



Document Title: Section on Family Research and Intervention Triennial Report (2023-2026)
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Date: August 2026

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Over the past three years, the WPA Section on “Family Research and Intervention” has remained actively engaged in advancing scientific knowledge, education, and international collaboration in the field of family-oriented mental health care. Despite the challenges posed by the evolving global healthcare landscape, the Section has maintained a high level of productivity, strengthening its role within the World Psychiatric Association (WPA) and contributing to the dissemination of evidence-based family interventions across diverse cultural and clinical settings.

A major component of the Section’s activities has been its sustained participation in national, regional, and international scientific meetings. Members have contributed extensively to WPA-sponsored congresses through symposia, workshops, panel discussions, and invited lectures. These scientific activities have provided important opportunities to present recent research findings, exchange clinical experience, and promote the visibility of the Section on “Family Research and Intervention” among psychiatrists, researchers, and policymakers. Participation in international meetings has also encouraged dialogue on emerging challenges in mental health care, fostering interdisciplinary collaboration and facilitating the exchange of cross-cultural perspectives on the role of families in prevention, treatment, and recovery.

The Section has strengthened collaboration with other WPA Sections by promoting joint scientific initiatives, educational activities, and interdisciplinary discussions. These partnerships have broadened the scope and quality of the Section’s work, fostered the integration of complementary expertise, and contributed to a more cohesive WPA community, providing a strong foundation for future collaborative research and educational initiatives.

Education and knowledge translation have represented another strategic priority during the reporting period. In particular, the Section has initiated the development of a new WPA manual specifically designed for families and caregivers. This project reflects the increasing recognition that families play a fundamental role in mental health promotion, treatment adherence, recovery, and social inclusion. The manual is intended to provide accessible, evidence-based information to support families in understanding mental disorders and managing the challenges associated with long-term care. Although coordinated by the Section on Family Research and Intervention, the manual is being planned as a collaborative WPA initiative involving contributions from numerous other Sections. This multidisciplinary approach will ensure that the publication integrates expertise from multiple psychiatric specialties, thereby enhancing its scientific quality, practical relevance, and international applicability. The project also reflects the Section’s ongoing commitment to patient- and family-centered care, inclusiveness, and global knowledge sharing.

Overall, the activities undertaken during the past three years demonstrate the Section’s sustained commitment to scientific excellence, educational innovation, and international collaboration. Through active engagement in scientific congresses, the expansion of

collaborative networks within the WPA, and the development of a major educational resource for families and caregivers, the Section has further consolidated its contribution to the strategic mission of the World Psychiatric Association. These achievements reaffirm the central importance of family perspectives in contemporary psychiatric research, clinical practice, and mental health policy, while providing a strong platform for future initiatives aimed at improving family-oriented mental health care worldwide.

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