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Personal Summary

I am Djibril Moussa (also Jibril Handuleh). Currently, I live in Minneapolis, MN, USA. I was a mental health doctor, and a public health specialist based in Borama, Somaliland region of Somalia. I have interest in addiction mental health. I am visiting assistant professor of psychiatry at Amoud University in Somaliland. I am developing a module to integrate psychiatry to our family medicine residency program in partnership with department of psychiatry at Alberta University in Canada. I integrated public mental health course into undergrad and master's in public health at Amoud University. I am starting my psychiatry residency in the USA in 2027.

Research interest: medical education, psychogenetic epidemiology, transcultural psychiatry addiction psychiatry and personality disorders

WORK EXPERIENCE

August 2023- Present Visiting Assistant professor of Psychiatry, Department of psychiatry, Amoud University, Borama, Somaliland

- Deliver ten chapters of undergraduate psychiatry at Amoud University
- Support curriculum development of psychiatry residency program in Somaliland.
- Via Telepsychiatry, conduct once a week clinical supervision at bedside at Amoud University.

September 2018-November 2019: Independent consultant in global health project management and coordination with special focus on mental health, health systems and NCDs and part time faculty member at Amoud Medical School, Borama, Somaliland in clinical psychiatry and public health

- Application of grants and running of academic and donor/UN or international NGOs
- Coordination and management of technical and research grants in Somaliland and Somalia
- Part time clinical and public health faculty jobs like thesis supervision and course teaching in clinical psychiatry and health research methods

- Lead psychiatry lecturer and examiner at Amoud Medical School.

2017 October- August 2023 -Part Time Senior clinical lecturer in epidemiology, tropical medicine and psychiatry, Amoud Medical and public health School, Amoud College of Health Sciences, Amoud University, Borama, Somaliland

- Teaching psychiatry course at Amoud University family medicine residents, medical students and interns with faculty from King's College London using WHO MHGAP IG version 2.0
- Lead mental health final year examiner in Somaliland medical schools
- Teaching of epidemiology and tropical medicine courses to both medical and public health students
- Final year examination set up for public health students
- Clinical teacher/bedside coaching mental health for family medicine residents, medical students and interns
- Clinical supervisor for 2 physicians and 6 nurses in the clinical psychiatry skills

2017 October- August 2023- Part Time Clinician, Clinical psychiatry and general practice, Borama Teaching Hospital, Borama, Somaliland

- Lead clinician, mental health ward, Borama Teaching Hospital
- Supervision of nurses and 2 general practitioners in mental health in clinical psychiatry
- Lead consultation liaison psychiatry clinician at Borama hospital
- Practices general practice at Borama Hospital outpatient services

2017 March- September 2017 IEC/HP activity manager at MSF/Doctors without borders, Gwoza, Borno state Nigeria (7 Months)

- Analysis of the context (local culture, traditions, habits, health perception) to adapt health activities and support the social mapping (villages, populations, actors)
- Define and update the HP/IEC strategy and related activities through annual project and budget plan (objectives, target population, campaigns, messages, activities, specific actions, etc.)
- Identify indicators in order to monitor HP activities results, achievement and use the concrete tools to measure and follow up those activities;
- Supervise the HP/IEC team and their activities, in and outside health facilities, reporting difficulties and progress as well as adapting format and content when necessary
- Assess, develop and adapt HP/IEC materials according to the needs of the project. Ensure content and format have been pre-tested with target groups in order to ensure the adequacy, relevance, full understanding of the messages;
- Liaise with other relevant actors (national and International NGO's, authorities) also involved in prevention activities, analyzing interventions and building cooperative relationships and advocacy, in order to enhance the influence of the campaigns and messages and to improve awareness among the targeted population;

- Plan and supervise the HR associated processes (recruitment, training, evaluation, development and internal communication) of the IEC / HP staff of the project. This will be done in close coordination with the HR department, the administration manager and project coordinator and according to MSF vision, values and procedures;
- Ensure regular collaboration and coordination with the MSF medical team, to guarantee that the HP is part of medical activities and contribute to the medical objectives of the project.
- For OCBA: Knows protocol(s) for Sexually Gender Based Violence (SGBV) and ensure its application. Identifies possible victims of SGBV and refers them to the medical team for treatment according to protocol(s).
- For OCBA: Ensures that HP/IEC participates in counseling services when needed, specially including Prevention Parent to Child Transmission (PPTCT) and Voluntary Counseling and Testing (VTC).
- For OCBA: Lead focus-group discussions with target groups in order to ensure the adequacy, relevance, broadcasting and full awareness of the messages ensuring they are worded in a pedagogic manner.
- Participates in the monthly reports according to guidelines (Sitreps, statistical reports, etc.)

