Curriculum Vitae (CV)

FERAS ABDULLAH ALAWAD

Personal Data

Nationality | Saudi

Department | Psychiatry

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Language Proficiency

Language	Read	Write	Speak
Arabic	Excellent	Excellent	Excellent
English	Excellent	Excellent	Excellent

Academic Qualifications and Licensure

Year / Duration	Qualification / License	Institution / Authority	Country
2018	American Board in Geriatric Psychiatry	American Board of Psychiatry and Neurology	USA
2018	Certificate of Completion of Clinical Fellowship in Geriatric Psychiatry	University of Pittsburgh Medical Center	USA
2017	American Board in Psychiatry	American Board of Psychiatry and Neurology	USA
2017	Certificate of Completion of Residency in Psychiatry	West Virginia University	USA
2010	Bachelor of Medicine and Surgery (MBBS)	University of Dammam	Saudi Arabia
2019–Present	Consultant License	Saudi Commission for Health Specialties	Saudi Arabia
2017–2019	Senior Registrar License	Saudi Commission for Health Specialties	Saudi Arabia
2017–2018	Medical Physician and Surgeon License	Commonwealth of Pennsylvania	USA
2013–2017	Medical License	West Virginia Medical Board	USA

Adminstrative Appointments:

Duration	Administrative Appointment	Institution / Organization	Country
2025–Present	President	Saudi Psychiatric Association	Saudi Arabia
2020–Present	Chairman, Department of Psychiatry	Imam Abdulrahman Bin Faisal University	Saudi Arabia
2025–Present	Member, National Health Committee on Abuse and Violence	Saudi Health Council	Saudi Arabia
2025–Present	Member, National Committee for Mental Health and Addiction	Saudi Health Council	Saudi Arabia
2023–Present	Chair, Undergraduate Final Exam Committee	Department of Psychiatry, Imam Abdulrahman Bin Faisal University	Saudi Arabia
2022–Present	Chair, Research Committee	Imam Abdulrahman Bin Faisal University	Saudi Arabia
2021–Present	Member, Postgraduate Exam Committee	Department of Psychiatry, Imam Abdulrahman Bin Faisal University	Saudi Arabia
2024–Present	Member, Curriculum Committee, College of Medicine	Imam Abdulrahman Bin Faisal University	Saudi Arabia
2020–Present	Member, Credentialing and Privileging Committee	King Fahad Hospital of the University	Saudi Arabia
2020–Present	Member, Medical Executive Committee	King Fahad Hospital of the University	Saudi Arabia
2020–2022	Member, Ethics Committee	King Fahad Hospital of the University	Saudi Arabia
2020–Present	Member, Protection of Students from Harm Committee	Imam Abdulrahman Bin Faisal University	Saudi Arabia
2020–Present	Member, Mental Health Enhancement Committee	Imam Abdulrahman Bin Faisal University	Saudi Arabia
2018–2020	Deputy / Acting Program Director, Psychiatry Residency Program	Imam Abdulrahman Bin Faisal University	Saudi Arabia
2018–2020	Member, Residency Training Committee	Department of Psychiatry, Imam Abdulrahman Bin Faisal University	Saudi Arabia
2016–2017	Chief Resident	Department of Psychiatry, West Virginia University	USA
2016–2017	Member, Postgraduate Education Committee	Department of Psychiatry, West Virginia University	USA

Duration	Administrative Appointment	Institution / Organization	Country
2016–2017	Member, Quality Improvement Committee	Department of Psychiatry, West Virginia University	USA

Professional Appointments:

Duration	Professional Appointment	Institution	Country
2025–Present	Associate Professor of Psychiatry	Imam Abdulrahman Bin Faisal University	Saudi Arabia
2019–Present	Consultant Psychiatrist	King Fahad Hospital of the University	Saudi Arabia
2018–Present	Assistant Professor of Psychiatry	Imam Abdulrahman Bin Faisal University	Saudi Arabia
2017–2018	Fellow in Geriatric Psychiatry	University of Pittsburgh Medical Center	USA
2013–2017	Resident in Psychiatry	West Virginia University	USA
2010–2013	Resident in Psychiatry	Saudi Commission for Health Specialties, Eastern Province Training Program	Saudi Arabia

