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WPA Section on Positive Psychiatry Triennial Report (2023–2026)

During the 2023–2026 triennium, the WPA Section on Positive Psychiatry continued its work in education, research, and international collaboration.

The Section maintained an active international membership and strengthened its leadership structure. Elections were completed in 2025. Regular virtual meetings were held to coordinate Section activities and develop new projects.

Section members organized and participated in educational programs at WPA and other international meetings. Activities included programming at the WPA World Congresses in Mexico City and Prague, including an invited State of the Art lecture on positive psychiatry by Professor Dilip V. Jeste. Members also contributed to symposia at the 2025 American Psychiatric Association Annual Meeting on topics including positive psychiatry, healthy aging, resilience, and artificial intelligence in mental health.

The Section continued to support international research collaborations. Members participated in multicountry projects examining positive psychiatry in different cultural settings. A special issue of *Academia Mental Health and Well-Being* was organized to showcase international work in the field. Members also contributed books, book chapters, and peer-reviewed articles. Major publications included the second edition of *Positive Psychiatry, Psychotherapy and Psychology: Clinical Applications for Positive Mental Health*, contributions to the *APA Handbook of Positive Psychiatry*, and articles published in journals including *World Psychiatry* and *Nature Mental Health*.

To support education and collaboration, the Section launched an international initiative to develop a shared library of teaching materials. Members are contributing slides, lectures, and educational resources that can be adapted for local teaching and future WPA educational activities.

We published a report on the Section's activities and initiatives in *World Psychiatry* in February 2026, “Report from the WPA Section on Positive Psychiatry 2015–2025,” which can be read in full, [here](#).

During the next triennium, the Section plans to continue expanding its international membership and collaborations with other WPA Scientific Sections. Priorities include supporting early-career psychiatrists, promoting research on resilience, wisdom, meaning in life, social connection, and healthy aging, and developing practical educational resources for clinicians and trainees. The Section will also continue to explore the appropriate use of digital technologies and artificial intelligence in positive psychiatry.