2016 October- February 2017 Lecturer in Epidemiology and Psychiatry, Amoud Public Health School, Borama, Somaliland, Somalia (6 Months)

- Delivered fifth year medical student psychiatry module
- Conducted both clinical and OSCEs exam

2016 October- February 2017 Clinician in Internal medicine and psychiatry, Borama Teaching Hospital, Borama, Somalia

- Five days a week clinical round with medical students at Borama teaching hospital
- One-day clinical rotation coverage at mental health ward at Borama teaching hospita

**2013 August- March 2015(17 months) – Part time
Research and coordination fellow: Medicine-Africa Project coordinator at Global Health Center, King’s College London, Based in Borama, Somaliland**

- Coordination of online teaching courses between King’s College and Somaliland institutions
- Research assistant on medical education publications
- Report writing and working with local stakeholder

2013 January to July 2015(31 months) Head and clinician Borama mental health ward, Borama Teaching Hospital

- Two-day clinical mental health ward and outpatient consultations
- Assisted with routine clinical audit twice a year
- One-day clinical psychiatry teaching in ward for medical and nursing student at Amoud college of health sciences

- Responsible for training for ward nurses and support staff

2013 January- July 2015(31 months)

Primary health care project coordinator: Forum Syd/SIDA funded project, Borama Somaliland

- Facilitated the training of 10 female community health workers in 2013 and another 50 community health workers in March 2015
- Developed and managed with Swedish NGO Somali Swedish Research Association integration of mental health into primary health care setting in Borama
- Maternal and Child Health community education and awareness at household and community level
- Supervision of community health workers and doctors in the field
- Writing quarter and annual reports of the projects
- Mental health awareness areas included signs and symptoms to community, medication adherence, follow up visits to district level hospital
- Child health areas included awareness on breastfeeding, immunization of children, when and how to families, water and sanitation and how to keep houses and the surrounding clean and danger signs with childhood respiratory disorders
- Maternal health education awareness topics included antenatal health access, delivering at primary care setting and postpartum maternal education
- Training of midwives and other doctors in primary health care on health promotion techniques
- Home visits
- Clinical supervision of doctors and nurses conducting clinical assessment and on one day responsible for child and maternal health assessment in the outpatient

2011 January- 2013 January (2 years)

Clinician: Al Hayat Hospital, Borama Somaliland

- Three days' outpatient and 2 days' inpatient medical/emergency clinical work at adult/child medicine and child health service
- Once a weeknight shift at the hospital for inpatient care and emergency admissions as the attending physician of the hospital

2011 January- 2015 July (4 years and 7 months)

Clinician at Geele Poly Clinic Pharmacy, Borama, Somaliland

- Clerking patients at Geele Poly Clinic Pharmacy daily 4-10 PM unless having B/C Shift at Al Hayat Hospital including weekends
- Private clinical practice in general practice and neuropsychiatry and emergency medical services

2011 January- 2012 December (23 months)

Mental Health project manager: UKAID mental health project in Borama Somaliland

- Project management and supervision of a nurse colleague who worked with me.
- Establishment of outpatient clinic at Borama Hospital
- Running of community outreach service in the local prison (Every Tuesday), school based mental health service (Every Thursday)
- Conducted antenatal mental health training December 2011 for identification of mental health needs of mothers before and after childbirth
- Establishment of grass root based mental health service mainly for home visit and community awareness on mental health needs of patients and the community

2011 January- 2015 July (4 years and 7 months)

Lecturer in mental health and public Health: Amoud Medical School, Borama Somaliland

- Public health courses in evening classes
- Coordinate and conduct final year exams, one week once a year
- Clinical supervision of medical students in mental health outpatient department
- Mental health course was once a year 15 days' course in partnership with King's College London

