

Document Title: **World Psychiatric Association Psychotherapy Section Triennial Report (2024–2026)**

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This report is submitted to the WPA Executive Committee in support of the reinstatement of the WPA Psychotherapy Section for the next triennium, in accordance with the requirements for Scientific Sections.

1. Foreword

The Section has continued to advance the Association's mission by promoting excellence in psychotherapy through international collaboration, education, scientific exchange, and interdisciplinary scholarship.

2. Membership Update

The Section has maintained an active and geographically diverse membership. As of June 2026, it comprises **65 members representing 26 countries**, with new members recruited throughout the triennium, further strengthening global representation.

3. Elections

The current Section Committee was elected within the required three-year period in accordance with WPA regulations. Under the leadership of Chair **Dr Constantine D. Della**, the Section has pursued its approved action plan, focusing on psychotherapy education, international collaboration, scientific meetings, and person-centered psychiatric care.

4. Action Plan

At the start of the term, the Section agreed the following goals:

- Actively participate in international scientific congresses
- Foster global collaboration in psychotherapy research and scholarship
- Contribute to publications in peer-reviewed journals

5. Organization and Participation in International Conferences and Symposia

The Section maintained a strong scientific presence through symposia, workshops, courses, and invited lectures at major international meetings, including:

- American Academy of Psychodynamic Psychiatry and Psychoanalysis Annual Meeting (2024)
- Changi General Hospital Psychodynamics Conference, Singapore (WPA co-sponsored) (2024)
- 24th World Congress of Psychiatry, Mexico City (2024)
- 51st Annual Convention of the Philippine Psychiatric Association and World Federation for Psychotherapy Regional Meeting (2025)
- American Psychiatric Association Annual Meeting (2025)
- Pacific Rim College of Psychiatrists / World Association of Cultural Psychiatry Congress (2025)
- 25th World Congress of Psychiatry, Prague (2025)
- Southeast Asia AFPA Regional Congress (2026)
- 24th World Congress of Psychotherapy, New York (2026)

Lectures spanned psychodynamic psychotherapy, cultural psychiatry, psychotherapy for medically ill patients, personality disorders, therapist wellbeing, spirituality, supervision, research, physician burnout, and workplace mental

health. The Section also contributed publications, expert panels, and collaborations with the World Federation for Psychotherapy, national associations, and academic institutions, with regular updates submitted to the WPA Scientific Sections website.

6. Financial Reporting

The Section has no independently administered finances beyond WPA governance arrangements and has complied with all Executive Committee reporting requirements.

7. Conclusion

Having maintained an internationally representative membership, conducted elections in accordance with WPA regulations, implemented its action plan, and contributed extensively to international scientific and educational activities, the Section respectfully requests reinstatement for the next triennium and remains committed to advancing psychotherapy worldwide.