Leadership and Contributions in Public Mental Health

Committee / Strategy Area	Duration	Key Contributions
National Committee for Mental Health and Addiction	**2025–Present**	Contributed to implementation of national mental health and addiction strategy priorities. Supported discussions on prevention, early intervention, service development, service integration, and continuity of care. Participated in planning related to priority populations and workforce development.
Mental Health Enhancement Committee	**2020–Present**	Supported development of university mental health promotion activities. Contributed to awareness, stigma reduction, and student preventive initiatives. Helped strengthen early support and referral pathways. Participated in identification of psychosocial risks and vulnerable groups.
Protection of Students from Harm Committee	**2020–Present**	Participated in work related to protection from abuse and psychosocial harm. Contributed to case identification, assessment, and early psychosocial support. Supported

Committee / Strategy Area	Duration	Key Contributions
		coordinated response pathways for vulnerable students. Contributed to prevention and safer learning environment efforts.
National Health Committee on Abuse and Violence	**2025–Present**	Contributed to national efforts in abuse and violence prevention. Participated in review of policy, awareness, and training initiatives. Supported structured response planning. Contributed to work addressing vulnerable groups exposed to abuse and violence, particularly women and children.

Leadership and Strategic Contributions as President of Saudi Psychiatric Association

Area	Duration	Key Contributions
Organizational Leadership and Governance	**2025–Present**	Led the Association's executive and strategic direction. Supported strengthening of governance structure, committee function, and organizational decision-making. Worked on developing clearer frameworks for standing committees, operational units, and scientific sections.
Digital Transformation and Infrastructure	**2025–Present**	Led planning and development of the Association's digital ecosystem, including public website, membership portal, e-learning environment, and operational workflows. Supported integration of membership, education, nominations, and internal processes into a more structured digital system.
Membership and Member Services	**2025–Present**	Supported development of more organized membership structures and member services. Contributed to improving

Area	Duration	Key Contributions
		pathways for membership management, communication, eligibility processes, and member engagement.
Scientific Meetings and Conference Planning	**2025–Present**	Led strategic planning for national scientific meetings and the Saudi Psychiatric Association annual conference. Contributed to improvement of conference structure and session models.
Nominations, Elections, and Institutional Processes	**2025–Present**	Supported development of more structured and transparent nomination, election, and approval pathways within the Association. Contributed to establishing organized workflows and clearer operational processes for institutional decision-making.
Systems Development and Workflow Improvement	**2025–Present**	Contributed to development of structured operational workflows for requests, approvals, forms, and internal processes. Supported use of digital tools to improve organization, continuity, and institutional efficiency.
Public Mental Health and National Professional Role	**2025–Present**	Supported additional improvements in positioning of the Association as an active national body in psychiatric education, public mental health, and professional development.

Administrative Contributions to Psychiatry Residency Training

Area	Duration	Key Contributions
Residency Program Leadership	**2018–2020**	Supported program organization, resident coordination, and implementation of structured training processes. Contributed to strengthening academic and administrative aspects of the residency program.
Curriculum and Training Development	**2019–2024**	Supported resident rotation planning and distribution across units and clinics. Contributed to development and review of the residency training manual, policies, and procedures. Helped establish the Geriatric Psychiatry rotation within the training program. Contributed to development of psychodynamic psychotherapy teaching and supervision activities. Supported introduction of an electronic teacher evaluation system.

Area	Duration	Key Contributions
Assessment and Examination	**2020–Present**	Contributed to residency assessment activities through exam committee work. Participated in improving resident evaluation processes, including mock examinations, competency by design model of assessments. Supported strengthening of assessment standards within the program.
Accreditation & Quality Improvement	**2018–Present**	Contributed to the accreditation of Psychiatry Residency Program by the Royal College of Physicians and Surgeons in Canada as first psychiatry program in Middle East to be accredited by RCPSC. Participated in work related to program organization, governance, curriculum, assessment, resident support, faculty development, and continuous quality improvement. Supported alignment of the program with internationally benchmarked training standards.
Geriatric Psychiatry Fellowship Development	2024-2026	Contributed to development of the Geriatric Psychiatry Fellowship curriculum under umbrella of Saudi Commission of Health Specialities (SCFHS). Participated in structuring learning objectives, training components, assessment tools, and educational content in geriatric psychiatry.