2010 August-December (4 months)

Field intern: Erigavo Hospital, Somaliland

- Met and worked with MSF Holland field team in the same hospital
- Responsibilities included outpatient and inpatient rotation in medical ward
- Childhood and general medicine practice
- I was a ministry of Health doctor taking his remote hospital field work

2009 September – 2010 June (9 months) – Part time

Mental health representative: Hargeisa Group Hospital, Somaliland

- position of teaching psychiatry and exam setting to Somali medical students with supervision with King's College London Institute of Psychiatry
- 15 days clinical teaching course and facilitation of final exams in psychiatry
- Online teaching of medical students via web portal www.medicineafrica.com

2009 September - 2010 August (13 months)

Full Time Internship: Hospital intern in

Borama, Somaliland

- Intern doctor rotated in three months each in Medicine, Surgery, pediatrics and Obstetrics/Gynecology
- Main responsibilities: patient assessment, clinical support for medical students, attending rounds and night shifts
- Working with and attending hospital clinical journal club meetings

Academic Background

2003-2009 bachelor's in medicine and surgery (MBBS) Amoud University, Somalia

2015-2106 Msc International Health, Institute of Public Health Heidelberg University, Germany

2019-2022 Resident in psychiatry at St Paul's Hospital Millennium Medical College, Addis Ababa, Ethiopia

August 2023-August 2024. Certificate in global brain health, UCSF, San Francisco, USA

Languages

Somali- Mother Tongue
English and Arabic-Fluent

Peer review: Reviewed for the following journal

1. Intervention, journal for mental health in conflict settings
2. Fronteires Psychiatry

Presentations

01/02/2011 Mental health service introduction at THET, Hargeisa 09/05/2011 Mental health project activities presentation, GRT, Somaliland

09/07/2011 Mental health project support session with Peace ware Somaliland

12/01/2012 Borama prison forensic service, Institute of psychiatry, London with Dr Susannah Whitwell, video conference presentation.

08/11/2013 Somalia health conference on mental health services establishment in post conflict setting, the case study of Borama, Somaliland

Projects

- Mental health project 2011-2012, DFID Funded- awarded
- Primary health project 2013-2014, SIDA funded- awarded
- Research grant on studying the prevalence and risk factors associated with Bovine Tuberculosis among cattle and agro-pastoralists in Awdal region of Somaliland, partnership research between Amoud University/IGAD School of Technical and Vet Medicine in Somaliland/LSTM/Uni of Liverpool institute of infectious diseases and global health in the UK

Publications

Calvey, T., Parmar, A., Kathiresan, P., Pant, S.B., Anaba, H., Ardabili, H.M., Dannatt, L., El Hayek, S., Fielitz, P., Fonseca, F. and Grandinetti, P., 2024. Policy and Practice of Opioid Agonist Treatment (OAT) in 23 Countries. *Journal of Addiction Medicine*, pp.10-1097.

Ransing, R., de la Rosa, P.A., Pereira-Sanchez, V., **Handuleh, J.I.**, Jerotic, S., Gupta, A.K., Karaliuniene, R., de Filippis, R., Peyron, E., Sönmez Güngör, E. and Boujraf, S., 2022. Current state of cannabis use, policies, and research across sixteen countries: cross-country comparisons and international perspectives. *Trends in psychiatry and psychotherapy*, 44.

Virani, S., **Handuleh, J.I.**, Pereira-Sanchez, V. and Wolde-Giorgis, D.F., 2021. Teaching psychiatry in a low-income country during the COVID-19 pandemic: A hybrid collaborative psychiatry course. *Asia-Pacific Psychiatry*, 13(4), p.e12503.

El Halabi, S., Abbas, Z., Adesokun, F., Adiukwu, F., Ashrafi, A., de Filippis, R., **Handuleh, J.**, Jaguga, F., Karaliuniene, R., Kilic, O. and Nagendrappa, S., 2021. How to overcome barriers to publication in low-and middle-income countries: Recommendations from early career psychiatrists and researchers from around the world. *Asia-Pacific Psychiatry*, 13(4), p.e12495.

Warsame, A., **Handuleh, J.** and Patel, P., 2015. Prioritization in Somali health system strengthening: a qualitative study. *International health*, p. ihv060.

