



Document Title: **Triennial Report 2023-2026: WPA Section on Immunopsychiatry**

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TRIANNIAL REPORT 2023-2026: SECTION ON IMMUNOPSYCHIATRY

At the start of the triennium, a plan of action was formulated that included the following issues:

- a. Mobilize the membership to become more involved with the Section by designing section symposia to be presented at World and Thematic Congresses of WPA
- b. Actively participate and present symposia at congresses of other societies and organizations that have an affiliation with WPA.
- c. Present educational workshops and continuing education courses related to Immunopsychiatry
- d. Review the membership list and ask members to confirm their interest in retaining their membership in the Section
- e. Consider renaming the Section
- f. Engage Section members in designing and implementing educational and research endeavors

Membership

After thorough review of the list, members were asked to express their interest or resign from their membership. An update list was generated and posted to the website. Currently there are 43 members, and additional ones are being considered. They are from Europe, North and South America, Asia and Australia.

Participation in WPA meetings

Members actively participated with symposia and individual presentations at the following meetings since the beginning of the triennium: WCP Vienna and WCP Prague. Plans are to participate in WCP 2026.

Participation in meetings of societies affiliated with WPA

Members actively participate in the following WPA affiliated congresses and meetings:

Scandinavian College of Neuropsychopharmacology 2023; 7th and 9th Congresses of Neurobiology, Psychopharmacology and Treatment Guidance in 2024 and 2026; 7th and 9th Psychoimmunology Expert Meetings (PIE) in 2023 and 2025.

Other activities

- Section members have remained active and imoressively productive I pursuing their research projects. They have continued to publish articles in prestigious journals and give presentations nationally and internationally.
- During the Congress in Prague members were asked to consider renaming the Section from Psychoimmunology and Psychiatry to Immunopsychiatry. After considerable exchanges among the members, the name Immunopsychiatry was agreed upon. A position statement was written and submitted to the WPA leadership for consideration and approval which was granted. The position statement was posted to the Section's website.
- During the PIE meeting in 2025, a Section meeting was held with Section members in attendance. It was agreed to form a Steering Committee that would develop and implement new goals for the Section. With approval from the WPA leadership, this Committee was formed and started meeting regularly. A major goal was established, to prepare a position paper in support of adding Inflammation as a diagnostic criterion to be included in the diagnostic manuals (DSM and ICD). The Committee has made significant progress drafting the outline of such a position paper along with four individual articles authored by members of the Steering Committee. The Journal of Personalized Medicine agreed to publish a Special Issue with the proposed title: "Inflammation at the Epicenter: Toward Biomarker-Driven Diagnosis and Personalized Treatment in Psychiatry." This Special Issue is expected to be published in early 2027.

Election for Section Committee and officers

This will be held during the upcoming WCP meeting in Stockholm later this year.

Angelos Halaris
Section Chair