Journal Publications

Year	Authors	Title	Journal / Status
2025	Feras A. Alawad, Abdulaziz I. Aldossary, Husam M. Alghamdi, Sami K. Alghamdi, Fadhel N. Alibrahim, Mohammed M. Alsultan, Saleh M. Alsaiden	Antidepressant-associated weight gain and its determinants: a cross-sectional study in Saudi Arabia	*International Journal of Medicine in Developing Countries*
2025	Mazen Alayidh, Feras Alawad, Wateen B Alanazy, Fatimah O Al-Harbi, Abdulelah M Alotaibi, Qonoot A Al Mohammed, Abdullah S Aljubran, Reem T Al-Otaibi, Raghad F Al-Otaibi, Tariq R Al Rubaie	Music Therapy for People With Autism Spectrum Disorder: A Systematic Review of Randomized Clinical Trials	*Cureus*

Year	Authors	Title	Journal / Status
2025	Mohammed M Alsultan, Mohamed A Baraka, Leena H Alhajri, Luluah Althayf, Nujud Omar, Faten Alhomoud, Farah Kais Alhomoud, Ahmad Alsultan, Yousef Saeed Alqarni, Fahad T Alsulami, Feras A. Al-Awad	Knowledge and perception of artificial intelligence education among undergraduate healthcare students	*BMC Medical Education*
2025	Mohammed M Alsultan, Solaiman M Alhawas, Leena H Alhajri, Khalid A Alamer, Abdullah K Alahmari, Amani M AlQarni, Feras A. Al-Awad	Potentially inappropriate medications use among the older patients diagnosed with psychiatric diseases in Saudi Arabia: a cross-sectional study	*Frontiers in Medicine*
2024	EL-Ashker, Said; Alharbi, Abdulmajeed; Mahmoud, Somaya; Al-Awad, Feras A.; Alghamdi, Ahlam; Alaqeel, Nouf; Al-Hariri, Mohammed	Unravelling the Threads of Depressive Symptoms: Enhancing Predictions of Depression among University Junior Students	*SAGE Open Medicine* (Accepted)
2024	Feras A. Al-Awad, Kawther Hadhiah, Ahmad Albik, Ahmed Abdulwahab, Ali Almateeq, Ali Alhumran, Husain Alsaffar, Mohammed Alomar, Mohammed BuSaad	Obsessive-Compulsive Symptoms Prevalence Among Medical Students in 4 Major Universities, Saudi Arabia: A Cross-Sectional Study	*Clinical Practice and Epidemiology in Mental Health* (Accepted)
2024	Al-Awad, FA	Academic Burnout, Stress, and Role of Resilience Among a Sample of Medical Students	*Medical Archives*
2024	Feras A. Al-Awad; Hussien A. Almutairi; Saad A. Almutairi	Adherence to Monitoring of Metabolic Syndrome in Patients Receiving Antipsychotics in Outpatient Clinics in Saudi Arabia	*Journal of Family and Community Medicine*
2024	Feras A. Al-Awad, Mohammed Alzahrani, Abdullah Bawazeer, Faisal AlQahtani, Nithya J. Jayaseeli, et al.	Physicians' attitudes and confidence to dementia care: A cross-sectional study at primary healthcare facilities in the Eastern Province, Saudi Arabia	*Journal of Family and Community Medicine*
2024	Yousef D Alqurashi, Khalid AlHarkan, Adam Aldhawyan, Ahmed Bahamdan, Fajar A	Risk of Obstructive Sleep Apnea and its Relation to	*Medical Archives*

