

Statement of Eligibility and Priority Areas of Work
for the position of WPA Zonal Representative for the Eastern European Zone
(Zone 10)

Dr. Nikolay Negay, MD, PhD (Psychiatry), MBA
Vice-President, Association of Mental Health Professionals
Republic of Kazakhstan

I am a psychiatrist with more than 25 years of clinical and leadership experience, holding a PhD in Psychiatry and a master's degree in business administration (MBA).

I was among the initiators of the accession of the Association of Mental Health Professionals of Kazakhstan to the World Psychiatric Association (WPA). I have organized and facilitated multiple meetings and consultations between the WPA leadership (President, President-Elect, and other representatives) and national decision-makers, including the Minister of Health of the Republic of Kazakhstan.

I have extensive international experience collaborating with the World Health Organization (WHO), UNICEF, the United Nations Office on Drugs and Crime (UNODC), the U.S. Centers for Disease Control and Prevention (CDC), CADAP, and other international partners. I actively participate in joint research projects and professional initiatives with colleagues from the countries of Eastern Europe and Central Asia.

Main Priorities in Case of Election

1. Promotion of Mental Health Awareness and Education.

Raising mental health awareness is essential for reducing stigma, promoting early detection, and ensuring timely interventions. I intend to support and develop educational and community programs focused on awareness, prevention, and early intervention, including youth-oriented initiatives.

2. Strengthening Scientific and Professional Collaboration.

Research and international partnership are the driving forces of progress in psychiatry. My goal is to strengthen scientific cooperation within the Zone, encourage participation of Zone 10 members in WPA-led research, and promote platforms for exchange of knowledge and best practices.

3. Supporting Professional Development and Training.

High-quality psychiatric care depends on the continuous development of professionals. I aim to initiate and expand training opportunities, such as workshops, young psychiatrists' schools, mentorship programs, and knowledge-sharing networks that will build the region's human resource capacity.

4. Advocating for the Rights and Needs of People with Mental Disorders.

Advocacy for the rights and dignity of people with mental disorders is a moral and professional priority. I will promote policies and initiatives that enhance access to care,

protect human rights, reduce stigma and discrimination, and support community-based mental health services and family engagement.

5. Advancing the Goals and Values of the World Psychiatric Association.

I believe in ensuring continuity of WPA's global initiatives within the region, strengthening the participation of Zone 10 countries in WPA programs, and promoting shared principles of humanism, evidence-based practice, and multidisciplinary collaboration.

It would be a great honour for me to represent the interests of the countries of Eastern Europe and Central Asia within the WPA. I am confident that my experience, international collaboration, and understanding of regional contexts will contribute meaningfully to advancing the mission of the WPA and improving the quality of mental health care across our region.

Nikolay Negay

A handwritten signature in cursive script that reads "Nikolay Negay".