Shoib, S., Gupta, A., Saleem, S.M., Shellah, D., Javed, S. and **Handuleh, J.I.**, 2021. Mental health in Palestine amid war and COVID-19 pandemics. *Asian Journal of Psychiatry*, 66, p.102909.

Boyce, R., Rosch, R., Finlayson, A., **Handuleh, D.**, Walhad, S.A., Whitwell, S. and Leather, A., 2015. Use of a bibliometric literature review to assess medical research capacity in post-conflict and developing countries: Somaliland 1991–2013. *Tropical Medicine & International Health*, 20(11), pp.1507-1515.

Alexander E.T. Finlayson, Jorge Zeron, Luke Beaumont, **Jibril Handuleh** & Andy Leather: Post 9/11 Somalia: the strategic role of health systems Strengthening in global security, *Medicine, Conflict and Survival*, 27:4, 205-210

JST Bowen, RJ Southgate, AM Ali, SJ Little, A Liakos, F Greaves, JM Strachan, AFH Baraco, G Adem, M Abdilahi, **J Handuleh**, K Reed, F Walker, J Zeron, M Strachan, S Bowen, T Hellyer, J Hersheson, S, S Whitwell, M Fyfe, JC Phillips, C Trim, O Johnson, AJM Leather, AET Finlayson Al-Hadithy. Can UK healthcare workers remotely support medical education in the developing world? Focus group evaluation, *J R Soc Med Sh Rep* 2012;00:0. DOI 10.1258/shorts.2012.011171 1

Handuleh, J: Experience of establishing mental health services in Somaliland, *Intervention*, 2012, volume 3, number 3, page 274-278

Faisal R Ali Jordan ST Bowen, Jamie M Strachan, **Jibril Handuleh**, Alexander ET Finlayson, Letter: Real-time, intercontinental dermatology teaching of trainee physicians in Somaliland using a dedicated social networking portal. *Dermatology Online Journal* 18 (4): 16

Handuleh, J, Whitwell S, Fekadu, D, School Mental health project in Somalia, *The Arab Journal of Psychiatry* (2013) Vol. 24 No. 1 Page (46 - 51) (doi: 10.12816/0000098)

Roxanne Keynejad, M.B.B.S., Faisal R. Ali, M.R.C.P. Alexander E. T. Finlayson, M.R.C.P., **Jibriil Handuleh**, M.D. Gudon Adam, M.D. Jordan S.T. Bowen, M.R.C.P., Andrew Leather, F.R.C.S. Simon J. Little, M.R.C.P., Susannah Whitwell, M.R.C.Psych. Telemedicine for Peer-to-Peer Psychiatry Learning Between U.K. and Somaliland Medical Students, *Academic Psychiatry* 2013; 37:182–186

Handuleh, J. Transforming a hospital dumping site into psychiatric inpatient unit in Somalia, *Am J Psychiatry* 170:11, November 2013

Handuleh, J, Joining European Association of Science Editors *Euro Sci Edit*, November 2013; 39(4)

A.M. Ali, **J. Handuleh**, P. Patel, S. Whitwell, K. Harris, F.R. Ali, R.J. Southgate, B. Godman, N. Al-Hadithy, L.L. Gustafsson & A.E.T. Finlayson (2014) The most fragile state: healthcare in Somalia, *Medicine, Conflict and Survival*, 30:1, 28-36, DOI: 10.1080/13623699.2014.874085

Brooke Benton, **Jibril Handuleh**, Katharine Harris, Mahiben Maruthappu, Preeti Patel, Brian Godman & Alexander E. Finlayson (2014) Health in fragile states, *Medicine, Conflict and Survival*, 30:1, 19-27, DOI:10.1080/13623699.2014.874185

Woodward, A., Fyfe, M., **Handuleh, J.**, Patel, P., Godman, B., Leather, A., & Finlayson, A. (2014). Diffusion of e-health innovations in 'post-conflict' settings: a qualitative study on the personal experiences of health workers. *Human Resources for Health*, 12(1), 22.

Handuleh, J. I., Gurgurte, A. M., Elmi, A., Aye, I. M., Abubakr, F., Kayd, M. A., ... & Abdi, Y. A. (2014). Mental health services provision in Somaliland. *The Lancet Psychiatry*, 1(2), 106-108.