Year	Authors	Title	Journal / Status
	Aldulijan, Sarah I Alsamin, Jood K Alotaibi, Arwa Alomran, Feras A. Al-Awad	Cognitive Functions Among Saudi Older Adults	
2024	Feras A. Al-Awad	Perceived Burden and Quality of Life in Caregivers of Patients with Schizophrenia in Saudi Arabia's Eastern Province – A Cross-sectional Study	*Clinical Practice and Epidemiology in Mental Health*
2024	Moatazbellah I. Ali, Mahmoud M. Rashad, Nasser M. Alzain, Feras A. Al-Awad, Mohammed A. Alzaharani, Abdulsalam S. Alshamarani, Mohammed S. Almuqahwi, Shrief Y. Afifi	Impulsiveness, suicide, and aggression in a sample of patients with disorders of methyl amphetamine use	*Journal of Family and Community Medicine*
2023	Al-Awad, FA	The phenomenon of musical hallucinations: An updated review	*Electronic Journal of General Medicine*
2023	Feras Al-Awad, Assim Alabdulkader, Malak Al Shammari, Shaimaa Rohaiem, Khalid AlHarkan, et al.	Knowledge levels and sociodemographic influences on dementia awareness in the Eastern Province of Saudi Arabia	*Electronic Journal of General Medicine*
2023	DM Albakr, FA Al-Awad, et al.	Knowledge, beliefs, attitudes and awareness level towards bipolar disorder among Saudi population: A national survey	*Medical Science*
2023	Assim AlAbdulKader, Shahad Alsheikh, Rizam Alghamdi, Khalid AlHarkan, Nouf AlShamlan, Hatem Alqahtani, Feras Al Awad, Raed Alotaibi	Association Between Multi-Morbidities and Polypharmacy Among Older Adults at an Academic Medical Center in Saudi Arabia	*Medical Archives*
2022	Mohammed A Alhamoud, Ahmed A Alkhalifah, Abdullatif K Althunyan, Tajammal Mustafa, Hatem A Alqahtani, Feras A Al Awad	Internet gaming disorder: Its prevalence and associated gaming behavior, anxiety, and depression among high school male students, Dammam, Saudi Arabia	*Journal of Family & Community Medicine*
2021	FA Al-Awad, HM Aldhamen, AA Alghamdi, AA Alwakeel, KM Aldhamen, et al.	Psychological Status of Healthcare Workers during COVID-19 Pandemic in Saudi Arabia	*Journal of Pharmaceutical Research International*

Year	Authors	Title	Journal / Status
2021	Feras Abdullah Al-Awad, Hawraa Mohammed Aldhamen, Abdullah Ali Alghamdi, Abdulaziz Abdulkhaliq Alwakeel, et al.	Psychological Status of Healthcare Workers during COVID-19 Pandemic in Saudi Arabia	*Journal of Pharmaceutical Research International*
2021	Lucca JM, Al-Turaifi FM, Safyah AM, Hamad Al-Awad FA	A Comprehensive Monitoring of Clozapine and Related Components in Clinical Practices. Saudi Arabian Scenario	*Psychopharmacology Bulletin*

Contribution to Scientific Conferences and Symposia (AS SPEAKER)

Year	Conference / Event	Presentation Title	Location	Role
2025	The 5th International Forum of the Students Counseling Center	Cyberbullying and Addiction: Is there a relationship	Khobar, Saudi Arabia	Presenter
2024	The First Forum on Training and Education: Erada Hospital	Competency-Based Medical Education	Riyadh, Saudi Arabia	Presenter
2024	The International Neurology Conference, Imam Abdulrahman Bin Faisal University	Pharmacological Treatment of Neuropsychiatric Symptoms of Dementia	Khobar, Saudi Arabia	Presenter
2024	2nd Annual Saudi Cognitive and Behavioral Neurology Chapter Meeting for Saudi Neurology Society	Pharmacological Treatment of Neuropsychiatric Symptoms of Dementia	Khobar, Saudi Arabia	Presenter
2023	16th International Conference on	Depression and Anxiety: Are they Risk Factors for Alzheimer's	Jeddah, Saudi Arabia	Presenter

