etched into the public health landscape, the Middle East requires leadership that is both clinically rigorous and humanitarian-focused. My mission is to ensure that the WPA provides the robust support, advocacy, and specialized training necessary for psychiatrists working in the world's most challenging environments."

### ***Strategic Priorities for Zone 12***

- **Crisis & Trauma-Informed Frameworks:** I will advocate for the WPA to prioritize the development of clinical guidelines specifically for conflict-affected settings, ensuring that Middle Eastern psychiatrists have the tools to manage complex PTSD and multi-generational trauma.
- **Support for "Frontline" Psychiatrists:** Working with refugees and in crisis zones leads to high rates of secondary trauma and burnout. I will launch a Zonal Peer-Support Network to protect the mental health of the professionals who are protecting others.
- **Integrating Refugee Mental Health:** I will work to bridge the gap between NGOs, international humanitarian bodies, and our National Psychiatric Societies to ensure refugee mental health is not a "side project," but a core component of our regional health strategy.
- **Research in Fragile Contexts:** I aim to facilitate research partnerships that document the unique clinical outcomes in our region, ensuring Middle Eastern data informs global psychiatric policy.

### ***Why My Candidacy Matters:***

My daily work with refugees has taught me that psychiatry in the Middle East is not just about medicine; it is about human rights, dignity, and resilience. I am not seeking this position to merely attend meetings, but to ensure that the WPA's global resources are funneled toward the areas of greatest need in our zone.