Handuleh, J, (2014). ESE as an educational resource: a view from Africa, *Euro Sci Edit*, 107-08

Handuleh, J. I., & McIvor, R. J. (2014). A novel prison mental health in-reach service in Somaliland: a model for low-income countries? *International psychiatry*, 61-64

Handuleh, J., Periera-Sanchez, V. and Wolde-Giorgis, D.F., 2021. Innovative psychiatry medical education initiative: empowering and supervising trainees for future teaching in psychiatry training program establishment in Somaliland. *BJPsych Open*, 7(S1), pp.S141-S141.

Keynejad, R.C., Mekonnen, F.D., Qabile, A., **Handuleh, J.I.M.**, Dahir, M.A., Rabi, M.M.H., Read, C. and Ismail, E.A., 2018. Gender equality in the global health workplace: learning from a Somaliland–UK paired institutional partnership. *BMJ global health*, 3(6), p.e001073.

Heun, R., **Handuleh, J.I.M.**, Buitrago, J.E.T.G., Marsh, M.S., Klymchuk, V., Gorbunova, V., Friedmann, G., Munsif, A., Gupta, R., Barna, E. and Agbeleye, D.S., 2020. High variability of the current mental health practices around the globe: Twenty days in the lives of psychiatrists and other mental health care professionals from all over the world. *Global Psychiatry*, 1(ahead-of-print).

Karaliuniene, R., Campana, A.M., Ori, D., de Filippis, R., Shoib, S., Saeed, F., Mohammed, M., **Handuleh, J.**, Ransing, R., Codati, A. and Pinto da Costa, M., 2022. Effects of the Global Ecological Crisis on the Mental Health of Children and Adolescents: An International Perspective. *Psychiatria Danubina*, 34(2), pp.296-298.

Prosser, M., Stephenson, T., Mathur, J. *et al.* Reflective practice and transcultural psychiatry peer e-learning between Somaliland and the UK: a qualitative evaluation. *BMC Med Educ* 21, 58 (2021). <https://doi.org/10.1186/s12909-020-02465-y>

Mumin, F.I., Wesonga, F., **Handuleh, J.I.**, White, R.G. and Mor, S.M., 2022. COVID-19 and its prevention in internally displaced person (IDP) camps in Somalia: Impact on livelihood, food security and mental health(in press)

Book chapter contributions

Culture, context and mental health of Somali refugees: a primer for staff working in mental health and psychosocial support programmes, UNHCR, Geneva, 2016

Depression around the world, VIPSIG, Volunteering international psychiatry, RCPSYCH, Depression in Somaliland, perceptions of depression among Somali populations in Somaliland, RCPSYCH, 2017

Pereira-Sanchez, V., **Handuleh, J.I.**, Pinzón-Espinosa, J.E. and Singh, D.K.M., 2021. Developing a Curriculum in Global Mental Health: Theories and Models in Medical Education. In *Innovations in Global Mental Health* (pp. 707-725). Cham: Springer International Publishing.

Conferences Presentations

Handuleh, Djibril and Whitwell S (2012) Amoud mental health project – global mental health partnership. Poster presented at THET Health Partnerships Conference 2012; September 3rd - 4th, London, UK

Handuleh, Djibril (/0411/2012) Country without psychiatrists, possible services Inez conference in Lenin Maximillian University, Munich, Germany.

Handuleh, Djibril (2012)29/11/-01/12/2012 junior doctor's experiences in establishing mental health services in Somaliland, PAPC conference Dubai, posted as a poster in the Pan Arab psychiatrist conference.

Handuleh, Djibril (2013) 7-9/11/2013 Somalia Health conference, transforming health systems in Somalia, Mogadishu, Somalia

Handuleh, Djibril, Whitwell, S and Fekadu, D, (2013) November 9/11/2013 School Mental Health Project in Somalia 5th International Symposium **Global Mental Health- Mental in Developing Countries -i. nez** - International Network for Cooperation in Mental Health” in collaboration with Professor M. Siebeck from the Center for International Health (CIH)LMU and Dr. Sandra Dehning from the Department of Psychiatry of the Ludwig-Maximilian-University Munich.

