



Document Title: Dual Disorders Section Triennial Report (2023-2026)
Author: Prof. Javier Didia Attas M.D., Co-Chair

Date: June 2026

WPA Section on Dual Disorders: Scientific Triennial Report 2023-2026

The Section on Dual Disorders of the World Psychiatric Association has carried out numerous activities over the past three years.

Its leadership was renewed slightly less than two years ago, (November 2024) and since then, its membership has expanded exponentially, as reflected in the membership list.

In addition, the Section has participated in numerous scientific sessions, both independently and in collaboration with various organizations, such as the Latin American Psychiatric Association, the World Association on Dual Disorders, and several national societies from the countries represented by the Section's members.

Below, we provide some recent examples:

We have distributed a "Roadmap on Dual Disorders" and have participated in several forums in Vancouver, Shanghai, and other cities.

The most recent forum, held this year during the American Psychiatric Association meeting in San Francisco, USA, addressed the need to integrate mental health care, including addictions and other mental disorders, given that addictions are themselves mental disorders.

We are active members of the WPA Working Group dedicated to developing clinical guidelines on schizophrenia and substance use disorders.

We have also published review articles with the participation of Section members from Spain, India, Argentina, Israel, China, and the United States:

Szerman, N., Ferre, F., Pal Singh Balhara, Y., Waisman, M., Danon, P., Vega, P., Baler, R. (2026).

Evidence-based prevention of dual gaming disorder using clinical neuroscience and precision psychiatry. *International Journal of Psychiatry in Clinical Practice*, 1–11.

The Section did not receive any external funding to carry out these activities, which were financed individually by its members.