Year	Conference / Event	Presentation Title	Location	Role
	Psychiatry, Saudi German Hospital			
2023	Advances in Geriatric Course	Depression and Insomnia Among Geriatrics	Khobar, Saudi Arabia	Presenter
2022	15th International Conference on Psychiatry, Saudi German Hospital	ECT for Depression in Elderly: A comparison to Younger Adults	Jeddah, Saudi Arabia	Presenter
2022	Kuwait Mental Health	Safe Use of Psychiatric Medications	Kuwait	Presenter
2022	Eastern Health Cluster Internal Activity	Managing Depression in Primary Care	Khobar, Saudi Arabia	Presenter
2022	The First Saudi National Chronic Disease Conference	Depression in Chronic Diseases in Primary Care	Dhahran, Saudi Arabia / Virtual	Presenter
2021	Medical Academy	Psychodynamic Concepts, what each psychiatrist/psychotherapist has to know	Riyadh, Saudi Arabia / Virtual	Presenter
2020	3rd Women Mental Health Conference	Effect of Hormonal Replacement on Depressive Symptoms & Cognitive Function in Postmenopausal Women	Khobar, Saudi Arabia	Presenter
2020	Scientific Program for Psychoanalysis	About Resistance that We encounter in Psychoanalysis	Riyadh, Saudi Arabia	Presenter
2019	Saudi Alzheimer's Association Conference	Scale-based assessment of patients with cognitive impairment	Khobar, Saudi Arabia	Presenter
2019	Saudi Alzheimer's Association Conference	Therapeutic options available for patients with Alzheimer's disease	Khobar, Saudi Arabia	Presenter
2019	Saudi Psychiatric Association – Eastern Province Symposium	Working with Families of Older Adults with Dementia	Khobar, Saudi Arabia	Presenter
2018	Seminar in Geriatric Psychiatry Department, University of Pittsburgh Medical Center	Prognosis of depression in elderly after ECT treatment: A comparison to younger adult	Pittsburgh, USA	Presenter
2018	University of Pittsburgh Medical Center	Workshop in ECT	Pittsburgh, USA	Participant
2017	4th National Alzheimer's Disease Conference, Alzheimer's Disease Research Center, University of Pittsburgh	Depression in Dementia	Pittsburgh, USA	Presenter

Year	Conference / Event	Presentation Title	Location	Role
2017	2nd National Psychosomatic Medicine Conference, University of Pittsburgh Medical Center	Primary Progressive Aphasia	Pittsburgh, USA	Presenter

Individual Community Service Contributions

Area	Duration	Key Contributions
Public Mental Health Awareness	**2019–2023**	Organized and contributed to public awareness activities related to World Mental Health Day, mental health literacy, and community education on mental illness in Eastern Province, Saudi Arabia. Supported efforts to reduce stigma and promote public understanding of mental health.
Addiction Awareness	**2023**	Contributed to community education activities addressing addiction prevention awareness, including outreach directed toward students and the wider community.
Mental Health in Medical and Chronic Conditions	**2020–2023**	Participated in awareness activities linking mental health with chronic illness and medical conditions, including cancer, multiple sclerosis, aging, and the psychological impact of COVID-19.
Older Adult Mental Health and Dementia Awareness	**2020–2022**	Contributed to public and institutional activities related to aging, dementia, Alzheimer's disease, and mental health needs of older adults through awareness and educational initiatives.

Active Teaching Activities

Level	Duration	Focus Areas
Undergraduate Teaching	2018–Present	Lectures on major neurocognitive disorder, clinical tutorials, clinical demonstrations, and small-group discussions for medical students at Imam Abdulrahman Bin Faisal University.
Postgraduate Teaching	2018–Present	Lectures (or seminars) on Neurocognitive disorders, Montreal Cognitive Assessment (MoCA), psychodynamic psychotherapy, defense mechanisms, dementia syndromes, geriatric patient care, and neuropsychiatric symptoms of dementia for psychiatry residents.