Vasireddy, A., **Handuleh, Djibril.**, Ahmed, M., & Walhad, S. A. (2015, April). Obstetric risk factors and access to antenatal services: an observational study in a peri-urban population in Borama, Somaliland. In BJOG- AN INTERNATIONAL JOURNAL OF OBSTETRICS AND GYNAECOLOGY (Vol. 122, pp. 113-114). 111 RIVER ST, HOBOKEN 07030-5774, NJ USA: WILEY-BLACKWELL.

Handuleh, Djibril, mental health services in Borama, Somaliland, October 31st 2015, Global Mental Health Conference, Ludwig Maximillian Universitat, Munich, Germany

Handuleh, Djibril, addressing mental health needs of most neglected populations, Somali refugees, African-German conference on psychological needs of African refugees, February 24-26, 2016 Nairobi, Kenya

Handuleh, Djibril, needs assessment of global mental health needs in crisis situations, global mental health seminar, institute of public health, University Hospital Heidelberg, September 12-16, 2016 Heidelberg, Germany

Handuleh Djibril, reviving community mental health services in post conflict setting: Case study of Somaliland, Berlin Humanitarian Congress, October 14-15, 2016, Berlin, Germany

Handuleh, Djibril I.M, integrating mental health package into maternal mental health services in hospital and primary care settings in Borama, Somalia, World Psychiatric Association Regional conference, Addis Ababa, Ethiopia, November 21-23, 2018

Handuleh J and Chu K, patient charter, MSF East Association conference, Kigali, Rwanda May 3, 2019

Handuleh, J, assessment of readiness of Somali health system for universal health coverage, a qualitative study, SNU conference, Mogadishu, Somalia July 24, 2019

Bass N, **Handuleh J**, Ho M J, Margalit, R, Stout, R, Universal health education coverage- Health and Education for the global community, AMEE symposium, Vienna Austria, August 27, 2019

Handuleh J and Periera-Sanchez, V , clinical presentations of Somali refugee patients at psychiatry services in Borama, Somaliland: Somatic and psychological manifestations of Somalis with lived conflicted experiences, WPA thematic congress, virtual congress December 10-12 , 2020

Handuleh J and Karaliuniene R, current state of cannabis use, policies and researches across sixteen countries: cross country comparisons and international perspectives, ISAM, 2020, virtual congress December 2020

Gandhi, T.P.K., Pereira-Sanchez, V., Qayyum, Z., **Handuleh, J.** and Abbass, Z., 2021, October. "My PATH to CHILD Psychiatry": Global Perspectives. In *68th Annual Meeting*. AACAP.

Seminars

12/2012	Reproductive health workshop
04/2013	Research writing course
06/2013	Project proposal writing

Honors and awards

10/07/2010 Clinical teaching and final exam coordination at University of Hargeisa
05/07/2011 Clinical teaching and final exam coordination at University of Amoud, Somalia
February/December 2011 Leadership and management, Tropical Health and Education Trust (THET)
12/04/2012 King's THET Somaliland Partnership Award on Nursing psychiatry education
24/06/2013 Project design and management workshop, Forum Syd, SIDA
25/08/2013 Somaliland Director, MedicineAfrica
10/08/2013 Mental health representative, Somaliland
June 2014 Won travel Bursary award to attend European Association of Science Editing Conference and congress in Split, Croatia
July 2014 Teaching and examining award, University of Hargeisa, Somalia
January 2015 DAAD scholar award (German government scholarship to study international public health at Institute of public health, University of Heidelberg, Germany)
February 2016 Junior researcher travel grant, Africa-Germany refugee mental health conference, Nairobi, Kenya
November 04-16, 2018, DAAD/German Academic Exchange service alumni seminar on health systems and health care management in Jena University in Germany and Medica conference in

Dusseldorf, Germany.

Volunteering

November 2024 to March 2025 Hennepin Central Library, Minneapolis MN, USA

November 2024- Present Fairview East Bank Hospital, Minneapolis MN, USA

Memberships

12/10/2012- Present Member of European association of Science Editors

01/01/2011- Present Somaliland medical association

01/01/2020- 01/2022 Pre-Training Membership at Royal College of Psychiatrists, UK

01/06/2020- 2021 International Resident Fellow, American Psychiatry Association

2024- Present International fellow, American Psychiatry Association

01/2021-Present Center for Understanding of Personality disorders (CUSP)

06.2022-Present ISAM Next working group